Getting health care

In Canada, provinces and territories manage health care. This means that your access to health care and specific health services will depend on which province or territory you choose to live in.

Help when you arrive in Canada

Depending on where you arrive in Canada, there are organizations that have set up information desks at the airport to help connect you to supports and services in the local area.

- The Canadian Red Cross is on-site at the Toronto airport. They can help with translation and interpretation, and can connect you to settlement services providers and other organizations in your new community.
- SUCCESS, a settlement services provider organization, is on-site at the airport in Vancouver. They will help you get settled in your new community.

Your province or territory may also offer support and services, including help finding work and ways to permanently stay in Canada.

Getting health care in Canada

Immediate assistance
- If you're in a **life-threatening situation**, **call 9-1-1** from anywhere in Canada to get emergency services.

- If your children or teenagers are experiencing stress and need to talk, they can call the Kids Help Phone toll-free any time and from anywhere in Canada. It offers free, confidential counselling services, including in Ukrainian and Russian languages.

Learn more about mental health and well-being support for newcomers.

Health care under CUAET

Normally, visitors to Canada aren't covered under public health care. However, if you're in Canada under the Canada-Ukraine authorization for emergency travel (CUAET), you may be able to get public health care depending on which province or territory you're living in.

For more information, check with the ministry of health in the province or territory you're travelling to.

If the province or territory offers public health care under CUAET, you will need to apply for a health card.

If you're not eligible for public health coverage

You may still qualify if you have an open work permit

- o If you don't already have one, you can apply for an open work permit after you arrive in Canada.
- o You'll have to meet the conditions of the province or territory you're working in to qualify for public health care.
  - want to pay for **private health insurance** instead

There are also some provincial, territorial and community-based service providers that may help temporary residents access health care services.

Private health insurance

If you don't qualify for public health insurance in the province or territory you're moving to, you can choose to pay for private health insurance. Private insurance often pays for some medical products and services that public plans don't cover.

Get help in different provinces and territories

Learn more about how to get different kinds of help in

- o Alberta
- o British Columbia
- o Manitoba
- o New Brunswick
- o Newfoundland and Labrador
- o Nova Scotia
- o Ontario
- o Prince Edward Island
- o Quebec
- o Saskatchewan
- o Yukon

#Welcome
Ukrainians