

## What drives health inequities in Canada?

living in Canada are healthy, but the advantages of good health are not shared equally among us.1,2

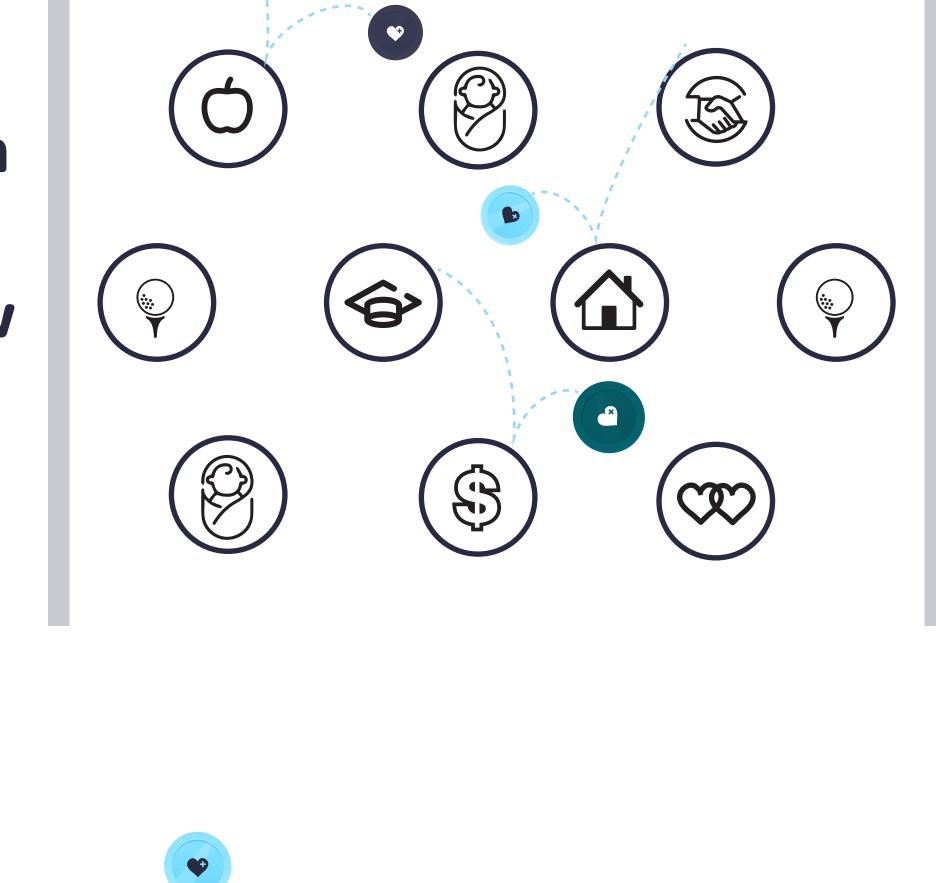
In general, most people



different conditions in which we are born, grow up, play, work, and live, as well as how we are treated. These are known collectively as the social determinants of health. When health differences stem from unfair and

Health differences can

mostly be explained by the



they are called health inequities.3,4

daily living conditions.5,6

avoidable conditions,



Some people and communities face stigma, racism and discrimination, which create barriers that make it even more challenging to be healthy.5,6

Our health - and our ability to fully participate in

education, healthy food, safe housing, and other

society - are affected by our access to income,

you rank on the socioeconomic ladder, the better your health is likely to be.7-9 The good news is the percentage of people living below Canada's official poverty line

6,000,000

5,000,000

0

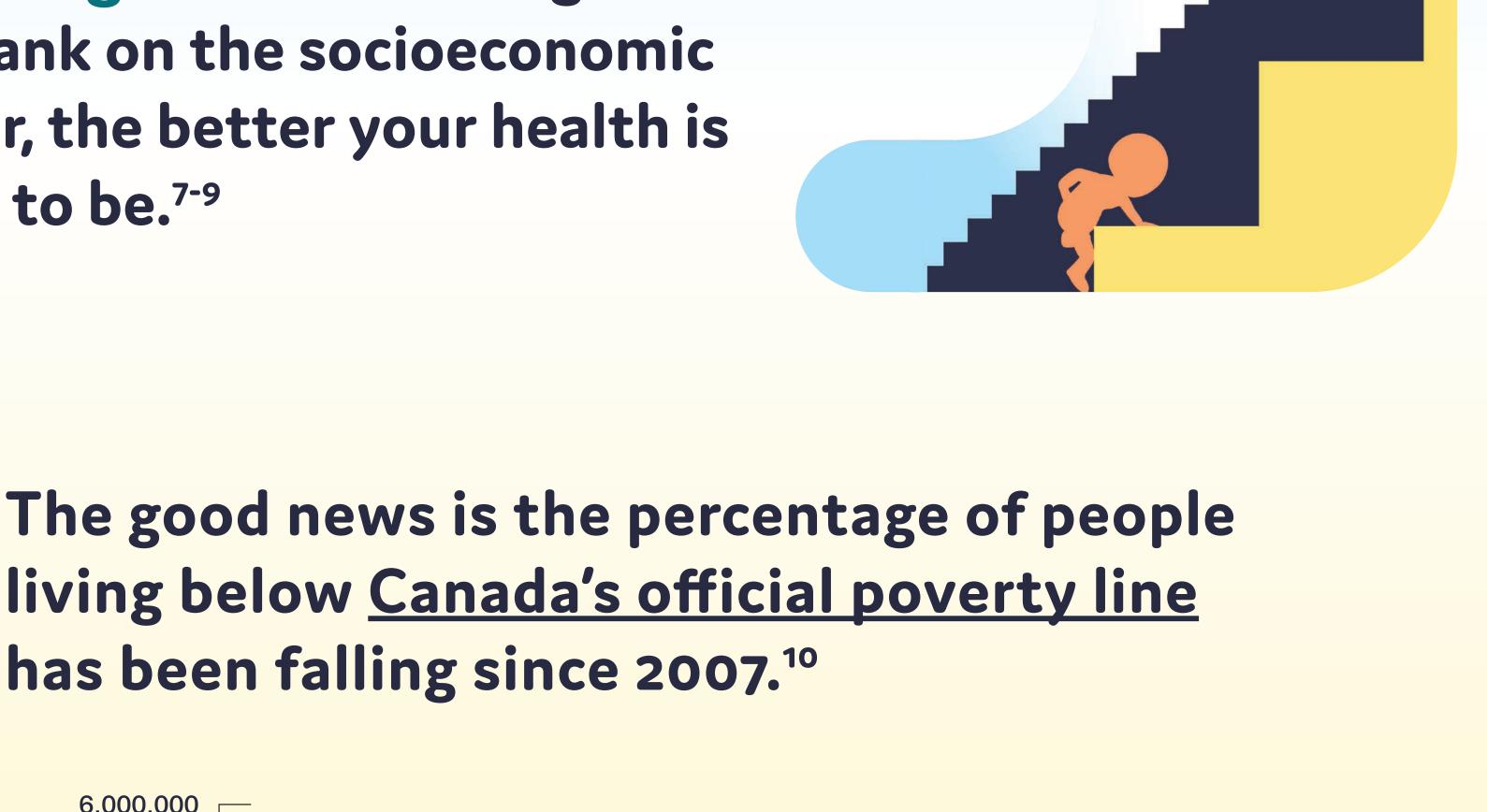
2015

Higher income leads to better

health and more opportunities

a social gradient. The higher

at each income level. We call this



Number of people

Percentage of people

2020

Key social determinants of health,

like access to education, are

doors to better economic

our health.<sup>13</sup>

improving.<sup>10-12</sup> Education opens

circumstances and can also help

us make better decisions about

2021

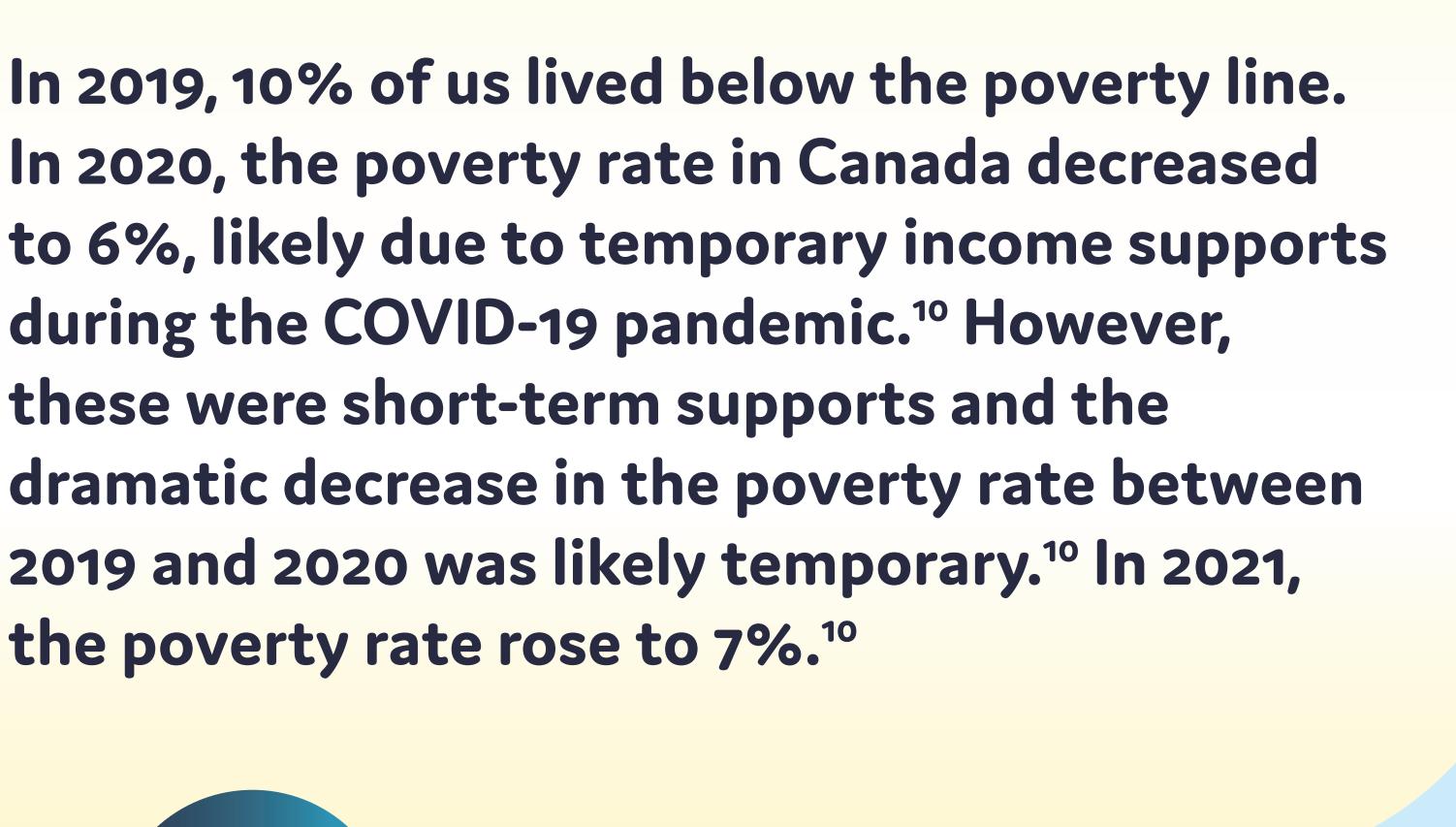
4,000,000 3,000,000 6.4% 2,000,000 1,000,000

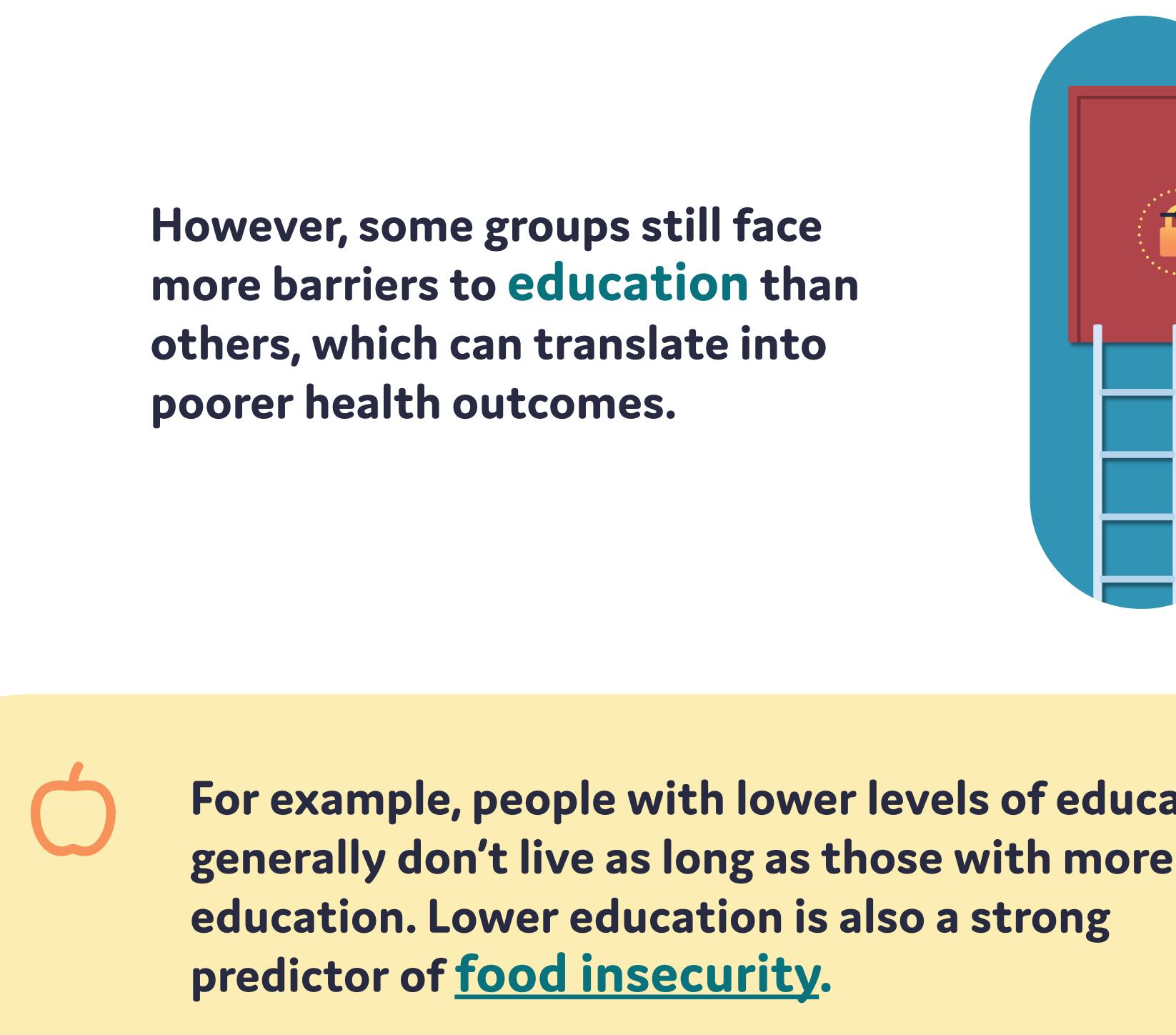
2017

2018

2019

2016





22.2%

Less than

high school

to all people in Canada. 5,6,14

15.6%

11.7%

High school

graduate

20%

15%

10%

5%

0%

For example, people with lower levels of education

Food insecurity is highest in households without high school education, especially for females. **Education (household)** Female 35% 30% 25%

9.8%

7.0%

Community college/

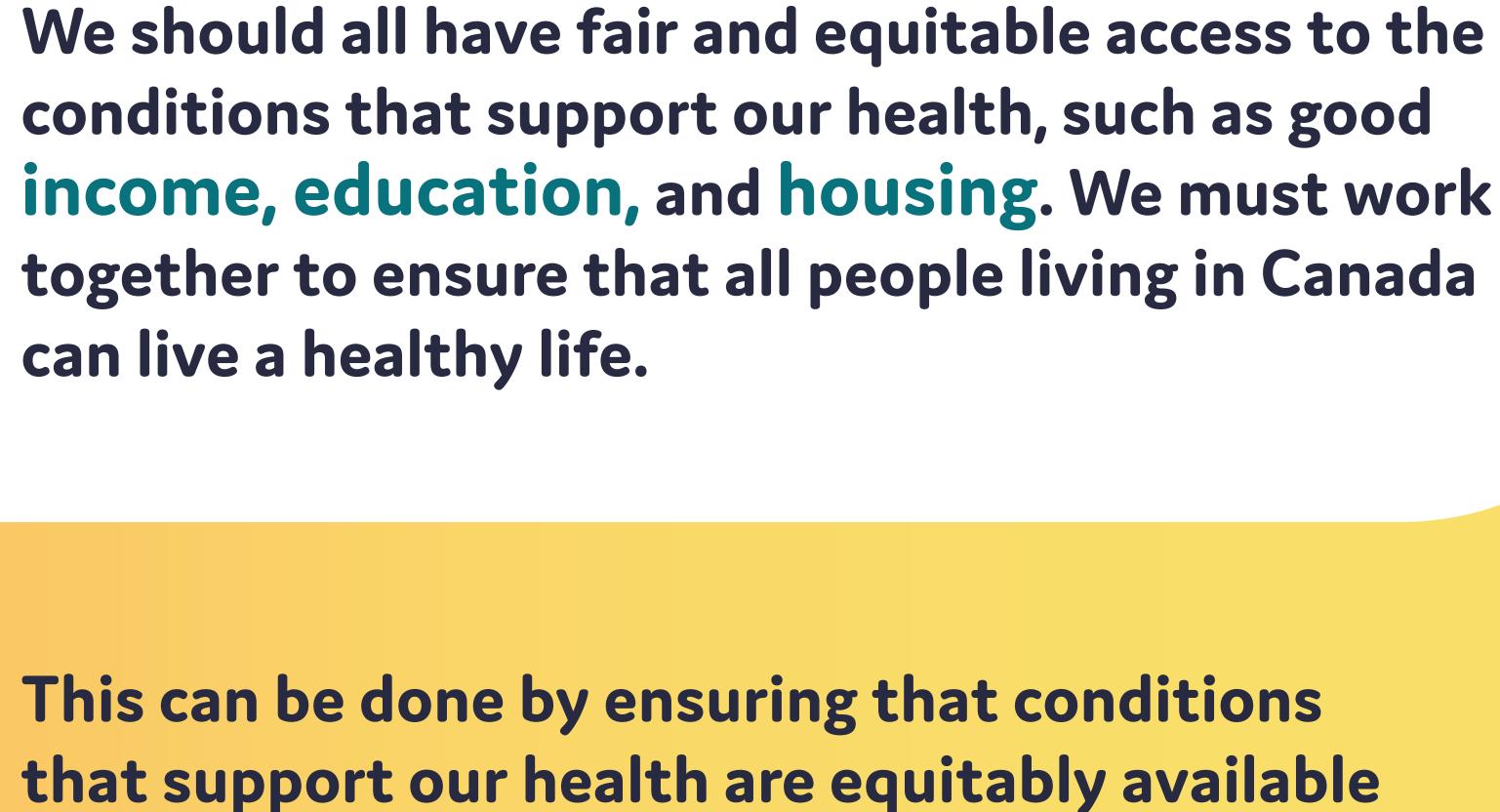
Technical school/

University certificate

3.0%

University

graduate



Creating the conditions that support good health for all requires joining forces across sectors and strengthening our institutions, our communities

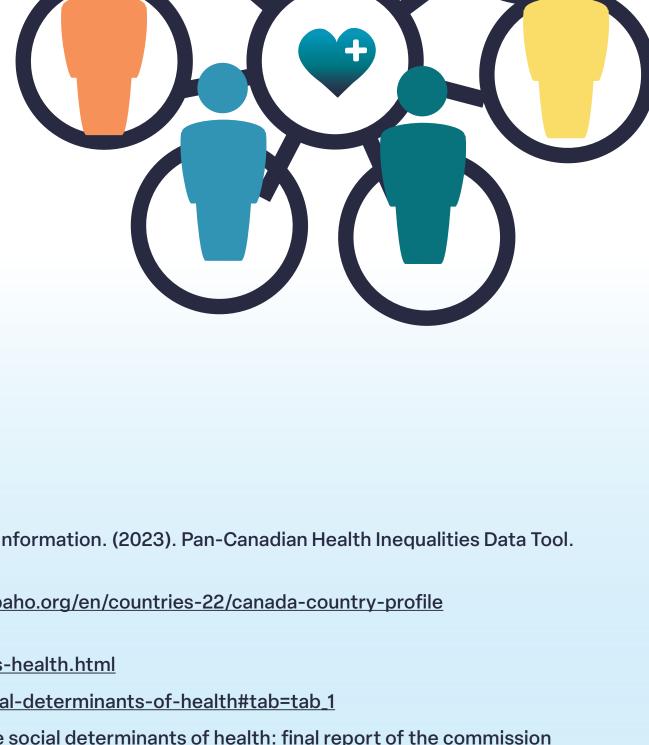
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and society so that they support

good health for all. 5,6,14



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