

What is FluWatchers?

FluWatchers is an online health-monitoring platform that helps track the spread of flu and flu-like illness (like COVID-19) across Canada.

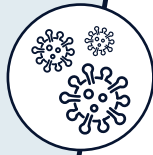
WHAT WE KNOW

- death
- severe illness
- diagnosed illness



WHAT WE DON'T KNOW

- undiagnosed illness
- mild illness
- healthy



Why is FluWatchers important?

- Traditional ways of tracking diseases require a person to see a health care practitioner and get tested.

- However, most people with mild flu-like symptoms don't seek any medical care.

- The FluWatchers program captures information on these individuals to get a better sense of flu-like illness in the community.

Who can participate?

Anyone who lives in Canada can participate, and participants can also report on behalf of household members



What do FluWatchers do?

Volunteers answer a **quick** and **anonymous** questionnaire each week on whether they've had a cough or fever or were healthy.

