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Directory of Supplemented Food Facts Table Formats

Health Canada is the federal department responsible for helping the people of Canada maintain and improve their health. Health Canada is committed to improving the lives of all of Canada's people and to making this country's population among the healthiest in the world as measured by longevity, lifestyle and effective use of the public health care system.

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Répertoire des modèles de tableaux des renseignements sur les aliments supplémentés

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Legend

Per HM (MM): a placeholder for the serving of stated size where HM is the household measure and MM is the metric measure. Note: In the case of a supplemented food that is a single-serving prepackaged product, the household measure is the entire package and the metric measure is the corresponding amount in grams or millilitres, as applicable.

##, ### and #### signs: a placeholder for the amount by weight, the number of Calories and, where applicable, the percentage of the daily value of nutrients per serving of stated size of the prepackaged supplemented food product. The number of hashtags shown represents the number of numerals typically used for the value. These will vary depending on the manufacturer's specific product and its composition.

xx signs: a placeholder for the applicable unit used to express the amount of supplemental ingredient.

Standard Format

Figure 1.1(E)

Normal width font
8 point type except as indicated
Thin rules – 0.5 point
Rules centred between text

Heading: 13 point bold type	Supplemented Food Facts	
Serving of stated size: 9 point type with 11 point leading	Per HM (MM)	
Calories: 10 point bold type with 14.5 point leading	Calories #####	% Daily Value*
14.5 point leading	Fat ## g	## %
9 point leading	Saturated ## g + Trans ## g	## %
Non-indented nutrients in bold type, amount in regular type, with 12 point leading	Carbohydrate ## g	
	Fibre ## g	## %
Indented nutrients in regular type with 9 point leading indented 6 points	Sugars ## g	## %
	Protein ## g	
	Cholesterol ### mg	
	Sodium ##### mg	## %
Regular type with 14.5 point leading	Potassium ##### mg	## %
Regular type with 12 point leading	Calcium ##### mg	## %
	Iron ## mg	## %
Asterisk in 9 point with -2 point baseline shift	*5% or less is a little , 15% or more is a lot	
"Supplemented with" subheading in bold type with 13.5 point leading	Supplemented with[†]	
Supplemental ingredients in regular type with 12 point leading	Ingredient 1 ## xx	## %
	Ingredient 2 ## xx	## %
	Ingredient 3 ## xx	
	† Includes naturally occurring and supplemental amounts	

1 point rule

6 point bold type with 9 point regular asterisk, asterisk with -2 point baseline shift

Value centred against saturated + trans information on left

Text enclosed by a box with a 0.5 point rule within 3 points of text

Numbers and % sign in regular type, space between number and % sign

Space between number and unit

Thick rules – 2.5 point

6 point condensed font with 12.5 point leading and with "a little" and "a lot" in bold

may be displayed in normal width font

may appear on more than one line

Dagger symbol regular font superscript

Numbers and unit in regular type, space between number and unit

6 point condensed font with 11 point leading and superscript dagger

may be displayed in normal width font

may appear on more than one line

1 A supplemental ingredient may appear on more than one line if space does not permit it to fit on one line.

2 Supplemental ingredients must be shown in the same order as they appear in the *List of Permitted Supplemental Ingredients*.

3 Supplemental ingredients with an established daily value, as per the *Table of daily values*, must be declared in absolute amounts and display a % daily value. Other supplemental ingredients must only be declared in absolute amounts.

Figure 1.1(F)

Note: Same format specifications as in Figure 1.1(E).

Info-aliment supplémenté	
pour MD (MM)	
Calories #####	% valeur quotidienne*
Lipides ## g	## %
saturés ## g	## %
+ trans ## g	
Glucides ## g	
Fibres ## g	## %
Sucres ## g	## %
Protéines ## g	
Cholestérol ### mg	
Sodium ##### mg	## %
Potassium ##### mg	## %
Calcium ##### mg	## %
Fer ## mg	## %
*5 % ou moins c'est peu , 15 % ou plus c'est beaucoup	
Supplémenté en[†]	
Ingrédient 1 ## xx	## %
Ingrédient 2 ## xx	## %
Ingrédient 3 ## xx	
† Comprend les quantités naturelles et supplémentées	

Standard Format (*continued*)

Figures 1.2(E) and (F)

Follow Figures 1.1(E) and (F) except:

- Serving of stated size: 8 point type with 10 point leading
- Calories: 9 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnotes: 6 point type with 11 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above.

Figures 1.3(E) and (F)

Follow Figures 1.1(E) and (F) except:

- All text is in condensed font
- Serving of stated size: 8 point type with 10 point leading
- Calories: 9 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnotes: 6 point type with 11 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above.

Figures 1.4(E) and (F)

Follow Figures 1.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type
- Serving of stated size: 8 point type with 10 point leading
- Calories: 9 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 12.5 point leading
- Footnotes: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 11.5 point leading where there is a thick rule above
- Thick rules are reduced to 2 point and thin rules are reduced to 0.25 point.

Standard Format (*continued*)

Figures 1.5(E) and (F)

Follow Figures 1.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type
- Serving of stated size: 7 point type with 9 point leading
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 11.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 11.5 point leading
- Footnotes: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 11.5 point leading where there is a thick rule above.

Figures 1.6(E) and (F)

Follow Figures 1.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type
- Serving of stated size: 6.5 point type with 8 point leading
- Calories: 7.5 point type with 12 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 9 point leading where there is a thin rule above and 11.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 11.5 point leading
- Footnotes: 6 point type with 7 point leading where there is no rule; 9 point leading where there is a thin rule above and 11.5 point leading where there is a thick rule above
- Thick rules are reduced to 2 point and thin rules are reduced to 0.25 point.

Narrow Standard Format

Figure 2.1(E)

Supplemented Food Facts	
Per HM (MM)	
Calories #####	% Daily Value*
Fat ## g	## %
Saturated ## g	## %
+ Trans ## g	
Carbohydrate ## g	
Fibre ## g	## %
Sugars ## g	## %
Protein ## g	
Cholesterol ### mg	
Sodium ##### mg	## %
Potassium ##### mg	## %
Calcium ##### mg	## %
Iron ## mg	## %
*5% or less is a little , 15% or more is a lot	
Supplemented with†	
Ingredient 1 ## xx	## %
Ingredient 2 ## xx	## %
Ingredient 3 ## xx	
† Includes naturally occurring and supplemental amounts	

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.

Figure 2.1(F)

Info-aliment supplémenté	
pour MD (MM)	
Calories #####	% valeur quotidienne*
Lipides ## g	## %
saturés ## g	## %
+ trans ## g	
Glucides ## g	
Fibres ## g	## %
Sucres ## g	## %
Protéines ## g	
Cholestérol ### mg	
Sodium ##### mg	## %
Potassium ##### mg	## %
Calcium ##### mg	## %
Fer ## mg	## %
*5 % ou moins c'est peu , 15 % ou plus c'est beaucoup	
Supplémenté en†	
Ingrédient 1 ## xx	## %
Ingrédient 2 ## xx	## %
Ingrédient 3 ## xx	
† Comprend les quantités naturelles et supplémentées	

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.

Narrow Standard Format (*continued*)

Figures 2.2(E) and (F)

Follow Figures 2.1(E) and (F) except:

- Heading: 11 point type
- Serving of stated size: 8 point type with 10 point leading
- Calories: 9 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnotes: 6 point type with 7 point leading where there is no rule; 11 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above.

Figures 2.3(E) and (F)

Follow Figures 2.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type
- Serving of stated size: 8 point type with 10 point leading
- Calories: 9 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnotes: 6 point type with 7 point leading where there is no rule; 11 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above.

Figures 2.4(E) and (F)

Follow Figures 2.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type
- Serving of stated size: 7 point type with 9 point leading
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 12.5 point leading
- Footnotes: 6 point type with 7 point leading where there is no rule; 11 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above.

Bilingual Standard Format

Figure 3.1(B)

12 point bold font	→	Supplemented Food Facts	
13 point leading	→	Info-aliment supplémenté	
11 point leading	→	Per HM (MM)	
10 point leading	→	pour MD (MM)	← Serving of stated size may appear on the same line if space permits
		Calories #####	% Daily Value*
			% valeur quotidienne*
		Fat / Lipides ## g	## %
		Saturated / saturés ## g	## %
		+ Trans / trans ## g	## %
		Carbohydrate / Glucides ## g	
		Fibre / Fibres ## g	## %
Space before and after forward slash		Sugars / Sucres ## g	## %
		Protein / Protéines ## g	
		Cholesterol / Cholestérol ### mg	
		Sodium ##### mg	## %
		Potassium ##### mg	## %
		Calcium ##### mg	## %
		Iron / Fer ## mg	## %
13 point leading	→	*5% or less is a little , 15% or more is a lot	←
7.5 point leading	→	*5 % ou moins c'est peu , 15 % ou plus c'est beaucoup	
		Supplemented with / Supplémenté en[†]	
		Ingredient 1 / Ingrédient 1 ## xx	## %
		Ingredient 2 / Ingrédient 2 ## xx	## %
		Ingredient 3 / Ingrédient 3 ## xx	
11.5 point leading	→	[†] Includes naturally occurring and supplemental amounts	←
7.5 point leading	→	[†] Comprend les quantités naturelles et supplémentées	

Serving of stated size may appear on the same line if space permits

7 point leading

6.5 point condensed font with "a little" and "a lot" in bold may be displayed in normal width font may appear on more than one line

6.5 point condensed font may be displayed in normal width font may appear on more than one line

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Bilingual Standard Format (*continued*)

Figure 3.2(B)

Follow Figure 3.1(B) except:

- Heading: 11 point type with 12 point leading
- Serving of stated size: 8 point type with 10 point leading on first line and 9 point leading on second line
- Calories: 9 point type with 13.5 point leading
- % Daily Value subheading: 6 point type with 6.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnotes: 6 point type with 7 point leading where there is no rule; 11 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above.

Figure 3.3(B)

Follow Figure 3.1(B) except:

- All text is in condensed font
- Serving of stated size: 8 point type with 10 point leading on first line and 9 point leading on second line
- Calories: 9 point type with 13.5 point leading
- % Daily Value subheading: 6 point type with 6.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnotes: 6 point type with 7 point leading where there is no rule; 11 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above.

Figure 3.4(B)

Follow Figure 3.1(B) except:

- All text is in condensed font
- Heading: 10 point type with 11 point leading
- Serving of stated size: 7 point type with 9 point leading on first line and 8 point leading on second line
- Calories: 8 point type with 12.5 point leading
- % Daily Value subheading: 6 point type with 6.5 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 12.5 point leading
- Footnotes: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 11.5 point leading where there is a thick rule above.

Bilingual Standard Format (continued)

Figure 3.5(B)

Condensed font
6 point type except as indicated
Thin rules – 0.25 point

10 point bold type with 11 point leading	→	Supplemented Food Facts	
7 point type with 9 point leading	→	Info-aliment supplémenté	
	→	Per HM (MM)	
	→	pour MD (MM)	← 8 point leading
8 point bold type with 12 point leading	→	Calories ####	
11.5 point leading	→	% Daily Value *	
7 point leading	→	% valeur quotidienne *	← 6.5 point leading
	→	Fat / Lipides ## g	
	→	Saturated / saturés ## g	
	→	+ Trans / trans ## g	
9 point leading	→	Carbohydrate / Glucides ## g	
7 point leading	→	Fibre / Fibres ## g	
	→	Sugars / Sucres ## g	
	→	Protein / Protéines ## g	
	→	Cholesterol / Cholestérol ### mg	
	→	Sodium ### mg	
11 point leading	→	Potassium ### mg	
No rules, 7 point leading	→	Calcium ### mg	
11 point leading	→	Iron / Fer ## mg	
	→	* 5% or less is a little , 15% or more is	
	→	a lot / * 5 % ou moins c'est peu , 15 % ou	← 6 point condensed font with 7 point leading and with "a little," "a lot," "peu" and "beaucoup" in bold
	→	plus c'est beaucoup	
11 point leading	→	Supplemented with / Supplémenté en[†]	
No rules, 7 point leading	→	Ingredient 1 / Ingrédient 1 ## xx	
	→	Ingredient 2 / Ingrédient 2 ## xx	
	→	Ingredient 3 / Ingrédient 3 ## xx	
9 point leading	→	[†] Includes naturally occurring and supplemental amounts / [†] Comprend les quantités naturelles et supplémentées	← 6 point condensed font with 7 point leading

Thick rules – 2 point

Note: Same format specifications as in Figure 3.1(B) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Bilingual Standard Format (*continued*)

Figure 3.6(B)

Follow Figure 3.5(B) except:

- % Daily Value subheading: 6 point leading
- Nutrients and supplemental ingredients: 8 point leading where there is a thin rule above; 10.5 point leading where there is a thick rule above (below the heading Calories) and 10 point leading if other thick rule above
- “Supplemented with” subheading: 6 point type with 10 point leading
- Footnotes: 10 point leading on first line where there is a thick rule above and 8 point leading where there is a thin rule above.

Figure 3.7(B)

Follow Figure 3.5(B) except:

- Heading: 9 point type with 9 point leading
- Serving of stated size: 8 point leading on first line and 7 point leading on second line (if needed)
- % Daily Value subheading: 6 point leading
- Nutrients and supplemental ingredients: 6 point leading where there is no rule; 7 point leading where there is a thin rule above; 10 point leading where there is a thick rule above (below the heading Calories) and 9 point leading if other thick rule above
- “Supplemented with” subheading: 6 point type with 9 point leading
- Footnotes: 6 point leading where there is no rule; 7 point leading where there is a thin rule above and 9 point leading where there is a thick rule above
- Top rule: reduced to 0.75 point
- Thick rules: reduced to 1.5 point
- Text inset: 1 point.

Bilingual Horizontal Format

Figure 4.1(B)

The diagram illustrates the layout of a bilingual food facts table with the following components and annotations:

- Heading:** 10 point bold type with 11 point leading.
- Serving of stated size:** 8 point type with 13 point leading.
- Calories:** 9 point bold type with 13 point leading.
- Condensed font:** 7 point type except as indicated. Thin rules – 0.5 point. Rules centred between text.
- Supplemented Food Facts / Info-aliment supplémentaire:**
 - % Daily Value* / % valeur quotidienne*:** Non-indented nutrients in bold type with 13 point leading. Indented nutrients in regular type with 9 point leading, indented 6 points.
 - Fat / Lipides ## g:** Value centred against saturated + trans information on left.
 - Saturated / saturés ## g:** 6 point bold type with 9 point regular asterisk, asterisk with -2 point baseline shift.
 - + Trans / trans ## g:** “Supplemented with” subheading in 7 point bold type.
 - Carbohydrate / Glucides ## g:** 11 point leading.
 - Fibre / Fibres ## g:** 11 point leading.
 - Sugars / Sucres ## g:** 11 point leading.
 - Calories #####:** 11 point leading.
- Supplemental ingredients:**
 - Ingredient 1 / Ingrédient 1 ## xx ## %:** Supplemental ingredients in 7 point type with 8 point leading.
 - Ingredient 2 / Ingrédient 2 ## xx ## %:** Supplemental ingredients in 7 point type with 8 point leading.
 - Ingredient 3 / Ingrédient 3 ## xx ## %:** Supplemental ingredients in 7 point type with 8 point leading.
- Footnote:** *5% or less is a little, 15% or more is a lot / *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup. 5 point spacing.
- Thick rules – 2 point:** 8 point leading.
- 6 point regular type with 12 point leading and with “a little,” “a lot,” “peu” and “beaucoup” in bold:** 13 point leading.
- 6 point regular type with 7 point leading and superscript dagger:** 11 point leading.

- ① A supplemental ingredient may appear on more than one line if space does not permit it to fit on one line.
- ② Supplemental ingredients must be shown in the same order as they appear in the *List of Permitted Supplemental Ingredients*.
- ③ Supplemental ingredients with an established daily value, as per the *Table of daily values*, must be declared in absolute amounts and display a % daily value. Other supplemental ingredients must only be declared in absolute amounts.

Note: The order of languages may be reversed from the order shown in this Figure.

Note: If additional information is declared in the Supplemented Foods Facts table, the following apply:

- Refer to Figure 19.1(B) for the order of presentation and use of indents.
- Nutrients appearing at the top of each column may vary depending on how many and which nutrients are displayed.
- The number of nutrients in each column may vary.
- Group of non-indented nutrients and indented nutrients must be kept together in same column.
- The table may be extended horizontally or vertically to accommodate supplemental ingredients with many characters or to add a new column of supplemental ingredients.

Figure 4.2(B)

Follow Figure 4.1(B) except:

- Heading: 9 point type with 10 point leading
- Serving of stated size: 7 point type with 10 point leading on first line and 8 point leading on second line
- Calories: 8 point type with 11 point leading
- Nutrients in second column: 6 point type with 8 point leading where there is no rule and 12 point leading where there is a thin rule above
- Nutrients in third column: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 12 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type
- Supplemental ingredients in fourth column: 6 point type with 7 point leading where there is no rule and 10 point leading where there is a thin rule above.

Bilingual Horizontal Format (*continued*)

Figure 4.3(B)

Follow Figure 4.1(B) except:

- Heading: 9 point type with 10 point leading
- Serving of stated size: 6.5 point type with 10 point leading on first line and 7.5 point leading on second line
- Calories: 7.5 point type with 10 point leading
- Nutrients in second column: 6 point type with 8 point leading where there is no rule and 11 point leading where there is a thin rule above
- Nutrients in third column: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 11 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type
- Supplemental ingredients in fourth column: 6 point type with 7 point leading where there is no rule and 10 point leading where there is a thin rule above
- Thick rules are reduced to 2 point and thin rules are reduced to 0.25 point.

Figure 4.4(B)

Follow Figure 4.1(B) except:

- Heading: 9 point type with 10 point leading
- Serving of stated size: 6.5 point type with 9 point leading on first line and 7 point leading on second line
- Calories: 7.5 point type with 9 point leading
- Nutrients in second column: 6 point type with 7.5 point leading where there is no rule; 10 point leading if % DV subheading rule above and 11 point leading where other thin rule above
- Nutrients in third column: 6 point type with 7 point leading where there is no rule; 9 point leading where there is a thin rule above; 10 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type
- Supplemental ingredients in fourth column: 6 point type with 7 point leading where there is no rule and 10 point leading where there is a thin rule above
- Thick rules are reduced to 2 point and thin rules are reduced to 0.25 point.

Figure 4.5(B)

<p>9 point bold type with 10 point leading</p> <p>6.5 point type with 9 point leading</p> <p>7 point leading</p> <p>7.5 point bold type with 9 point leading</p>	<p>6 point type except as indicated Thin rules – 0.25 point</p> <p>Supplemented Food Facts / Info-aliment supplémenté</p> <p>Per HM (MM) pour MD (MM)</p> <p>Calories ####</p>	<p>10 point leading</p> <p>7 point leading</p> <p>% Daily Value* % valeur quotidienne*</p> <p>Fat / Lipides ## g</p> <p>Saturated / saturés ## g + Trans / trans ## g</p> <p>Protein / Protéines ## g</p>	<p>7 point leading</p> <p>% Daily Value* % valeur quotidienne*</p> <p>Carbohydrate / Glucides ## g</p> <p>Fibre / Fibres ## g Sugars / Sucres ## g</p> <p>Cholesterol / Cholestérol ### mg</p>	<p>10.25 point leading</p> <p>% DV* / % VQ*</p> <p>Sodium #### mg ## %</p> <p>Potassium #### mg ## %</p> <p>Calcium #### mg ## %</p> <p>Iron / Fer ## mg ## %</p>	<p>Supplemented with / Supplémenté en†</p> <p>Ingredient 1 / Ingrédient 1 ## xx ## %</p> <p>Ingredient 2 / Ingrédient 2 ## xx ## %</p> <p>Ingredient 3 / Ingrédient 3 ## xx ## %</p> <p>† Includes naturally occurring and supplemental amounts / † Comprend les quantités naturelles et supplémentées</p>
<p>* 5% or less is a little, 15% or more is a lot / * 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup</p>					

Note: Same format specifications as in Figure 4.1(B) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Simplified Standard Format

Figure 5.1(E)

Supplemented Food Facts	
Per HM (MM)	
Calories ###	% Daily Value*
Fat ## g	## %
Carbohydrate ## g	
Protein ## g	
Not a significant source of saturated fat, trans fat, fibre, sugars, cholesterol, sodium, potassium, calcium, or iron.	
*5% or less is a little , 15% or more is a lot	
Supplemented with†	
Ingredient 1 ## xx	## %
Ingredient 2 ## xx	## %
Ingredient 3 ## xx	
† Includes naturally occurring and supplemental amounts	

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.

Figure 5.1(F)

Info-aliment supplémenté	
pour MD (MM)	
Calories ###	% valeur quotidienne*
Lipides ## g	## %
Glucides ## g	
Protéines ## g	
Source négligeable de lipides saturés, lipides trans, fibres, sucres, cholestérol, sodium, potassium, calcium et fer.	
*5 % ou moins c'est peu , 15 % ou plus c'est beaucoup	
Supplémenté en†	
Ingrédient 1 ## xx	## %
Ingrédient 2 ## xx	## %
Ingrédient 3 ## xx	
† Comprend les quantités naturelles et supplémentées	

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.

Simplified Standard Format (*continued*)

Figures 5.2(E) and (F)

Follow Figures 5.1(E) and (F) except:

- Serving of stated size: 8 point type with 9 point leading
- Calories: 9 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnotes: 10 point leading where there is a thin rule above and 12 point leading where there is a thick rule above.

Figures 5.3(E) and (F)

Follow Figures 5.1(E) and (F) except:

- All text is in condensed font
- Serving of stated size: 8 point type with 9 point leading
- Calories: 9 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnotes: 10 point leading where there is a thin rule above and 12 point leading where there is a thick rule above.

Figures 5.4(E) and (F)

Follow Figures 5.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type with 11 point leading
- Serving of stated size: 7 point type with 8 point leading
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 12.5 point leading
- Footnotes: 10 point leading where there is a thin rule above and 11 point leading where there is a thick rule above
- Thick rules are reduced to 2 point and thin rules are reduced to 0.25 point.

Simplified Standard Format (*continued*)

Figures 5.5(E) and (F)

Follow Figures 5.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type with 11 point leading
- Serving of stated size: 7 point type with 9 point leading
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 6 point type with 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 12.5 point leading
- Footnotes: 10 point leading where there is a thin rule above and 11 point leading where there is a thick rule above.

Figures 5.6(E) and (F)

Follow Figures 5.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type with 11 point leading
- Serving of stated size: 6.5 point type with 8 point leading
- Calories: 7.5 point type with 12 point leading
- Nutrients and supplemental ingredients: 6 point type with 9 point leading where there is a thin rule above and 11.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 11.5 point leading
- Footnotes: 9 point leading where there is a thin rule above and 10 point leading where there is a thick rule above
- Thick rules are reduced to 2 point and thin rules are reduced to 0.25 point.

Bilingual Simplified Standard Format

Figure 6.1(B)

12 point text with 13 point leading	→	Supplemented Food Facts
		Info-aliment supplémenté
10 point leading	→	Per HM (MM)
		pour MD (MM)
		Calories ###
		% Daily Value*
		% valeur quotidienne*
		Fat / Lipides ## g
		## %
Space before and after forward slash	→	Carbohydrate / Glucides ## g
		Protein / Protéines ## g
13 point leading	→	Not a significant source of saturated fat, trans fat, fibre, sugars, cholesterol, sodium, potassium, calcium, or iron.
10 point leading	→	Source négligeable de lipides saturés, lipides trans, fibres, sucres, cholestérol, sodium, potassium, calcium et fer.
10 point leading	→	* 5% or less is a little , 15% or more is a lot * 5 % ou moins c'est peu , 15 % ou plus c'est beaucoup
		Supplemented with / Supplémenté en†
		Ingredient 1 / Ingrédient 1 ## xx ## %
		Ingredient 2 / Ingrédient 2 ## xx ## %
		Ingredient 3 / Ingrédient 3 ## xx
		† Includes naturally occurring and supplemental amounts † Comprend les quantités naturelles et supplémentées

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Figure 6.2(B)

Follow Figure 6.1(B) except:

- Serving of stated size: 8 point type with 10 point leading on first line and 9 point leading on second line
- Calories: 9 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Figure 6.3(B)

Follow Figure 6.1(B) except:

- All text is in condensed font
- Serving of stated size: 8 point type with 10 point leading on first line and 9 point leading on second line
- Calories: 9 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Bilingual Simplified Standard Format *(continued)*

Figure 6.4(B)

Follow Figure 6.1(B) except:

- All text is in condensed font
- Heading: 10 point type with 11 point leading
- Serving of stated size: 7 point type with 9 point leading on first line and 8 point leading on second line
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 6 point type with 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 12.5 point leading
- Footnotes: 12 point leading where there is a thick rule above.

Figure 6.5(B)

Condensed font
6 point type except as indicated
Thin rules – 0.25 point

10 point bold type with 11 point leading	Supplemented Food Facts	
8 point leading	Info-aliment supplémenté	
6 point type with 7 point leading	Per HM (MM)	
	pour MD (MM)	
8 point bold type with 12 point leading	Calories ###	% DV * / % VQ *
11.5 point leading	Fat / Lipides ## g	## %
9 point leading	Carbohydrate / Glucides ## g	
	Protein / Protéines ## g	
11 point leading	Not a significant source of other nutrients. / Source négligeable d'autres éléments nutritifs.	
9 point leading	* DV = Daily Value	
	* VQ = valeur quotidienne	
6 point bold type with 11 point leading	Supplemented with / Supplémenté en	
	Ingredient 1 / Ingrédient 1 ## xx	## %
	Ingredient 2 / Ingrédient 2 ## xx	## %
	Ingredient 3 / Ingrédient 3 ## xx	

6 point bold type with baseline shift -2 points, asterisk 9 point regular type with baseline shift -4 points, compared to Calories baseline

thick rule – 2 point

Note: Same format specifications as in Figure 6.1(B) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Figure 6.6(B)

Follow Figure 6.5(B) except:

- Heading: 9.5 point type with 10.5 point leading
- Serving of stated size: 6.5 point type with 8 point leading on first line and 7.5 point leading on second line
- Calories: 7.5 point type with 11 point leading
- Nutrients and supplemental ingredients: 8 point leading where there is a thin rule above and 10.5 point leading where there is a thick rule above (below the heading Calories)
- “Supplemented with” subheading: 6 point type with 10.5 point leading
- Footnotes: 10.5 point leading where there is a thick rule above and 8 point leading where there is a thin rule above.

Bilingual Simplified Standard Format – Supplemented Foods that are Single-serving Prepackaged Products

Figure 6.1.1(B)

12 point type with 13 point leading	→	Supplemented Food Facts	
		Info-aliment supplémenté	
10 point leading	→	Per HM (MM)	
		pour MD (MM)	
		Calories ###	% Daily Value*
			% valeur quotidienne*
		Fat / Lipides ## g	## %
Space before and after forward slash	→	Carbohydrate / Glucides ## g	
		Protein / Protéines ## g	
13 point leading	→	*5% or less is a little , 15% or more is a lot	
		*5 % ou moins c'est peu , 15 % ou plus c'est beaucoup	
		Supplemented with / Supplémenté en†	
		Ingredient 1 / Ingrédient 1 ## xx	## %
		Ingredient 2 / Ingrédient 2 ## xx	## %
		Ingredient 3 / Ingrédient 3 ## xx	
		† Includes naturally occurring and supplemental amounts	
		† Comprend les quantités naturelles et supplémentées	

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Figure 6.2.1(B)

Follow Figure 6.1.1(B) except:

- Heading: 11 point type with 12 point leading
- Serving of stated size: 8 point type with 10 point leading on first line and 9 point leading on second line
- Calories: 9 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Figure 6.3.1(B)

Follow Figure 6.1.1(B) except:

- All text is in condensed font
- Heading: 11 point type with 12 point leading
- Serving of stated size: 8 point type with 10 point leading on first line and 9 point leading on second line
- Calories: 9 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Bilingual Simplified Standard Format – Supplemented Foods that are Single-serving Prepackaged Products (*continued*)

Figure 6.4.1(B)

Follow Figure 6.1.1(B) except:

- All text is in condensed font
- Heading: 10 point type with 11 point leading
- Serving of stated size: 7 point type with 9 point leading on first line and 8 point leading on second line
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 6 point type with 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 12.5 point leading
- Footnotes: 10 point leading where there is a thin rule above and 12 point leading where there is a thick rule above.

Figure 6.5.1(B)

Condensed font
6 point type except as indicated
Thin rules – 0.25 point

10 point bold type with 11 point leading	Supplemented Food Facts	
8 point leading	Info-aliment supplémenté	
6 point type with 7 point leading	Per HM (MM)	
	pour MD (MM)	
8 point bold type with 12 point leading	Calories ###	% DV* / % VQ*
11.5 point leading	Fat / Lipides ## g	## %
9 point leading	Carbohydrate / Glucides ## g	
	Protein / Protéines ## g	
11 point leading	* DV = Daily Value	
	* VQ = valeur quotidienne	
11.5 point leading	Supplemented with / Supplémenté en	
9 point leading	Ingredient 1 / Ingrédient 1 ## xx	## %
	Ingredient 2 / Ingrédient 2 ## xx	## %
	Ingredient 3 / Ingrédient 3 ## xx	

6 point bold type with baseline shift -2 points, asterisk 9 point regular type with baseline shift -4 points, compared to Calories baseline

thick rule – 2 point

Note: Same format specifications as in Figure 6.1.1(B) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Figure 6.6.1(B)

Follow Figure 6.5.1(B) except:

- Heading: 9.5 point type with 10.5 point leading
- Serving of stated size: 6.5 point type with 8 point leading on first line and 7.5 point leading on second line
- Calories: 7.5 point type with 11 point leading
- Nutrients and supplemental ingredients: 8 point leading where there is a thin rule above and 10.5 point leading where there is a thick rule above (below the heading Calories)
- “Supplemented with” subheading: 6 point type with 10.5 point leading
- Footnote: 10.5 point leading where there is a thick rule above.

Bilingual Simplified Horizontal Format

Figure 7.1(B)

11 point type with 12 point leading leading	<div> <div>10 point leading</div> <div>7 point leading</div> </div> <div> <div>Supplemented Food Facts / Info-aliment supplémenté</div> <div>Per HM (MM) pour MD (MM)</div> <div>Calories ###</div> </div> <div> <div>% Daily Value* % valeur quotidienne*</div> <div>Fat / Lipides ## g ## %</div> <div>Carbohydrate / Glucides ## g</div> <div>Protein / Protéines ## g</div> <div>Not a significant source of saturated fat, trans fat, fibre, sugars, cholesterol, sodium, potassium, calcium, or iron.</div> <div>Source négligeable de lipides saturés, lipides trans, fibres, sucres, cholestérol, sodium, potassium, calcium et fer.</div> <div>*5% or less is a little, 15% or more is a lot / *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup</div> </div> <div> <div>Supplemented with / Supplémenté en†</div> <div>Ingredient 1 / Ingrédient 1 ## xx ## %</div> <div>Ingredient 2 / Ingrédient 2 ## xx ## %</div> <div>Ingredient 3 / Ingrédient 3 ## xx</div> <div>† Includes naturally occurring and supplemental amounts / † Comprend les quantités naturelles et supplémentées</div> </div>	13 point leading 6 point type with 7 point leading 10 point leading
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Note: Same format specifications as in Figure 4.1(B) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Figure 7.2(B)

Follow Figure 7.1(B) except:

- Heading: 10 point type with 11 point leading
- Serving of stated size: 7 point type with 12 point leading on first line and 8 point leading on second line
- Calories: 8 point type with 12 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule above and 9 point leading where there is a thin rule above
- “Supplemented with” subheading: 6 point type
- Footnotes: 12 point leading where there is a thick rule above and 9 point leading where there is a thin rule above.

Bilingual Simplified Horizontal Format (*continued*)

Figure 7.3(B)

6 point type except as indicated
Thin rules – 0.25 point

10 point bold type with 11 point leading 6.5 point type with 8.5 point leading 7.5 point leading 7.5 point bold type with 10.5 point leading	<table> <tr> <th data-bbox="586 394 743 512" rowspan="5"> Supplemented Food Facts / Info-aliment supplémenté </th> <th data-bbox="760 394 987 432"> % Daily Value % valeur quotidienne </th> <th data-bbox="1003 394 1252 432"> Supplemented with / Supplémenté en </th> </tr> <tr> <td data-bbox="760 432 987 457"> Fat / Lipides ## g ## % </td> <td data-bbox="1003 432 1252 457"> Ingredient 1 / Ingrédient 1 ## xx ## % </td> </tr> <tr> <td data-bbox="760 457 987 483"> Carbohydrate / Glucides ## g </td> <td data-bbox="1003 457 1252 483"> Ingredient 2 / Ingrédient 2 ## xx ## % </td> </tr> <tr> <td data-bbox="760 483 987 508"> Protein / Protéines ## g </td> <td data-bbox="1003 483 1252 508"> Ingredient 3 / Ingrédient 3 ## xx </td> </tr> <tr> <td colspan="2" data-bbox="760 508 987 573"> Not a significant source of other nutrients. / Source négligeable d'autres éléments nutritifs. </td></tr> </table>	Supplemented Food Facts / Info-aliment supplémenté	% Daily Value % valeur quotidienne	Supplemented with / Supplémenté en	Fat / Lipides ## g ## %	Ingredient 1 / Ingrédient 1 ## xx ## %	Carbohydrate / Glucides ## g	Ingredient 2 / Ingrédient 2 ## xx ## %	Protein / Protéines ## g	Ingredient 3 / Ingrédient 3 ## xx	Not a significant source of other nutrients. / Source négligeable d'autres éléments nutritifs.		9 point leading 12 point leading
Supplemented Food Facts / Info-aliment supplémenté	% Daily Value % valeur quotidienne		Supplemented with / Supplémenté en										
	Fat / Lipides ## g ## %		Ingredient 1 / Ingrédient 1 ## xx ## %										
	Carbohydrate / Glucides ## g		Ingredient 2 / Ingrédient 2 ## xx ## %										
	Protein / Protéines ## g		Ingredient 3 / Ingrédient 3 ## xx										
	Not a significant source of other nutrients. / Source négligeable d'autres éléments nutritifs.												

Note: Same format specifications as in Figure 7.1(B) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Figure 7.4(B)

Follow Figure 7.3(B) except:

- Heading: 10.5 point leading
- Serving of stated size: 8 point leading on first line and 7 point leading on second line
- Calories: 9.5 point leading
- Nutrients and supplemental ingredients: 9 point leading
- Footnote: 11 point leading where there is a thick rule above.

Bilingual Simplified Horizontal Format – Supplemented Foods that are Single-serving Prepackaged Products

Figure 7.1.1(B)

Supplemented Food Facts / Info-aliment supplémenté Per HM (MM) pour MD (MM) Calories ###	% Daily Value* % valeur quotidienne*		Supplemented with / Supplémenté en† Ingredient 1 / Ingrédient 1 ## xx ## % Ingredient 2 / Ingrédient 2 ## xx ## % Ingredient 3 / Ingrédient 3 ## xx † Includes naturally occurring and supplemental amounts / † Comprend les quantités naturelles et supplémentées
	Fat / Lipides ## g	## %	
	Carbohydrate / Glucides ## g		
	Protein / Protéines ## g		
	*5% or less is a little, 15% or more is a lot / *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup		

7 point leading

10 point leading

13 point leading

6 point type with 7 point leading

thick rule – 2.5 point

Note: Same format specifications as in Figure 4.1(B) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Figure 7.2.1(B)

Follow Figure 7.1.1(B) except:

- Serving of stated size: 7 point type with 12 point leading on first line and 8 point leading on second line
- Calories: 8 point type with 12 point leading
- Nutrients and supplemental ingredients: 6 point type with 9 point leading where there is a thin rule above
- “Supplemented with” subheading: 6 point type
- Footnotes: 11 point leading where there is a thin rule above and 12 point leading where there is a thick rule above.

Figure 7.3.1(B)

6 point type except as indicated Thin rules – 0.25 point			
6.5 point type with 11 point leading	Per HM (MM)	% Daily Value / % valeur quotidienne	Supplemented with / Supplémenté en
7.5 point leading	pour MD (MM)	Fat / Lipides ## g	Ingredient 1 / Ingrédient 1 ## xx ## %
7.5 point bold type with 10.5 point leading	Calories ###	Carbohydrate / Glucides ## g	Ingredient 2 / Ingrédient 2 ## xx ## %
		Protein / Protéines ## g	Ingredient 3 / Ingrédient 3 ## xx

Note: Same format specifications as in Figure 7.1.1(B) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Figure 7.4.1(B)

Follow Figure 7.3.1(B) except:

- Serving of stated size: 11 point leading on first line and 7 point leading on second line
- Calories: 9.5 point leading
- Nutrients and supplemental ingredients: 8.5 point leading where there is a thin rule above.

Dual Format – Supplemented Foods Requiring Preparation

Figure 8.1(E)

10 point leading

6 point bold type with 12 point leading

14 point leading

13 point leading

9 point leading

6 point type with 13.5 point leading

6 point bold type with 10 point leading

6 point type with 11 point leading

6 point type with 7 point leading

6 point type with 10 point leading

Supplemented Food Facts

Per HM (MM)

(about HM prepared)

As soldPrepared†

Calories####

Fat ## g**

Saturated ## g

+ Trans ## g

Carbohydrate ## g

Fibre ## g

Sugars ## g

Protein ## g

Cholesterol ### mg

Sodium ##### mg

Potassium ##### mg

Calcium ##### mg

Iron ## mg

* 5% or less is a little, 15% or more is a lot

Supplemented with†

Amount % DV*Amount % DV*

Ingredient 1 ## xx ## % ## xx ## %

Ingredient 2 ## xx ## % ## xx ## %

Ingredient 3 ## xx ## xx

** Amount in food as sold.

† HM of the added food adds ### Calories, ## g fat (## g saturated fat, ## g trans fat), ## g carbohydrate (## g fibre, ## g sugars), ## g protein, ### mg cholesterol, ##### mg sodium.

‡ Includes naturally occurring and supplemental amounts

Does not apply in the case of a supplemented food combined with another food (B.29.005(4)(a)(ii))

Subheadings describe the different forms of the supplemented food for which information is provided

Replace "Prepared†" with the amount of added food in the case of combined foods (e.g. With ½ cup skim milk)

Optional footnote

e.g. 1/2 cup skim milk adds 40 Calories, 6 g carbohydrate (6 g sugars), 4 g protein and 65 mg sodium.

Constituents declared parenthetically

Does not apply in the case of a supplemented food combined with another food (B.29.005(4)(a)(ii))

Subheadings describe the different forms of the supplemented food for which information is provided

Replace "Prepared" with the amount of added food in the case of combined foods (e.g. With ½ cup skim milk)

Optional footnote

e.g. 1/2 cup skim milk adds 40 Calories, 6 g carbohydrate (6 g sugars), 4 g protein and 65 mg sodium.

Constituents declared parenthetically

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.

Dual Format – Supplemented Foods Requiring Preparation (continued)

Figure 8.1(F)

10 point leading

6 point bold type with 12 point leading

14 point leading

13 point leading

9 point leading

6 point type with 13.5 point leading

6 point bold type with 10 point leading

6 point type with 11 point leading

6 point type with 7 point leading

6 point type with 10 point leading

Info-aliment
supplémenté

pour MD (MM)

(environ MD préparé)

Tel que vendu

Préparé†

Calories

####

####

Lipides ## g**

%

%

saturés ## g

%

%

+ trans ## g

Glucides ## g

Fibres ## g

%

%

Sucres ## g

%

%

Protéines ## g

Cholestérol ### mg

Sodium ##### mg

%

%

Potassium ##### mg

%

%

Calcium ##### mg

%

%

Fer ## mg

%

%

* 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

Supplémenté en†

Teneur

% VQ*

Teneur

% VQ*

Ingrédient 1

xx

%

xx

%

Ingrédient 2

xx

%

xx

%

Ingrédient 3

xx

xx

** Teneur de l'aliment tel que vendu.

† MD d'aliment ajouté ajoute ### Calories,
g lipides (## g lipides saturés, ## g lipides trans),
g glucides (## g fibres, ## g sucres), ## g protéines,
mg cholestérol, ##### mg sodium.

† Comprend les quantités naturelles et supplémentées

Does not apply in the case of a supplemented food combined with another food (B.29.005(4)(a)(ii))

Subheadings describe the different forms of the supplemented food for which information is provided

Replace "Préparé" with the amount of added food in the case of combined foods (e.g. Avec ½ tasse de lait écrémé)

Optional footnote

e.g. 1/2 tasse de lait écrémé ajoutée
40 Calories, 6 g glucides (6 g sucres),
4 g protéines et 65 mg sodium.

Constituents declared parenthetically

Does not apply in the case of a supplemented food combined with another food (B.29.005(4)(a)(ii))

Subheadings describe the different forms of the supplemented food for which information is provided

Replace "Préparé†" with the amount of added food in the case of combined foods (e.g. Avec ½ tasse de lait écrémé)

Optional footnote

e.g. 1/2 tasse de lait écrémé ajoute
40 Calories, 6 g glucides (6 g sucres),
4 g protéines et 65 mg sodium.

Constituents declared parenthetically

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.

Dual Format – Supplemented Foods Requiring Preparation (continued)

Figures 8.2(E) and (F)

Follow Figures 8.1(E) and (F) except:

- Serving of stated size: 8 point type with 10 point leading on first line and 9 point leading on second line
- Calories: 9 point type with 13 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Figures 8.3(E) and (F)

Follow Figures 8.1(E) and (F) except:

- All text is in condensed font
- Serving of stated size: 8 point type with 10 point leading on first line and 9 point leading on second line
- Calories: 9 point type with 13 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Figures 8.4(E) and (F)

Follow Figures 8.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type
- Serving of stated size: 8 point type with 10 point leading on first line and 9 point leading on second line
- As sold/prepared subheading: 11 point leading
- Calories: 9 point type with 12.5 point leading
- % Daily Value subheading: 12 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 12.5 point leading
- Footnotes: 11 point leading where there is a thick rule above and 9 point leading where there is a thin rule above
- Thick rules are reduced to 2 point and thin rules are reduced to 0.25 point.

Dual Format – Supplemented Foods Requiring Preparation (continued)

Figures 8.5(E) and (F)

Follow Figures 8.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type with 11 point leading
- Serving of stated size: 7 point type with 9 point leading on first line and 8 point leading on second line
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 12.5 point leading
- Footnotes: 11 point leading where there is a thick rule above and 9 point leading where there is a thin rule above.

Figures 8.6(E) and (F)

Follow Figures 8.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type with 11 point leading
- Serving of stated size: 6.5 point type with 8 point leading on first line and 7.5 point leading on second line
- As sold/prepared subheading: 11 point leading
- Calories: 7.5 point type with 10 point leading
- % Daily Value subheading: 11 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 9 point leading where there is a thin rule above and 11.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 11.5 point leading
- Amount and % DV subheading: 9 point leading
- Footnotes: 11 point leading where there is a thick rule above and 9 point leading where there is a thin rule above
- Thick rules are reduced to 2 point and thin rules are reduced to 0.25 point.

Bilingual Dual Format – Supplemented Foods Requiring Preparation

Figure 9.1(B)

Supplemented Food Facts Info-aliment supplémenté	
Per HM (MM) / pour MD (MM)	
About HM prepared / environ MD préparé	
10 point leading	As sold Tel que vendu
6 point bold type with 12 point leading	Prepared [†] Préparé [†]
7 point leading	
14 point leading	Calories #####
12 point leading	% Daily Value* / % valeur quotidienne*
9 point leading	Fat / Lipides ## g**
	Saturated / saturés ## g
	+ Trans / trans ## g
	Carbohydrate / Glucides ## g
	Fibre / Fibres ## g
	Sugars / Sucres ## g
	Protein / Protéines ## g
	Cholesterol / Cholestérol ### mg
	Sodium ##### mg
	Potassium ##### mg
	Calcium ##### mg
	Iron / Fer ## mg
6 point type with 13 point leading	*5% or less is a little, 15% or more is a lot *5 % ou moins c'est peu, 15 % ou plus c'est beaucoup
6 point bold type with 10 point leading	Supplemented with / Supplémenté en[†]
7 point leading	Amount % DV* Teneur % VQ*
	Ingredient 1 / Ingrédient 1 ## xx ## %
	Ingredient 2 / Ingrédient 2 ## xx ## %
	Ingredient 3 / Ingrédient 3 ## xx ## %
11 point leading	** Amount in food as sold. / Teneur de l'aliment tel que vendu.
6 point type with 7 point leading	† HM of the added food adds ### Calories, ## g fat (## g saturated fat, ## g trans fat), ## g carbohydrate (## g fibre, ## g sugars), ## g protein, ### mg cholesterol, ##### mg sodium. / MD d'aliment ajouté ajoute ### Calories, ## g lipides (## g lipides saturés, ## g lipides trans), ## g glucides (## g fibres, ## g sucres), ## g protéines, ### mg cholestérol, ##### mg sodium.
6 point type with 10 point leading	† Includes naturally occurring and supplemental amounts † Comprend les quantités naturelles et supplémentées

Does not apply in the case of a supplemented food combined with another food (B.29.005(4)(a)(ii))

Subheadings describe the different forms of the supplemented food for which information is provided

Replace "Prepared[†]" and "Préparé[†]" with the amount of added food in the case of combined foods (e.g. With ½ cup skim milk and Avec ½ tasse de lait écrémé)

All dagger and double dagger symbols in regular type, same point size as other text on same line, but in superscript position

Optional footnote

e.g. 1/2 cup skim milk adds 40 Calories, 6 g carbohydrate (6 g sugars), 4 g protein and 65 mg sodium. / 1/2 tasse de lait écrémé ajoute 40 Calories, 6 g glucides (6 g sucres), 4 g protéines et 65 mg sodium.

Constituents declared parenthetically

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Bilingual Dual Format – Supplemented Foods Requiring Preparation (*continued*)

Figure 9.2(B)

Follow Figure 9.1(B) except:

- Serving of stated size: 8 point type with 10 point leading on first line and 9 point leading on second line
- Calories: 9 point type with 13 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Figure 9.3(B)

Follow Figure 9.1(B) except:

- All text is in condensed font
- Serving of stated size: 8 point type with 10 point leading on first line and 9 point leading on second line
- Calories: 9 point type with 13 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Figure 9.4(B)

Follow Figure 9.1(B) except:

- All text is in condensed font
- Heading: 10 point type with 11 point leading
- Serving of stated size: 8 point type with 10 point leading on first line and 9 point leading on second line
- Calories: 9 point type with 13 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 12.5 point leading.

Bilingual Dual Format – Supplemented Foods Requiring Preparation (*continued*)

Figure 9.5(B)

Condensed font
6 point type except as indicated
Thin rules – 0.25 point

10 point bold type with 11 point leading	→	Supplemented Food Facts
7 point type with 9 point leading	→	Info-aliment supplémenté
8 point leading	→	Per HM (MM) / pour MD (MM)
11 point leading	→	About HM prepared / environ MD préparé
		→ As sold Prepared†
		Tel que vendu Préparé†
8 point bold type with 12.5 point leading	→	Calories #### ####
thick rules – 2 point	→	
7 point leading	→	% Daily Value * / % valeur quotidienne *
	→	Fat / Lipides ## g** ## % ## %
	→	Saturated / saturés ## g ## % ## %
	→	+ Trans / trans ## g ## % ## %
9 point leading	→	Carbohydrate / Glucides ## g
	→	Fibre / Fibres ## g ## % ## %
	→	Sugars / Sucres ## g ## % ## %
	→	Protein / Protéines ## g
	→	Cholesterol / Cholestérol ### mg
	→	Sodium #### mg ## % ## %
11.5 point leading	→	Potassium #### mg ## % ## %
No rules, 7 point leading	→	Calcium #### mg ## % ## %
12 point leading	→	Iron / Fer ## mg ## % ## %
	→	*5% or less is a little, 15% or more is a lot
11.5 point leading	→	*5 % ou moins c'est peu, 15 % ou plus c'est beaucoup
	→	Supplemented with / Supplémenté en†
	→	Amount % DV * Amount % DV *
	→	Teneur % VQ * Teneur % VQ *
No rules, 7 point leading	→	Ingredient 1 / Ingrédient 1 ## xx ## % ## xx ## %
	→	Ingredient 2 / Ingrédient 2 ## xx ## % ## xx ## %
10 point leading	→	Ingredient 3 / Ingrédient 3 ## xx ## % ## xx ## %
	→	** Amount in food as sold. / Teneur de l'aliment tel que vendu.
	→	† HM of the added food adds ### Calories, ## g fat
	→	(## g saturated fat, ## g trans fat), ## g carbohydrate
	→	(## g fibre, ## g sugars), ## g protein, ## mg cholesterol,
	→	### mg sodium. / MD d'aliment ajouté ajoute ## Calories,
	→	## g lipides (## g lipides saturés, ## g lipides trans),
	→	## g glucides (## g fibres, ## g sucres), ## g protéines,
	→	### mg cholestérol, ### mg sodium.
	→	† Includes naturally occurring and supplemental amounts
	→	† Comprend les quantités naturelles et supplémentées

e.g. 1/2 cup skim milk adds 40 Calories, 6 g carbohydrate (6 g sugars), 4 g protein and 65 mg sodium. / 1/2 tasse de lait écrémé ajoute 40 Calories, 6 g glucides (6 g sucres), 4 g protéines et 65 mg sodium.

Note: Same format specifications as in Figure 9.1(B) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Figure 9.6(B)

Follow Figure 9.5(B) except:

- As sold/prepared subheading: 10 point leading where there is a rule above
- Calories: 11.5 point leading
- % Daily Value subheading: 11 point leading
- Nutrients and supplemental ingredients: 8 point leading where there is a thin rule above and 10.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 10.5 point leading
- Footnotes: 11 point leading where there is a thick rule above and 9 point leading where there is a thin rule above.

Aggregate Format – Different Kinds of Supplemented Foods

Figure 10.1(E)

10 point bold type with 11 point leading	Supplemented Food Facts	Food 1	Food 2	Food 3	6 point bold type with 7 point leading
8.5 point type with 10 point leading	Per MD	(MM)	(MM)	(MM)	
9 point bold type with 13.5 point leading	Calories	####	####	####	
		Amount % DV*	Amount % DV*	Amount % DV*	6 point bold type with 12 point leading
12 point leading	Fat	## g ## %	## g ## %	## g ## %	
	Saturated	## g ## %	## g ## %	## g ## %	
	+ Trans	## g ## %	## g ## %	## g ## %	
	Carbohydrate	## g	## g	## g	
	Fibre	## g ## %	## g ## %	## g ## %	
	Sugars	## g ## %	## g ## %	## g ## %	
	Protein	## g	## g	## g	
	Cholesterol	### mg	### mg	### mg	
	Sodium	#### mg ## %	#### mg ## %	#### mg ## %	
	Potassium	#### mg ## %	#### mg ## %	#### mg ## %	
	Calcium	#### mg ## %	#### mg ## %	#### mg ## %	
	Iron	## mg ## %	## mg ## %	## mg ## %	
14 point leading	*DV = Daily Value	*5% or less is a little, 15% or more is a lot			5 point spacing
	Supplemented with[†]	[†] Includes naturally occurring and supplemental amounts			
	Ingredient 1	## xx ## %	## xx ## %	## xx ## %	
	Ingredient 2	## xx ## %	## xx ## %	## xx ## %	
	Ingredient 3	## xx	## xx	## xx	

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.
The words "Food 1", "Food 2" and "Food 3" in this figure each refer to a supplemented food.

Aggregate Format – Different Kinds of Supplemented Foods (*continued*)

Figures 10.2(E) and (F)

Follow Figures 10.1(E) and (F) except:

- Serving of stated size: 7.5 point type with 9 point leading
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- Footnote (% Daily Value interpretative statement): 6 point type with 13 point leading
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnote (“Supplemented with” interpretative statement): 6 point type with 13.5 point leading.

Figures 10.3(E) and (F)

Follow Figures 10.1(E) and (F) except:

- All text is in condensed font
- Serving of stated size: 7.5 point type with 9 point leading
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- Footnote (% Daily Value interpretative statement): 6 point type with 13 point leading
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnote (“Supplemented with” interpretative statement): 6 point type with 13.5 point leading.

Figures 10.4(E) and (F)

Follow Figures 10.1(E) and (F) except:

- All text is in condensed font
- Serving of stated size: 7.5 point type with 9 point leading
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- Footnote (% Daily Value interpretative statement): 6 point type with 12 point leading
- “Supplemented with” subheading: 7 point type with 12.5 point leading
- Footnote (“Supplemented with” interpretative statement): 6 point type with 12.5 point leading
- Thick rules are reduced to 2 point and thin rules to 0.25 point.

Aggregate Format – Different Kinds of Supplemented Foods (*continued*)

Figures 10.5(E) and (F)

Follow Figures 10.1(E) and (F) except:

- All text is in condensed font
- Serving of stated size: 7.5 point type with 9 point leading
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- Footnote (% Daily Value interpretative statement): 6 point type with 12 point leading
- “Supplemented with” subheading: 6 point type with 12.5 point leading
- Footnote (“Supplemented with” interpretative statement): 6 point type with 12.5 point leading.

Figures 10.6(E) and (F)

Follow Figures 10.1(E) and (F) except:

- All text is in condensed font
- Serving of stated size: 7.5 point type with 9 point leading
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 9 point leading where there is a thin rule above and 11.5 point leading where there is a thick rule above
- Footnote (% Daily Value interpretative statement): 6 point type with 12 point leading
- “Supplemented with” subheading: 6 point type with 11.5 point leading
- Footnote (“Supplemented with” interpretative statement): 6 point type with 11.5 point leading
- Thick rules are reduced to 2 point and thin rules to 0.25 point.

Figure 11.1(B)

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.
The words “Food 1” and “Aliment 1,” “Food 2” and “Aliment 2” as well as “Food 3” and “Aliment 3” in this figure each refer to a supplemented food.

Bilingual Aggregate Format – Different Kinds of Supplemented Foods (*continued*)

Figure 11.2(B)

Follow Figure 11.1(B) except:

- Serving of stated size: 7.5 point type with 7 point leading on the first line and 8 point leading on the second line
- Calories: 8 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnotes: 6 point type with 7 point leading where there is no rule; 11 point leading where there is a thin rule above and 13 point leading where there is a thick rule above.

Figure 11.3(B)

Follow Figure 11.1(B) except:

- All text is in condensed font
- Serving of stated size: 7.5 point type with 7 point leading on the first line and 8 point leading on the second line
- Calories: 8 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnotes: 6 point type with 7 point leading where there is no rule; 11 point leading where there is a thin rule above and 13 point leading where there is a thick rule above.

Figure 11.4(B)

Follow Figure 11.1(B) except:

- All text is in condensed font
- Serving of stated size: 7.5 point type with 7 point leading on the first line and 8 point leading on the second line
- Calories: 8 point type with 13.5 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 12.5 point leading
- Footnotes: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 12 point leading where there is a thick rule above.

Bilingual Aggregate Format – Different Kinds of Supplemented Foods *(continued)*

Figure 11.5(B)

Condensed font
6 point type except as indicated
Thin rules – 0.25 point

	Supplemented Food Facts / Info-aliment supplémenté					
	Per HM	Food 1		Food 2		Food 3
	pour MD	Aliment 1		Aliment 2		Aliment 3
		(MM)		(MM)		(MM)
7 point type with 7 point leading		Calories		Calories		Calories
8 point leading		Amount		Amount		Amount
8 point bold type with 13 point leading		Teneur		Teneur		Teneur
		% DV *		% DV *		% DV *
		% VQ *		% VQ *		% VQ *
9 point leading		Fat / Lipides		Fat / Lipides		Fat / Lipides
		Saturated / saturés		Saturated / saturés		Saturated / saturés
		+ Trans / trans		+ Trans / trans		+ Trans / trans
		Carbohydrate / Glucides		Carbohydrate / Glucides		Carbohydrate / Glucides
		Fibre / Fibres		Fibre / Fibres		Fibre / Fibres
		Sugars / Sucres		Sugars / Sucres		Sugars / Sucres
		Protein / Protéines		Protein / Protéines		Protein / Protéines
		Cholesterol / Cholestérol		Cholesterol / Cholestérol		Cholesterol / Cholestérol
		Sodium		Sodium		Sodium
		Potassium		Potassium		Potassium
11.5 point leading		Calcium		Calcium		Calcium
No rules, 7 point leading		Iron / Fer		Iron / Fer		Iron / Fer
		* DV = Daily Value		* 5% or less is a little , 15% or more is a lot		
7 point leading		* VQ = valeur quotidienne		* 5 % ou moins c'est peu , 15 % ou plus c'est beaucoup		
11.5 point leading		Supplemented with / Supplémenté en[†]		Supplemented with / Supplémenté en[†]		Supplemented with / Supplémenté en[†]
No rules, 7 point leading		Ingredient 1 / Ingrédient 1		Ingredient 1 / Ingrédient 1		Ingredient 1 / Ingrédient 1
		Ingredient 2 / Ingrédient 2		Ingredient 2 / Ingrédient 2		Ingredient 2 / Ingrédient 2
		Ingredient 3 / Ingrédient 3		Ingredient 3 / Ingrédient 3		Ingredient 3 / Ingrédient 3
9 point leading		[†] Includes naturally occurring and supplemental amounts		[†] Comprend les quantités naturelles et supplémentées		

thick rules – 2 point

Note: Same format specifications as in Figure 11.1(B) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Figure 11.6(B)

Follow Figure 11.5(B) except:

- Calories: 12 point leading
- Amount/% DV subheading: 11 point leading where there is a thick rule above
- Nutrients and supplemental ingredients: 8 point leading where there is a thin rule above and 10.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 10.5 point leading
- Footnotes: 7 point leading where there is no rule; 9 point leading where there is a thin rule above and 10 point leading where there is a thick rule above.

Dual Format – Different Amounts of Supplemented Foods

Figure 12.1(E)

Supplemented Food Facts				
Per HM1 (MM1)				
		HM1 (MM1)	HM2 (MM2)	
6 point bold type with 11 point leading	14 point leading	Calories	####	####
		% Daily Value*		
9 point leading		Fat ## g**	## %	## %
		Saturated ## g	## %	## %
		+ Trans ## g	## %	## %
		Carbohydrate ## g		
		Fibre ## g	## %	## %
		Sugars ## g	## %	## %
		Protein ## g		
		Cholesterol ### mg		
		Sodium #### mg	## %	## %
		Potassium #### mg	## %	## %
		Calcium #### mg	## %	## %
		Iron ## mg	## %	## %
6 point regular type with 13 point leading		*5% or less is a little, 15% or more is a lot		
		Supplemented with[†]		
6 point bold type with 10 point leading		Amount	% DV*	Amount % DV*
		Ingredient 1	## xx ## %	## xx ## %
		Ingredient 2	## xx ## %	## xx ## %
		Ingredient 3	## xx	## xx
		** Amount in HM1		
11 point leading		[†] Includes naturally occurring and supplemental amounts		

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.

Dual Format – Different Amounts of Supplemented Foods (continued)

Figure 12.1(F)

Info-aliment supplémenté pour MD1 (MM1)			
6 point bold type with 11 point leading	→	MD1 (MM1)	MD2 (MM2)
14 point leading	→	Calories	#### ####
			% valeur quotidienne*
9 point leading	→	Lipides ## g**	## %
		saturés ## g	## %
		+ trans ## g	## %
		Glucides ## g	
		Fibres ## g	## %
		Sucres ## g	## %
		Protéines ## g	
		Cholestérol ### mg	
		Sodium #### mg	## %
		Potassium #### mg	## %
		Calcium #### mg	## %
		Fer ## mg	## %
6 point regular type with 13 point leading	→	* 5 % ou moins c'est peu , 15 % ou plus c'est beaucoup	
		Supplémenté en†	
6 point bold type with 10 point leading	→	Teneur	% VQ*
		Ingrédient 1	## xx ## %
		Ingrédient 2	## xx ## %
		Ingrédient 3	## xx
		** Teneur pour MD1	
11 point leading	→	† Comprend les quantités naturelles et supplémentées	

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.

Dual Format – Different Amounts of Supplemented Foods (continued)

Figures 12.2(E) and (F)

Follow Figures 12.1(E) and (F) except:

- Serving of stated size: 8 point type with 10 point leading
- Calories: 9 point type with 13 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Figures 12.3(E) and (F)

Follow Figures 12.1(E) and (F) except:

- All text is in condensed font
- Serving of stated size: 8 point type with 10 point leading
- Calories: 9 point type with 13 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Figures 12.4(E) and (F)

Follow Figures 12.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type
- Serving of stated size: 7 point type with 9 point leading
- Household measure subheading [HM1 (MM1) HM2 (MM2)]: 10 point leading
- Calories: 8 point type with 12 point leading
- % Daily Value subheading: 11 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 12.5 point leading
- Footnotes: 12 point leading where there is a thick rule above and 10 point leading where there is a thin rule above
- Thick rules are reduced to 2 point and thin rules to 0.25 point.

Dual Format – Different Amounts of Supplemented Foods (continued)

Figures 12.5(E) and (F)

Follow Figures 12.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type with 11 point leading
- Serving of stated size: 7 point type with 9 point leading
- Household measure subheading [HM1 (MM1) HM2 (MM2)]: 10 point leading
- Calories: 8 point type with 12 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 12.5 point leading
- Footnotes: 12 point leading where there is a thick rule above and 10 point leading where there is a thin rule above.

Figures 12.6(E) and (F)

Follow Figures 12.1(E) and (F) except:

- All text is in condensed font
- Heading: 10 point type with 11 point leading
- Serving of stated size: 7 point type with 9 point leading
- Household measure subheading [HM1 (MM1) HM2 (MM2)]: 10 point leading
- Calories: 8 point type with 11 point leading
- % Daily Value subheading: 11 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 9 point leading where there is a thin rule above and 11.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 11.5 point leading
- Footnotes: 11 point leading where there is a thick rule above and 9 point leading where there is a thin rule above
- Thick rules are reduced to 2 point and thin rules to 0.25 point.

Bilingual Dual Format – Different Amounts of Supplemented Foods

Figure 13.1(B)

Supplemented Food Facts Info-aliment supplémenté					
Per HM1 (MM1) / pour MD1 (MM1)					
6 point bold type with 12 point leading			HM1 (MM1)	HM2 (MM2)	Subheadings specify the different amounts of the supplemented food for which information is provided
7 point leading			MD1 (MM1)	MD2 (MM2)	
14 point leading	Calories		####	####	
9 point leading	Fat / Lipides ## g**		% Daily Value* / % valeur quotidienne*		13 point leading
	Saturated / saturés ## g		## %	## %	
	+ Trans / trans ## g		## %	## %	
	Carbohydrate / Glucides ## g				
	Fibre / Fibres ## g		## %	## %	
	Sugars / Sucres ## g		## %	## %	
	Protein / Protéines ## g				
Space before and after forward slash	Cholesterol / Cholestérol ### mg				
	Sodium ##### mg		## %	## %	
	Potassium ##### mg		## %	## %	
	Calcium ##### mg		## %	## %	
	Iron / Fer ## mg		## %	## %	
7 point leading	*5% or less is a little , 15% or more is a lot				6 point font with 13 point leading and with "a little" and "a lot" in bold may be displayed in condensed font may appear on more than one line
	*5 % ou moins c'est peu , 15 % ou plus c'est beaucoup				
6 point bold type with 10 point leading	Supplemented with / Supplémenté en†				
7 point leading		Amount % DV* / Teneur % VQ*	Amount % DV* / Teneur % VQ*		
	Ingredient 1 / Ingrédient 1		## xx ## %	## xx ## %	
	Ingredient 2 / Ingrédient 2		## xx ## %	## xx ## %	
	Ingredient 3 / Ingrédient 3		## xx	## xx	
11 point leading	** Amount in HM1 / Teneur pour MD1				
11 point leading	† Includes naturally occurring and supplemental amounts				
7 point leading	† Comprend les quantités naturelles et supplémentées				

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Figure 13.2(B)

Follow Figure 13.1(B) except:

- Serving of stated size: 8 point type with 10 point leading
- Calories: 9 point type with 13 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- "Supplemented with" subheading: 7 point type with 13.5 point leading.

Bilingual Dual Format – Different Amounts of Supplemented Foods (*continued*)

Figure 13.3(B)

Follow Figure 13.1(B) except:

- All text is in condensed font
- Serving of stated size: 8 point type with 10 point leading
- Calories: 9 point type with 13 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Figure 13.4(B)

Follow Figure 13.1(B) except:

- All text is in condensed font
- Heading: 10 point type with 11 point leading
- Serving of stated size: 8 point type with 10 point leading
- Calories: 9 point type with 13 point leading
- % Daily Value subheading: 12 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 12.5 point leading
- Footnotes: 12 point leading where there is a thick rule above and 10 point leading where there is a thin rule above.

Bilingual Dual Format – Different Amounts of Supplemented Foods (*continued*)

Figure 13.5(B)

Condensed font
6 point type except as indicated
Thin rules – 0.25 point

10 point bold type with 11 point leading →	Supplemented Food Facts			
7 point type with 9 point leading →	Info-aliment supplémenté			
	Per HM1 (MM1) / pour MD1 (MM1)			
		HM1 (MM1) MD1 (MM1)	HM2 (MM2) MD2 (MM2)	← 11 point leading
8 point bold type with 12 point leading →	Calories	####	####	
7 point leading →	% Daily Value* / % valeur quotidienne*			← 12 point leading
9 point leading →	Fat / Lipides ## g**	## %	## %	
	Saturated / saturés ## g	## %	## %	
	+ Trans / trans ## g	## %	## %	
	Carbohydrate / Glucides ## g			
	Fibre / Fibres ## g	## %	## %	
	Sugars / Sucres ## g	## %	## %	
	Protein / Protéines ## g			
	Cholesterol / Cholestérol ### mg			
	Sodium ### mg	## %	## %	← Thick rules – 2 point
11.5 point leading →	Potassium ### mg	## %	## %	
No rules, 7 point leading →	Calcium ### mg	## %	## %	
	Iron / Fer ## mg	## %	## %	
11.5 point leading →	*5% or less is a little , 15% or more is a lot			
	*5 % ou moins c'est peu , 15 % ou plus c'est beaucoup			
11.5 point leading →	Supplemented with / Supplémenté en†			
6 point bold type with 10 point leading →	→ Amount % DV*	Amount % DV*		
7 point leading →	→ Teneur % VQ*	Teneur % VQ*		
	Ingredient 1 / Ingrédient 1	## xx	## %	
No rules, 7 point leading →	Ingredient 2 / Ingrédient 2	## xx	## %	
	Ingredient 3 / Ingrédient 3	## xx	## %	
9.5 point leading →	** Amount in HM1 / Teneur pour MD1			
	† Includes naturally occurring and supplemental amounts			
	† Comprend les quantités naturelles et supplémentées			

Note: Same format specifications as in Figure 13.1(B) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Figure 13.6(B)

Follow Figure 13.5(B) except:

- Household measure subheading [HM1 (MM1) HM2 (MM2)]: 10 point leading
- Nutrients and supplemental ingredients: 8 point leading where there is a thin rule above and 10.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 10.5 point leading
- Footnotes: 10.5 point leading where there is a thick rule above and 8.5 point leading where there is a thin rule above.

Aggregate Format – Different Amounts of Supplemented Foods

Figure 14.1(E)

10 point bold type with 11 point leading	Supplemented Food Facts	Per HM1 (MM1)	Per HM2 (MM2)	← baseline shift -2 compared to Supplemented baseline
9 point bold type with 13 point leading	Calories	####	####	← 8 point type with 11 point leading
12 point leading		Amount % DV*	Amount % DV*	← 12 point leading
	Fat	## g ## %	## g ## %	
	Saturated + Trans	## g ## %	## g ## %	
	Carbohydrate	## g	## g	
	Fibre	## g ## %	## g ## %	
	Sugars	## g ## %	## g ## %	
	Protein	## g	## g	
	Cholesterol	### mg	### mg	
	Sodium	#### mg ## %	#### mg ## %	
	Potassium	#### mg ## %	#### mg ## %	
	Calcium	#### mg ## %	#### mg ## %	
	Iron	## mg ## %	## mg ## %	
6 point type with 13 point leading	* DV = Daily Value			
7 point leading	* 5% or less is a little, 15% or more is a lot			← 5 point spacing
	Supplemented with†			
	Ingredient 1	## xx ## %	## xx ## %	
	Ingredient 2	## xx ## %	## xx ## %	
	Ingredient 3	## xx	## xx	
11 point leading	† Includes naturally occurring and supplemental amounts			

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.

Aggregate Format – Different Amounts of Supplemented Foods (*continued*)

Figure 14.1(F)

10 point bold type with 11 point leading	Info-aliment supplémenté	pour MD1 (MM1)	pour MD2 (MM2)	baseline shift -2 compared to Info-aliment baseline
9 point bold type with 13 point leading	Calories	####	####	8 point type with 11 point leading
12 point leading	Lipides	Teneur % VQ*	Teneur % VQ*	12 point leading
	saturés	## g ## %	## g ## %	
	+ trans	## g ## %	## g ## %	
	Glucides	## g	## g	
	Fibres	## g ## %	## g ## %	
	Sucres	## g ## %	## g ## %	
	Protéines	## g	## g	
	Cholestérol	### mg	### mg	
	Sodium	##### mg ## %	##### mg ## %	
	Potassium	##### mg ## %	##### mg ## %	
	Calcium	##### mg ## %	##### mg ## %	
	Fer	## mg ## %	## mg ## %	
6 point type with 13 point leading	* VQ = valeur quotidienne			5 point spacing
7 point leading	* 5 % ou moins c'est peu , 15 % ou plus c'est beaucoup			
	Supplémenté en†			
	Ingrédient 1	## xx ## %	## xx ## %	
	Ingrédient 2	## xx ## %	## xx ## %	
11 point leading	Ingrédient 3	## xx	## xx	
	† Comprend les quantités naturelles et supplémentées			

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.

Aggregate Format – Different Amounts of Supplemented Foods (*continued*)

Figures 14.2(E) and (F)

Follow Figures 14.1(E) and (F) except:

- Serving of stated size: 7 point type with 8 point leading
- Calories: 8 point type with 12 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Figures 14.3(E) and (F)

Follow Figures 14.1(E) and (F) except:

- All text is in condensed font
- Serving of stated size: 7 point type with 9 point leading
- Calories: 8 point type with 12 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading.

Figures 14.4(E) and (F)

Follow Figures 14.1(E) and (F) except:

- All text is in condensed font
- Serving of stated size: 7 point type with 8 point leading
- Amount/% DV subheading: 11 point leading where there is a thick rule above
- Calories: 8 point type with 12 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 12.5 point leading
- Footnotes: 12 point leading where there is a thick rule above and 10 point leading where there is a thin rule above
- Thick rules are reduced to 2 point and thin rules to 0.25 point.

Aggregate Format – Different Amounts of Supplemented Foods (*continued*)

Figures 14.5(E) and (F)

Follow Figures 14.1(E) and (F) except:

- All text is in condensed font
- Serving of stated size: 7 point type with 8 point leading
- Calories: 8 point type with 12 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 12.5 point leading
- Footnotes: 12 point leading where there is a thick rule above and 10 point leading where there is a thin rule above.

Figures 14.6(E) and (F)

Follow Figures 14.1(E) and (F) except:

- All text is in condensed font
- Serving of stated size: 7 point type with 8 point leading
- Amount/% DV subheading: 11 point leading where there is a thick rule above
- Calories: 8 point type with 12 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 9 point leading where there is a thin rule above and 11.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 11.5 point leading
- Footnotes: 11 point leading where there is a thick rule above and 9 point leading where there is a thin rule above
- Thick rules are reduced to 2 point and thin rules to 0.25 point.

Bilingual Aggregate Format – Different Amounts of Supplemented Foods

Figure 15.1(B)

9 point bold type with 10 point leading with text frame set to vertical alignment	Supplemented Food Facts	Per / pour	Per / pour	
	Info-aliment supplémenté	HM1 (MM1)	HM2 (MM2)	
9 point bold type with 13 point leading	Calories	MD1 (MM1)	MD2 (MM2)	
		####	####	
		Amount	Amount	
		Teneur	Teneur	
		% DV*	% DV*	
		% VQ*	% VQ*	
12 point leading	Fat / Lipides	## g	## g	
	Saturated / saturés	## g	## g	
	+ Trans / trans	## g	## g	
	Carbohydrate / Glucides	## g	## g	
	Fibre / Fibres	## g	## g	
	Sugars / Sucres	## g	## g	
Space before and after forward slash	Protein / Protéines	## g	## g	
	Cholesterol / Cholestérol	### mg	### mg	
	Sodium	#### mg	#### mg	
	Potassium	#### mg	#### mg	
	Calcium	#### mg	#### mg	
	Iron / Fer	## mg	## mg	
6 point type with 13 point leading	*DV = Daily Value	*5% or less is a little, 15% or more is a lot		
7 point leading	*VQ = valeur quotidienne	*5 % ou moins c'est peu, 15 % ou plus c'est beaucoup		
	Supplemented with / Supplémenté en†			
	Ingredient 1 / Ingrédient 1	## xx	## xx	
	Ingredient 2 / Ingrédient 2	## xx	## xx	
	Ingredient 3 / Ingrédient 3	## xx	## xx	
	† Includes naturally occurring and supplemental amounts			
	† Comprend les quantités naturelles et supplémentées			

Note: Same format specifications as in Figure 1.1(E) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

Bilingual Aggregate Format – Different Amounts of Supplemented Foods (*continued*)

Figure 15.2(B)

Follow Figure 15.1(B) except:

- Serving of stated size: 7 point type with 8 point leading
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnotes: 12 point leading where there is a thick rule above and 10 point leading where there is a thin rule above.

Figure 15.3(B)

Follow Figure 15.1(B) except:

- All text is in condensed font
- Serving of stated size: 7 point type with 8 point leading
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 7 point type with 8 point leading where there is no rule; 11 point leading where there is a thin rule above and 13.5 point leading where there is thick rule above
- Footnote: 12 point leading where there is a thick rule above
- “Supplemented with” subheading: 7 point type with 13.5 point leading
- Footnotes: 12 point leading where there is a thick rule above and 10 point leading where there is a thin rule above.

Figure 15.4(B)

Follow Figure 15.1(B) except:

- All text is in condensed font
- Serving of stated size: 6 point type with 8 point leading
- Calories: 8 point type with 12.5 point leading
- Nutrients and supplemental ingredients: 6 point type with 7 point leading where there is no rule; 10 point leading where there is a thin rule above and 12.5 point leading where there is thick rule above
- “Supplemented with” subheading: 6 point type with 12.5 point leading
- Footnotes: 11 point leading where there is a thick rule above and 9 point leading where there is a thin rule above.

Bilingual Aggregate Format – Different Amounts of Supplemented Foods *(continued)*

Figure 15.5(B)

Condensed font
6 point type except as indicated
Thin rules – 0.25 point

9 point bold type with 10 point leading	Supplemented Food Facts	Per / pour HM1 (MM1)	Per / pour HM2 (MM2)	6 point type with 7 point leading
7.5 point bold type with 12 point leading	Info-aliment supplémené	MD1 (MM1)	MD2 (MM2)	
	Calories	####	####	
		Amount % DV *	Amount % DV *	11 point leading
		Teneur % VQ *	Teneur % VQ *	
9 point leading	Fat / Lipides	## g ## %	## g ## %	
7 point leading	Saturated / saturés	## g ## %	## g ## %	
	+ Trans / trans	## g ## %	## g ## %	
	Carbohydrate / Glucides	## g	## g	
	Fibre / Fibres	## g ## %	## g ## %	
	Sugars / Sucres	## g ## %	## g ## %	
	Protein / Protéines	## g	## g	
	Cholesterol / Cholestérol	### mg	### mg	
	Sodium	#### mg ## %	#### mg ## %	thick rules – 2 point
11.5 point leading	Potassium	#### mg ## %	#### mg ## %	
9 point leading	Calcium	#### mg ## %	#### mg ## %	
	Iron / Fer	## mg ## %	## mg ## %	
12 point leading	* DV = Daily Value / * VQ = valeur quotidienne * 5% or less is a little , 15% or more is a lot * 5 % ou moins c'est peu , 15 % ou plus c'est beaucoup			
	Supplemented with / Supplémenté en[†]			
	Ingredient 1 / Ingrédient 1	## xx ## %	## xx ## %	
	Ingredient 2 / Ingrédient 2	## xx ## %	## xx ## %	
	Ingredient 3 / Ingrédient 3	## xx	## xx	
	[†] Includes naturally occurring and supplemental amounts [†] Comprend les quantités naturelles et supplémentées			

Note: Same format specifications as in Figure 15.1(B) except as otherwise indicated.
The order of languages may be reversed from the order shown in this Figure.

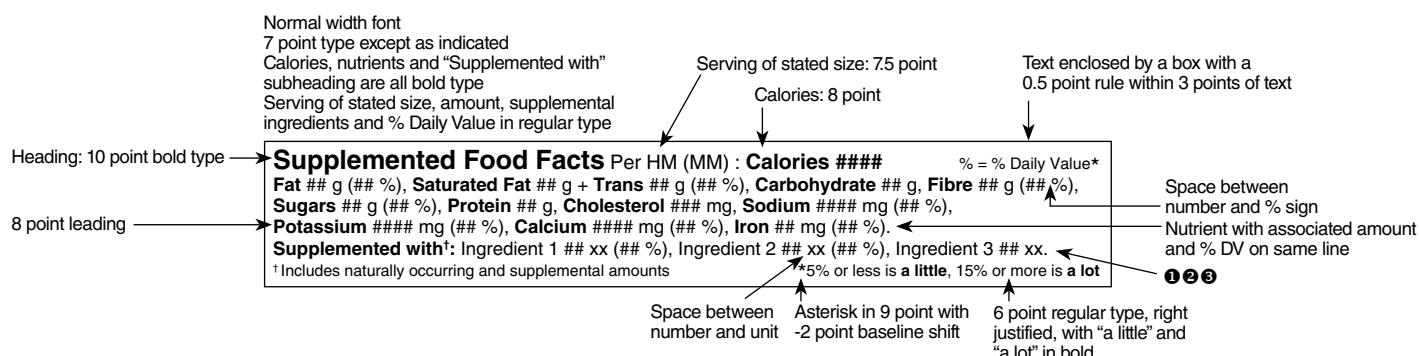
Figure 15.6(B)

Follow Figure 15.5(B) except:

- Amount/% DV subheading: 10 point leading where there is a thick rule above
- Calories: 11 point leading
- Nutrients and supplemental ingredients: 8 point leading where there is a thin rule above and 10.5 point leading where there is a thick rule above
- “Supplemented with” subheading: 6 point type with 10.5 point leading
- Footnotes: 11 point leading where there is a thick rule above and 9 point leading where there is a thin rule above.

Linear Format

Figure 16.1(E)

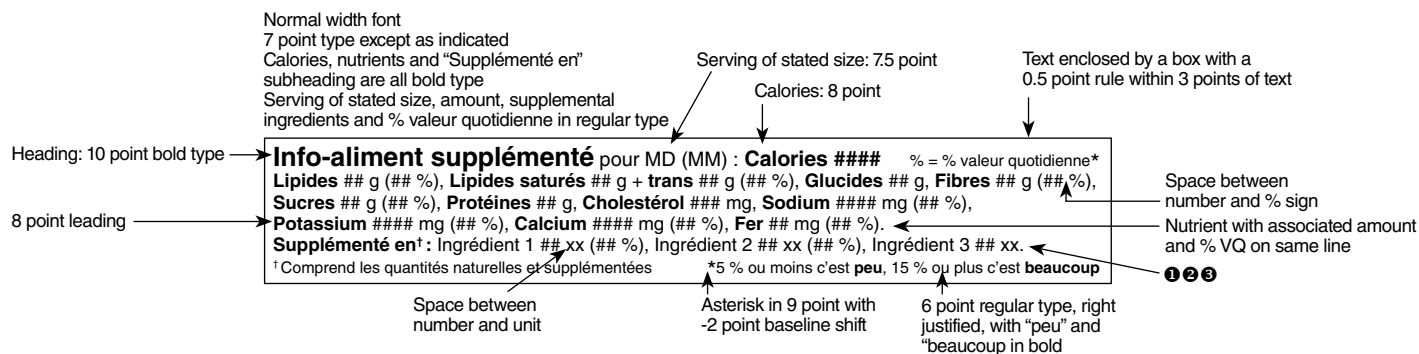


- 1 Supplemental ingredients must be shown in the same order as they appear in the *List of Permitted Supplemental Ingredients*.
- 2 Supplemental ingredients with an established daily value, as per the *Table of daily values*, must be declared in absolute amounts and display a % daily value. Other supplemental ingredients must only be declared in absolute amounts.
- 3 The table may be extended horizontally or vertically to accommodate supplemental ingredients with many characters or to add other supplemental ingredients.

Note: Number of lines of text may vary according to available display surface.

Texts of Figures 16.1(E) and (F) may be displayed adjacent to one another within the same box.

Figure 16.1(F)



- 1 Supplemental ingredients must be shown in the same order as they appear in the *List of Permitted Supplemental Ingredients*.
- 2 Supplemental ingredients with an established daily value, as per the *Table of daily values*, must be declared in absolute amounts and display a % daily value. Other supplemental ingredients must only be declared in absolute amounts.
- 3 The table may be extended horizontally or vertically to accommodate supplemental ingredients with many characters or to add other supplemental ingredients.

Note: Number of lines of text may vary according to available display surface.

Texts of Figures 16.1(E) and (F) may be displayed adjacent to one another within the same box.

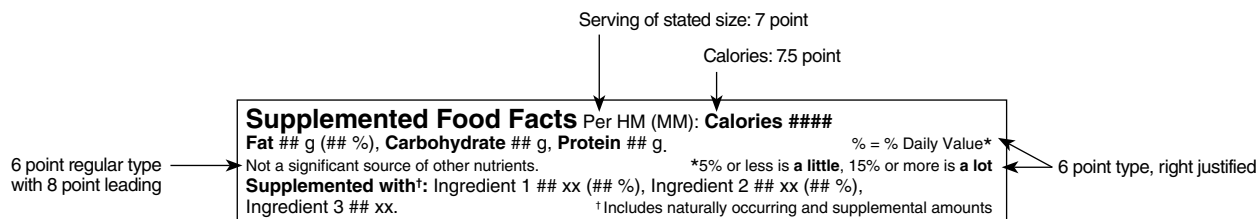
Figure 16.2(E) and (F)

Follow Figures 16.1(E) and (F) except:

- Serving of stated size: 6.5 point type
- Calories: 7 point type
- Nutrients and supplemental ingredients: 6 point type
- "Supplemented with" subheading: 6 point type
- Leading for all: 7 point.

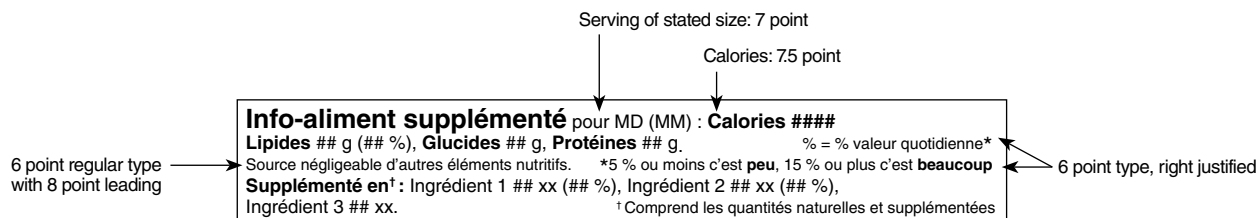
Simplified Linear Format

Figure 17.1(E)



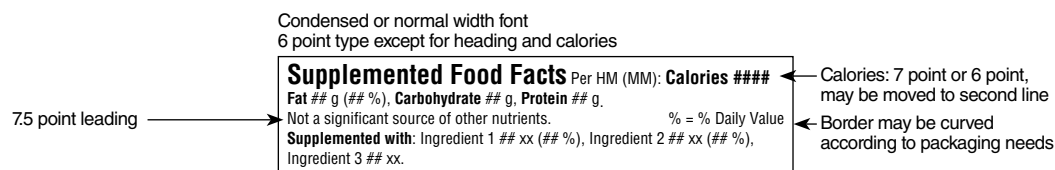
Note: Same format specifications as in Figure 16.1(E) except as otherwise indicated.

Figure 17.1(F)



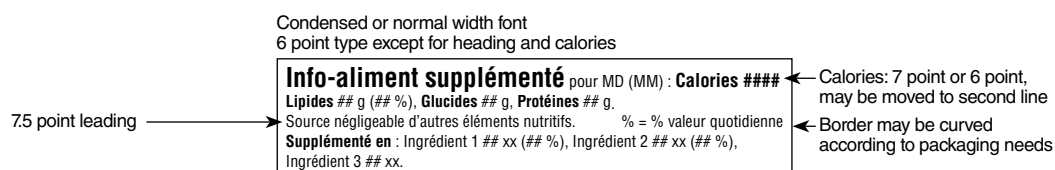
Note: Same format specifications as in Figure 16.1(E) except as otherwise indicated.

Figure 17.2(E)



Note: Same format specifications as in Figure 17.1(E) except as otherwise indicated.

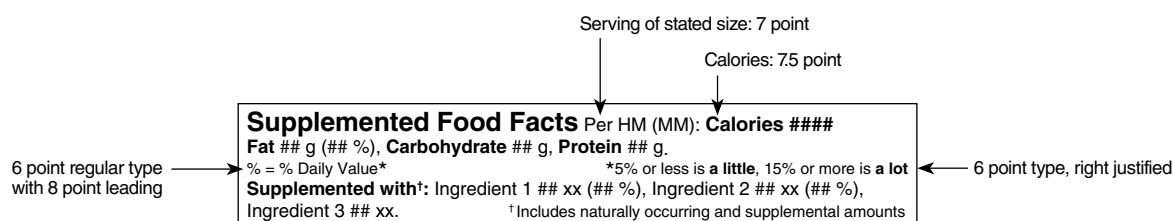
Figure 17.2(F)



Note: Same format specifications as in Figure 17.1(E) except as otherwise indicated.

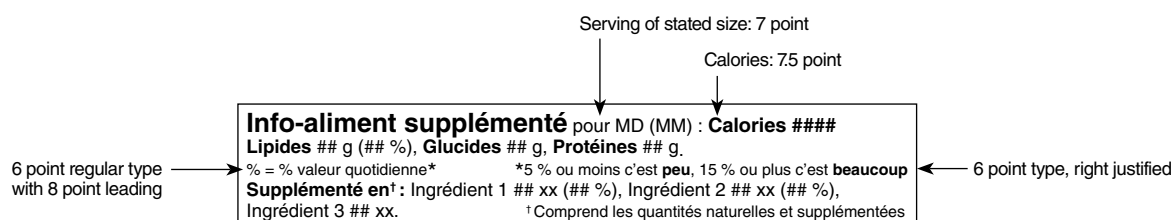
Simplified Linear Format – Supplemented Foods that are Single-serving Prepackaged Products

Figure 17.1.1(E)



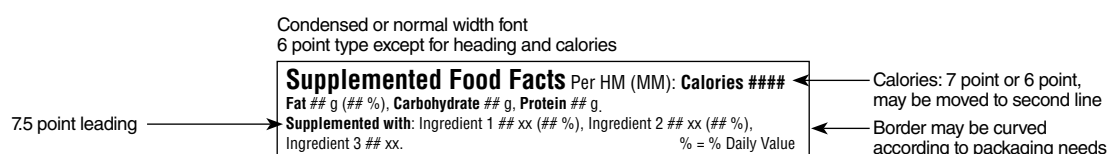
Note: Same format specifications as in Figure 16.1(E) except as otherwise indicated.

Figure 17.1.1(F)



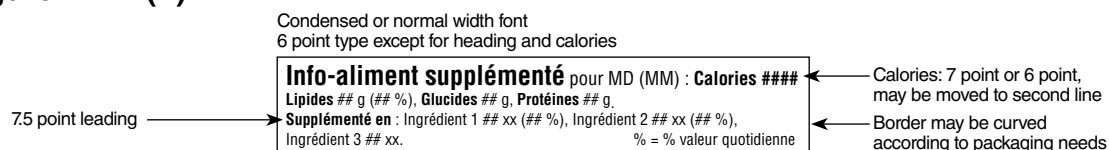
Note: Same format specifications as in Figure 16.1(E) except as otherwise indicated.

Figure 17.2.1(E)



Note: Same format specifications as in Figure 17.1.1(E) except as otherwise indicated.

Figure 17.2.1(F)



Note: Same format specifications as in Figure 17.1.1(E) except as otherwise indicated.

Presentation of Additional Information

Including all optional elements that may be declared in the Supplemented Foods Facts table

Figure 18.1(E)

See tables to sections
B.29.002 and B.29.003
for wording alternatives

Supplemented Food Facts	
Serving Size HM (MM)	
Servings Per Container ##	
Calories ##### (#### kJ)	% Daily Value*
Total Fat ## g	## %
Saturated ## g	## %
+ Trans ## g	## %
Omega-6 Polyunsaturated ## g	
Omega-3 Polyunsaturated ## g	
Monounsaturated ## g	
Total Carbohydrate ## g	
Dietary Fibre ## g	## %
Soluble Fibre ## g	
Insoluble Fibre ## g	
Sugars ## g	## %
Sugar Alcohols ## g	
Starch ## g	
Protein ## g	
Cholesterol ### mg	## %
Sodium ##### mg	## %
Potassium ##### mg	## %
Calcium ##### mg	## %
Iron ## mg	## %
Vitamin A ### µg	## %
Vitamin C ## mg	## %
Vitamin D ## µg	## %
Vitamin E ## mg	## %
Vitamin K ## µg	## %
Thiamine ## mg	## %
Riboflavin ## mg	## %
Niacin ## mg	## %
Vitamin B ₆ ## mg	## %
Folate ### µg DFE	## %
Vitamin B ₁₂ ## µg	## %
Biotin ## µg	## %
Pantothenate ## mg	## %
Choline ### mg	## %
Phosphorous ##### mg	## %
Iodide ### µg	## %
Magnesium ### mg	## %
Zinc ## mg	## %
Selenium ## µg	## %
Copper ### mg	## %
Manganese ## mg	## %
Chromium ## µg	## %
Molybdenum ## µg	## %
Chloride ##### mg	## %
*5% or less is a little , 15% or more is a lot	
Supplemented with†	
Ingredient 1 ## xx	## %
Ingredient 2 ## xx	## %
Ingredient 3 ## xx	
† Includes naturally occurring and supplemental amounts	

6 point indent

↓

Polyunsaturated ## g
 Omega-6 ## g
 Omega-3 ## g

↑

12 point indent

If the available display surface is not adequate to accommodate any additional information beneath the mandatory declaration of potassium, calcium and iron, the remaining information may be moved to the upper right corner, enclosed by a box with a 0.5 point rule that shares its left rule with the table

6 point indent

12 point indent

Note: Other than the order of presentation, the use of indents and the presentation of footnotes, follow the format that is specified in the applicable figure of this Directory.

Presentation of Additional Information (*continued*)

Including all optional elements that may be declared in the Supplemented Foods Facts table

Figure 18.1(F)

See tables to sections
B.29.002 and B.29.003
for wording alternatives

Info-aliment supplémenté	
Portion MD (MM)	
Portions par contenant ##	
Calories ##### (#### kJ)	% valeur quotidienne*
Total des lipides ## g	## %
saturés ## g	## %
+ trans ## g	## %
polyinsaturés oméga-6 ## g	} or Polyinsaturés ## g oméga-6 ## g oméga-3 ## g
polyinsaturés oméga-3 ## g	
monounsaturés ## g	
Total des glucides ## g	
→ Fibres alimentaires ## g	## %
→ Fibres solubles ## g	
Fibres insolubles ## g	
Sucres ## g	## %
Polyalcools ## g	
Amidon ## g	
Protéines ## g	
Cholestérol ### mg	## %
Sodium ##### mg	## %
Potassium ##### mg	## %
Calcium ##### mg	## %
Fer ## mg	## %
Vitamine A ### µg	## %
Vitamine C ## mg	## %
Vitamine D ## µg	## %
Vitamine E ## mg	## %
Vitamine K ## µg	## %
Thiamine ## mg	## %
Riboflavine ## mg	## %
Niacine ## mg	## %
Vitamine B ₆ ## mg	## %
Folate ### µg ÉFA	## %
Vitamine B ₁₂ ## µg	## %
Biotine ## µg	## %
Pantothénate ## mg	## %
Choline ### mg	## %
Phosphore ##### mg	## %
Iode ### µg	## %
Magnésium ### mg	## %
Zinc ## mg	## %
Sélénium ## µg	## %
Cuivre ### mg	## %
Manganèse ## mg	## %
Chrome ## µg	## %
Molybdène ## µg	## %
Chlorure ##### mg	## %
*5 % ou moins c'est peu , 15 % ou plus c'est beaucoup	
Supplémenté en†	
Ingrédient 1 ## xx	## %
Ingrédient 2 ## xx	## %
Ingrédient 3 ## xx	

6 point indent

12 point indent

6 point indent

12 point indent

If the available display surface is not adequate to accommodate any additional information beneath the mandatory declaration of potassium, calcium and iron, the remaining information may be moved to the upper right corner, enclosed by a box with a 0.5 point rule that shares its left rule with the table

† Comprend les quantités naturelles et supplémentées

Note: Other than the order of presentation, the use of indents and the presentation of footnotes, follow the format that is specified in the applicable figure of this Directory.

Bilingual Presentation of Additional Information

Including all optional elements
that may be declared in the
Supplemented Foods Facts table

Figure 19.1(B)

See tables to sections
B.29.002 and B.29.003 for
wording alternatives

6 point indent
12 point indent
Space before and
after forward slash

Supplemented Food Facts	
Info-aliment supplémenté	
Serving Size HM (MM) / Portion MD (MM)	
Servings Per Container ##	
Portions par contenant ##	
Calories ##### (#### kJ)	% Daily Value* % valeur quotidienne*
Total Fat / Lipides ## g	## %
Saturated / saturés ## g	## %
+ Trans / trans ## g	
→ Polyunsaturated / polyinsaturés ## g	
→ Omega-6 / oméga-6 ## g	
Omega-3 / oméga-3 ## g	
Monounsaturated / monoinsaturés ## g	
Total Carbohydrate / Glucides ## g	
Dietary Fibre / Fibres alimentaires ## g	## %
→ Soluble Fibre / Fibres solubles ## g	
Insoluble Fibre / Fibres insolubles ## g	
Sugars / Sucres ## g	## %
Sugar Alcohols / Polyalcools ## g	
Starch / Amidon ## g	
Protein / Protéines ## g	
Cholesterol / Cholestérol ### mg	## %
Sodium ##### mg	## %
Potassium ##### mg	## %
Calcium ##### mg	## %
Iron / Fer ## mg	## %
Vitamin A / Vitamine A ### µg	## %
Vitamin C / Vitamine C ## mg	## %
Vitamin D / Vitamine D ## µg	## %
Vitamin E / Vitamine E ## mg	## %
Vitamin K / Vitamine K ## µg	## %
Thiamine ## mg	## %
Riboflavin / Riboflavine ## mg	## %
Niacin / Niacine ## mg	## %
Vitamin B ₆ / Vitamine B ₆ ## mg	## %
Folate ### µg DFE / ÉFA	## %
Vitamin B ₁₂ / Vitamine B ₁₂ ## µg	## %
Biotin / Biotine ## µg	## %
Pantothenate / Pantothénate ## mg	## %
Choline ### mg	## %
Phosphorous / Phosphore ##### mg	## %
Iodide / Iode ### µg	## %
Magnesium / Magnésium ### mg	## %
Zinc ## mg	## %
Selenium / Sélénium ## µg	## %
Copper / Cuivre ### mg	## %
Manganese / Manganèse ## mg	## %
Chromium / Chrome ## µg	## %
Molybdenum / Molybdène ## µg	## %
Chloride / Chlorure ##### mg	## %
*5% or less is a little , 15% or more is a lot *5 % ou moins c'est peu , 15 % ou plus c'est beaucoup	
Supplemented with / Supplémenté en†	
Ingredient 1 / Ingrédient 1 ## xx	## %
Ingredient 2 / Ingrédient 2 ## xx	## %
Ingredient 3 / Ingrédient 3 ## xx	
† Includes naturally occurring and supplemental amounts † Comprend les quantités naturelles et supplémentées	

Note: Other than the order of
presentation, the use of indents
and the presentation of footnotes,
follow the format that is specified
in the applicable figure of this
Directory. The order of languages
may be reversed from the order
shown in this Figure.