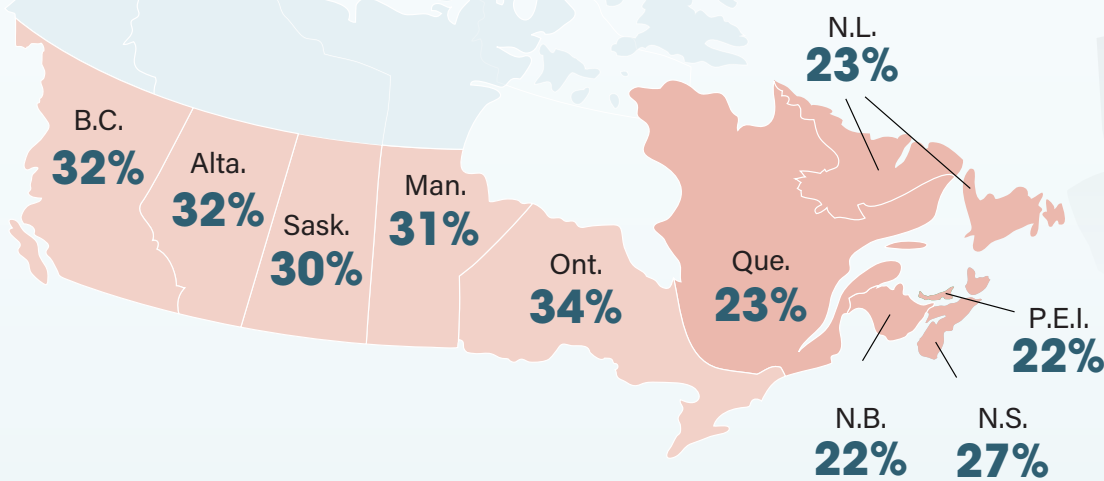


# Seeking health care during the pandemic

Almost **1 in 3 adults (30%)** who reported needing health care said that they delayed contacting a medical professional in the first year of the pandemic.



The percentage of adults who delayed seeking care was lower in Quebec and Atlantic Canada than in the other provinces.

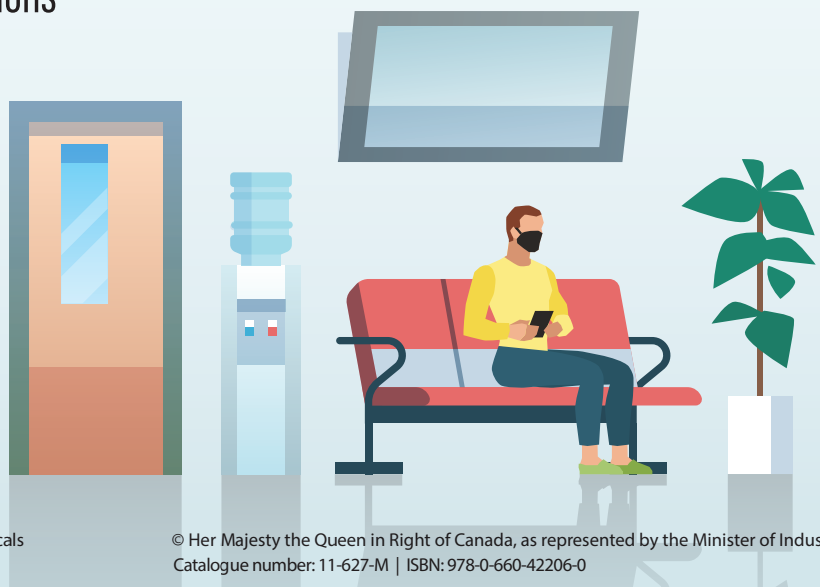


The percentage was higher among younger adults than among seniors.

**1 in 3 adults (33%)** aged 18 to 64 delayed seeking health care, compared with **1 in 5 adults (22%)** 65 years and older.

The reasons for delaying seeking health care were often related to taking precautions against COVID-19:

- Fear of possible exposure to COVID-19 in health care settings (**18%**)
- Fear of possible exposure to COVID-19 outside health care settings (**7%**)
- Concern about overloading the health care system (**13%**)



Source: Statistics Canada, Survey on Access to Health Care and Pharmaceuticals During the Pandemic.

© Her Majesty the Queen in Right of Canada, as represented by the Minister of Industry, 2022  
Catalogue number: 11-627-M | ISBN: 978-0-660-42206-0