

CP46-2/10-1982

The Government of Canada at your service

in Saskatchewan



Canada



Government
of Canada

Gouvernement
du Canada

Cover photo—National Film Board

The Government of Canada at your service

In hundreds of ways, the Government of Canada is at your service in Saskatchewan.

The federal government administers Family Allowance and Unemployment Insurance programs. It shares the cost of education and health services with the province, and contributes to regional industrial and economic development.

The Government of Canada delivers services to farmers through the Canadian Wheat Board, the Farm Credit Corporation, Crop Insurance and the Prairie Farm Rehabilitation Administration, to mention just a few of the national agencies supporting agriculture.

Federal programs range from managing our national parks to providing financial help and counselling for business people.

This guide attempts to describe the main types of services offered to Canadians by their federal government and offers advice on how to gain access to these services.

Programs and services have been grouped by themes that correspond to particular needs and activities. For instance, if you would like information on Family Allowances or pensions, look in the section on *Well-being*. Should you be interested in agricultural services, consult the section on *Economic Development*.

The list of services in this guide does not pretend to be exhaustive and programs may change from time to time. You are encouraged to obtain more detailed information from federal government offices in your region, or from the federal information services listed at the end of this publication. You may also wish to order other publications that describe Canadian government programs and services in general. Some of these are listed on Page 81.

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Government Reorganization

In January, 1982, the Government of Canada announced plans to increase the federal capacity to assist Canadians in all regions to take better advantage of major economic and employment opportunities.

This involves an extensive reorganization of federal departments and agencies to provide a government-wide focus on regional economic development and the promotion of export trade.

For example, parts of the existing departments of Industry, Trade and Commerce and Regional Economic Expansion will be incorporated into a new Department of Regional Industrial Expansion. The Trade Commissioner Service and its operations abroad become the responsibility of the Department of External Affairs.

However, virtually all of the programs and services described in this booklet will continue to be available to Canadians. The names and addresses of some of the departments and agencies involved in the reorganization may change following publication of this booklet. Please consult your local telephone directory for Government of Canada listings.

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Well-being

Ensuring the well-being of all Canadians is a prime concern of the Government of Canada. Our health and safety are protected by laws regulating the quality of the foods we eat, the products we use and the services we require. Monthly payments help mothers provide for the immediate needs of their children. As well, the services available to senior citizens have increased to better ensure their well-being.

Following are descriptions of some of the national programs and services that help to promote the well-being of Canadians.

Consumer Aid

All of us are consumers . . . from the four-year-old buying a chocolate bar to the young couple purchasing a television set.

A most important role of the federal government is to protect the interests of the consumer. This protection is in the form of laws that have been developed by many government departments.

Whether at the bank, the gas station, the supermarket or at home, these laws are working to protect you. Legislation ensures that a bank will not fold up in the night and disappear with your life savings; measuring devices on service station gas pumps are checked for accuracy; the quality, packaging and labelling of food come under close scrutiny, and potentially hazardous products must bear a warning on the label that indicates if the product is flammable, poisonous, explosive or corrosive. In addition, items such as baby rattles, hockey helmets and artificial fireplace logs are tested for safety.

This determination to protect the consumer can best be appreciated when one considers that each year approximately 1.5 million inspections are carried out by government inspectors.

Despite these efforts, you may find yourself faced with a problem resulting from the purchase

of goods and/or services. If you are receiving little co-operation from the vendor, you can seek help from a neighbourhood store-front consumer help office, a consumers' association (consult your telephone directory), or contact:

**Consumer Services
Consumer and Corporate
Affairs Canada
2212 Scarth Street
Regina, Saskatchewan
S4P 2J6**

**Consumer Services
Consumer and Corporate
Affairs Canada
3421-8th Street East
Saskatoon, Saskatchewan
S7H 0W5**

or consult your telephone directory for the Consumer Services office nearest you.

This department also has many interesting pamphlets and brochures available on such subjects as appliance energy consumption, labelling on products and mail-order buying. Of particular interest to parents might be *Packaging to protect your child*, *Curiosity and the toy*, and *Car seats keep kids safe*. If you would like to receive these pamphlets or request information on other subjects, write to one of the addresses above.

Motor Vehicle Recalls

Transport Canada establishes and enforces safety standards for new motor vehicles sold in Canada. Periodic motor vehicle recalls result when vehicle components are found not to meet departmental standards. Consumer complaints about safety-related vehicle defects should be directed to:

Road and Motor Vehicle Traffic Safety

**Transport Canada
27th Floor, Tower C
Place de Ville
Ottawa, Canada
K1A 0N5**

Seat Belts

Seat belts have been proven to save lives, yet less than half of all Canadian drivers use them regularly. Transport Canada's Motor Vehicle Traffic Safety Branch conducts research on seat belt usage and also sets standards for infant carriers and child restraints sold in Canada. For publications on these subjects, you may contact the branch at the address above or write to:

**Public Affairs
Transport Canada
106-2050 Cornwall Street
Regina, Saskatchewan
S4P 2K5**

Health Promotion

An increasing number of Canadians are aware that personal habits can mean the difference between illness and good health. The Health Promotion Directorate's main objective is to encourage and assist Canadians to adopt ways of life that will enhance their physical, mental and social well-being and thus prevent illness. This includes program activities in such areas as nutrition, self-care and personal health practices, family life and child development, and the abuse of alcohol, tobacco, drugs and other harmful substances. Contact with the public, community and voluntary organizations and the provinces is maintained through regional offices located across the country. Through the Health Promotion Contribution Program, the directorate supports the development of projects involving community health, resource development, training and skill development.

For more information, please write to:

**Health Promotion Directorate
Health and Welfare Canada
Room 603
213 Notre Dame Avenue
Winnipeg, Manitoba
R3B 1N3**

Food Basics

If you belong to a community group and are interested in giving a presentation on how to get better value for your food dollar, or if you are a teacher and would like to teach your students to shop wisely, you may be interested in a kit called *Food Basics*. As well as containing written information on shopping and nutrition, the kit includes a slide show.

For more information, contact:

**Consumer Services
Consumer and Corporate
Affairs Canada
2212 Scarth Street
Regina, Saskatchewan
S4P 2J6**

**Consumer Services
Consumer and Corporate
Affairs Canada
3421-8th Street East
Saskatoon, Saskatchewan
S7H 0W5**

or consult your telephone directory for the Consumer Services office nearest you.

Family Allowances

If you are a parent or a legal guardian and you are a Canadian citizen, a landed immigrant or a non-immigrant who has paid income tax for not less than a year, you may have the right to receive a monthly Family Allowance payment from

the federal government. This payment is usually made to the mother for children under the age of 18 who reside in Canada. The allowance will be paid under certain prescribed circumstances to Canadians living abroad.

The government has provided for annual increases in the allowance in accordance with increases in the cost of living. The Family Allowance is taxable as income.

In addition to the Family Allowance, you can receive an annual benefit for each child, based on family income.

Application forms can be obtained from any post office or hospital. If you wish to obtain additional information, write to:

**Family Allowances
Health and Welfare Canada
Federal Building
1975 Scarth Street
Regina, Saskatchewan
S4P 2H3**

or consult your telephone directory for the district office nearest you.

Day Care Centres

If you are interested in obtaining facts on day care centres, the federal government can assist you by providing information through the National Day Care Information Centre.

This centre acts as a clearing house for available material on day care and early childhood development and gives persons and groups the opportunity to exchange ideas and information. A series of pamphlets, information kits, fact sheets and newsletters are available.

For more information and/or brochures and pamphlets, write to:

**National Day Care
Information Centre
Health and Welfare Canada
Brooke Claxton Building
Tunney's Pasture
Ottawa, Canada
K1A 1B5**

Family Planning

The federal government offers many publications on family planning to individuals, agencies, various levels of government and schools.

For more information, write to:

**Health Promotion Directorate
Health and Welfare Canada
Room 603 •
213 Notre Dame Avenue
Winnipeg, Manitoba
R3B 1N3**

Services for Senior Citizens

As Canadians, senior citizens can benefit from the numerous programs and services that the federal government offers to all citizens. In addition to these, there are other programs that exist specifically to meet the economic and social needs of senior citizens.

Old Age Security Benefits

All persons 65 or over, who are Canadian citizens or legal residents and who meet the residence requirements, are entitled to an Old Age Security pension.

The amount of the pension is tied to the consumer price index, with adjustments taking place every three months. However, if the cost of living drops, the amount of the pension will not be reduced. The pension is not paid automatically—you must apply for it.

You may also be entitled to a **Guaranteed Income Supplement**. This is a monthly payment added to your Old Age Security pension, provided you have little or no income other than your pension. Your spouse's income will be taken into consideration when the amount of the supplement is calculated.

Your spouse may receive a **Spouse's Allowance** if he or she is between 60 and 65 years of age and your combined incomes do not exceed a specified

amount. The conditions for acceptance are the same as for Old Age Security benefits.

For more information or application forms, write to:

**Old Age Security
Health and Welfare Canada
Dominion Government Building
1975 Scarth Street
Regina, Saskatchewan
S4P 3K4**

or consult your telephone directory for the district office nearest you.

Canada Pension Plan

The Canada Pension Plan (CPP) is a compulsory, contributory, social insurance program designed to help people in Canada build a better future for themselves and their families. The plan provides retirement, disability and survivors' benefits. The CPP applies to most of Canada's labour force. A few types of employment are not covered, and your CPP office can give you details on these exceptions.

You are entitled to a retirement pension if, at any time during your career, you made the required contributions to the CPP in at least one calendar year.

You can apply for this pension when you reach 65, whether you retire or not. Or, you may elect to contribute to the plan until you are 70 if this will increase

the amount of your eventual CPP pension. At that time you may take steps to start collecting your pension since you can no longer contribute. You may wish to obtain advice on your best course of action from your CPP office when your 65th birthday approaches.

If you become disabled before 65 and have contributed for the minimum qualifying period, you can receive a pension for yourself and your dependants until you recover. If someone who has contributed to CPP for the minimum qualifying period dies, a lump-sum death benefit will be paid to the estate and the contributor's spouse will receive a pension subject to certain conditions. In addition, children of the contributor will be paid benefits until they reach the age of 18 or up to 25 if they continue to attend school full-time.

The CPP provides that the pension credits earned by one or both spouses during their years of marriage may be divided equally between them if the marriage ends in divorce or legal annulment on or after January 1, 1978.

The minimum qualifying period differs according to the type of pension. Again, your CPP office can provide complete details.

All pensions and benefits are adjusted annually to reflect increases in the cost of living. You are entitled to benefits whether or not you live in Canada after your retirement.

International agreements on social security between Canada and other countries permit the co-ordination of the Old Age Security and Canada Pension Plan programs with the social security programs of those other countries. These agreements permit persons who have resided or worked in another country to combine their pension credits in both countries to meet minimum eligibility conditions set by either country.

For more information, write to:

**Canada Pension Plan
Health and Welfare Canada
Dominion Government Building
1975 Scarth Street
Regina, Saskatchewan
S4P 3K4**

or consult your telephone directory for the district office nearest you.

Unemployment Insurance at 65

When you reach age 65, you are no longer required to pay Unemployment Insurance premiums, and you are no longer eligible to collect regular Unemployment Insurance benefits. If you continue to work, your employer is obliged to stop deducting Unemployment Insurance premiums from your salary as of the first month after your 65th birthday.

There is a special one-time benefit available at age 65 to anyone who has worked and paid

Unemployment Insurance premiums for at least 20 weeks in the previous year. However, this benefit is not paid automatically; you must apply for it.

Details are included in the pamphlet, *UI and you: when you reach 65*, which is available along with application forms from all Canada Employment Centres.

New Horizons

New Horizons is a program intended for senior citizens who want to participate more actively in community life.

With federal government cash grants and a minimum of red tape, projects embracing a wide range of activities have been made possible. Some projects already undertaken fall under the following categories: activity or drop-in centres, community services, crafts and hobbies, historical, cultural and educational activities, information services, sports and recreation.

To be eligible for a grant, you must belong to a group with no fewer than 10 volunteers who serve as directors of the project. The majority of the directors must be retired from the labour force, and be prepared to take charge of the direction and management of the project.

If you have a project in mind or would like more information, contact:

**New Horizons
Health and Welfare Canada
4th Floor
Dominion Government Building
1975 Scarth Street
Regina, Saskatchewan
S4P 3K4**

Reduced Travel Fares

Under the rate structures authorized by the Canadian Transport Commission, senior citizens (65 and older) can travel in Canada at reduced fares.

Discounts are offered by a number of airlines and by Via Rail Canada. The reduction is approximately 25 per cent on domestic flights, and reservations can be made in advance. (At some periods of the year even greater discounts are available to the general public.) For travel by rail, the discount is about 33 per cent.

Since the policy on fare reductions may change periodically, it is best to check with your nearest airline or Via Rail office, or a travel agent when planning your trip.

Services for Veterans

In recognition of their contributions, the Government of Canada provides many important services to veterans of our Armed Forces and their families.

These services include the War Veterans Allowance and the Civilian War Allowances. As a recipient of either of these allowances you may also receive medical coverage, which includes drugs, dental care and eye glasses. Additional assistance may be awarded for emergencies or unexpected contingencies.

Training assistance and counselling for veterans experiencing problems of adjustment to changing social and economic conditions are also available.

For more information, write to:

**Veterans Affairs Canada
2nd Floor
Motherwell Building
1901 Victoria Avenue
Regina, Saskatchewan
S4P 3R4**

**Veterans Affairs Canada
Room 506
Federal Building
1st Avenue and 22nd Street E.
Saskatoon, Saskatchewan
S7K 0E6**

Other services are the disability pension, medical treatment for the disabled pensioner and special allowances.

For more details, write:

**Canadian Pension Commission
Motherwell Building
1901 Victoria Avenue
Regina, Saskatchewan
S4P 3R4**

**Canadian Pension Commission
Federal Building
1st Avenue and 22nd Street E.
Saskatoon, Saskatchewan
S7K 0E6**

Production of Food and Non-Food Items

All of us have no doubt read or heard of a tragedy resulting from food poisoning or the use of a particular drug.

One aim of the federal government is to eliminate health hazards so Canadians can live in a healthy physical environment and have access to safe and effective health support products. Through regular inspections of establishments and examination of products, the government attempts to ensure that industry complies with federal standards concerning the production of foods, drugs, cosmetics, medical devices and radiation-emitting devices.

You can help by advising federal officials if you feel the safety of a product is questionable.

To request information or lodge a complaint, write to:

**Educational Services
Health Protection Branch
Health and Welfare Canada
310 Federal Building
Main and Water Streets
Winnipeg, Manitoba
R3C 1B2**

Welfare Grants

To promote improvements in welfare services and self-help activities, the government provides financial assistance, consultation, information and advice to governmental and non-governmental agencies, including citizens' organizations, for short-term research and other project activities. Funds are also available to individuals for advanced studies in social work. Some research activities that have been funded by the government include new projects directed toward the aged, separation counselling and rehabilitation programs.

For more information on grants, write to:

**The Director
National Welfare Grants
Health and Welfare Canada
Brooke Claxton Building
Tunney's Pasture
Ottawa, Canada
K1A 1B5**

Other Social Programs

All provinces and territories have programs that provide for social assistance to persons in need and their dependants. In addition to items of basic need, assistance may include items of special need, non-insured health care services and care in homes for those requiring special care. Provision is made for social welfare services such as home-maker services, day care, community development, counselling and rehabilitation. Provinces and territories are responsible for the administration of their programs.

The federal government's role is of a consultative and financial nature and, through the Canada Assistance Plan, it contributes approximately 50 per cent of the costs of providing assistance and welfare services to eligible persons. The federal government also shares in the costs of providing a comprehensive vocational rehabilitation program for persons who are unable, because of a physical or mental disability, to pursue a regular gainful occupation. It is called the Vocational Rehabilitation of Disabled Persons.

For more information, write:

**Canada Assistance Plan
Social Services Programs
Branch
Health and Welfare Canada
Brooke Claxton Building
Tunney's Pasture
Ottawa, Canada
K1A 1B5**

Human Rights

If you believe you have been discriminated against by a federal government department or agency or an employer under federal jurisdiction, the Canadian Human Rights Commission can help. Discrimination is prohibited on the following grounds: race, national or ethnic origin, colour, religion, age, sex, marital status, the fact that a person was convicted of an offence for which a pardon has been granted and, where employment is involved, the fact that a person has a physical handicap.

To receive more information or to lodge a complaint, contact:

**Canadian Human Rights
Commission
Prairie Region
Room 211
Dayton Building
Winnipeg, Manitoba
R3B 2C1**

or you may call collect (204)
949-2189.

“Visual Ear” number for hearing-impaired: call collect (613)
996-5211.

Publications: Matters Relating to Welfare

Many matters relating to the welfare of Canadians are covered in publications available from the National Council of Welfare. These include the fol-

lowing topics: the economic and social problems faced by one-parent families, children living in poverty and the consequences for their health, education and life prospects, nutritional needs of infants, children and pregnant women, and an examination of the way in which Canada's newspapers cover the subject of poverty.

To receive publications on the above-mentioned subjects or if you would like a list of other available publications, write to:

**National Council of Welfare
Health and Welfare Canada
Brooke Claxton Building
Tunney's Pasture
Ottawa, Canada
K1A 0K9**

Search and Rescue

A fishing vessel is in trouble. An aircraft is missing en route to its destination. A pleasure boater is overdue. A survey party in the Far North has not been heard from for two weeks.

The national Search and Rescue (SAR) service is ready to go into action in cases like these. It is co-ordinated by the Department of National Defence (DND) with help from the Department of Fisheries and Oceans (DFO) and the Canadian Coast Guard (CCG).

As well, there is the Canadian Marine Rescue Auxiliary, made up of some 1,000 volunteer fish-

ermen and recreational boaters who respond to distress calls and offer their services as part of the SAR co-ordinated service.

For more information, write to:

**Office of Information
Department of National Defence
CFB Winnipeg
Westwin, Manitoba
R2R 0T0**

Northern Programs

Indian and Northern Affairs Canada is responsible for administering federal statutes respecting the Northwest Territories and Yukon Territory, and for co-ordinating federal activities north of 60 degrees latitude, particularly those concerning northern resource development, the administration of Indian and Inuit affairs, and the protection of the northern environment.

For additional information, write to:

**Public Communications
Northern Affairs Program
Indian and Northern Affairs
Canada
Ottawa, Canada
K1A 0H4**

Services for Native People

Indian and Northern Affairs Canada is responsible for meeting statutory obligations to Indians registered under the Indian

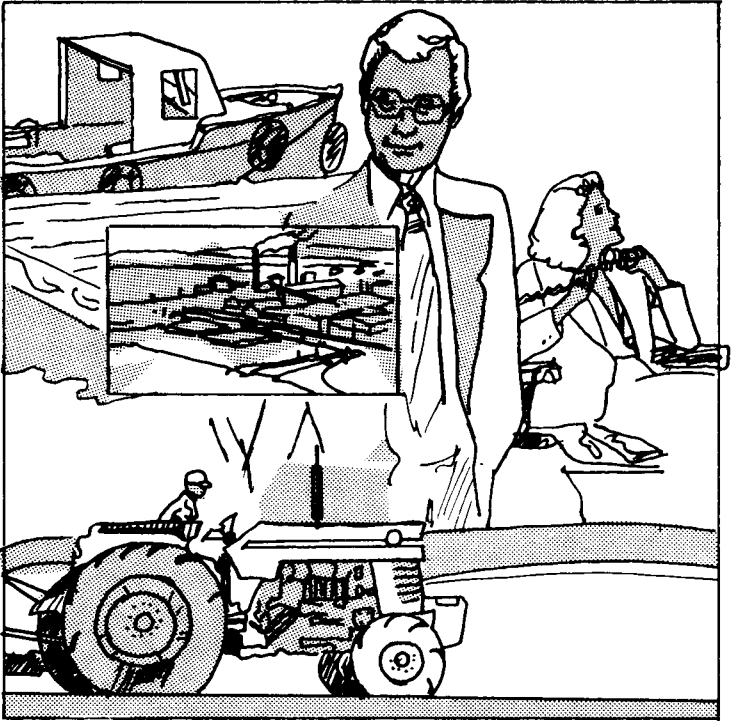
Act (status Indians), and for the delivery of programs approved specifically for them. It also has the lead role, on behalf of the government, in the negotiation and settlement of native land claims across the country.

For additional information, write to:

**Public Information Advisor
Indian and Inuit Affairs
Program
Indian and Northern Affairs
Canada
2332-11th Avenue
Regina, Saskatchewan
S4P 2G7**

**Public Communications
Indian and Inuit Affairs
Program
Indian and Northern Affairs
Canada
Ottawa, Canada
K1A 0H4**

**Public Communications
Office of Native Claims
Indian and Northern Affairs
Canada
Ottawa, Canada
K1A 0H4**



Economic Development

The Government of Canada is committed to promoting economic development in every region of the country, and to ensuring that all Canadians share in the benefits. This commitment is reflected in a host of services offered to business concerns, large and small, in programs that span the horizon from assistance for farmers and fishermen to the upgrading of the country's transportation system, the development of natural resources and the search for expanded markets abroad. Some of those federal programs and services are described briefly in this section.

Agriculture

Rich farmland, in abundance: that's what attracted the pioneer settlers who opened up the new territories that are now Manitoba, Saskatchewan and Alberta.

And as it was in the early days, agriculture continues to be a mainstay of the Western economy. Recognizing the vital role of this basic industry in all regions of the country, the Government of Canada offers a wide variety of services to farmers, ranchers and food processors. The combined purpose of these services is to ensure fair returns to producers and processors, while helping to supply Canadians with safe, nutritious foods at reasonable prices.

Canadian Wheat Board

The wheat board was a Prairie idea that grew out of the Great Depression, when farmers and government recognized the need to introduce some stability to the chaos of grain marketing.

Established in 1935, the board is the sole marketing agency for export sales of wheat, oats and barley grown on the Prairies, and it also markets these grains domestically.

Approximately 145,000 farmers in Alberta, Saskatchewan and Manitoba rely on the board as the sales agent for their grain, and share in the benefits of pooling returns.

By direct negotiation with foreign buyers or through private companies acting as agents, the Canadian Wheat Board administers the world's second largest wheat export sales program. As an earner of foreign exchange, it is Canada's fourth largest, with export income of more than \$5.5 billion.

For more information, write to:

Canadian Wheat Board
423 Main Street
Winnipeg, Manitoba
R3C 2P5

Moving the Grain

Under a variety of programs and through several agencies, the Government of Canada is helping to ensure that Western grain gets to market.

Transport Canada and the Canadian Wheat Board have been purchasing hopper cars for a total investment of \$87 million since 1973, and older cars have been rehabilitated on a 50-50 shared-cost basis with the railways.

The Canadian Transport Commission pays subsidies to keep a significant part of the Prairie branch line system operating. Heavy investments have been made to upgrade grain handling and storage facilities at Churchill, Man., Vancouver and Montreal, and there are plans for a 200,000-tonne grain terminal at Prince Rupert, B.C.

In 1979, the federal government established the Grain Transportation Authority, with a mandate to improve the efficiency and performance of the whole system. Among other things, the agency is responsible for allocating rail cars. Its target is an increase in exports of 50 per cent (to 30 million tonnes) by 1985.

For more information on the Grain Transportation Authority, write to:

Grain Transportation Authority
135 Lombard Avenue
Winnipeg, Manitoba
R3B 0T4

Canadian Grain Commission

Under the direction of three appointed commissioners, the Canadian Grain Commission (CGC) administers the Canadian Grain Act from headquarters at Winnipeg. There are as well five assistant commissioners at Winnipeg, Regina, Saskatoon, Calgary and Harrow, Ontario.

Commission offices are located in 18 centres across Canada, with a total staff of around 900.

The CGC is responsible for inspection, grading and weighing of grain across Canada. There is also a Grain Appeal Tribunal, which examines claims concerning grades assigned by inspectors to samples of grain.

Another responsibility is the scheduling of "producer cars" (rail cars loaded directly by

farmers as an alternative to shipping through elevators). The practice accounts for a very small proportion of grain car loadings (about 1 per cent) but is growing.

The commission also operates a Grain Research Laboratory, which is the major Canadian centre for research on the quality of cereal grains and oilseeds. There is as well an economic and statistics division, which gathers information and publishes statistics on various aspects of the industry, among other functions.

For more information on the Canadian Grain Commission, consult your telephone directory for the office nearest you, or write to:

Canadian Grain Commission
Room 600
303 Main Street
Winnipeg, Manitoba
R3C 3G8

Western Grain Stabilization Program

The Western Grain Stabilization Program was designed to protect Prairie grain growers from fluctuating prices. It is a joint producer-federal government program covering wheat, barley, oats, flax, rapeseed and mustard seed grown in the designated area.

For each dollar contributed by a farmer, the federal government pays two dollars. In years when

total grain receipts are below average, growers who participate in the plan share in a payment to make up the shortfall.

For more information, write to:

**Western Grain Stabilization
Administration**
935-303 Main Street
Winnipeg, Manitoba
R3C 3H5

**Prairie Farm Rehabilitation
Administration (PFRA)**

In 1935, Parliament passed the Prairie Farm Rehabilitation Act as a temporary measure to help farmers combat the drought and soil-drifting of that decade.

When the drought persisted through the 1930s the life of the act was extended indefinitely. Today PFRA continues to deliver important services to Western agriculture.

Among other activities, PFRA operates a system of community pastures, administers water development programs and has undertaken major projects such as the design and construction of the Gardiner Dam in Saskatchewan.

At the end of 1981, PFRA had invested more than \$722 million in water conservation projects, tree culture, improved farming methods, soil conservation, community pastures and Agricultural Service Centres to help farmers and ranchers in Manitoba, Saskatchewan and Alberta.

For more information, write to:

**Director General
PFRA**
401 Motherwell Building
1901 Victoria Avenue
Regina, Saskatchewan
S4P 0R5

**Farm Credit Corporation
Canada**

The federal government established the Farm Credit Corporation Canada (FCC) to help Canadian farmers, and those wishing to become farmers, purchase, develop and maintain sound farm businesses. Assistance is provided in the form of long-term mortgage credit.

Loans may be made to farmers individually or jointly and to farming corporations or co-operative farm associations.

The maximum loan to a single farm business is \$200,000 when there is one qualifying applicant and \$400,000 when there is more than one qualifying applicant. A borrower may take a maximum of 30 years to repay a loan and the interest rate set when the loan is made does not change during the life of the loan.

Loan funds may be used to purchase farm land, erect farm buildings, purchase farm equipment and breeding stock, pay debts or for any purpose that will promote the efficient operation of the farm.

An application for a loan should be made at your local FCC office. For the name and location of the credit advisor in your area, please write to:

Farm Credit Corporation
500 South Broad Plaza
2045 Broad Street
Regina, Saskatchewan
S4P 2B7

Agricultural Stabilization Board

The federal government, by statute, has provided for price stabilization to help the farmer realize a fair return for both his work and his financial investment. It also wants to maintain a balance between the market price and the cost of supplies and services to the farmer.

The government ensures the support of prices for nine commodities: cattle, pigs, sheep, industrial milk and cream, corn, soybeans, oats and barley. The support prices represent 90 per cent of the average market price during the previous five years and are indexed according to fluctuating production costs. Other products can be "designated" at the discretion of Agriculture Canada.

More information is available from:

Agricultural Stabilization Board
Sir John Carling Building
Ottawa, Canada
K1A 0C5

Crop Insurance

With assistance from the Government of Canada, all-risk crop insurance is available to farmers in all 10 provinces to protect them from losses caused by natural hazards such as hail, drought, grasshoppers or a killing frost. The federal government makes financial contributions to all crop insurance plans that are approved and administered by the provinces.

Financial arrangements vary across the country, but in the four Western provinces the federal government and participating farmers each pay 50 per cent of the premium. The provinces pay for administration, which accounts for only a small percentage of total costs. It is up to individual farmers to decide whether they want coverage.

More information may be obtained from your provincial department of agriculture, or by writing to:

Crop Insurance
Crop Production Division
Agriculture Canada
Sir John Carling Building
Ottawa, Canada
K1A 0C5

Agri-Food Development

Agri-Food Development offices have been established in each province by Agriculture Canada. These offices maintain a close contact with provincial governments and non-governmental

organizations. The Agri-Food Development personnel help to ensure that Agriculture Canada's programs are responsive to local needs and potential. They work with regional officials to develop an agriculture and food strategy for each province.

For more information, write:

**Agriculture and Food
Development
Regional Directorate
Agriculture Canada
101-2050 Cornwall Street
Regina, Saskatchewan
S4P 2K5**

Food Production and Inspection

The Food Production and Inspection Branch of Agriculture Canada is responsible for health of animals and the inspection and grading of livestock, meat, poultry, dairy products, fruits and vegetables. Federal scientists direct extensive research into animal disease; there are control programs to eliminate infectious ailments among animals and to prevent infected animals coming in from foreign countries. Federal veterinary agents and agrologists in the field advise and assist farmers. The production development arm of the branch generally promotes more efficient animal and crop production, helping producers to gain a better return on their investment. The branch is also responsible for controlling plant diseases, inspection and grading of seeds, and regulating the use of fertilizers, pesticides and herbicides.

Additional information is available by writing to:

**Food Production and
Inspection Branch
Agriculture Canada
Motherwell Building
1901 Victoria Avenue
Regina, Saskatchewan
S4P 3R4**

Agricultural Fairs and Exhibitions

Agricultural societies can receive contributions from the federal government for approved fairs and exhibitions.

These monies may be used to defray the judges' honoraria, cover the cost of certain rural youth activities, pay for approved property improvements, and serve as prize money for livestock competitions.

For more information, write to:

**Animal Production Division
Agriculture Canada
Sir John Carling Building
Ottawa, Canada
K1A 0C5**

Marketing Services

Agriculture Canada also provides various daily, weekly and monthly market information services to the public. Up-to-date market information is available by calling (613) 995-5880.

Agriculture Canada offers producers advance payments for storable crops, and provides con-

struction assistance for certain grain elevator construction programs. Through the Fruit and Vegetable Storage Construction Financial Assistance Program, funds are available to expand cold storage facilities for horticultural products.

For more information, contact:

**Marketing and Economics
Branch
Agriculture Canada
7th Floor
Sir John Carling Building
Ottawa, Canada
K1A 0C5**

Research

At 50 research establishments across Canada, more than 700 Agriculture Canada scientists are at work on the current and future problems of the agriculture and food industry. Research carried out covers every aspect of the industry and in many ways has been responsible for developing Canada's position as a major food producer and exporter.

For more information contact:

**Director General
Western Region
Research Branch
Agriculture Canada
101-22nd Street East
P.O. Box 9241
Saskatoon, Saskatchewan
S7K 3X5**

Publications

Agriculture Canada offers many publications containing useful information of interest not only to farmers but also to the general public.

The farmer may like to consult those publications concerned with

- farm management
- crop and livestock production
- market reports.

Publications useful in and around the home cover such topics as

- canning fruits and vegetables
- freezing foods
- preparation of meat
- growing trees in Canadian gardens.

If you would like a list of available publications, Agriculture Canada will be happy to send you one. Write to:

**Communications Branch
Agriculture Canada
Sir John Carling Building
Ottawa, Canada
K1A 0C7**

and ask for publication 5103, *Publications for Farm and Home*.

Fisheries

Freshwater Fishing

Freshwater fisheries contribute significantly to the economy of communities on Canada's inland waters and add variety to the range of food products available to consumers.

In 1980, waters of the Prairie provinces, Northwest Territories and Northwestern Ontario produced more than 26,000 tonnes of fish worth around \$19.4 million.

The inland industry's success is due in part to activities of the federal Freshwater Fish Marketing Corporation, which buys and markets the fish caught from inland waters of the Prairies, the North and Northwestern Ontario.

The corporation was established by the Government of Canada in 1969 at the request of the Prairie provinces. In addition to its other activities, it has carried out major market development in the United States and Europe, and has a program to encourage improvement of quality.

For more information, write to :

**Government of Canada
Fisheries and Oceans
Freshwater Institute
501 University Crescent
Winnipeg, Manitoba
R3T 2N6**

**Freshwater Fish Marketing
Corporation
1199 Plessis Road
Winnipeg, Manitoba
R2C 3L4**

Services for Fishermen

For years, the oceans off Canada's coasts provided a rich harvest in seemingly endless abundance.

However, massive fishing operations by foreign fleets, particularly off the Atlantic coast, had serious effects on the Canadian fishing industry. The fish stocks were exploited so intensively that some species were severely threatened.

With the introduction by Canada in 1977 of 200-mile exclusive fishing zones off both East and West coasts, the federal government has been in a position to manage the coastal fisheries in a much more effective manner. Foreign fishing has been drastically cut back and conservation measures imposed to allow depleted fish stocks to recover.

In addition to efforts to increase the amount of fish available for harvesting and ensure equitable sharing of the resource among competing users, the federal government offers a number of services for the direct benefit of fishermen.

These include the Fisheries Improvement Loans, a government-backed program to assist fishermen who wish to purchase new vessels or make improvements to ones they already own; a fishing vessel construction subsidy program to give financial aid to fishermen who qualify under certain criteria, and a government-operated low-cost vessel insurance plan for fishermen.

Under the Fisheries Development Act, the Department of Fisheries and Oceans initiates

various programs to improve the efficiency and profitability of the fishing industry, such as demonstrating improved catching gear and methods, more efficient storage and refrigeration of the catch, and better processing methods in the shore plants.

On the marketing side, the department is actively engaged in promoting the consumption of fish by such means as cooking demonstrations and development of new recipes, and is aggressively seeking market opportunities for Canadian fish products abroad.

The Fisheries Prices Support Board develops price stabilization programs designed to protect fishermen against sharp declines in fish prices, and consequent loss in income due to causes beyond their control.

For information on other services offered by the federal government, consult your telephone directory for the Fisheries and Oceans office in your area, or write to:

**Communications Branch
Government of Canada
Fisheries and Oceans
7th Floor West
240 Sparks Street
Ottawa, Canada
K1A 0E6**

Another service of the federal government is the payment of special year-round or seasonal Unemployment Insurance benefits to fishermen. These benefits

are explained in a small booklet entitled *Fishing isn't just another job*, which can be obtained by writing to:

**Public Affairs
Employment and Immigration
Canada
Room 800
Financial Building
2101 Scarth Street
Regina, Saskatchewan
S4P 2H9**

Services for Employers

Canada Employment Centres

Approximately 500 Canada Employment Centres (CECs) across the country can assist in your search for qualified personnel. You can submit a list of vacant positions with a brief job description of each, and a CEC representative will direct candidates, with the appropriate qualifications, to you.

Also at the CEC, the National Job Bank, through its unique telephone-computer combination, can give you rapid access to qualified workers from coast to coast and the Metropolitan Order Processing System (MOPS) can provide you with immediate city-wide information about available skilled workers.

After you hire your staff, the CEC will help set up training programs for them. Reimbursement for direct training costs and trainee wages is available through the Canada Manpower

Industrial Training Program. Representatives can also provide you with up-to-date facts and figures on the job market as well as help you plan future staff needs and cope with change.

There are many brochures and pamphlets available that may be of interest to you. These include *Canada Manpower Training Program*, *Canada Manpower Industrial Training Program*, *Critical Trade Skills Training*, *What employers can expect from employment counsellors* and *Helping Employers Build a Future with People*. They can be obtained from your local CEC or by writing to:

**Public Affairs
Employment and Immigration
Canada
Financial Building
2101 Scarth Street
Regina, Saskatchewan
S4P 2H9**

If you have questions regarding a particular program or service, contact your local Canada Employment Centre.

(See also Work—Workers and Jobs—Creating Jobs)

Helping Business and Industry

The development, expansion and productivity of domestic manufacturing and processing industries are necessary to economic

development. Recognizing this, the government concerns itself with providing consultative services, relevant information, and, under certain circumstances, financial assistance to small businesses as well as large.

Counselling Assistance

The federal government provides management counselling to the owners and managers of businesses, particularly those of small size, to enable them to receive sound business advice at nominal cost. Through the Counselling Assistance to Small Enterprises (CASE) program, you can discuss your particular problems and look into new ideas with retired business persons acting as management consultants. For more information on this program, contact:

**Counselling Assistance
to Small Enterprises
Federal Business
Development Bank
320 Bank of Canada Building
2220-12th Avenue
Regina, Saskatchewan
S4P 0M8**

Business Information

Information on all federal programs and services affecting the business community is available from the Business Information Centres. These centres, located across Canada, have been established to respond to the business community's need for a single point of contact for government

information. The Saskatchewan centre is located at the following address:

**Saskatchewan Regional Office
Government of Canada
Industry, Trade and Commerce
Room 980
2002 Victoria Avenue
Regina, Saskatchewan
S4P 0R7**

The Department of Industry, Trade and Commerce has incentive and development programs designed to help the Canadian business community gain a competitive edge in the world marketplace.

The department's staff, in Ottawa, the 11 regional offices and 90 posts in 64 countries, is available to you through the regional office in Regina or the Business Centre in Ottawa.

It serves as a central point of contact for business people seeking information about the whole range of business-oriented federal programs and services. There is not room to describe them all here but two for which you may like to seek additional information are the Small Business Loans Act and the Enterprise Development Program.

The centre produces and distributes a monthly *New Products Bulletin*, which informs Canadian industry of licensing and joint venture opportunities.

The *Doing Business in Canada* series is updated, published and

distributed by the Business Centre. Titles in this series are:

- *The Business Environment*
- *Forms of Business Organization*
- *Canadian Customs Duties*
- *Taxation — Income, Business, Property*
- *Taxation — Sales, Excise, Commodity*
- *Labour Legislation*
- *Construction and Equipment Standards*
- *Federal Incentives to Industry*
- *Patents, Trade Marks, Industrial Designs and Copyrights*
- *Financing Canadian Industries.*

You can reach the main centre in Ottawa by calling Zenith 0-3200, a toll-free number available from 9 a.m. to 5 p.m. in every Canadian time zone, from Monday to Friday, or you can write to:

**The Business Centre (34/2)
Government of Canada
Industry, Trade and Commerce
Level 01 (centre area)
235 Queen Street
Ottawa, Canada
K1A 0H5**

Enterprise Development Incentives

The overall objective of the Department of Industry, Trade and Commerce's Enterprise Development Program (EDP) is to assist the growth of the manufacturing and processing sectors of the Canadian economy by providing aid to select firms to

make them more viable and internationally competitive.

EDP fosters innovation in the design and development of new or improved products or processes and thus assists companies to adjust to changing competitive circumstances. The program focuses on small and medium-sized companies prepared to take on relatively high risk projects that appear viable and promise attractive rates of return. EDP can make contributions up to 75 per cent of eligible costs.

For further information on the Enterprise Development Program or other special assistance programs such as Defence Industry Productivity Program (DIPP), Machinery Program (MACH), Fashion Design Assistance Program (FDAP), Cost Recoverable Technical Assistance Program (CRTA), and Micro-electronics Support Program (MSP), please contact:

**Saskatchewan Regional Office
Government of Canada
Industry, Trade and Commerce
Room 980-2002 Victoria
Avenue
Regina, Saskatchewan
S4P 0R7**

Statistics

Statistics Canada is the country's largest producer and distributor of statistical data, providing information on almost every type of economic and social activity in Canada. Much

of the basic data collection work required to produce these figures is directed from Statistics Canada's regional offices.

Through local Advisory Services staff, Statistics Canada can provide the general public and persons in business, government, the news media, labour organizations and educational institutions with a variety of user services, many of which are provided on a cost-recovery basis and involve a nominal charge. The user services include answering requests for statistical data, taking orders for all Statistics Canada publications, providing visitors with study areas and copying facilities, distributing booklets on finding and using statistics, and advising on all aspects of information gathering.

If it should be inconvenient to contact the local office, users may be able to refer to Statistics Canada publications at the local public library or an educational library in the area.

For more information, please write to:

**Advisory Services
Statistics Canada
530 Midtown Centre
Regina, Saskatchewan
S4P 2B6**

Federal Business Development Bank (FBDB)

FBDB assists in the creation and growth of business enterprises across Canada by providing

them with financial and management services. It supplements such services available from others and gives particular attention to the needs of smaller businesses.

FBDB offers management counselling, which supplements such services as may be available in the private sector. Its purpose is to assist owners and managers of business enterprises, particularly smaller ones, in improving their methods of doing business at a moderate cost.

FBDB also offers an inquiry and referral service geared specifically to the needs of small businesses. Also available from the FBDB is a series of booklets called *Minding Your Own Business*, covering many aspects of small business management, *Small Business News*, a quarterly bulletin on business developments and *Profits*, a business newspaper published periodically.

If you would like to receive these booklets or more information on the FBDB Small Business Information Service, write:

**Federal Business
Development Bank
320 Bank of Canada Building
2220-12th Avenue
Regina, Saskatchewan
S4P 0M8**

or consult your telephone directory for the FBDB office nearest you.

Regional Development Subsidies

Economic wealth and natural resources have not been spread evenly across our country. This has resulted in regional disparity that is of real concern to the federal government. To generate a balanced economic growth and more employment opportunities in all regions of Canada, the government offers incentives to business and industry to undertake projects in designated slow-growth regions. These areas comprise the Atlantic provinces, the Northwest Territories, the Yukon, Manitoba, Saskatchewan, parts of Ontario, Alberta and British Columbia and most of Quebec.

If you are establishing new manufacturing or processing facilities or expanding or modernizing an existing plant in a slow-growth area, you may be eligible for a cash grant or loan guarantee. You don't have to be big to qualify—a project with capital costs as low as \$5,000 may be eligible if it creates at least five new jobs. Projects approved have included small feed mills, large steel mills, and plants to process lobster and frozen French fries.

For more information, write to one of the following addresses:

**Incentives Program
Government of Canada
Regional Economic Expansion
1955 Smith Street
4th Floor
Regina, Saskatchewan
S4P 2N8**

**Incentives Program
Government of Canada
Regional Economic Expansion
P.O. Box 2407
Prince Albert, Saskatchewan
S6V 7G3**

Markets Abroad

It's not really difficult to sell your products in foreign markets. In fact, it is probably much easier than most Canadian business owners think. The government, through its many programs and services, can help you find the easiest ways to cash in on export opportunities.

Promotional Projects

Participation in trade fairs is one way of promoting your product in overseas markets. The government sponsors and organizes such participation by Canadian firms and can provide complete exhibition services that include the design, construction and operation of the exhibition booth, the cost of which is shared with the participants.

Export Market Development

If you have a project that you cannot undertake without finan-

cial assistance, you may be eligible for subsidies from the federal government through the Program for Export Market Development (PEMD). This program encourages and helps Canadian companies to enter new export markets and to undertake additional export development. Incentives are in the form of financial contributions where there is a need to share the risk.

Contributions are repayable only if export sales are achieved.

Trade Commissioner Service

The Trade Commissioner Service strives to promote Canadian exports and to protect Canadian commercial interests abroad. As well, it can provide you with information on a country's economy, markets and credit system. In 1981 the service's network of 91 offices in 67 countries responded to 118,282 export inquiries and received 26,000 Canadian visitors.

Information

The government's trade promotion programs are open to all Canadian companies, large and small, that have export capability and are interested in expanding their markets. If you would like additional information on these programs as well as other services related to participating in markets abroad, contact:

**Government of Canada
Industry, Trade and Commerce
2002 Victoria Avenue
Regina, Saskatchewan
S4P 0R7**

**The Business Centre (34/2)
Government of Canada
Industry, Trade and Commerce
Level 01 (centre area)
235 Queen Street
Ottawa, Canada
K1A 0H5**

or telephone Zenith 0-3200.

For information on exports to
developing countries, contact:

**Canadian International
Development Agency
200 Promenade du Portage
Hull, Quebec
K1A 0G4**



Work

An important aspect of our daily life is work. Work represents both an individual's livelihood and the overall productivity and prosperity of the Canadian economy. The federal government recognizes this by offering many services and programs to the employed, the unemployed and the employer.

Workers and Jobs

Canada Employment Centres (Employment Services)

There is a cross-country network of approximately 500 CECs offering both employers and workers a wide variety of programs and services. These include information on available jobs, counselling for job-seekers regarding employment and related matters, including how to look for a job, counselling for the disadvantaged and special need groups, aptitude testing, specialized services to students, and intensive efforts to help Unemployment Insurance (UI) claimants find employment. The typical CEC has a Job Information Centre (JIC) where workers can make job choices from openly displayed job cards or listings and then contact a counsellor. Since a majority of workers want only information about job vacancies, this concept of self-service has now become an integral part of the CEC operation.

Canada Employment Centres are linked together through the National Job Bank, a unique telephone-computer combination, which provides employers with rapid access to qualified personnel across Canada and provides workers with up-to-the-minute information on job openings coast-to-coast.

In addition to the rapid matching of workers and jobs, the job bank is an excellent source of

labour market information. It is also capable of producing specialized job listings that could bring employers and workers together within a particular trade or profession.

CECs can also provide, in several of Canada's largest metropolitan centres, immediate city-wide job information through the computerized Metropolitan Order Processing System (MOPS).

Creating Jobs

The federal government operates programs designed to encourage potential employers to create jobs and thus reduce the number of unemployed.

The Local Employment Assistance Program (LEAP) supports projects that create employment for people who would otherwise be unlikely to find work. LEAP projects, which can be funded for up to three and one-half years, should raise the level of work skills of socially disadvantaged and chronically unemployed people.

The Summer Youth Employment Program is a two-stream program involving federal departments and agencies, as well as the private sector and voluntary organizations. Details can be obtained from all CECs and CECs for Students.

The New Technology Employment Program offers young people qualified in technical areas the opportunity to use

their skills to advance the development and application of new technology. This program is designed to provide jobs for post-secondary graduates trained in scientific and technical areas who are unemployed, to develop innovations in manufacturing and in the application of conservation and alternate energy techniques and programs, and to support small scale entrepreneurial initiatives in these areas.

Small private sector firms, individuals, associations, research institutes and community organizations creating additional employment in approved activities will be eligible for a contribution of three-quarters of wages paid (up to \$1,250) for up to 12 months.

To be eligible to work under this program, a person must be a post-secondary school graduate in a scientific or technical field, have recently entered the labour force and been unable to find work in his or her discipline.

The Program for the Employment-Disadvantaged is a major experimental program of wage subsidies to help the private sector hire physically and mentally handicapped persons and others who are at a serious disadvantage in securing employment.

There are three phases to the assistance offered employers. In the first phase of up to 13 weeks duration, the program will pay

85 per cent of gross wages for all eligible workers. In the second phase, the wages of handicapped persons can be subsidized at 50 per cent for up to 26 weeks. In the third phase, the wages of handicapped employees can be subsidized at 25 per cent for up to 26 weeks, and for other employment-disadvantaged at 25 per cent for up to 13 weeks.

In addition to the wage subsidy, up to \$5,000 per business establishment may be provided for restructuring the workplace or toward the cost of acquiring special equipment to accommodate handicapped workers. A further \$100 per worker may be available for the purchase of protective clothing.

Canada Community Development Projects is a program designed to support local organizations in the development and management of activities that will create short-term employment opportunities.

Proposals for this program should demonstrate that they will create new jobs at the time of highest unemployment in the area in which they operate and the activities undertaken should provide employment in specific types of activity generally supportive of national and regional priorities.

Criteria for the program may vary from year to year and potential sponsors should inquire at their local Canada Employment Centre for full details.

Applications are generally solicited in late summer and early fall.

The Canada Community Services Projects (CCSP) program supports organizations that create jobs, particularly for women, natives, young people and the disabled, in established non-profit organizations. The program aims to help organizations provide needed community services such as day care, community health care, crisis and information services, and home care services. Organizations may apply for funding for periods of up to one, two or three years. Proposals for more than one year will be subject to a diminishing funding formula (66 and 33 per cent of first-year support in years two and three). Persons in jobs supported by the program are referred by CECs and will have been unemployed and actively seeking work for eight weeks.

The Outreach Program funds projects that extend employment services to remote communities and to people with particular difficulty finding and keeping jobs, including those returning to the work force after prolonged periods of absence, natives, disabled persons, prison inmates, ex-inmates and older workers. Outreach projects are initiated by CEC managers and are developed in conjunction with local community groups, which sponsor the projects. Outreach project workers develop innova-

tive and effective ways to improve the job prospects of unemployed and disadvantaged men and women.

These are just some of the programs developed by the federal government to increase employment opportunities. Contact your local CEC for information on other job-creation programs.

Mobility of Workers

The government wants to ensure that workers whose skills are not needed in their home areas can respond to job opportunities in other parts of the country. People who are under-employed, unemployed or about to become unemployed may be eligible for financial assistance, through the Canada Manpower Mobility Program, when they travel in search of employment, accept temporary work elsewhere or relocate for permanent jobs. Assistance covering some of the costs of travel is also available to persons attending a Canada Manpower Training Program course at a school located outside their home area.

Manpower Training Program

The objective of the Canada Manpower Training Program is to help adults acquire the skills needed for better-paying, steadier and more satisfying jobs, and to provide the skilled workers needed by Canadian employers. The government supports training in two ways. The first approach is to purchase institu-

tional training courses from colleges and vocational schools, most of which are operated by provincial authorities. Enrolment is through CECs. Full-time trainees receive a training allowance or Unemployment Insurance (UI) benefits and may be eligible for commuting or living-away-from-home allowances. The second approach is to enter into a contract with an employer to assist in the training of employees. Under such contracts, the Canada Manpower Industrial Training Program reimburses the employer for the direct cost of training and for a portion of trainee wages.

Training of Women in Non-Traditional Jobs

To help women enter occupations traditionally dominated by men, employers are reimbursed 75 per cent of the wages paid the women while they are being trained for non-traditional jobs. These include such occupations as sheet-metal work and aircraft fabrication and assembly.

Women can take advantage of pre-trades training courses that provide the opportunity to choose from a wide variety of trades for which further training and job prospects exist.

There are also introductory courses for occupations that are traditionally male-dominated. Spaces are reserved for women in skilled trades training courses under the Canada Manpower Training Program and goals are

set for the number of women to be trained by employers under the Canada Manpower Industrial Training Program.

Canada Employment Centres (Unemployment Insurance)

Most workers in Canada are covered by Unemployment Insurance. When they are temporarily out of work, people have the right to apply for UI benefits to help pay the bills and buy the things they need.

Unemployment Insurance benefits are not automatic. To qualify, you must have worked a certain number of weeks and you must be looking for another job. The number of weeks of insurable employment one needs varies from 10 to 14 weeks depending on the rate of unemployment in the region in which you normally live. These weeks must fall in the last 52 weeks or since the start of your last claim for benefits. This is called your qualifying period.

There are additional requirements for some UI claimants. Generally, people who apply for the second time in 52 weeks may have to work up to six weeks longer than those claiming for the first time. The number of extra weeks required would depend on how many weeks of UI benefits they received the first time. People who enter the labour force for the first time or after an absence of more than one year would also have to work longer before getting UI—either

20 weeks in the last year or 10 to 14 weeks in the last year *plus* 14 weeks the year before.

Special benefits differ. To apply for benefits when you are sick or injured, pregnant or reach age 65, you must have worked in insurable employment for 20 weeks in your qualifying period.

There are many brochures available on the subject of Unemployment Insurance. These include *How Unemployment Insurance works for you* (covering the total UI program), *UI and you: when you reach 65*, and *If you don't agree* (about appeals).

Social Insurance Number

When you apply for a job, a potential employer will ask if you have a Social Insurance Number (SIN). If you don't have one, visit your local Canada Employment Centre to complete the application form.

You must provide documentary proof of your identity as a Canadian citizen or a permanent resident. If you are a Canadian citizen, you would submit, for example, your birth certificate or a certified copy of it and one other piece of identification, which could be your driver's licence, passport or baptismal certificate. A permanent resident (landed immigrant) should submit, for example, his or her Canadian immigration identification record and one other piece of identification.

Because the Canada Employment and Immigration Commission cannot be responsible for the safety of original documents sent through the mail, you are encouraged to bring them in yourself.

The booklet entitled *How do you apply for a Social Insurance Number* can provide you with all the information you will need to apply.

Additional Information

There are many brochures and pamphlets, some of which have been mentioned above, that provide more detailed information. These can be obtained from your local CEC or by writing to:

**Public Affairs
Employment and
Immigration Canada
Room 800
Financial Building
2101 Scarth Street
Regina, Saskatchewan
S4P 2H9**

If you have any questions regarding a particular program or service or would like to know about others, contact your local Canada Employment Centre.

Labour Canada

This federal department administers the Canada Labour Code, which covers employment in international and interprovincial transport (railways, trucking, pipelines, ferries, tunnels,

bridges, marine transport and other related services), air transport and airports, broadcasting, telephone, banks, grain elevators, uranium mines and certain Crown corporations. Generally, all other related enterprises are under provincial or territorial jurisdiction. Across Canada, labour affairs officers and health and safety officers are ready to assist Canadians who are employed in fields that come under federal jurisdiction. These officers also carry out inspections to protect the health and well-being of such employees. And Labour Canada's mediation and conciliation service provides experts to assist in the collective bargaining process in industries under federal jurisdiction. The arbitration services branch appoints, where required, arbitrators to settle disputes.

Labour Canada also offers a wide range of information and education services to all Canadians. The department collects and publishes statistics on wages, collective bargaining, strikes and lockouts and working conditions across Canada. Other publications include studies, booklets, bibliographies and periodicals that deal with interests such as women in the work force, quality of working life, occupational safety and health, federal-provincial and international labour relations and conditions of work.

You may obtain a copy of the department's publications catalogue by writing to:

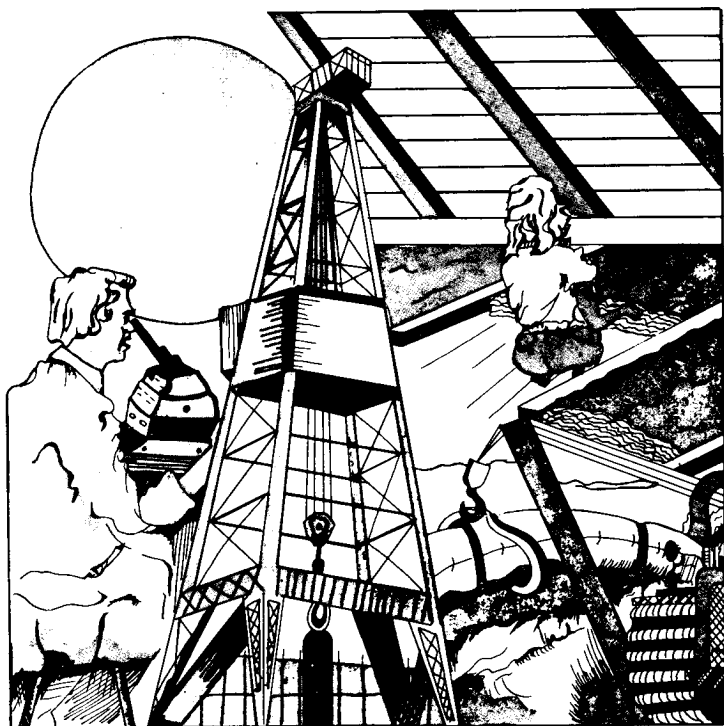
**Communication Services
Directorate
Labour Canada
Ottawa, Canada
K1A 0J2**

The department also maintains, in co-operation with the National Film Board, a national catalogue of industrial relations films, which is also available from Communication Services.

Labour Canada's regional offices in Saskatchewan are located at the following addresses:

**Labour Canada
Financial Building
Room 301
2101 Scarth Street
Regina, Saskatchewan
S4P 2H9**

**Labour Canada
Federal Building
Room 313
1st Avenue and 22nd Street
Saskatoon, Saskatchewan
S7K 2H9**



Energy

Canadians are in the extremely fortunate position of being self-sufficient in energy. Nonetheless, we must be careful to ensure maximum efficiency in consuming the energy we have. The federal government is involved in promoting a number of programs designed to save energy and help Canadians better understand the importance of managing well the energy we use every day.

National Energy Program

The management of our energy resources is of vital concern to all Canadians. The Government of Canada is carrying out its energy management responsibilities through the National Energy Program, which has three major objectives:

- energy security, particularly self-sufficiency in oil by 1990
- increased opportunity for Canadians to participate in the oil and gas industry
- fair sharing and fair prices for governments, industry and consumers.

This section takes a brief look at some of the main components of the National Energy Program.

The Consumer Home Energy Management Package

Canadians are fortunate to have energy resources in such abundance. We export uranium, coal, natural gas and electricity. However, some of the oil we need must be imported from an uncertain world market.

To help in achieving the objective of oil self-sufficiency by 1990, Canadians have been encouraged to reduce their use of energy and especially their use of oil.

The federal government offers a complete package of services to

help Canadians use less energy, convert off-oil, and save money.

The package includes the following:

- the Ener\$ave Advisory Service
- the Canadian Home Insulation Program (CHIP)
- the Canada Oil Substitution Program (COSP)
- free publications.

Ener\$ave Advisory Service

Ener\$ave will help you reduce energy consumption in your home.

We will send you a questionnaire if you call or write to us. You then answer short questions on the basic characteristics of your home. We analyse the answers by computer and return the results by mail, showing how you can save.

To get advice by telephone, call our bilingual HEATLINE advisors. They give direct advice on what to do, what products and services to choose, and how to use them effectively.

To obtain a questionnaire or more information and advice, write to:

**The Ener\$ave Advisory Service
Energy, Mines and Resources
Canada
588 Booth Street
Ottawa, Canada
K1A 0E4**

or call toll-free : 1-800-267-9563.

Two Grant Programs: CHIP and COSP

To help you take the necessary steps that Ener\$ave has helped you to identify, EMR provides two assistance programs.

The Canadian Home Insulation Program provides taxable grants up to \$350 for the purchase of approved insulating materials, including weather-stripping, caulking and vapour barriers, as well as up to \$150 toward the cost of contract labour.

To determine if your home qualifies for a grant and to obtain more information, write to:

CHIP
P.O. Box 700
Postal Station St. Laurent
Montreal, Quebec
H4L 5A8

or call toll-free 1-800-667-3573.

The Canada Oil Substitution Program is designed to encourage homeowners and small businesses to convert their heating systems from oil to other sources of energy. COSP provides taxable grants covering 50 per cent of the conversion costs to a maximum of \$800 per unit. To be eligible, the new heating systems should reduce the building's reliance on oil by at least 50 per cent. A new solar system need

only provide one-third of the building's heating requirements.

If you are considering switching to natural gas or electricity, your local distributor will assist you in providing information and obtaining your grant. If you are considering propane, wood, solar or other energy forms, you should contact the office of the Department of Energy, Mines and Resources in your province.

For more information, write:

COSP
Energy, Mines and Resources
Canada
S.J. Cohen Building, Suite 706
119-4th Avenue South
Saskatoon, Saskatchewan
S7K 5X2

or call toll-free : 1-800-667-9719, 1-800-667-9712.

Publications

The Government of Canada offers free publications that explain how you can conserve energy. Titles include *Keeping the Heat In*, *The Billpayer's Guide to Heating Systems*, and *The Car Economy Book*.

To obtain these publications or for more information, write:

**Ener\$ave
Conservation and Renewable
Energy Branch
Energy, Mines and Resources
Canada
588 Booth Street
Ottawa, Canada
K1A 0E4**

or call toll-free: 1-800-267-9563.

Renewable Energy

The Government of Canada has announced several programs to promote renewable sources of energy, and to stimulate research and development in the field of renewable energy.

At present, renewable energy, excluding hydro-electricity, represents 3.1 per cent of the primary energy consumed in Canada. The federal government's goal is to double this by 1990.

An important example of renewable energy in Canada is "biomass," which includes vegetables, grain, peat, trees, and forest, farm and municipal waste. Biomass can be burned to produce steam, or processed to produce liquid fuel, gas and other sources of energy.

In Canada, wastes from forest industries offer the best opportunities to increase biomass energy use. Under the Forest Industry Renewable Energy Pro-

gram (FIRE) a federal program established in 1978 to encourage the use of biomass fuels, industry has received \$44.1 million in grants from the Government of Canada. These projects displace the equivalent of more than 790,000 cubic metres of oil per year by using wood waste as fuel.

This program is so successful that it was expanded in October 1980 and now provides civic organizations and all industries with up to 20 per cent of the capital costs of eligible equipment for the use of forest, municipal, and agricultural waste, or peat. For further information, write to the following address:

**FIRE Program Secretariat
Conservation and Renewable
Energy Branch
Energy, Mines and Resources
Canada
580 Booth Street
Ottawa, Canada
K1A 0E4**

Some Other Energy- Management Programs

The Government of Canada is taking these other steps to secure oil self-sufficiency:

- an oil pricing policy that provides strong incentives to the petroleum industry to find and develop *new* sources of oil

- measures to encourage Canadianization of the oil industry with the goal of at least 50 per cent Canadian ownership by 1990
- help to make natural gas available to more Canadians
- a new Crown corporation, Canertech, to promote the commercial production of renewable energy and energy conservation products and services
- a taxable grant of \$400 for each commercial vehicle, such as taxis, trucks, or farm vehicles, converted to run on propane or purchased with a propane system
- a \$20-million fund to help Canadian municipalities, in co-operation with the provinces, conserve energy and create employment.

For more information about Canada's National Energy Program, contact:

**Communications Branch
Energy, Mines and Resources
Canada
580 Booth Street
Ottawa, Canada
K1A 0E4**

Fuel Economy Guide

Transport Canada provides consumers with fuel economy data on all new cars and light trucks sold in Canada. You may obtain a copy of the *Fuel Economy Guide* from participating new car dealers or by writing to:

**Public Affairs
Transport Canada
21st Floor, Tower C
Place de Ville
Ottawa, Canada
K1A 0N5**



Communications

Canada is a big country, so it stands to reason that Canadians have had to become pioneers in communications. The Government of Canada helps Canadians communicate in many ways. National radio and TV networks broadcast in English and French, in Indian and Inuit languages and, by short wave, Canada speaks to the world in 11 languages. The federal government is actively involved in the development of exciting new communications technology to serve the people of Canada.

Satellites

Canadians living in remote areas will soon be able to pick up a new multi-channel television and radio service relayed to them via the Canadian-owned and operated Anik satellite system. The new service will provide additional radio and television channels in both official languages and include nearly the full range of programming available in large cities.

But, first, someone in these communities has to apply for licences to operate satellite-receiving earth stations and to distribute these signals to their communities. The federal government has developed a streamlined procedure for processing applications as speedily as possible.

The federal government also provides applicants with information on licensing, general advice on technical alternatives and guidance in completing application forms.

Videotex Technology

In the near future, Canadians may be able to shop, bank, send and receive electronic mail, search data bases across the country and publish their own electronic information—all without leaving their homes. These new possibilities have opened up because federal government researchers have developed Telidon, a new videotex tech-

nology, which through the addition of a tiny computer terminal and a keypad, can convert the TV in your living room into a new, fully interactive home entertainment and information centre.

Telidon, an all-Canadian technology now widely acknowledged as superior to any videotex system in the world, is being tested in field trials across Canada, as well as in Venezuela. The giant U.S. telecommunications carrier, American Telephone and Telegraph, has announced that Telidon will serve as its North American standard.

By 1983, it is predicted that Telidon terminals will sell for about \$300.

If you would like brochures or more information on the services mentioned here, write to:

**Government of Canada
Department of Communications
Central Regional Office
200-386 Broadway
Winnipeg Manitoba
R3C 3Y9**

Television Reception

When you've been looking forward to relaxing with your favorite television program it's annoying to find that your TV set is acting up.

The federal government has a brochure, *For better television reception*, that can help you to improve the quality of your picture. It discusses different types of antennas and how to install and use them effectively. Copies are available from the Department of Communications address below.

General Radio Service

Thousands of Canadians now own General Radio Service (GRS) radios, more popularly known as Citizen Band (CB) radios. More and more frequently, these radios are being used for many communications purposes.

A booklet called *Information and Licence Application Form (Citizens Band-CB)* has been prepared to help users get the best results from General Radio Service. It contains information that is especially useful if you are considering buying or operating a two-way GRS radio. As a licence is required to operate the radio, a licence application form and temporary permit are attached. For copies of this brochure and additional information, write to:

**Government of Canada
Department of Communications
Central Regional Office
200-386 Broadway
Winnipeg, Manitoba
R3C 3Y9**

Canada Post Corporation

The transformation, on October 16, 1981, of the Post Office department into a Crown corporation entails a number of changes. However, Canadians can count on their postal service to continue to improve and to extend its services in light of developments in the field of communications.

Many customers, especially in smaller localities, find that wicket clerks and postmasters can be "information officers" for all federal government programs and services, in addition to providing their regular service. In these communities, citizens are able to obtain information on passports, Unemployment Insurance, old age pensions, Family Allowances, health and welfare services, and other important matters through their post office.

Each year the Canada Post Corporation issues a series of stamps commemorating famous persons or important events in the history of our country.

For additional information concerning the Canada Post Corporation, please write to:

**Public Affairs
Canada Post Corporation
Saskatchewan Postal District
202 - 4th Avenue North
Saskatoon, Saskatchewan
S7K 2L5**

or call your local post office.



The Environment

We are becoming increasingly aware of our environment, which includes not only our immediate surroundings but also the forests, inland waters, lands and wildlife of our vast country. The federal government provides support and leadership in the conservation and preservation of our environment.

Environmental Protection

Pollution

Strict laws protect our environment. The federal government works closely with provincial agencies and industry on measures to control sources of pollution in air and water. The use of toxic substances comes under close supervision, and scientific studies are undertaken on methods of disposing of toxic wastes. Research is being carried out to assess the acid rain problem and to develop appropriate control strategies. Federal experts are also active on projects to clean up pollution where it exists. And since there is always a risk of environmental disaster occurring, there is a cleanup team on the alert 24 hours a day to face any emergency.

Forests

Canada's forests cover 3.5 million square kilometres from the Pacific to the Atlantic. Forestry is Canada's biggest industry.

The federal government leads forest research in silviculture, forest management, protection, environmental factors and energy from forest biomass, (i.e., forest waste products). It also supports and assists the provinces and industry in forest management and development. Federal policies and activities affecting forestry are co-ordinated through the Federal Forestry Sector Strategy Com-

mittee headed by the Canadian Forestry Service. Exchange of technical information with other countries is part of the federal role in international relations.

Fact sheets, brochures and pamphlets are available on such subjects as maple sugar production, careers in forestry, conservation, tree species, fire and the spruce budworm.

Land Use

The federal government is concerned about the rapid loss of agricultural lands and, looking to the future, has developed a method of projecting the demand for agricultural land and the availability of land to satisfy that need.

Other areas of interest shared with the provincial governments are the distribution of land suitable for outdoor recreation, the demand and availability of land for such uses as forestry, the amount of despoiled land and the conversion of land for urban uses.

Inland Waters

The federal government plans and participates, with the provinces, in water management programs and policies. Concerns include water quality and quantity, floods and flood control, water research, industrial and agricultural use of water, and water resources planning.

Publications and Information

If you would like more information as well as interesting publications on pollution, land use, protection of forests and protection of inland waters, or if you would like to know about other environment-related programs and services, write to:

**Public Affairs
Environment Canada
9942-108th Street
Edmonton, Alberta
T5K 2J5**

Wildlife

Any massive changes in the environment that affect wildlife must eventually affect man. An important concern of the federal government is the preservation of our wildlife — everything from migratory birds and the endangered peregrine falcons to wood bison and polar bears.

Through the Canadian Wildlife Service (CWS), the government protects and manages migratory birds under international treaty and participates in many other wildlife research and management projects.

These projects include studying and compiling data on the distribution, migration habits, food sources and diseases of birds and animals. Surveys are made of breeding grounds in an attempt to maintain optimum populations of migratory game birds. National Wildlife Areas have been created to provide safe

breeding, feeding and resting places for migratory birds and other wildlife. The CWS conducts research into the effects of human activities on wildlife, and on finding ways to harmonize the uses of wildlife and other resources; it also advises farmers on ways of preventing damage by waterfowl to cereal crops.

In addition, the CWS, with the provinces and territories, sets annual hunting season dates and bag limits for migratory game birds.

The Canadian Wildlife Service also publishes a wide range of technical and general information pamphlets and has sponsored feature-length films on wildlife and the service's activities. For information concerning films, contact the National Film Board office in your area. Information on the Canadian Wildlife Service can be obtained by writing to:

**Distribution Section
Canadian Wildlife Service
Environment Canada
Ottawa, Canada
K1A 0E7**

Fish Habitats

A good indicator of the state of health of a lake or river is whether there are fish swimming around. Often it is the unthinking action of man that kills off fish stocks, such as dumping fill on spawning grounds or marshes, building dams that reduce the flow of water, or removing

sand or gravel from beaches or stream beds.

Through its Habitat Management Branch, the Department of Fisheries and Oceans acts to protect the areas where fish breed and grow by means of public information programs, consultation with developers and, if necessary, through court action under the provisions of the Fisheries Act.

The most recent threat to fish survival is acid rain—airborne pollution from sources in Canada and the United States—which has already brought death to scores of lakes in central Canada. Fisheries and environmental scientists are embarking on extensive research programs to support efforts that will curb the further spread of damage to our natural resources from the scourge of acid rain.

If you would like more information on how you can help protect the fisheries for present and future generations, write to:

**Government of Canada
Fisheries and Oceans
Freshwater Institute
501 University Crescent
Winnipeg, Manitoba
R3T 2N6**

The Weather

Meteorological stations across Canada provide public weather forecasts through radio, television and newspapers. In some

major cities, Weather Radio offers forecasts and information on special FM channels.

Forecasts are based on information gathered many times each day by weather observers and meteorologists all over the country. In addition to preparing forecasts for the general public, the Atmospheric Environment Service of Environment Canada issues special forecasts for aviation, agriculture, forestry, offshore fisheries, pleasure-boaters, marine transport and highway services.

If you are travelling or moving to a different region, you can obtain information on the climate of that region by writing to:

**Regional Director
Atmospheric Environment
Service
Environment Canada
Central Region
10th Floor
266 Graham Avenue
Winnipeg, Manitoba
R3C 3V4**

Maps of Canada

The Canada Map Office of Energy, Mines and Resources produces a wide variety of topographic and land-use maps. Indexes are available free of

charge from commercial dealers,
or may be obtained by writing
to:

Canada Map Office
Energy, Mines and Resources
Canada
615 Booth Street
Ottawa, Canada
K1A 0E9



Youth

The federal government, recognizing that the young people of today are the potential leaders of tomorrow, has created challenging, interesting programs to help them know Canada and Canadians better, as well as knowing themselves.

(See also: Careers in the Government of Canada—
Summer Assignments for Students; Work—Creating
Jobs).

Student Loans

The Canada Student Loans Program (CSLP) provides loans to full-time students, who establish a need for financial help, to assist them in meeting the cost of studies at the post-secondary level of education so that all qualified students may have the opportunity to fulfil their educational potential.

If you receive a loan under this program and complete the proper documents, the federal government will pay the interest on the loan during the time you remain in full-time study and for six months after.

Although the program is financed by the federal government, applications for aid are processed by provincial and territorial authorities. For more information write to one of the following addresses:

Student Services Branch Department of Continuing Education

**1855 Victoria Avenue
Regina, Saskatchewan
S4P 3V5**

**Canada Student Loans Program
P.O. Box 2090
Postal Station D
Ottawa, Canada
K1P 6C6**

Open House Canada

Open House Canada helps young Canadians to discover other parts of their country and to get to know their fellow citizens from diverse backgrounds through reciprocal visits between "twin" groups.

Open House Canada pays travel costs between home communities for participants aged 14 to 22, or for those enrolled in post-secondary education, and for accompanying adult escorts. Each group hosts the other in turn, providing accommodation and meals for a minimum five-day stay. A program of educational activities is organized by the hosts to familiarize visitors with the history, government, economic life and sociocultural composition of the host community.

If you or your group would like more information on this opportunity to experience another part of Canada, write to:

**Open House Canada
Department of the
Secretary of State of Canada
2212 Scarth Street
Regina, Saskatchewan
S4P 2J6**

Katimavik

Would you accept the opportunity to discover Canada, to learn more about yourself, to take on tough physical challenges, to

become more aware of your environment? Katimavik is making the offer.

Katimavik, an Inuit word for "meeting place," is a national youth service funded by the federal government. Its objectives are to serve Canadian communities, to aid in the personal development of its participants, to encourage environmental awareness and to provide opportunities for a greater understanding of our country.

The program runs for nine months and involves groups of 33 participants assigned to three successive projects (one of which is in a francophone environment) in three different provinces where they spend approximately three months each.

Projects are developed in cooperation with local communities and might involve such activities as environmental clean-up, trail-cutting, improvement of recreational facilities, aiding the elderly and handicapped, and working with children and youth in day care or recreation centres.

In addition there are cultural and educational aspects that include structured and informal learning, ranging from language and interpersonal skills needed for intensive group living to crafts, basic manual skills and research into the historical and cultural heritage of the area.

Also available to candidates is a three-month military option that involves learning and participating in a program sponsored by the Department of National Defence.

If you are between 17 and 21, single and a Canadian citizen or resident and would like to share in the collective effort of a group of dedicated young Canadians, more information is available from:

Katimavik
Suite 603
245-3rd Avenue South
Saskatoon, Saskatchewan
S7K 1M4

Young Athletes

Young Canadians are continually demonstrating their ability, potential and determination in amateur sports. The federal government works with the appropriate national sports governing bodies to offer encouragement and attempts to upgrade the quality and scope of Canadian participation in the following ways: providing funds for the development of quality coaching, financing travel expenses for athletes attending training camps, assisting individual athletes in meeting their training needs, providing money for travel and accommodation expenses for athletes participating in sports championships and offering direct financial assistance to ensure that promising

Canadian athletes can continue their education and still concentrate on their training and competitive programs.

Should you like more information, write to:

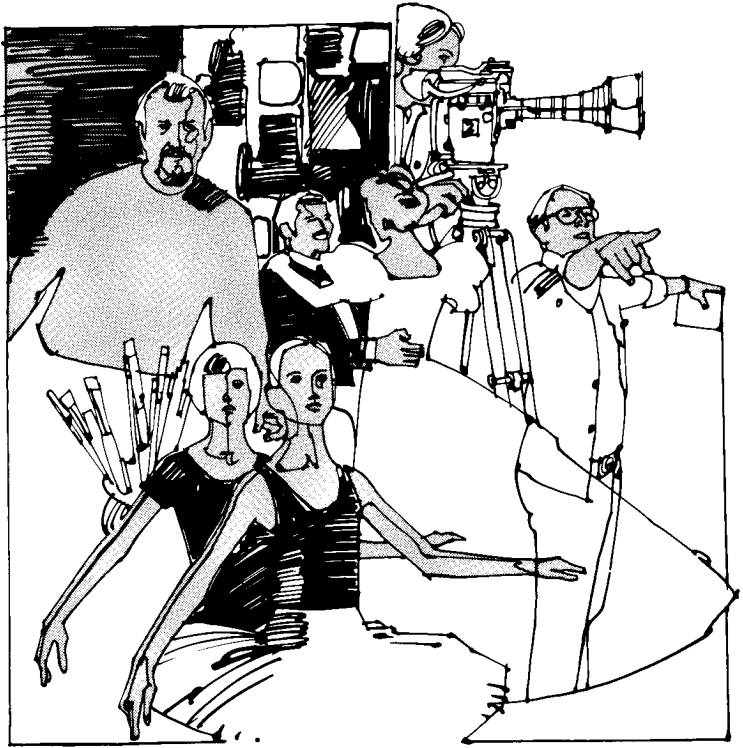
**Fitness and Amateur Sport
Department of the
Secretary of State of Canada
Room 502
Commercial Building
169 Pioneer Avenue
Winnipeg, Manitoba
R3C 0H2**

Travel Bargains

Travelling from Victoria to St. John's could cost less than you think. Fare structures authorized by the Canadian Transport Commission permit the country's airlines and Via Rail to offer a wide variety of reduced fares.

For example, students between the ages of 12 and 21 can take advantage of a 40-per cent reduction on most domestic airline flights, except during peak travel periods. Seats cannot be reserved, but the savings may well be worth the time spent waiting on standby. Keep in mind also that at some periods of the year even greater discounts are available to the general public.

Since the policy on fare reductions may change from time to time, it's best to check with your nearest airline or Via Rail office, or consult a travel agent.



Arts and Culture

The arts symbolize our intellectual wealth and creative imagination, and reflect the many facets of our cultural heritage as can be seen in the works of our painters, sculptors, actors and actresses, musicians, composers, dancers and film-makers. The federal government, through numerous programs, encourages the preservation and enhancement of our multicultural character and the growth and development of artistic and creative skills.

National Policies In Support of the Arts

National programs supporting culture and the arts are designed to give all regions of Canada an equal chance to develop and express themselves. The federal government's arts and culture sector does research on the state of the arts across the country and helps the Minister of Communications develop national policies concerning cultural activities, museums and the national heritage.

The sector also promotes co-operation between federal cultural agencies so they may meet common cultural objectives and implement programs aimed at both the private and public sectors. Policies involve promotion of the arts, financial planning for the arts community, and indirect as well as direct subsidization of the arts.

In December 1980, the Minister of Communications announced a special program of cultural initiatives that will disburse \$39.6 million to the arts community over the next three years to improve public access to our culture and to meet the immediate financial and management needs of the artistic community.

For more information, write to:

**Department of Communications
Central Regional Office
200-386 Broadway
Winnipeg, Manitoba
R3C 3Y9**

Assistance for the Arts

A musician will tell you that music is the truest form of expression. The writer will make the same claim for literature, and the artist and photographer will praise their respective arts. The Canada Council, which is the federal organization responsible for supporting the arts, covers all these forms of expression.

The Canada Council encourages and promotes the study, enjoyment and production of works in the arts—music, dance, opera, theatre, film, the visual arts, video, photography and literature.

Grants are offered in all these fields to professional artists, persons whose work is essential to the professional arts, professional arts organizations and arts support services.

Explorations is a program of the Canada Council designed to assist individuals, groups and organizations, inside or outside the professional arts, with imaginative, well-conceived projects in the broad field of culture.

A multi-disciplinary program, Explorations offers support for innovative projects that seek to address new needs or investigate new directions in the arts.

A variety of awards and prizes is available such as the Governor General's Literary Awards, Children's Literature prizes, translation prizes, the Canada-Belgium and Canada-Australia Literary Prizes and the Jules Léger Prize for New Chamber Music, to mention just a few.

A range of publications describing the Canada Council's programs and services may be obtained by writing to:

**Communications Services
Canada Council
255 Albert Street
Ottawa, Canada
K1P 5V8**

or by calling toll-free 1-800-267-8282.

Assistance to Groups

Recognizing Canada's multicultural heritage, the federal government provides encouragement and financial assistance through a number of programs that promote the preservation and sharing of our many cultures, and helps bring mutual appreciation and understanding to all Canadians.

Basically these programs support and encourage communities in the development of their cultural

heritage, help members of all cultural groups to gain acceptance and overcome barriers to full participation in Canadian society, and promote and encourage creative encounters among all Canadian cultural groups.

Assistance and encouragement is also provided to organizations dedicated to improving the status of women, to native citizens and to voluntary organizations.

The federal government also helps our two official language groups to make use of their language and thus enables them to contribute to Canadian society in areas where they constitute minorities. Grants are available for projects and activities that meet this objective. Grants and/or bursaries are also available to help teachers improve their language skills and to help post-secondary students continue their studies or take a total immersion course in their second official language.

For more information on these and other programs, contact:

**Department of the Secretary
of State of Canada
2212 Scarth Street
Regina, Saskatchewan
S4P 2J6**

Canadian Broadcasting Corporation (CBC)

The publicly-owned CBC provides a balanced service of information and entertainment for people of all ages, interests and tastes. Programming includes news, public affairs, drama, music, sports, documentaries, children's programs, and consumer affairs.

CBC national services include English and French television networks, English and French radio networks, FM stereo radio services in both languages and English and French parliamentary television networks distributed through cable systems. In the Far North, CBC's northern radio and TV services provide network programming in English and French, and special programs in the languages of the Indian and Inuit residents.

The national broadcasting service gives continuing support to Canadian artists and performers through the broadcast of Canadian music, drama and poetry, the commissioning of special works, the sponsorship of talent competitions, and the presentation of Canadian films. It produces a variety of recordings, audiotapes and books from some of its program material.

If you would like additional information on the Canadian Broadcasting Corporation, write to:

**Canadian Broadcasting
Corporation
English Services Division
1840 McIntyre Street
Regina, Saskatchewan
S4P 2R1**

National Film Board (NFB)

The National Film Board was founded in 1939. Its purpose then, as now, was to inform Canadians about their own country and the world in which they live. The extension of this mandate, to inform the world about Canada, has made the NFB one of Canada's best-known cultural ambassadors.

Since its inception, the film board has produced over 4,000 French and English documentaries, and animated and feature films, which have been seen in every country where film is used. Film board productions have won over 2,000 international awards, including six Academy Awards. The first Oscar was given in 1941 to *Churchill's Island*. The most recent Oscar was won by the animated film *Every Child/Chaque enfant*, in 1980.

French and English language films are produced at a rate of approximately 200 each year and cover a wide variety of subjects: portraits of Canadian politicians, artists, historical figures and "personalities," and inquiries into a myriad of social

issues. The NFB headquarters in Montreal is now complemented by six regional film production studios established to foster film-making talent across the country.

In addition to commercial distribution through theatres and television broadcasts, prints of NFB films and filmstrips are used extensively by schools, and by business and community groups. In Canada, films are available to individuals through a system of lending libraries. The NFB also provides photographic reproduction and display services to federal government departments through the Canadian Government Photo Centre in Ottawa. This facility also houses a bank of thousands of photographs and slides sold to private sector publishers and to the general public. The Still Photography Division, also in Ottawa, creates and circulates gallery exhibits of work by Canadian photographers.

There are 30 NFB offices across Canada. For further information please consult your telephone directory for the one nearest you, or write to:

National Film Board of Canada
2nd Floor
1917 Broad Street
Regina, Saskatchewan
S4P 1Y1

National Film Board
424 - 21st Street East
Saskatoon, Saskatchewan
S7K 0C2

National Museums of Canada

This country's museums have a great deal to tell us about our shared history and the bonds that unite our diverse cultures. The National Museums of Canada has helped museums from coast to coast and, in the process, has created a network of 25 associate museums (including the four national museums in Ottawa) and 24 national exhibition centres.

Saskatchewan has three associate museums—the Saskatoon Gallery and Conservatory Corporation, the Western Development Museum (Saskatoon), and the Norman Mackenzie Art Gallery (Regina)—and three national exhibition centres—the Swift Current National Exhibition Centre, the Moose Jaw Art Museum/National Exhibition Centre, and the Estevan National Exhibition Centre

The national museums reach out to all Canadians through travelling exhibitions, loans of artworks and artifacts, and educa-

tional activities in a variety of media. In addition, the National Museums of Canada administers a series of national programs, including a fleet of "museumobiles" that take exhibits into rural areas, a computerized national inventory of museum objects, the Canadian Conservation Institute, providing research, advice and skilled care to protect the national heritage, an international exchange program, and technical and financial assistance to hundreds of qualifying institutions across the country.

For additional information on the National Museums of Canada, write to:

**National Museums of Canada
300 Laurier Avenue West
Ottawa, Canada
K1A 0M8**

Public Archives

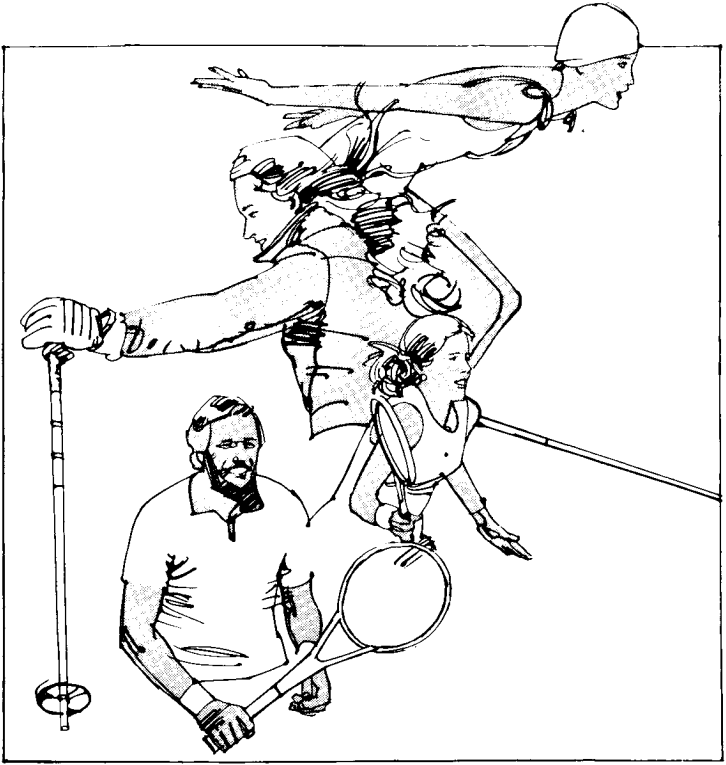
The Public Archives contains a wealth of information on Canada relating to all aspects of Canadian life and to the development of the country from its beginnings to the present time. The Archives also provides suitable research facilities to make this material available to the public.

Some of the Archives' acquisitions are as follows: manuscript collections of statesmen and other distinguished citizens,

80,000 volumes on Canada and its history, about a million maps and plans pertaining to the discovery, the exploration, settlement, topography and geology of the country and documentary paintings, drawings and printed images relating to people, historical events, places and objects.

If you would like reasonably priced reproductions of material preserved in the Archives, or information regarding the services of the Public Archives, write to:

**Communication Services
Public Archives of Canada
395 Wellington Street
Ottawa, Canada
K1A 0N3**



Recreation

For most of us, recreation is an important part of our lives. Not only is it just plain fun, but it also serves as an excellent antidote for stress. Whatever your favorite leisure activity, there's a good chance that services offered by the federal government can help make it more enjoyable.

Fitness

The federal government, through Fitness and Amateur Sport, offers a number of services to Canadians. Consultative services are available to sport and recreation associations that promote a healthier, more beneficial lifestyle for all Canadians through fitness activities. National associations that encourage increased participation in physical recreation and raise the fitness level of Canadians may receive financial assistance.

For business and industry, fitness programs have been developed by Fitness Canada. These can be incorporated into the work environment to meet employee needs and conditions. A manual has been published covering all aspects of organizing and operating employee fitness programs.

There are fitness packages available for professionals and fitness group leaders. There are a number of fitness publications available to individuals as well.

For information on how to order these packages or for more information on services, write to:

**Fitness and Amateur Sport
Department of the Secretary
of State of Canada
Room 502
Commercial Building
169 Pioneer Avenue
Winnipeg, Manitoba
R3C 0H2**

Travelling in Canada

If you are planning to travel in Canada and would like to know more about the area you will be visiting, the Canadian Government Office of Tourism can provide you with a wide variety of brochures and maps, as well as information on camping facilities. You may also wish to consult your provincial department of tourism or the department of tourism for the province that you plan to visit. For more information, write:

**Travel Information Services
Canadian Government Office
of Tourism
235 Queen Street
Ottawa, Canada
K1A 0H6**

Boating Safety

Safety is as important to the weekend sailor as it is to the captain of a large oil tanker. The Canadian Coast Guard is responsible for marine search and rescue operations. It has craft of all sizes and types in various parts of the country to carry out these duties.

Since prevention is better than cure, Transport Canada publishes boating safety literature, including the *Canadian Coast Guard Boating Handbook*. Coast Guard personnel give presentations on boating safety at boat shows, marinas and fish-

ing communities. The Coast Guard has also formed the Canadian Marine Rescue Auxiliary, made up of volunteers who help provide boating safety information and take part in search and rescue operations.

For further information, contact:

Public Affairs
Transport Canada
106 - 2050 Cornwall Street
Regina, Saskatchewan
S4P 2K5

Harbour Facilities

"Any port in a storm" has become a well-worn cliché, but in any kind of weather mariners appreciate a port that has good facilities and ample berthing space.

The federal government has the responsibility for the upkeep and development of some 2,300 harbours, wharves, jetties and related facilities for the use of fishermen and recreational boaters across Canada. Among the major projects undertaken through the Small Craft Harbours Program of the Department of Fisheries and Oceans in recent years, was construction of a marina and yachting facilities at Kingston, Ontario, for the 1976 Olympic Games. The federal government also provides financial assistance in certain cases for the development of

private marinas and tourist wharves.

For more information, write to:

Small Craft Harbours
Directorate
Government of Canada
Fisheries and Oceans
153 Lombard Avenue
Winnipeg, Manitoba
R3B 0T4

Tide Tables

If you are a commercial fisherman or just a weekend sailor, it is important to know the times of high and low tides if you are operating in tidal waters. From tables issued yearly by the Canadian Hydrographic Service, mariners can predict the height of the tide in a particular area at any time of the year. The same source produces current tables containing the times and rates of maximum flow of water each day for specific areas, as well as water level data for the Great Lakes system and elsewhere.

For more information, contact:

Ocean Science and Surveys
Government of Canada
Fisheries and Oceans
Canada Centre for Inland
Waters
P.O. Box 5050
Burlington, Ontario
L7R 4A6

Nautical Charts

If your leisure hours are spent on the water, you may be interested in obtaining a catalogue of nautical charts of Canada's coastal waters, adjacent oceans and inland water routes. This is available free from:

**Hydrographic Chart
Distribution Office
Government of Canada
Fisheries and Oceans
P.O. Box 8080
1675 Russell Road
Ottawa, Canada
K1G 3H6**

Aeronautical Charts

Of interest to the aviation community, aeronautical charts are available for sale at most airports throughout Canada or by writing to:

**Canada Map Office
Energy, Mines and Resources
Canada
615 Booth Street
Ottawa, Canada
K1A 0E9**

Aerial Photographs

Would you like to have a reasonably priced aerial photograph of some specific feature such as a lake, landmark, house or the area in which you live? If so, mark the area of interest on a suitably scaled topographical map available from the Canada

Map Office. Make a notation on the map to indicate the specific feature that should be visible in the photograph and send it to:

**National Air Photo Library
Energy, Mines and Resources
Canada
615 Booth Street
Ottawa, Canada
K1A 0E9**

Canada's National Parks

In a world characterized by rapid technological advancement and industrialization, Canadians are learning that the quality of life we are seeking cannot be achieved through material success only.

We need special places that offer an alternative to the conformity of our surroundings—places in which we can relate to the natural world and which will, perhaps, remind us of our past.

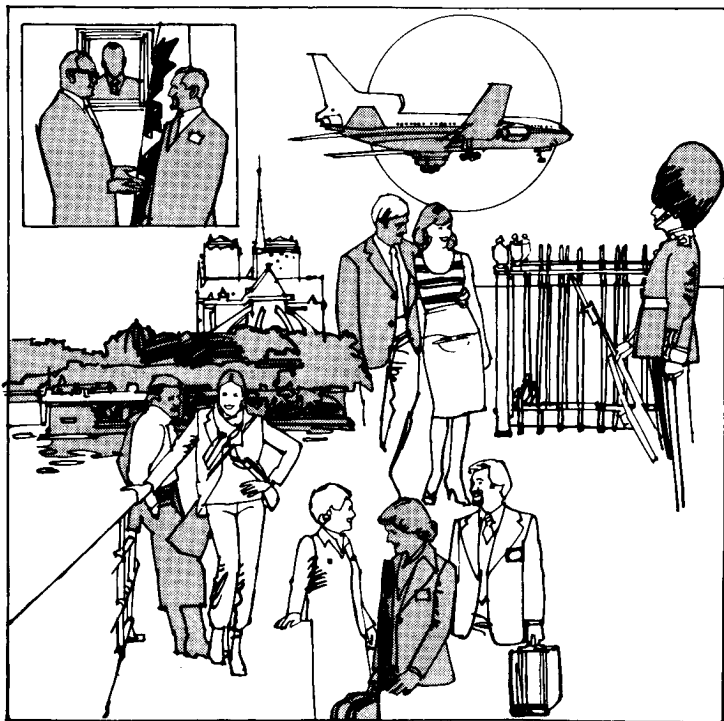
We have these places. They are our national parks and national historic parks and sites, which are established and maintained for all Canadians by Parks Canada.

There are 28 national parks in Canada from Terra Nova on the east coast of Newfoundland to Pacific Rim on the west coast of Vancouver Island, from Point Pelee on the most southerly tip of mainland Canada to Auyuituq on Baffin Island inside the

Arctic Circle. Whatever you prefer in terms of scenery, be it rugged coastal cliffs, calm glassy lakes, sandy beaches or snow-capped mountains, there is a national park to accommodate your taste. Since 1955 more than 70 historic parks and major sites have been created and about 650 persons, places and events have been commemorated. Parks Canada turns back the clock to offer Canadians a look at people and places from our colourful past.

Pamphlets are available on all national parks and national historic parks and sites. These indicate the names and locations of the parks and provide information on activities and facilities available. Write to:

Parks Canada
114 Garry Street
Winnipeg, Manitoba
R3C 1G1



Canadians Abroad

Whether you are travelling for pleasure or on business, the federal government attempts to ensure that your trip goes as smoothly as possible. The government also encourages Canadian participation in development programs abroad.

Passports

Most countries require visitors to carry passports. To obtain yours you must first fill out an application form, available free of charge from post offices, travel agencies, customs or immigration offices, citizenship courts or regional passport offices. After you have filled in the required information, which must include the name of a guarantor who fulfils the conditions listed on the form, attach two photographs of yourself, your birth certificate or citizenship certificate and a certified cheque or money order for the required amount, and send it to one of the following addresses:

Regional Passport Office
External Affairs Canada
Federal Building
101 - 22nd Street East
Saskatoon, Saskatchewan
S7K 0E1

Passport Office
External Affairs Canada
Lester B. Pearson Building
125 Sussex Drive
Ottawa, Canada
K1A 0G3

Because of the number of applications received, it is wise to apply for your passport well in advance of your proposed trip. Your passport is valid for five years beginning the day it is issued. It is not renewable. You must re-apply when the five-year period expires.

Customs

Before leaving Canada, you might like to pick up the Customs and Excise booklet, *I Declare*. It will brief you on what you should know, when returning from abroad, to make your Canadian Customs clearance formalities as worry-free and easy as possible.

All customs offices, most travel agents, and international airports, can provide you with a copy of the booklet or you may write to:

Customs Office
Revenue Canada
Federal Building
104 Town Square
1919 Rose Street
Regina, Saskatchewan
S4P 3P1

or consult your telephone directory for the office nearest you.

Immunization

Depending on the country that you intend to visit, you may be required to be immunized against certain diseases. Health and Welfare Canada has a brochure, *A Guide For International Travellers*, that lists required and recommended immunization for different countries.

If you would like to receive the guide, write to:

**Medical Services Branch
Health and Welfare Canada
Jeanne-Mance Building
Tunney's Pasture
Ottawa, Canada
K1A 0L3**

As immunization requirements change periodically, it would be advisable to contact your nearest health unit for possible changes.

Warm Climates

If you are travelling to a warm climate, you may be interested in obtaining a pamphlet, *Staying Healthy in Warm Climates*, that includes information on immunization protection, heat disorders and insect-borne diseases and contains a list of fluids and foods that should be avoided.

This pamphlet can be obtained by writing to:

**Medical Services Branch
Health and Welfare Canada
Jeanne-Mance Building
Tunney's Pasture
Ottawa, Canada
K1A 0L3**

Assistance to Canadians Abroad

If you're in a foreign country and you find yourself in need of assistance due to illness, an accident, theft of your money or

some similar misfortune, don't hesitate to request help from the nearest Canadian diplomatic or consular office. Representatives of the Canadian government will give advice appropriate to the circumstances and they will do their best to provide you with the required services. If need be, they will also help you contact a doctor, hospital, lawyer or family back home. A word of warning: our government representatives cannot intervene in any country's legal proceedings in which you may be involved.

If you plan to reside in or visit a country for an extended period, it is recommended that you register at the Canadian diplomatic or consular post by visiting or writing the post after your arrival. This is particularly important if you are planning to visit or stay in a region in which political conditions are tense or unsettled.

If you should find yourself in an area where there are civil disturbances or natural disasters, contact the nearest Canadian post immediately.

There are more than 100 Canadian embassies and consulates around the world to serve you.

Airports

If you're going abroad, you'll probably pass through one of Canada's major international airports. The federal government

operates these airports and does everything possible to ensure that your trip gets off to a good start.

The government provides numerous safety-oriented services: air traffic control, airport security and maintenance, aircraft inspections, training standards for pilots, telecommunications and meteorological services. As well, competent personnel are available to aid travellers with small children and passengers who require special assistance.

In co-operation with other nations, the Canadian government ensures that international aviation standards are upheld; regardless of one's destination, passenger safety and well-being are of prime importance.

For more information on airports, write to:

Public Affairs
Transport Canada
106 - 2050 Cornwall Avenue
Regina, Saskatchewan
S4P 2K5

Serving Overseas

Service in a developing country may prove to be one of the most satisfying experiences of a lifetime.

Each year about 300 Canadians with special skills are recruited by the Canadian International Development Agency (CIDA) to

carry out Canada's programs of co-operation with countries in Asia, Africa, the Caribbean and Latin America, where people are trying to build a better life. CIDA also helps the United Nations, its institutions and other international agencies find qualified Canadians for their technical assistance missions.

Candidates should be Canadian citizens with sound professional training and at least five years of experience in a particular field. Specialists are needed in such areas as agriculture, agronomy, forestry, economics, financial management, health and many other fields.

If you would like to receive more specific information on this program, please write to:

Human Resources Directorate
Canadian International
Development Agency
11th Floor, Place du Centre
200 Promenade du Portage
Hull, Quebec
K1A 0G4

A number of non-governmental organizations that receive some funding from the federal government also seek volunteers for various overseas projects. For more information, write to:

CUSO
2204 McIntyre Street
Regina, Saskatchewan
S4P 2R9

CUSO
151 Slater Street
Ottawa, Canada
K1P 5H5

Canadian Executive Service
Overseas (CESO)
2115 Broad Street
Regina, Saskatchewan
S4P 1Y6

The World University Service of Canada (WUSC) often has openings for both volunteer workers and contract personnel in fields such as teaching, health, water resources and a variety of technical skills. WUSC has nearly 400 volunteers and contract workers in some 15 African countries.

For more information, write to:

World University Service
of Canada
P.O. Box 3000, Station C
Ottawa, Canada
K1Y 4M8



Careers in the Government of Canada

To provide all of the services mentioned in this guide, the federal government must be able to rely on qualified personnel.

Public Service Commission

You don't have to live in the National Capital Region to work in the federal public service; Canada's public servants are located not only in every major city across the country, but in most of the smaller communities as well. Financial administrators, truck drivers, nurses, lawyers, data processing experts, gardeners, auditors, clerical workers, engineers, lab technicians—in fact, practitioners of virtually every skill or profession in Canada—put their talents to use in carrying out the programs and policies of the federal government.

If you would like to pursue a career in the public service, job information and application forms are available at your nearest Canada Employment Centre and at all offices of the Public Service Commission of Canada. Application forms may also be obtained at most post offices. Applications, retained in an inventory, are considered when a departmental vacancy becomes available. When appropriate, the Public Service Commission of Canada advertises jobs in the careers or classified section of daily newspapers or professional journals. The commission has prepared audio cassettes and braille summary texts, which make public service career information accessible to visually impaired persons. These materials are available at Canada

Employment Centres, major libraries and educational institutions across Canada, and at all offices of the Public Service Commission.

Information on careers in the public service is available on all university and community college campuses. If you are about to receive a degree or diploma, consult your placement officer and ask to see the Public Service Commission's brochures and pamphlets. Recruitment of graduating university students is conducted through an annual competition that takes place in the fall. If you have any questions or need additional information, contact your nearest Public Service Commission office or write to:

**Public Service Commission
of Canada
Saskatchewan District Office
Canadian Imperial Bank of
Commerce Building
1867 Hamilton Street
Regina, Saskatchewan
S4P 2C2**

**Public Service Commission
of Canada
300 Laurier Avenue West
Ottawa, Canada
K1A 0M7**

Foreign Service

As a respected member of the world community, Canada engages in a broad range of

international activities. These include diplomatic relations, trade activities, immigration services and the administration of cultural and information programs about Canada.

One government department offers careers abroad: External Affairs. Foreign Service officers are recruited through an annual competition that is co-ordinated by the Public Service Commission. This competition, which involves a written examination, takes place in the fall at centres located across Canada.

Candidates must be Canadian citizens, have a university education and an understanding of the Canadian environment and outlook, be able to project a favourable image of Canada, be willing to accept rotational assignments anywhere in the world and know or be willing to learn Canada's other official language.

If you would like to be considered for a career in Canada's Foreign Service, visit your university placement office or nearest office of the Public Service Commission of Canada, in early September, to obtain the special booklet and application form. The competition closes in mid-October.

For general information on the Foreign Service, write to:

**Foreign Service Officer
Recruitment
Public Service Commission
of Canada
O.S.S.D., 18th floor
300 Laurier Avenue West
Ottawa, Canada
K1A 0M7**

Summer Assignments for Students

The Public Service Commission's Career-Oriented Summer Employment Program (COSEP) arranges challenging summer assignments for students every year. If you are a full-time student at a university, community college or technical institute and are continuing your studies in the fall, you are eligible for this program.

These summer jobs give you an opportunity to take a look at career possibilities that may be open to you after graduation and, equally important, potential employers in the federal government will have an opportunity to watch you work. The summer jobs are related to a variety of disciplines, particularly in the pure and applied sciences. COSEP assignments are available in many of the more than 70 federal departments and agencies.

If you would like more information on COSEP, contact the nearest office of the Public Service Commission of Canada.

Canadian Armed Forces

The Canadian Armed Forces is a modern, highly mobile, unified force that provides many opportunities for young Canadians to learn specialized skills and apply them wherever they are needed in Canada or abroad, to achieve higher levels of skill in a specialized trade, to have access to advancement and increases in pay, and to accept additional responsibilities.

To be eligible, you must be over 17 years of age, have successfully completed a sound education, be a Canadian citizen, meet the Armed Forces medical standards and pass the Canadian Forces selection tests.

The Canadian Forces offer the following entry plans:

- Trades training—military and trades training in more than 60 trades
- Marine Engineering Technician Training Plan (METTP)—subsidized education at St. Lawrence College in Cornwall, Ontario
- Officer Candidate Training Plan (OCTP)—officer and military training for an operational career specialty
- Regular Officer Training Plan (ROTP)—subsidized military and university education
- Medical Officer Training Plan (MOTP)—up to 45 months subsidy at a medical school, including internship
- Dental Officer Training Plan (DOTP)—up to 45 months subsidy at a dental college

- Direct Entry Officer (DEO)—an entry plan for a graduate of a university, institute of technology, community college or a registered nurse.

For more information on opportunities in the Canadian Armed Forces, visit your nearest Canadian Forces Recruiting Centre, listed in the yellow pages under "Recruiting," or write to:

**The Director of
Recruiting and Selection
National Defence Headquarters
Ottawa, Canada
K1A 0K2**

Transport Canada

Through its air and marine administrations, Transport Canada offers a wide variety of career opportunities for both men and women.

High school graduates can become radio operators, marine traffic regulators, air traffic controllers or ship's crew members. Training in most of these fields is given at the Transport Canada Training Institute in Cornwall, Ontario.

At its college in Sydney, Nova Scotia, the Canadian Coast Guard also provides training for high school graduates. Upon completing the three-year course, cadets graduate as navigation officers or marine engineers. They serve on Coast Guard ships, carrying out such duties as search and rescue, ice-

breaking, maintaining aids to navigation or cleaning up oil spills.

Technical school graduates may pursue challenging careers as electronic or engineering technicians, while university engineering graduates will find many opportunities to use their skills.

For more information, contact:

Public Affairs
Transport Canada
106 - 2050 Cornwall Street
Regina, Saskatchewan
S4P 2K5

High school graduates who wish to apply for training as Coast Guard navigation or engineering officers should contact:

Canadian Coast Guard College
P.O. Box 4500
Sydney, Nova Scotia
B1P 6L1

Royal Canadian Mounted Police

Narcotics control, the battle against organized crime, investigation of commercial crime—if these activities appeal to you, you may be interested in an exciting and rewarding career in law enforcement with the Royal Canadian Mounted Police.

To become a Regular Member Constable in the Royal Canadian Mounted Police you must meet the following requirements:

- be a Canadian citizen
- be 19 years of age (application may be made at age 18, but you will not be eligible for engagement until your 19th birthday)
- be physically and medically fit
- as a minimum, have successfully completed a secondary school education program
- hold a valid Canadian licence to operate a motor vehicle and have more than a minimal degree of driving proficiency
- be of good character
- be proficient in either official language.

For additional information or an application form, contact your nearest RCMP detachment or write to:

Commanding Officer
F Division
Royal Canadian Mounted Police
P.O. Box 2500
Regina, Saskatchewan
S4P 3K7

Free Publications

This brochure is one of a number of publications, available free of charge, on the programs and services of the Government of Canada, our country and its system of government. To receive additional copies of this brochure or any of those listed below, please clip and return this form to:

Publications Canada
P.O. Box 1986, Station B
Ottawa, Canada
K1P 6G6

Canadian Government Programs and Services

- The Government of Canada at your service in Saskatchewan***
- The Government of Canada and the small business***
- The Government of Canada and the senior citizen***
- The Government of Canada and agriculture***
- The Government of Canada and youth***
- The Government of Canada and the working person***
- The Government of Canada and the consumer***
- The Government of Canada and world affairs***

- It's all ours*** — pamphlets on Canada and its resources
- Did you know that . . .*** — interesting facts on different aspects of Canadian life
- How Canadians Govern Themselves*** — a look at our system of government and its institutions

Renewing the Constitution

- The Canadian Constitution 1981 — full text of the resolution adopted by Parliament in December, 1981
- The Canadian Constitution 1981 — Highlights
- The Constitution and you
- The Charter of Rights and Freedoms: a Guide for Canadians
- Copy of the Charter of Rights and Freedoms suitable for framing
- Other publications on the federal system of government
- Please add my name to your mailing list

NAME _____

ADDRESS _____

CITY _____

PROVINCE _____

POSTAL CODE _____

Government of Canada Publications

Federal government departments and agencies produce a wide variety of publications dealing with a host of subjects. Many of these are offered for sale by the Canadian Government Publishing Centre. The centre can also supply lists of publications available by subject matter. For more information, write to:

Publicity and Promotion
Canadian Government
Publishing Centre
Supply and Services Canada
Ottawa, Canada
K1A 0S9

Information Services of the Government of Canada

Following is a list of information services of the Government of Canada. If you would like additional information on a particular subject, please do not hesitate to write to the appropriate department or agency.

Information Services
Agricultural Stabilization Board
Sir John Carling Building
930 Carling Avenue
Ottawa, Canada
K1A 0C5

Communications Branch
Agriculture Canada
Sir John Carling Building
930 Carling Avenue
Ottawa, Canada
K1A 0C7

Public Affairs
Air Canada
1 Place Ville-Marie
Montreal, Quebec
H3B 3T7

Office of Public Information
Atomic Energy Control Board
P.O. Box 1046
Ottawa, Canada
K1P 5S9

Public Affairs
**Atomic Energy of Canada
Limited**
20th Floor
275 Slater Street
Ottawa, Canada
K1A 0S4

Communications Services
Canada Council
255 Albert Street
Ottawa, Canada
K1P 5V8

Information Services
**Canada Institute for Scientific
and Technical Information
National Research Council
of Canada**
Building M-55
Montreal Road
Ottawa, Canada
K1A 0S2

Information and
Communications Centre
**Canada Mortgage and Housing
Corporation**
LaSalle Academy
2nd Floor, Annex E
Sussex Drive
Ottawa, Canada
K1A 0P7

Public Affairs
Canada Post Corporation
Sir Alexander Campbell
Building
Confederation Heights
Ottawa, Canada
K1A 0B1

Public Relations
**Canadian Broadcasting
Corporation**
1500 Bronson Avenue
P.O. Box 8478
Ottawa, Canada
K1G 3J5

Information Services
Canadian Dairy Commission
2197 Riverside Drive
Ottawa, Canada
K1A 0Z2

Information and Public
Relations
**Canadian Film Development
Corporation**
Suite 2220
Stock Exchange Tower
P.O. Box 71
Montreal, Quebec
H4Z 1A8

Communications
**Canadian Government Office of
Tourism**
4th Floor East
235 Queen Street
Ottawa, Canada
K1A 0H6

Information, Education and
Co-operation Branch
**Canadian Human Rights
Commission**
257 Slater Street
Ottawa, Canada
K1A 1E1

Public Affairs Branch
**Canadian International
Development Agency**
11th Floor, Place du Centre
200 Promenade du Portage
Hull, Quebec
K1A 0G4

Public Affairs
Canadian National Railways
P.O. Box 8100
Montreal, Quebec
H3C 3N4

**Canadian Patents and Develop-
ment Limited**
275 Slater Street
Ottawa, Canada
K1A 0R3

Canadian Pension Commission
Veterans Affairs Building
284 Wellington Street
Ottawa, Canada
K1A 0P4

Information Services
**Canadian Radio-Television and
Telecommunications
Commission**
Ottawa, Canada
K1A 0N2

Information Services
**Canadian Transport
Commission**
Ottawa, Canada
K1A 0N9

Information Branch
**Commissioner of Official
Languages**
20th Floor
66 Slater Street
Ottawa, Canada
K1A 0T8

Information Services
**Government of Canada
Department of
Communications**
Journal Tower North
300 Slater Street
Ottawa, Canada
K1A 0C8

Communications Services
**Consumer and Corporate
Affairs Canada**
Ottawa, Canada
K1A 0C9

Public Information
Communications Branch
Correctional Service of Canada
Sir Wilfrid Laurier Building
340 Laurier Avenue West
Ottawa, Canada
K1A 0R1

Marketing Services
**Crown Assets Disposal
Corporation**
450 Rideau Street
P.O. Box 8451
Ottawa, Canada
K1G 3J8

Communications Section
Economic Council of Canada
Tower A
333 River Road
P.O. Box 527, Station B
Vanier, Ontario
K1P 5V6

Information and Education
Emergency Planning Canada
Lester B. Pearson Building
3rd Floor, Tower B
125 Sussex Drive
Ottawa, Canada
K1A 0W6

Public Affairs
**Employment and Immigration
Canada**
Ottawa, Canada
K1A 0J9

Information Services
**Energy, Mines and Resources
Canada**
580 Booth Street
Ottawa, Canada
K1A 0E4

Information Directorate
Environment Canada
Ottawa, Canada
K1A 0H3

Corporate Communications
Department
**Export Development
Corporation**
P.O. Box 655
Ottawa, Canada
K1P 5T9

Enquiries
External Affairs Canada
Lester B. Pearson Building
125 Sussex Drive
Ottawa, Canada
K1A 0G2

Information and Public
Relations Services
**Farm Credit Corporation
Canada**
P.O. Box 2314, Station D
Ottawa, Canada
K1P 6J9

Information Office
**Federal Business
Development Bank**
901 Victoria Square
Montreal, Quebec
H3C 3C3

Information Division
**Department of Finance
Canada**

26th Floor North
Place Bell Canada
160 Elgin Street
Ottawa, Canada
K1A 0G5

Communications
Branch
**Government of Canada
Fisheries and Oceans**

7th Floor West
240 Sparks Street
Ottawa, Canada
K1A 0E6

Promotion and
Communication
Fitness and Amateur Sport
Department of the Secretary
of State of Canada
365 Laurier Avenue West
Ottawa, Canada
K1A 0X6

**Press Secretary to the
Governor General**
Government House
Ottawa, Canada
K1A 0A1

Information Services
Harbours Board Canada
Tower A, Place de Ville
320 Queen Street
Ottawa, Canada
K1A 0N6

Information Directorate
Health and Welfare Canada
Brooke Claxton Building
Tunney's Pasture
Ottawa, Canada
K1A 0K9

Departmental Communications
**Indian and Northern Affairs
Canada**

Ottawa, Canada
K1A 0H4

Public Communications
**Indian and Inuit Affairs
Indian and Northern Affairs
Canada**
Ottawa, Canada
K1A 0H4

Public Communications
**Northern Affairs Program
Indian and Northern Affairs
Canada**
Ottawa, Canada
K1A 0H4

Public Communications
**Office of Native Claims
Indian and Northern Affairs
Canada**
Ottawa, Canada
K1A 0H4

Public Information Branch
**Government of Canada
Industry, Trade and Commerce**
235 Queen Street
Ottawa, Canada
K1A 0H5

Information Services
Department of Justice Canada
Justice Building
Ottawa, Canada
K1A 0H8

Public Relations
Labour Canada
Ottawa, Canada
K1A 0J2

Information and Reference
Branch
Library of Parliament
Parliament Buildings
Ottawa, Canada
K1A 0A9

Information Directorate
Metric Commission Canada
1st Floor East
240 Sparks Street
Ottawa, Canada
K1A 0H5

Public Communications Division
National Capital Commission
161 Laurier Avenue West
Ottawa, Canada
K1P 6J6

Information Services
National Defence
101 Colonel By Drive
Ottawa, Canada
K1A 0K2

Information Services
National Energy Board
Trebla Building
473 Albert Street
Ottawa, Canada
K1A 0E5

Information Services
**National Farm Products
Marketing Council**
300 Sparks Street
Ottawa, Canada
K1R 7S3

Public Relations Branch
National Film Board of Canada
P.O. Box 6100
Montreal, Quebec
H3C 3H5

Information Services
National Gallery of Canada
Elgin and Slater Streets
Ottawa, Canada
K1A 0M8

Public Relations
National Library of Canada
395 Wellington Street
Ottawa, Canada
K1A 0N4

Information Services
National Museums of Canada
21st Floor
L'Esplanade Laurier
Ottawa, Canada
K1A 0M8

Communications Division
**National Parole Board
of Canada**
Sir Wilfrid Laurier Building
340 Laurier Avenue West
Ottawa, Canada
K1A 0R1

Public Information Branch
**National Research Council
of Canada**
Montreal Road
Ottawa, Canada
K1A 0R6

Information Division
Parks Canada
Ottawa, Canada
K1A 0H3

Information Services
Public Archives of Canada
344 Wellington Street
Ottawa, Canada
K1A 0N3

Public Affairs Directorate
**Public Service Commission
of Canada**
300 Laurier Avenue West
Ottawa, Canada
K1A 0M7

Information and
Public Relations
Public Works Canada
Sir Charles Tupper Building
Confederation Heights
Riverside Drive
Ottawa, Canada
K1A 0M2

Public Relations Division
Government of Canada
Regional Economic Expansion
Ottawa, Canada
K1A 0M4

Public Relations Branch
Revenue Canada
Customs and Excise
Connaught Building
Ottawa, Canada
K1A 0L5

Information Services Branch
Revenue Canada
Taxation
123 Slater Street
Ottawa, Canada
K1A 0L8

Public Relations
Royal Canadian Mint
6th Floor, Tower B
Place Vanier
355 River Road
Vanier, Ontario
K1A 0G8

Public Relations Branch
**Royal Canadian Mounted
Police**
1200 Alta Vista Drive
Ottawa, Canada
K1A 0R2

Communications Services
Division
**Ministry of State
Science and Technology
Canada**
Martel Building
270 Albert Street
Ottawa, Canada
K1A 1A1

Public Affairs
Science Council of Canada
100 Metcalfe Street
Ottawa, Canada
K1P 5M1

Communications Branch
**Department of the Secretary
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Ottawa, Canada
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Public Relations
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Secretariat**
6th Floor
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Communications Division
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Sir Wilfrid Laurier Building
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Information Division
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R.H. Coats Building
Tunney's Pasture
Ottawa, Canada
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Information Services
Status of Women Canada
Room 1012
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Information Services Branch
Supply and Services Canada
Ottawa, Canada
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Public Affairs Branch
Transport Canada
21st Floor, Tower C
Place de Ville
Ottawa, Canada
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Communications Division
Treasury Board of Canada
19th Floor South
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Veterans Affairs Canada
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