











Health Canada

Departmental Sustainable Development Strategy 2022-23

March 2022

Canada

Health Canada is the Federal department responsible for helping Canadians maintain and improve their health, while respecting individual choices and circumstances.

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Section 1:

Introduction to the Departmental Sustainable Development Strategy



Introduction to the Departmental Sustainable Development Strategy

The 2019 to 2022 Federal Sustainable Development Strategy (FSDS) presents the Government of Canada's sustainable development goals and targets, as required by the <u>Federal Sustainable Development Act</u>. In keeping with the purpose of this Act to provide the legal framework for developing and implementing a FSDS that will make environmental decision-making more transparent and accountable to Parliament, Health Canada supports the goals laid out in the FSDS through the activities described in this Departmental Sustainable Development Strategy (DSDS).

On an international level, United Nations Member States adopted the <u>2030 Agenda</u> for <u>Sustainable Development</u> in 2015 to eradicate poverty, protect the planet and ensure prosperity by the year 2030. The 2030 Agenda includes 17 Sustainable Development Goals (SDGs) and 169 targets. The SDGs apply to all countries and integrate the three dimensions of sustainable development: social, economic, and environmental. Health Canada's DSDS indicates how the department's work links to the SDGs.

































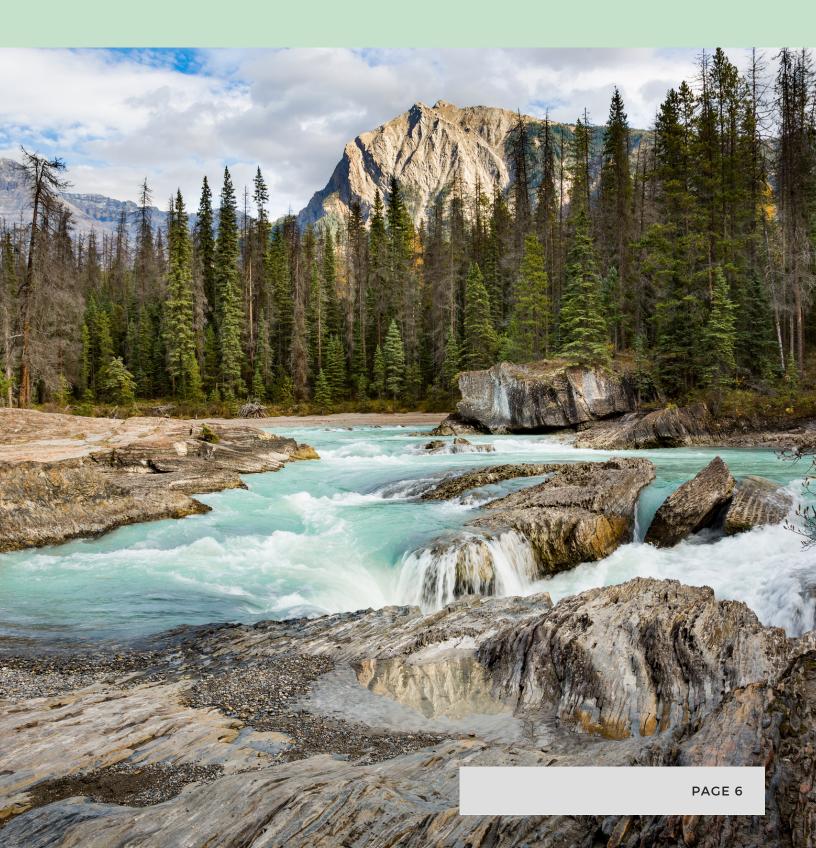


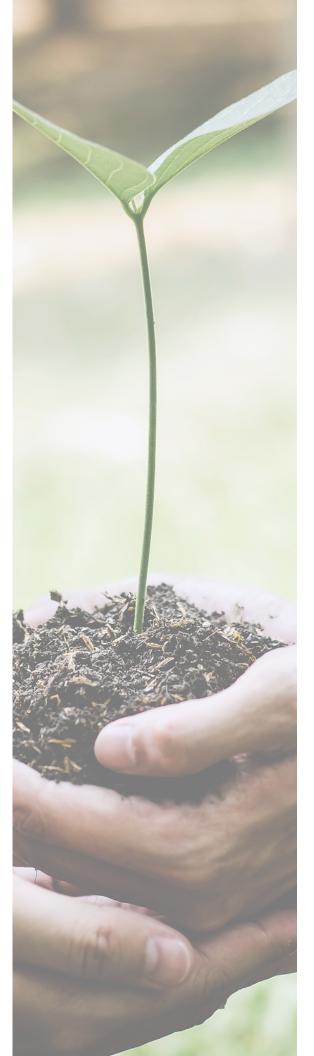




Section 2:

Sustainable Development Vision and Context in Health Canada





Sustainable Development Vision and Context in Health Canada

Health Canada has a responsibility to continue to help Canadians maintain and improve their health by recognizing that human well-being cannot be sustained without a healthy environment. It is with this goal in mind that the department executes its responsibilities as a regulator, a catalyst for innovation, a funder, and a trusted source of health information.

Health Canada advances work on multiple fronts where environmental health and human health intersect, such as air and water quality; climate change; environmental contaminants; pesticides; healthy food choices; and contaminated sites. In addition, the department is taking concrete steps to improve the environmental sustainability of our own operations, through measures such as "right-sizing" the fleet, improving energy efficiency, and reducing waste.

Health Canada contributes to five of the 13 goals identified in the FSDS:

- Effective action on climate change
- Greening government
- Clean drinking water
- Sustainable food
- Safe and healthy communities



FSDS Goal: Effective Action on Climate Change

Climate change is a critical global problem that could affect future generations' ability to meet their basic needs. Adaptation, a key factor in addressing climate change, is about making smart, informed, forward-looking decisions that take future climate conditions into account.

Health Canada contributes to this goal by increasing knowledge, capacity and tools, which helps decision-makers, such as health regions, develop and implement evidence-based adaptation measures to protect human health from extreme heat. In addition, the department provides information to governments, public health professionals and individual Canadians to help inform actions that reduce the health risks of extreme heat and support adaptation to climate change.



FSDS Goal: Greening Government

The <u>Greening Government Strategy</u> sets a target to reduce greenhouse gas emissions from federal operations by 40% by 2025 and by at least 80%* below 2005 levels by 2050 (with an aspiration to be carbon neutral). The government also aspires to reduce emissions by an additional 10% every 5 years starting in 2025.

Health Canada's commitments under this goal advance work to reduce greenhouse gas emissions from our facilities and our fleet, as well as action in other areas such as adapting to climate change, transitioning to clean energy, integrating environmental considerations into procurement decisions, and taking steps to reduce single-use plastics in our operations.

*Note: This target was increased to 90% in an update of the Greening Government Strategy in late 2020. The 80% is used in this DSDS to reflect the target used for the 2019 to 2022 FSDS.



FSDS Goal: Clean Drinking Water

Clean drinking water is a fundamental human need, and helping to ensure that all Canadians have clean water to drink is a federal government priority. Providing safe drinking water requires a great deal of knowledge and coordination among multiple stakeholders, including governments, businesses and individuals across Canada.

Health Canada supports this goal through its work with federal, provincial and territorial partners to develop and/or update health-based drinking water quality guidelines and guidance documents for use by all jurisdictions in Canada as the basis for their drinking water requirements.



FSDS Goal: Sustainable Food

Canada's food system, including agriculture, aquaculture, fisheries and food and beverage processing, provides safe and healthy food for Canadians, helps ensure long-term food security, and is an important part of our economy.

Health Canada contributes to this goal by promoting <u>Canada's Food Guide</u>, which promotes food literacy and skills that can support healthy eating, safe food handling and help reduce food waste. The department continues to take steps to re-design food regulations to reduce impediments that prevent industry from bringing innovative products to market, while protecting the health and safety of Canadians.



FSDS Goal: Safe and Healthy Communities

It is important that Canadians enjoy a clean, safe environment that contributes to their health and well-being. Among other things, this means reducing pollution to improve air quality, protecting them from harmful substances and preventing environmental emergencies (or reducing their impact if they do occur).

Health Canada has an extensive role in advancing work under this goal. For example, science (including research and guideline development) and outreach activities help to increase knowledge and raise awareness related to the health impacts of indoor and outdoor air quality, and inform actions to improve air quality.

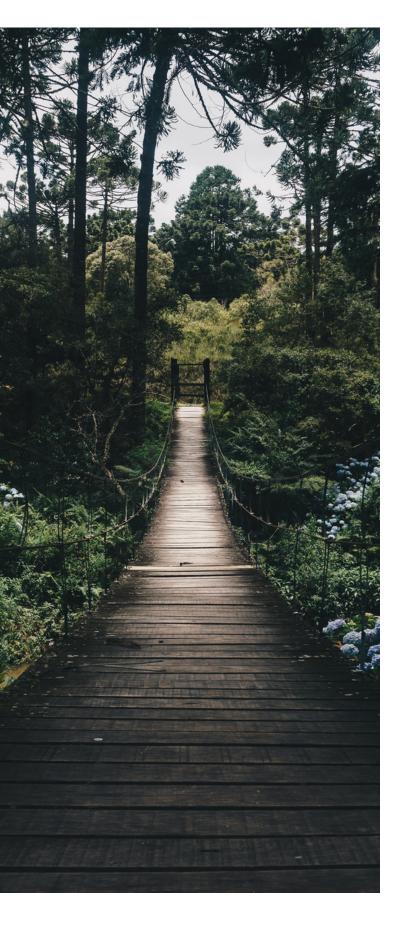
As part of its ongoing commitment to reducing the risks posed by chemicals to Canadians and their environment, Health Canada conducts research, monitoring and surveillance (including bio-monitoring), and risk assessments on chemical substances and human health, and takes appropriate action to mitigate identified risks.

In addition, research funded under the <u>Northern Contaminants Program</u> provides invaluable data to help inform risk assessment and risk management of contaminants of concern in Canada's North.

The department also works with federal partners and provincial authorities to strengthen nuclear emergency preparedness and response, in order to minimize the potential impacts on public health, safety, property and the environment.

Under the Federal Contaminated Sites Action Plan, Health Canada provides guidance, guideline development, training and advice related to the human health risks from exposure to various contaminants and federal contaminated sites. Health Canada also provides expertise and advice to help prevent, reduce, and mitigate the potential human health-related impacts of proposed major projects, including project-related exposure to contaminants and the impacts of other changes to the environment on health.

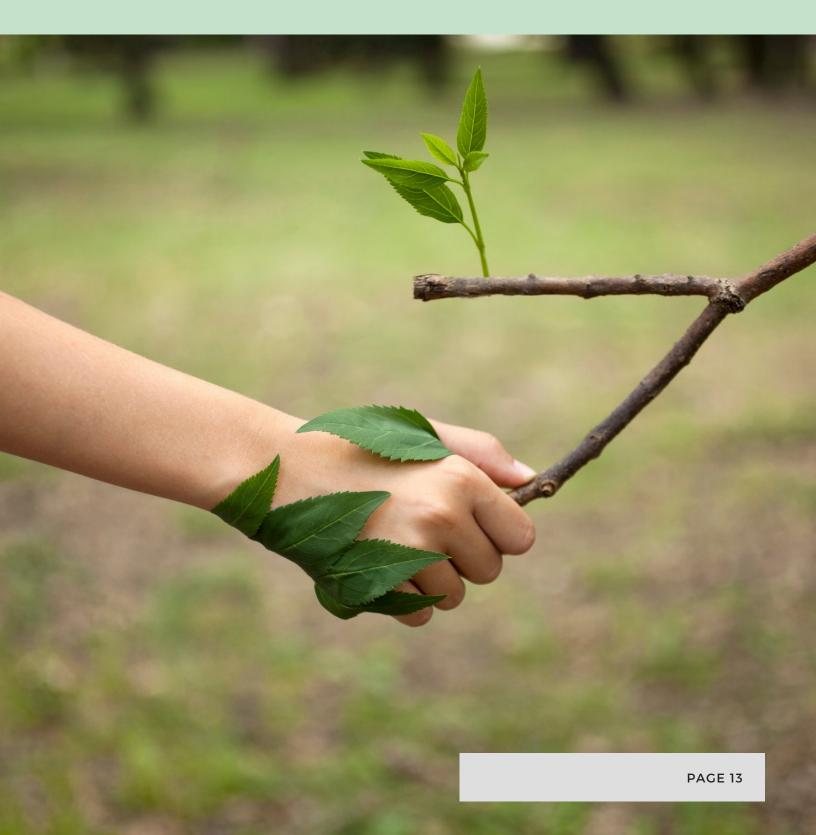
Finally, Health Canada evaluates pesticides in a timely manner with modern scientific standards to inform decisions, and take appropriate action to ensure that Canadians and the environment continue to be protected from unsafe products and substances.



Going Forward

Health Canada contributes the to implementation of the 2019 to 2022 FSDS through the actions and initiatives described in the following section. In keeping with the objective of the DSDS to be forward-looking, it includes longer-term commitments. and is reviewed and validated annually to allow for updates or new actions to be incorporated as we monitor our progress and develop new approaches. The department will provide a detailed account of progress through the Departmental Results Report (DRR) and progress will also be reflected in the FSDS e-strategy updates.

Section 3: Commitments for Health Canada



Effective Action on Climate Change

A low-carbon economy contributes to limiting global average temperature rise to well below two degrees Celsius and supports efforts to limit the increase to 1.5 degrees Celsius

Responsible Minister: Minister of Environment and Climate Change; supported by a whole-of-government approach to implementation

Actions supporting the Goal: Effective Action on Climate Change

FSDS Action

Work with partners on climate change.

Departmental Action

Increase knowledge, capacity and tools to support evidence-based adaptation measures to protect health from extreme heat as a result of climate change.

Health Canada's Contribution

By increasing knowledge, capacity and tools, Health Canada helps decision-makers, such as health regions, develop and implement evidence-based adaptation measures to protect health from extreme heat as a result of climate change. For example, Health Canada's efforts support the creation and maintenance of heat alert and response systems, real-time heat morbidity and mortality surveillance systems, the dissemination of heat health information, and the development of training. These efforts are important in protecting health since the frequency of extreme heat events in many Canadian locations is modelled to at least double by 2050. This work therefore contributes to the FSDS goal of effective action on climate change.

This work links to **SDG 13: Climate Action** and targets <u>13.1</u>, <u>13.2</u>, <u>13.3</u> and **SDG 17: Partnerships for the Goal** and target <u>17.17</u>.

Starting Point

As of March 2021, 79% of health regions in Canada had implemented evidence-based adaptation measures to protect health from extreme heat.

Performance Indicator

Percentage of health regions implementing evidence-based adaptation measures to protect health from extreme heat.

Target

80% by March 31, 2026.

FSDS Action

Provide support and funding for climate resilience.

Departmental Action

Provide support to governments, public health professionals and Canadians in preparing for, and adapting to, the impacts of climate change.

Health Canada's Contribution

Health Canada provides information to governments, public health professionals and individual Canadians to help inform actions that reduce the health risks of indoor and outdoor extreme heat and support adaptation to climate change. This includes supporting, developing and publishing and/or distributing guidance documents, guidelines and standards, and conducting outreach related to the health impacts of climate change.

By raising awareness and helping to inform climate change adaptation activities, Health Canada supports this FSDS goal of effective action on climate change.

This work links to **SDG 1: No Poverty** and target <u>1.5</u>: **SDG 3: Good Health and Well-Being** and target <u>3.4</u>; **SDG 11: Sustainable Cities and Communities** and target <u>11.b</u>; **SDG 13: Climate Action** and targets <u>13.1</u> and <u>13.3</u>; and **SDG 17: Partnerships for the Goals** and target <u>17.17</u>.

Starting Point

In 2020-21, 100% of planned knowledge transfer activities were completed.

Performance Indicator

Percentage of planned knowledge transfer activities completed.

Target





Greening Government

The Government of Canada will transition to lowcarbon, climate resilient, and green operations

Responsible Minister: All ministers

This goal captures commitments from the Greening Government Strategy, as well as reporting requirements under the Policy on Green Procurement.

Greening Government - Target 1

Reduce GHG emissions from federal government facilities and fleets by 40% below 2005 levels by 2030 (with an aspiration to achieve this target by 2025) and 80% below 2005 levels by 2050 (with an aspiration to be carbon neutral)

FSDS Action

All buildings and major building retrofits will prioritize lowcarbon investments based integrated design principles, and life-cycle and total-cost-of ownership assessments which incorporate shadow carbon pricing.

Departmental Action

Adopt and maintain approaches and activities that reduce Health Canada's energy use and improve the overall environmental performance of department-owned buildings.

Health Canada's Contribution

Health Canada will take actions to reduce the demand for energy or switch to lower carbon sources of energy that will lead to reductions in greenhouse gas emissions (GHGs) from building operations.

This work links to SDG 7: Affordable and Clean Energy and target 7.3.

Starting Point 1

GHG emissions from buildings in fiscal year 2005-06 = 20.8ktCO₂e.

Performance Indicator

Percentage change in GHG emissions from facilities from fiscal year 2005-06

• GHG emissions from buildings in 2022-23 (ktCO₂e).

Target

40% below 2005 levels by 2030 (includes fleet and facilities).

Starting Point 2

New initiative.

Performance Indicator

Disclosure of potable water annual usage in custodial buildings.

Target

100% (annual).

FSDS Action

Departments will adopt and deploy clean technologies and implement procedures to manage building operations and take advantage of programs to improve the environmental performance of their buildings.

Departmental Action

Identify opportunities to facilitate awareness about energy use and technologies that improve environmental performance in order to improve the environmental performance of department-owned buildings.

Health Canada's Contribution

Understanding the range of applications for clean technology in building operations, raising awareness about energy use, and promoting initiative to improve energy efficiency will help Health Canada to ultimately reduce greenhouse gas emissions and support more efficient production and consumption.

This work links to SDG 9: Industry Innovation and Infrastructure and target 9.4.

Starting Point

In 2019-20, Health Canada began using RETScreen, a Clean Energy Management Software system for energy efficiency, renewable energy and cogeneration project feasibility analysis, as well as ongoing energy performance analysis.

Performance Indicator

Percentage of building fit-ups, refits, major investments and new construction projects that use RETScreen to inform potential energy efficiency improvement decisions by March 31, 2022.

Target

100% (annual).

FSDS Action

Fleet management will be optimized including by applying telematics to collect and analyze vehicle usage data on vehicles scheduled to be replaced.

Departmental Action

Use telematics analysis to right-size the fleet

Promote behavior change - e.g. car sharing initiatives and public transportation options.

Health Canada's Contribution

Rationalization of fleets via retirement of emitting vehicles can reduce GHG emissions.

This work links to SDG 13: Climate Action.

Starting Point 1

GHG emissions from fleet in fiscal year 2005-06 = 1.6ktCO₂e.

Performance Indicator

Percentage change in GHG emissions from fleet from fiscal year 2005-06.

- GHG emissions from fleet in 2022-23.
- Overall fuel consumption (LGE).

Target

40% below 2005 levels by 2030 (includes fleet and facilities).

Starting Point 2

New initiative.

Performance Indicator

Creation of new fleet management guidelines to "right-size" the fleet, based on recommendations from an audit of the existing fleet management program while respecting both operational and greening requirements.

Target

One fleet management guideline document completed by March 31, 2023.

Starting Point 3

Annual target.

Performance Indicator

Percentage of employee air travel booked centrally to allow for tracking of GHG emissions.

Target

Divert at least 75% (by weight) of non-hazardous operational waste from landfills by 2030

FSDS Action

ropo Action

Departmental Action

Track and disclose waste diversion rates by 2022.

Assess the waste stream to inform future decisions and options to divert operational waste from landfills.

Health Canada's Contribution

Health Canada will:

Other.

- Take actions that reduce the generation of non-hazardous operational waste to help reduce Scope 3 emissions for the production, transport and disposal of material.
- Divert waste from landfills to help reduce landfill gas and transport hauling emissions.
- Recover material via recycling to help reduce emissions for the extraction and production of virgin materials.

This work links to SDG 12: Responsible Consumption and Production and target 12.5.

Starting Point

New initiative.

Performance Indicator

Percentage of non-hazardous operational waste diverted from Health Canada's custodial buildings.*

- * Applies to facilities over 10,000m² within a municipality with a population of over 100,000 people.
- * Diversion percentages will be based on industry average weight by waste stream multiplied by number of bins collected at each site.

Target

Divert at least 75% (by weight) of plastic waste from landfills by 2030

FSDS Action	Departmental Action
Other.	Track and disclose waste diversion rates by 2022.
	Eliminate the unnecessary use of single-use plastics in
	government operations, events and meetings.
	Implement initiatives and processes to facilitate plastic
	•

waste diversion from Health Canada's operations.

Health Canada's Contribution

Health Canada will:

- Take actions that reduce the generation of plastic waste to help to reduce Scope 3
 emissions for the production, transport and disposal of material.
- Divert waste from landfills to help reduce landfill gas and transport hauling emissions.
- Recover material via recycling to help reduce emissions for the extraction and production of virgin materials.

This work links to SDG 12: Responsible Consumption and Production and target 12.5.

Starting Point

New initiative.

Performance Indicator

Percentage of plastic waste diverted is reported publicly*

- * Applies to facilities over 10,000m² within a municipality with a population of over 100,000 people.
- * Pending clarification regarding the industry standard for co-mingled waste streams at the point of collection.

Target

Divert at least 90% (by weight) of all construction and demolition waste from landfills (striving to achieve 100% by 2030)

FSDS Action

Departmental Action

Other.

Track and disclose our waste diversion rates by 2022.

Health Canada's Contribution

Health Canada will:

- Take actions that reduce the generation of construction and demolition waste to help reduce Scope 3 emissions for the production, transport and disposal of material.
- Divert waste from landfill to help reduce landfill gas and transport hauling emissions.
- Recover material via recycling to help reduce emissions for the extraction and production of virgin materials.

This work links to SDG 12: Responsible Consumption and Production and target 12.5.

Starting Point

No waste data available at this time.

Performance Indicator

Percentage of construction and demolition waste diverted and disposal methods reported publicly*

* When projects meet the minimum threshold of \$5M and in areas where diversion facilities exist

Target

Our administrative fleet will be comprised of at least 80% zero-emission vehicles by 2030

FSDS Action

Fleet management will be optimized including by applying telematics to collect and analyze vehicle usage data on vehicles scheduled to be replaced.

Departmental Action

Use telematics analysis to right-size the fleet. Increase the percentage of departmental fleet that are zero-emission vehicles (ZEV) or hybrid, whenever operationally feasible.

Health Canada's Contribution

As conventional vehicles are replaced over their lifetimes with ZEVs, and/or the size of the fleet is reduced, a greater proportion of the fleet will be ZEV.

This work links to **SDG 13: Climate Action**.

Starting Point 1

In 2019-20, telematics was installed on all vehicles in the Health Canada fleet to collect data that informs the management of the departmental fleet.

Performance Indicator

Percentage of compatible and/or applicable vehicles logged via telematics.

Target

Starting Point 2

In 2019-20, Health Canada had 188 vehicles in its administrative fleet, 23 of which were ZEV or hybrids.

Performance Indicator

Percentage of new light-duty unmodified administrative fleet vehicle purchases that are ZEV or hybrid.*

- Total number of vehicles in administrative fleet in 2022-23.
- Total number of new light-duty unmodified administrative fleet vehicles purchased in 2022-23.
- Total number of ZEV or hybrid purchased in 2022-23.
- Percentage of ZEV in administrative fleet (to indicate progress on HC's contribution to the FSDS goal for Government of Canada's overall administrative fleet to be at least 80% ZEV by 2030).

Target

75% (annual) aligns with annual procurement target per TBS criteria.

^{*} Although hybrid vehicles are included, HC will prioritize ZEV purchases to the extent possible depending on market availability. This is to further support the overall Greening Government Goal to achieve 80% ZEV vehicles in the Government of Canada's total fleet inventory.

Starting Point 3

In 2019-20, Health Canada had three executive vehicles in its fleet, one of which was ZEV or hybrid.

Performance Indicator

Percentage of executive vehicle purchases that are ZEV or hybrid.

- Total number of new executive vehicles purchased in 2022-23.
- Total number of ZEV or hybrid purchases in 2022-23.

Target



By 2022, departments have developed measures to reduce climate change risks to assets, services and operations

FSDS Action

Increase training and support on assessing climate change impacts, undertaking climate change risk assessments and developing adaptation actions to public service employees, and facilitate sharing of best practices and lessons learned.

Departmental Action

Understand the wide range of climate change impacts that could potentially affect federal assets, services and operations across the country.

Health Canada's Contribution

Factoring climate variability and change into policy, programs, and operations is one of the most important ways the government can adapt to a changing climate and is consistent with the government's risk management approach of enhancing the protection of public assets and resources and strengthening planning and decision-making.

This work links to SDG 13: Climate Action.

Starting Point

New initiative.

Performance Indicator

Specific indicators will be established following completion of a climate change risk assessment taking into account Health Canada-owned buildings.

Target

Completed by March 31, 2023.

FSDS Action

By 2021, adopt climate-resilient building codes being developed by National Research Council (NRC) Canada.

Departmental Action

Integrate climate change adaptation into the design, construction and operation aspects of real property projects.

Health Canada's Contribution

Early adoption of the code in the construction of buildings demonstrates federal leadership in climate resilient buildings.

This work links to SDG 13: Climate Action.

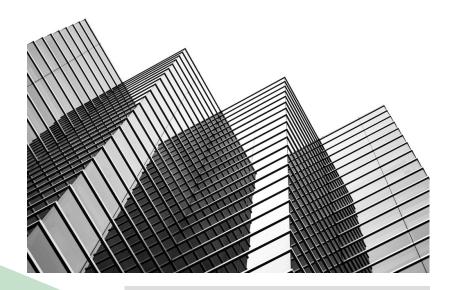
Starting Point

New initiative.

Performance Indicator

Percentage of real property projects that integrate climate resilient building codes and NRC energy and building code requirements in the project design process.

Target



Use 100% clean electricity by 2025

FSDS Action

Other.

Departmental Action

Purchase megawatt hours of renewable electricity equivalent to that produced by the high-carbon portion of the electricity grid. This includes the use of renewable electricity generated on-site or purchased off-site.

Health Canada's Contribution

The use of clean electricity eliminates GHG emissions in jurisdictions with emitting generation sources.

This work links to SDG 7: Affordable and Clean Energy and target 7.2.

Starting Point

New initiative.

Performance Indicator

Percentage of clean electricity

- Electricity consumption (kWh) in 2022-23.
- Electricity consumption (kWh) from non-emitting sources (including renewable energy certificates) in 2022-23.

Target

100% by March 31, 2025.

Greening Government

Actions supporting the Goal: Greening Government

FSDS Action

Minimize embodied carbon and the use of harmful materials in construction and renovation.

Departmental Action

Specification of low embodied carbon materials in major construction and renovation contracts.

Health Canada's Contribution

The use of low embodied carbon materials expands the market and encourages industry to adopt low carbon extraction, production and disposal practices. This will reduce Scope 3 emissions and other harmful environmental impacts.

This work links to SDG 12: Responsible Consumption and Production and SDG 13: Climate Action.

Starting Point

No data available at this time.

Performance Indicator

Percentage of major* construction projects in which embodied carbon in building materials was minimized.

* The Greening Government Strategy - Real Property Guidance has defined "major" as "Projects in which changes proposed to the building envelope and HVAC systems or the proposed value of work is more than 50% of the assessed value of the building"

Target

FSDS Action

Departments will use environmental criteria to reduce the environmental impact and ensure best value in government procurement decisions.

Departmental Action

Promote environmental sustainability by integrating environmental performance considerations into departmental procurement processes, including planning, acquisition, use and disposal, and ensuring there is the necessary training and awareness to support green procurement.

Health Canada's Contribution

Green procurement incorporates environmental considerations into purchasing and is expected to motivate suppliers to reduce the environmental impact of the goods and services they deliver, and their supply chains.

This work links to SDG 12: Responsible Consumption and Production and target 12.7.

Starting Point 1

In 2020-21, 100% of procurement related documents, guides, and tools posted on Health Canada's Materiel and Assets Management intranet site were reviewed and updated to reflect green procurement objectives.

Performance Indicator

Percentage of procurement related documents, guides, and tools posted on Health Canada's Materiel and Assets Management intranet site reviewed and updated to reflect green procurement objectives, where applicable.

Target

Starting Point 2

In 2020-21, 98% of office supply purchased included criteria to reduce the environmental impact associated with the production, acquisition, use and/or disposal of the supplies (excluding purchases made on acquisition cards).

Performance Indicator

Percentage of office supply purchases that include criteria to reduce the environmental impact associated with the production, acquisition, use and/or disposal of the supplies (excluding purchases made on acquisition cards).

Target

90% (annual).

Starting Point 3

In 2020-21, 100% of information technology hardware purchases included criteria to reduce the environmental impact associated with the production, acquisition, use and/or disposal of the equipment (excluding laboratory and field equipment as well as purchases made on acquisition cards).

Performance Indicator

Percentage of information technology hardware purchases that include criteria to reduce the environmental impact associated with the production, acquisition, use and/or disposal of the equipment (excluding laboratory and field equipment as well as purchases made on acquisition cards).

Note: This is done in conjunction with Shared Services Canada and/or Public Services and Procurement Canada as the IT procurement authority.

Target

FSDS Action

Support for green procurement will be strengthened, including guidance, tools and training for public service employees.

Departmental Action

Ensure material management and specialists in procurement have the necessary training and awareness to support green procurement.

Health Canada's Contribution

Green procurement incorporates environmental considerations into purchasing and is expected to motivate suppliers to green their goods, services and supply chain.

This work links to SDG 12: Responsible Consumption and Production and target 12.7.

Starting Point

In 2020-21, 100% of specialists in procurement and material management completed training on green procurement or had included it in their learning plan for completion within a year.

Performance Indicator

Percentage of specialists in procurement and material management who have completed training on green procurement or have included it in their learning plan for completion within a year.

Target



Clean Drinking Water

All Canadians have access to safe drinking water and, in particular, the significant challenges Indigenous communities face are addressed

Responsible Minister: Minister of Indigenous and Northern Affairs

Actions supporting the Goal: Clean Drinking Water

FSDS Action

Work with partners on drinking water quality.

Departmental Action

Develop and/or update health-based drinking water quality guidelines and guidance documents in collaboration with Federal/Provincial/Territorial (FPT) partners.

Health Canada's Contribution

Health Canada works with other federal government departments and agencies and provincial and territorial governments to establish the science-based Guidelines for Canadian Drinking Water Quality, which are published in the *Canada Gazette*, Part I and online. These guidelines and related guidance documents are used by all jurisdictions in Canada as the basis for establishing their drinking water requirements. The development of these guidelines and guidance documents helps support the FSDS goal of ensuring all Canadians have access to safe drinking water in Canada.

This work links to **SDG 3: Good Health and Well-Being** and target <u>3.9</u> and **SDG 6: Clean Water and Sanitation** and targets <u>6.1</u>, <u>6.3</u> and <u>6.b</u>.

Starting Point

In 2020-21, 88% of planned final water quality guidelines/guidance documents were published in the *Canada Gazette*, Part I and online.

Performance Indicator

Percentage of planned final water quality guidelines/guidance documents published in the *Canada Gazette*, Part I and online.

Target



Sustainable Food

Innovation and ingenuity contribute to a world-leading agricultural sector and food economy for the benefit of all Canadians

Responsible Minister: Minister of Agriculture and Agri-Food; Minister of Fisheries, Oceans and the Canadian Coast Guard

Actions supporting the Goal: Sustainable Food

FSDS Action

Make healthier food choices easier.

Departmental Action

Advance core components of the <u>Healthy Eating Strategy</u>, launched in 2016, which include: improving healthy eating information; strengthening labelling and claims; improving the nutrition quality of foods; and protecting vulnerable populations (e.g. marketing to children).

Health Canada's Contribution

By promoting the 2019 <u>Canada's Food Guide</u>, a key component of the <u>Healthy Eating Strategy</u>, the department will extend its reach and increase the uptake of its recommendations, including that of shifting towards more plant-based foods, across settings (e.g., schools, recreation facilities, daycares), thus supporting improvements to the food environment. The new Food Guide also promotes food literacy and skills that can support healthy eating, safe food handling and help reduce food waste.

While health is the primary focus of Canada's dietary guidelines, there are potential environmental benefits to improving current patterns of eating. For example, patterns of eating that are higher in plant-based foods and lower in animal-based foods support a lower environmental impact (i.e., conserving soil, water, and air).

The consumption of trans fats increases the risk of heart disease, one of the leading causes of death in Canada. To help improve the nutritional quality of foods, partially hydrogenated oils (PHOs), the largest source of industrially produced trans fats, were banned in Canada as of September 17, 2018.

This work links to SDG 2: Zero Hunger and targets 2.1 and 2.2 and SDG 3: Health and Well-Being.

Starting Point 1

In 2017, 28.6% of Canadians reported eating fruits and vegetables 5 or more times a day.

Performance Indicator

Percentage of Canadians who report eating fruits and vegetables 5 or more times per day.

Target

30% by March 31, 2023.

Starting Point 2

Baseline will be calculated using statistical analysis of the 2015 Canadian Community Health Survey (CCHS) dietary intake data and food composition data (Canadian Nutrient File and food label information).

Performance Indicator

Percentage of Canadians who have trans fat intakes below 1% total energy intake.

Target

≥90% by December 31, 2023.

FSDS Action

Use legislation and regulations to ensure safe food.

Departmental Action

Re-design food regulations to reduce impediments that prevent industry from bringing innovative products to market (e.g. supplemented foods and foods that use new processes and technologies), while protecting the health and safety of Canadians.

Health Canada's Contribution

In implementing food safety and nutritional quality regulations and standards for all foods sold in Canada under the authority of the *Food and Drugs Act* and *Food and Drug Regulations*, Health Canada responds to emerging science and conducts premarket safety assessments to ensure that decisions taken by the Department protect the health and safety of Canadians.

The re-design of food regulations will reduce impediments preventing or delaying industry from bringing innovative products to market by establishing regulatory frameworks to allow, for example, new paths to market in areas such as Supplemented Foods. It will also provide greater flexibility and agility to the regulations to be able to respond to advances in science and technology.

Throughout the re-design of regulations, Health Canada is committed to ensuring the health and safety of Canadians and will strive to maintain a 100% performance rating in addressing high-risk food safety and nutritional safety issues through regulatory and non-regulatory responses (e.g., policies, guidance, etc.).

This work links to **SDG 2: Zero Hunger** and target <u>2.1</u>.

Starting Point 1

Baseline related to the impediments will be developed after the first year of data collection (by 2021-22).

Performance Indicator

Percentage of stakeholders who indicate the proposed regulations published in Canada Gazette, Part I reduce impediments.

Target

60% by March 31, 2023 (annual).

Starting Point 2

In 2018-19, 100% of high-risk food safety and nutrition issues generated a regulatory or non-regulatory response (i.e., guidance documents, national strategies, regulatory amendments).

Performance Indicator

Percentage of current high-risk food safety and nutrition issues which generate the development of a regulatory or non-regulatory response.

Target

100% by March 31, 2023 (annual).





Safe and Healthy Communities

All Canadians live in clean, sustainable communities that contribute to their health and well-being

Responsible Minister: Minister of Environment and Climate Change; Minister of Health

Safe and Healthy Communities - Target 1

Increase the percentage of Canadians living in areas where air quality standards are achieved from 70% in 2015 to 85% in 2030

FSDS Action

Better understand air pollutants and harmful substances.

Departmental Action

Conduct research; develop, publish and/or distribute health risk assessments, guidance documents, guidelines and standards; analyze health benefits; and conduct outreach related to the health impacts of outdoor air pollution and actions to improve outdoor air quality.

Health Canada's Contribution

Health Canada science and outreach activities help to increase knowledge and raise awareness related to the health impacts of outdoor air pollution, and help inform actions to improve air quality. For example, they help to inform the development of the Canadian Ambient Air Quality Standards (CAAQS), as well as actions, such as new regulatory requirements, to increase the percentage of Canadians who live in areas where the standards are achieved.

This work links to SDG 3: Good Health and Well-Being and targets 3.4 and 3.9; SDG 11: Sustainable Cities and Communities and target 11.6; and SDG 12: Responsible Consumption and Production and target 12.4.

Starting Point 1

In 2020-21, Health Canada's Air Quality Program published and/or distributed externally 43% of planned federal air quality health assessments, guidance documents, guidelines and standards related to outdoor air quality.

Performance Indicator

Percentage of planned federal air quality health assessments, guidance documents, guidelines and standards related to outdoor air quality published or distributed externally.

Target

100% (annual).

Starting Point 2

In 2020-21, 100% of planned knowledge transfer activities were completed related to the health impacts of air pollution.

Performance Indicator

Percentage of planned knowledge transfer activities completed related to health impacts of air pollution.

Target

100% (annual).

Starting Point 3

In 2020-21, the number of deaths attributable to air pollution in Canada was 42 deaths per 100,000 population.

Performance Indicator

Number of deaths per year attributable to air pollution (per 100,000 population). This indicator is calculated every three years.

Target

Less than an annual 42 deaths per 100,000 population by March 31, 2030.

Better understand air pollutants and harmful substances.

Departmental Action

Assess proposed actions to reduce air pollution for health benefits using the Air Quality Benefits Assessment Tool.

Health Canada's Contribution

Health Canada uses the <u>Air Quality Benefits Assessment Tool</u> (AQBAT), a computer model that estimates the human health impacts from changes in air quality, to calculate the potential health benefits to be gained from actions meant to improve air quality. This is foundational information that supports evidence-based decision-making, such as the development of proposed regulations. This analysis enables the most efficient and effective ways to improve air quality to be used, which contributes to the FSDS target of increasing the percentage of Canadians living in areas where the air quality standards are achieved.

This work links to SDG 3: Good Health and Well-Being and targets 3.4 and 3.9; SDG 11: Sustainable Cities and Communities and target 11.6; and SDG 12: Responsible Consumption and Production and target 12.4.

Starting Point

In 2020-21, 100% of requested foundational information products were delivered within the established deadline.

Performance Indicator

Percentage of requested foundational information products delivered within the established deadline to support evidence-based decision-making.

Target

Work with partners on outdoor air quality and chemicals management.

Departmental Action

Work collaboratively with provinces, territories and stakeholders to develop and regularly update the Canadian Ambient Air Quality Standards.

Health Canada's Contribution

The Canadian Ambient Air Quality Standards (CAAQS) are outdoor air quality targets based on health and environmental objectives. Their purpose is to drive actions to reduce emissions of harmful air pollutants, such as the implementation of new regulatory requirements, and ultimately improve air quality across Canada. CAAQS for fine particulate matter (PM 2.5), ground-level ozone, sulphur dioxide, and nitrogen dioxide have been endorsed by the Canadian Council of Ministers of the Environment and issued as federal objectives under the *Canadian Environmental Protection Act*, 1999. Health Canada works with the provinces, territories, and stakeholders to review and update the CAAQS as needed in order to drive continuous improvement to air quality in Canada. This work therefore supports the FSDS target of increasing the percentage of Canadians living in areas where the air quality standards are achieved.

This work links to SDG 3: Good Health and Well-Being and targets 3.4 and 3.9; SDG 11: Sustainable Cities and Communities and target 11.6; and SDG 12: Responsible Consumption and Production and target 12.4.

Starting Point

Updates to the CAAQS for ozone were completed in 2019 and updates to the CAAQS for $PM_{2.5}$ are on track to be completed by December 31, 2022.

Performance Indicator

Percentage of Canadian Ambient Air Quality Standards (CAAQS) reviewed and updated.

Target

100% of planned CAAQS (i.e. for ozone and $PM_{2.5}$) by December 31, 2022.

Safe and Healthy Communities - Target 2

By 2022, take risk management actions in a timely manner for 100% of substances found to be a risk to the environment or human health

FSDS Action

Use legislation and regulations to address outdoor air pollutant emissions and harmful substances.

Departmental Action

Assess and manage, where appropriate, the potential health risks associated with chemical substances, including pesticides.

Health Canada's Contribution

The Government of Canada is committed to reducing the risks posed by chemicals to Canadians and their environment. Through the Chemicals Management Plan, Health Canada assesses substances for potential health and environmental impacts and develops risk management actions to mitigate the risks of harmful substances, such as new regulatory requirements. Health Canada's actions therefore directly support this FSDS target of taking timely risk management action on substances found to be a risk.

This work links to SDG 3: Good Health and Well-Being and targets 3.4 and 3.9; and SDG 12: Responsible Consumption and Production and target 12.4.

Starting Point 1

In 2020-21, 94% of existing chemicals were addressed within targeted timelines.

Performance Indicator

Percentage of existing chemicals addressed within targeted timelines.

Target

Starting Point 2

In 2020-21, 100% of new substances (chemicals, polymers, and animate products of biotechnology) were assessed within prescribed timelines.

Performance Indicator

Percentage of new substances (chemicals, polymers and animate products of biotechnology) assessed within prescribed timelines.

Target

100% (annual).

Starting Point 3

In 2020-21, 100% of risk management actions were completed within targeted timelines.

Performance Indicator

Percentage of actions taken in a timely manner to protect the health of Canadians from substances found to be a risk to human health.

Target



Health Canada's Contribution

Re-evaluating older pesticides against current health and environmental standards allows Health Canada to determine whether they are still acceptable. When alerted to potential issues, a special review may be conducted to determine continued acceptability. When a pesticide is found to have unacceptable risk, Health Canada is responsible for taking action to protect human health and the environment by having post-market regulatory decisions implemented according to specified timelines (e.g., cancellation of products, label changes, and voluntary withdrawals) as per the <u>Policy</u> on Cancellations and Amendments Following Re-evaluation and Special Review.

This work links to **SDG: 3 Good Health and Well-Being** and target <u>3.9</u>; and **SDG 12: Responsible Consumption and Production** and target <u>12.4</u>.

Starting Point 1

In 2020-21, 95% of post-market decisions were implemented within specified timelines to protect the health of Canadians from pesticides found to be a risk to human health and the environment.

Performance Indicator

Percentage of post-market decisions implemented within specified timelines to protect the health of Canadians from pesticides found to be a risk to human health and the environment.

Target

Safe and Healthy Communities - Target 3

Actions supporting the Goal: Safe and Healthy Communities

FSDS Action

Provide information to inform action and decision-making.

Departmental Action

Develop, publish and/or distribute health risk assessments, guidance documents, guidelines and standards, and conduct outreach related to the health impacts of indoor air pollution and actions to improve indoor air quality, including information to inform action on indoor radon exposure.

Health Canada's Contribution

Health Canada provides information to inform actions by governments, public health professionals, building professionals and individual Canadians to reduce exposure to indoor air pollutants. For example, Health Canada participates in <u>Radon Action Month</u> every November by working with partners to raise awareness and inform Canadians about the actions they can take to reduce their risk from radon exposure. By raising awareness and informing risk mitigation activities, Health Canada supports this FSDS goal of safe and healthy communities, and ultimately helps to protect health.

This work links to SDG: 3 Good Health and Well-Being and targets 3.4 and 3.9.

Starting Point 1

In 2020-21, Health Canada published and/or distributed 67% of planned federal air quality health assessments, guidance documents, guidelines and standards related to indoor air quality.

Performance Indicator

Percentage of planned federal air quality health assessments, guidance documents, guidelines, and standards related to indoor air quality published or distributed externally.

Target

100% (annual).

Starting Point 2

The <u>2019 Households and the Environment Survey</u> showed that 63% of Canadians surveyed were knowledgeable about radon. Results of the 2021 Households and the Environment Survey will be made available in 2022-23 (reports every two years).

Performance Indicator

Percentage of Canadians surveyed who are knowledgeable about radon.

Target

65% by March 31, 2023.

Starting Point 3

The <u>2019 Households and the Environment Survey</u> showed that 6% of Canadian homeowners surveyed had tested their homes for radon. Results of the 2021 Households and the Environment Survey will be made available in 2022-23 (reports every two years).

Performance Indicator

Percentage of Canadian homeowners surveyed who have tested their homes for radon.

Target

10% by March 31, 2026.

Provide information to inform action and decision making.

Departmental Action

Provide Canadians with access to information that will enable them to take protective action to reduce impacts from outdoor air pollution.

Health Canada's Contribution

The Air Quality Health Index (AQHI) helps Canadians make decisions about how to protect their health by limiting short-term exposure to air pollution and adjusting their activity levels when there are increased levels of air pollution. The AQHI pays particular attention to people who are more vulnerable to the health impacts of air pollution and provides them with advice on how to protect their health during air quality levels associated with low, moderate, high, and very high health risk. By providing this information to Canadians, Health Canada supports actions to protect health and therefore contributes to the overall FSDS goal of safe and healthy communities.

This work links to SDG 3: Good Health and Well-Being and targets 3.4 and 3.9; SDG 11: Sustainable Cities and Communities and target 11.6; and SDG 12: Responsible Consumption and Production and target 12.4.

Starting Point

In 2020-21, 1,393,580 sensitive individuals* were reached by AQHI communications.

Performance Indicator

Number of sensitive individuals* reached by AQHI risk communications.

* "sensitive individuals" are those most at risk from the health effects of air pollution, including people with preexisting health conditions, children, and the elderly.

Target

4,000,000 by March 31, 2026.

Better understand air pollutants and harmful substances.

Departmental Action

Conduct research, monitoring and surveillance (including biomonitoring) in order to better understand and manage the health risks of harmful substances.

Health Canada's Contribution

Health Canada's research, monitoring, and surveillance related to harmful substances helps inform decisions by providing information to stakeholders (e.g., policy analysts, regulators, decision makers, international partners, and the public). For example, it provides new data for scientists and health and environment officials to use in assessing exposure to environmental chemicals and in developing and assessing policies aimed at reducing exposure to toxic chemicals. This helps inform actions that support this FSDS goal of clean and sustainable communities, and ultimately helps protect the health of Canadians.

This work links to SDG 3: Good Health and Well-Being and targets 3.4 and 3.9; and SDG 12: Responsible Consumption and Production and target 12.4.

Starting Point 1

In 2020-21, 100% of planned knowledge transfer activities related to research on chemicals of concern were completed.

Performance Indicator

Percentage of planned knowledge transfer activities completed related to research on chemicals of concern.

Target

Starting Point 2

In 2020-21, 100% of planned knowledge transfer activities related to monitoring and surveillance on chemicals of concern were completed.

Performance Indicator

Percentage of planned knowledge transfer activities completed related to monitoring and surveillance on chemicals of concern.

Target



Better understand air pollutants and harmful substances.

Departmental Action

Provide funding for research studies to monitor contaminant levels in wildlife and people in the Canadian North.

Health Canada's Contribution

The Northern Contaminants Program (NCP) funds research aimed at addressing contaminants of concern in Canada's North. Health Canada participates in the NCP's governance process to identify priorities, select and fund research and biomonitoring projects to address contaminants of concern in the North, and inform national and international chemicals risk management. The research findings provide data to inform risk assessment and risk management of substances, and are also used to influence the development and implementation of international agreements to reduce and/or eliminate the production, use and release of contaminating substances into the environment. This funding is provided through a competitive process to individual researchers. Ultimately the program objective is to reduce, and where possible eliminate contaminants from the Arctic environment. Therefore, the findings of this research directly inform Canada's actions towards its goal of safe and healthy communities, in this case in Canada's North.

This work links to **SDG 3: Good Health and Well-Being** and targets <u>3.4</u> and <u>3.9</u>; and **SDG 12: Responsible Consumption and Production** and target <u>12.4</u>.

Starting Point

In 2020-21, the Northern Contaminants Program provided funding for five research studies.

Performance Indicator

Provide funding for research studies under the Northern Contaminants Program.

Target

Funding provided by March 2023.

Prevent environmental emergencies or mitigate their impacts.

Departmental Action

Collaborate with other federal partners and provincial authorities to strengthen nuclear emergency preparedness and response.

Health Canada's Contribution

Health Canada helps to ensure that federal authorities are prepared to manage the federal response to a nuclear emergency and provide coordinated support to provinces and territories in order to minimize the impact on public health, safety, property, and the environment. This preparation is done through a series of drills and exercises to test the response to various nuclear emergency scenarios in order to identify gaps so issues can be resolved prior to a real emergency situation. Health Canada's role in emergency preparedness therefore contributes to this FSDS goal of safe and healthy communities.

This work links to SDG 3: Good Health and Well-Being and targets 3.9.

Starting Point

In 2020-21 Health Canada participated in 63% of planned nuclear emergency preparedness drills and exercises.

Performance Indicator

Percentage of planned nuclear emergency preparedness drills and exercises completed.

Target

Demonstrate leadership on assessing and remediating contaminated sites.

Departmental Action

Provide human health advice to other federal departments that are responsible for assessing and remediating contaminated sites.

Health Canada's Contribution

Under the <u>Federal Contaminated Sites Action Plan</u>, Health Canada serves as an Expert Support Department by providing guidance, guideline development, training, and advice related to human health risks from exposure to various contaminants on federal contaminated sites, in the air, water, soil, sediment, dust and country foods. This includes the review of site classifications, which are used to prioritize risk management and remediation activities, and other site-specific scientific and technical reports as they relate to human health. By providing guidance and advice, Health Canada supports the remediation of contaminated sites and thereby contributes to this FSDS goal of safe and healthy communities.

This work links to SDG 3: Good Health and Well-Being and target 3.9; SDG 6: Clean Water and Sanitation and target 6.3; and SDG 12: Responsible Consumption and Production and target 12.4.

Starting Point 1

In 2020-21, the established service standard for the review of site classification was met 98% of the time.

Performance Indicator

Percentage of times the established service standard (15 working days) for the review of site classification is met.

Target

Starting Point 2

In 2020-21, the agreed upon time frame for document-specific review of site-specific scientific and technical documents was met 96% of the time.

Performance Indicator

Percentage of times the review of site-specific scientific and technical documents within the document-specific agreed upon time frame is met.

Target

Safe and Healthy
Communities - other.

Departmental Action

Assess the extent to which regulatory decisions and actions are keeping pesticides at acceptable limits in order to protect the health of Canadians and the environment from risks associated with the use of pesticides.

Health Canada's Contribution

Health Canada reviews pesticides on the market to ensure that regulatory decisions remain relevant against evolving science. A post-market review decision can maintain the status quo, change the conditions of registration or result in the cancellation of pesticide product(s). Post-market reviews are a key legislative tool in protecting Canadians and the environment from risks associated with pesticides, and decisions are published on the Health Canada website.

This work links to SDG 3: Good Health and Well-Being and target 3.9; and SDG 12: Responsible Consumption and Production and target 12.4.

Starting Point 1

No data available at this time.

Performance Indicator

Percentage of pesticide re-evaluations that are completed within specified timelines.

Target

90% or higher (annual).

Starting Point 2

No data available at this time.

Performance Indicator

Percentage of pesticide special reviews that are completed within specified timelines.

Target

90% or higher (annual).

FSDS Action

Safe and Healthy
Communities - other.

Departmental Action

Provide health expertise to support the strategic assessment of proposed major projects (such as pipelines and mines).

Health Canada's Contribution

Health Canada provides expertise and advice to help prevent, reduce, and mitigate the potential human health-related impacts of proposed major projects, including project-related exposure to contaminants and the impacts of other changes to the environment on human health. This input helps to support the FSDS goal of safe and healthy communities.

This work links to SDG 3: Good Health and Well-Being and target 3.9: and SDG 12: Responsible Consumption and Production and target 12.2.

Starting Point 1

In 2020-21, 100% of requests for expertise and advice were responded to within established timelines.

Performance Indicator

Percentage of requests for expertise and advice that are responded to within established timelines.

Target

100% (annual).

Starting Point 2

In 2020-21, 100% of early planning, impact assessment and/or follow-up and monitoring was influenced by Health Canada expertise.

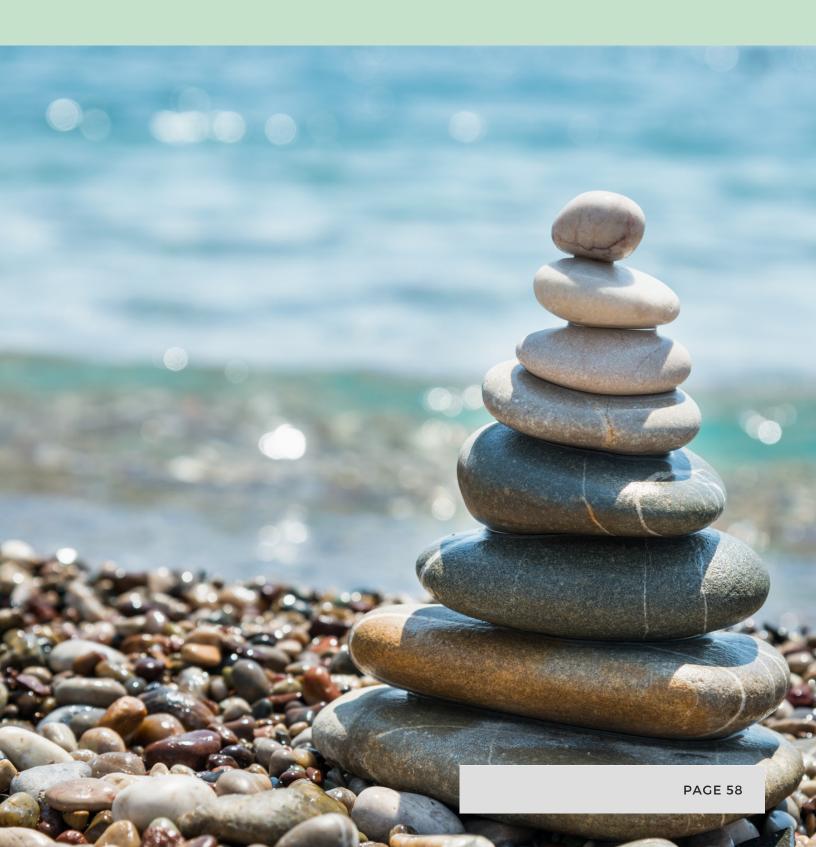
Performance Indicator

Percentage of early planning, impact assessment and/or follow-up and monitoring influenced by Health Canada expertise.

Target 2



Section 4: Integrating Sustainable Development





Integrating Sustainable Development

At Health Canada, the successful integration of sustainable development into policies, plans and programs is supported by the use of analytical techniques, management practices, and targeted initiatives that consider and incorporate environmental, social and economic objectives with the aim of preserving similar benefits for future generations.

Health Canada's Assistant Deputy Minister (ADM) Champion of Sustainable Development plays an important oversight and communication role regarding the department's sustainable development commitments, as well as the application of Health Canada's Strategic Environmental Assessment (SEA) Policy. Outreach to ADM colleagues and employees helps facilitate dialogue within the department and identify potential improvements to the SEA process and practices, as well as additional opportunities to integrate environmental sustainability considerations into decision-making.

Health Canada incorporates environmental sustainability in multiple facets of its operations, programs, and activities. For example:

- Health Canada has established an internal Policy on the Reduction and Diversion of Single-Use Plastics and a supporting Directive for meetings and events. This is available for employees to reference and apply as appropriate.
- Health Canada continues to work with other government departments to consider options for addressing plastic waste resulting from procurement, use and disposal of Personal Protective Equipment (PPE) and public health measures (e.g., non-medical masks).
- The department's Solutions Fund, an initiative for employee-led innovation and experimentation at Health Canada, will continue to be leveraged to tap into the ideas and creativity of employees to address various environmental and sustainability issues in the department.
- Health Canada has a comprehensive intranet site dedicated to sustainable development that is available to all employees. It includes examples of employee-led sustainability initiatives as well as policies and guidance related to Strategic Environmental Assessment and single-use plastics, frequently asked questions, and reference materials.
- Direct outreach to Health Canada employees occurs on an ongoing basis through various mechanisms, including messages from the Sustainable Development Champion; promotion of events such as Environment Week and Waste Reduction Week; and the use of a GCconnex Sustainable Workplaces Forum where employees can post questions and share ideas.

Strategic Environmental Assessment (SEA)

Health Canada will continue to ensure that its decision-making process includes consideration of FSDS goals and targets through its SEA process. A SEA for a policy, plan or program proposal includes an analysis of the impacts of the given proposal on the environment, including on relevant FSDS goals and targets.

Health Canada has a coordinator for SEA who provides guidance to proposal leads about the application of the SEA process and requirements of the <u>Cabinet Directive</u> on the <u>Environmental Assessment of Policy, Plan and Program Proposals</u>. Health Canada's SEA Policy defines a proposal as a Memorandum to Cabinet, a Treasury Board Submission, a regulatory proposal, memoranda to the Minister that are seeking concurrence, and any other strategic document seeking Ministerial or Cabinet approval.

A series of questions prompts the proposal lead to consider if their proposal has potential positive, negative or uncertain impacts on FSDS goals and targets; this part of the process results in the completion of a Preliminary Scan. The departmental SEA coordinator helps to play a challenge function to ensure that the assessment of potential environmental impacts is comprehensive and robust, and that full consideration is given to potential direct and indirect environmental impacts. If the Preliminary Scan indicates that the proposal is likely to have a positive or negative impact on the environment, or if the impact is uncertain, a Detailed Analysis is required.

Public statements on the results of Health Canada's assessments are prepared when an initiative that has undergone a Detailed Analysis is announced. The purpose of the public statement is to demonstrate that the environmental effects, including the impacts on achieving the FSDS goals and targets of the approved policy, plan or program, have been considered during proposal development and decision-making.

Compliance with Health Canada's SEA Policy is reported to the Executive Committee, which is chaired by the Deputy Minister and attended by Assistant Deputy Ministers. This forum helps to identify potential challenges, implement corrective measures and ensure ongoing engagement with senior managers across the department. Annual compliance reporting is also included in the Departmental Results Report, outlining the number of proposals that were reviewed within the fiscal year.

The department offers various forums for SEA training. An online course is available to all departmental employees to provide information on Health Canada's SEA Policy, the Cabinet Directive, and roles and responsibilities of the parties involved. In addition, an in-class course is offered annually and includes case studies and scenarios relevant to the Health Canada context, that aim to generate discussion and to enable participants to apply what they have learned through the online course. Health Canada's Office of Sustainable Development offers targeted training sessions to key groups across the department to respond to specific questions. Employees are encouraged to incorporate SEA training opportunities into their Learning Plans as part of their Performance Management Agreements.

Health Canada will continue to ensure that the SEA process includes an analysis of the impacts of proposals on the environment, including on FSDS goals and targets.