

# Canadian potatoes FROM FARM TO FORK



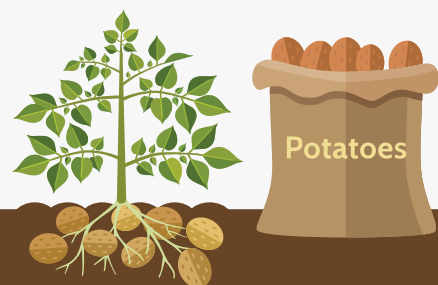
In 2021, farmers planted **388,485 acres of potatoes in Canada**. Since 2016, potato area has increased **12.7%**.



2021	Alberta	Manitoba	P.E.I.
Total area (acres)	70,131	77,927	85,235
Average area per farm (acres)	235	523	396

In 2021, Canada was a **net exporter of potatoes**, exporting **1.8 million metric tonnes**, up **10.9%** from 2016.

The **United States** was the largest export market, accounting for **90.0%** of all potato exports.



Canada's total potato production in 2021 was **5,689,455 metric tonnes**, a **19.2%** increase from 2016.

In 2021, **17.1 kg** of fresh white potatoes were **available per person** in Canada.

The estimated average retail price for **1 kg** of potatoes in 2021 was **\$4.22**.

## Did you know?

Canadian farmers grow potatoes for processing (**mostly French fries**) and for the fresh market.



Most potato crops are planted with "**seed potatoes**" (potatoes with shoots).

A medium potato (148 g) provides **45%** of a person's recommended daily Vitamin C intake and **21%** of the recommended daily potassium intake.



Sources: Statistics Canada, table 32-10-0154-01 - Selected crops, Census of Agriculture historical data, table 32-10-0358-01 - Area, production and farm value of potatoes, table 32-10-0054-01 - Food available in Canada, table 18-10-0245-01 - Monthly average retail prices for selected products, Canadian International Merchandise Trade Web Application; Fruit and Vegetable Growers of Canada, 2014, "Potato production in Canada."

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