

Nutrition North Canada is a Government of Canada program that helps make nutritious food and some essential items more affordable and more accessible.

# Helping you and your family save on healthy food and other essentials



Nutrition North Canada subsidies save you money on many nutritious foods and essential items.



## MEDIUM SUBSIDY





Rice and pasta

### LOW SUBSIDY



Learn which items are on Nutrition North Canada's subsidy list, visit this **link** 

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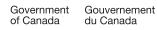


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For questions or comments, contact us: Nutrition North Canada 25 Eddy Street, 14th floor - Gatineau, Quebec K1A 0H4 Email: nutritionnordcanada-nutritionnorthcanada@rcaanc-cirnac.gc.ca

www.Canada.ca/Nutrition-North







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