Monkeypox

Steps for removing contaminated clothing

If you are providing care to someone with a monkeypox infection, your clothing may become contaminated while handling their laundry. It is recommended to have an extra change of clean clothes available in case your clothes get contaminated.

Keep mask and gloves on while removing clothing



Remove the contaminated clothing

 minimize contact with the outer surface and avoid agitating clothing while doing so



If you need to transport your contaminated clothing to another location, place it in a disposable leak-proof bag.

 After putting the clothing in the laundry, place the bag used to transport it in another disposable garbage bag, close it, and dispose of it.



Wash your contaminated laundry in a washing machine using hot water (70°C) with detergent.

 clean and disinfect contaminated footwear, if worn



Remove and dispose of gloves and clean your hands





Remove and dispose of mask and clean your hands



Put on clean clothes



For more information on monkeypox: canada.ca/monkeypox

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