



Government Gouvernement of Canada

du Canada

Cover: Bottle Cove, Newfoundland Photo courtesy of Canadian Government Office of Tourism

The Government of Canada at your service

In hundreds of ways the Government of Canada is at your service in the Atlantic Provinces.

The federal government administers Family Allowance and Unemployment Insurance programs. It shares the cost of education and health services with the provinces. Its programs range from managing our national parks to providing help for farmers and for people in business. The federal government is working to meet the needs of Canadians in countless different ways.

This guide attempts to present the main types of services offered by the federal government to all Canadians and tells how you can gain access to them in the Atlantic Provinces. These services have been grouped by themes that correspond to particular needs and activities. For instance, if you would like information on programs dealing with environmental protection, look under the heading *The Environment*. Should you want information regarding employment, the sections entitled *Work* and *Careers in the Government of Canada* may be of interest to you.

The list of services in this guide does not pretend to be exhaustive and programs may change from time to time. You are encouraged to obtain more detailed information from federal government regional offices in the Atlantic Provinces or from the federal information services listed at the end of this publication. Information officers working with individual government departments will be able to assist you and provide you with the information requested. In addition, you may wish to order

some of the other publications that tell about Canadian government programs and services in general. These are described on page 91.

The federal government is here to serve you.

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Government Reorganization

In January, 1982, the Government of Canada announced plans to increase the federal capacity to assist Canadians in all regions to take better advantage of major economic and employment opportunities.

This involves an extensive reorganization of federal departments and agencies to provide a government-wide focus on regional economic development and the promotion of export trade.

For example, parts of the existing departments of Industry, Trade and Commerce and Regional Economic Expansion will be incorporated into a new Department of Regional Industrial Expansion. The Trade Commissioner Service and its operations abroad become the responsibility of the Department of External Affairs.

However, virtually all of the programs and services described in this booklet will continue to be available to Canadians. The names and addresses of some of the departments and agencies involved in the reorganization may change following publication of this booklet. Please consult your local telephone directory for Government of Canada listings.

Table of Contents	Livestock Feed Board of Canada . Agri-Food Development Food Production and Inspection	29
	Agricultural Fairs and	25
Section 1	Exhibitions	30
W.u	Marketing Services	30
Well-being	Research	31
Consumer Aid 2	Publications	31
Motor Vehicle Recalls	Fisheries	31
Seat Belts	Services for Fishermen	31
Health Promotion 4	Services for 1 tonermen	32
Food Basics 4		
Family Allowances 4		
Day Care Centres 5	Section 3	
Family Planning 6	\$\$7 I	
Services for Senior Citizens	Work	
Old Age Security Benefits 6	Workers and Jobs	36
Canada Pension Plan 7	Canada Employment Centres	
Unemployment Insurance at 65 8	(Employment Services)	36
New Horizons9	Creating Jobs	36
Reduced Travel Fares 9	Mobility of Workers	38
Services for Veterans 10	Manpower Training Program	38
Production of Food and Non-Food	Training of Women in Non-	50
Items11	Traditional Jobs	39
Welfare Grants 12	Canada Employment Centres	٥,
Other Social Programs 12	(Unemployment Insurance)	30
Human Rights 13	Social Insurance Number	40
Publications: Matters Relating to	Additional Information	40
Welfare13	Labour Canada	41
Search and Rescue 13	Labour Canada	41
Northern Programs 14		
Services for Native People 14		
14	Section 4	
Section 2		
Section 2	Energy	43
E		
Economic Development 17		44
Services for Employers 18	The Consumer Home Energy	
Canada Employment Centres 18		44
Helping Business and Industry		44
Counselling Assistance	Two Grant Programs: CHIP and	
Business Information 20	COSP	45
Enterprise Development	Publications	45
Incentives21	Renewable Energy	46
Statistics 22	Some Other Energy-Management	
Federal Business Development	Programs	46
Bank (FBDB) 23	Fuel Economy Guide	47
Regional Development Subsidies 23		
Markets Abroad		
Promotional Projects 25	Section 5	
Export Market Development 25	Section 3	
Trade Commissioner Service 25	Communications	49
Information		
Agricultural Services 26	Satellites Videotey Technology	50
Farm Credit Corporation Canada 26	Videotex Technology	ου - ·
Agricultural Stabilization Board. 28	Television Reception) I
Crop Insurance	General Radio Service) l
20 ZO	Canada POSI CORDORATION 4	١I

Section 6

The Environment Environmental Protection. Pollution Forests. Land Use Inland Waters Publications and Information Wildlife Fish Habitats. The Weather Maps of Canada	53 54 54 54 54 55 55 55 56 57
Section 7	
Youth	59
Student Loans	60
Open House Canada	60
Katimavik	61
Young Athletes	62
Travel Bargains	62
Section 8	
Arts and Culture	65
National Policies in Support of the	
Arts	66
Assistance for the Arts	66
Assistance to Groups	67
Canadian Broadcasting Corporation	-
(CBC)	68
National Film Board (NFB)	69
National Museums of Canada	70
Public Archives	71
Section 9	
Recreation	73
Fitness	74
Travelling in Canada	74
Boating Safety	74
Harbour Facilities	75
Tide Tables	76
Nautical Charts	76
Aeronautical Charts	76
Aerial Photographs	76
Canada's National Parks	77

Section 10

Canadians Abroad	79
Passports	80
Customs	80
Immunization	81
Warm Climates	81
Assistance to Canadians Abroad	81
Airports	82
Serving Overseas	82
Section 11	
Careers in the Government of	
Canada	85
Public Service Commission	86
Foreign Service	87
Summer Assignments for Students	87
Canadian Armed Forces	88
Transport Canada	89
Royal Canadian Mounted Police	90
Free Publications	91
Government of Canada Publications	92
Information Services of the Government of Canada	93



Well-being

Ensuring the well-being of all Canadians is a prime concern of the Government of Canada. Our health and safety are protected by laws regulating the quality of the foods we eat, the products we use and the services we require. Monthly payments help mothers provide for the immediate needs of their children. As well, the services available to senior citizens have increased to better ensure their well-being.

Following are descriptions of some of the national programs and services that help to promote the well-being of Canadians.

Consumer Aid

All of us are consumers . . . from the four-year-old buying a chocolate bar to the young couple purchasing a television set.

A most important role of the federal government is to protect the interests of the consumer. This protection is in the form of laws that have been developed by many government departments.

Whether at the bank, the gas station, the supermarket or at home, these laws are working to protect you. Legislation ensures that a bank will not fold up in the night and disappear with your life savings; measuring devices on service station gas pumps are checked for accuracy; the quality, packaging and labelling of food come under close scrutiny, and potentially hazardous products must bear a warning on the label that indicates if the product is flammable, poisonous, explosive or corrosive. In addition, items such as baby rattles, hockey helmets and artificial fireplace logs are tested for safety.

This determination to protect the consumer can best be appreciated when one considers that each year approximately 1.5 million inspections are carried out by government inspectors.

Despite these efforts, you may find yourself faced with a problem resulting from the purchase of goods and/or services. If you are receiving little co-operation from the vendor, you can seek help from a neighbourhood store-front consumer help office, a consumers' association (consult your telephone directory), or contact:

NEW BRUNSWICK

Consumer Services
Consumer and Corporate
Affairs Canada
633 Queen Street
Fredericton, New Brunswick
E3B 1C3

NOVA SCOTIA

Consumer Services
Consumer and Corporate
Affairs Canada
Bank of Montreal Tower
5151 George Street
Halifax, Nova Scotia
B3J 1M5

PRINCE EDWARD ISLAND

Consumer Services
Consumer and Corporate
Affairs Canada
Dominion Building
Charlottetown
Prince Edward Island
C1A 4A9

NEWFOUNDLAND

Consumer Services
Consumer and Corporate
Affairs Canada
Sir Humphrey Gilbert Bldg.
Duckworth Street
St. John's, Newfoundland
A1C 1G4

Consumer Services
Consumer and Corporate
Affairs Canada
Suite 503, 4 Herald Avenue
Box 1048
Corner Brook, Newfoundland
A2H 4B7

or consult your telephone directory for the Consumer Services office nearest you.

This department also has many interesting pamphlets and brochures available on such subjects as appliance energy consumption, labelling on products and mail-order buying. Of particular interest to parents might be Packaging to protect your child, Curiosity and the toy, and Car seats keep kids safe. If you would like to receive these pamphlets or request information on other subjects, write to the address above.

Motor Vehicle Recalls

Transport Canada establishes and enforces safety standards for new motor vehicles sold in Canada. Periodic motor vehicle recalls result when vehicle components are found not to meet departmental standards. Consumer complaints about safety-related vehicle defects should be directed to:

Road and Motor Vehicle Traffic Safety Transport Canada 27th Floor, Tower C Place de Ville Ottawa, Canada K1A 0N5

Seat Belts

Seat belts have been proven to save lives, yet less than half of all Canadian drivers use them regularly. Transport Canada's Motor Vehicle Traffic Safety Branch conducts research on seat belt usage and also sets standards for infant carriers and child restraints sold in Canada. For publications on these subjects, you may contact the branch at the address above or one of the following:

NEW BRUNSWICK

Public Affairs
Transport Canada
1081 Main Street
P.O. Box 42
Moncton, New Brunswick
E1C 8K6

NOVA SCOTIA

Public Affairs Transport Canada 46 Portland Street P.O. Box 1013 Dartmouth, Nova Scotia B2Y 3Z7

NEWFOUNDLAND

Public Affairs Transport Canada Southside Road St. John's, Newfoundland A1C 5N5

Health Promotion

An increasing number of Canadians are aware that personal habits can mean the difference between illness and good health. The Health Promotion Directorate's main objective is to encourage and assist Canadians to adopt ways of life that will enhance their physical, mental and social well-being and thus prevent illness. This includes program activities in such areas as nutrition, self-care and personal health practices, family life and child development, and the abuse of alcohol, tobacco. drugs and other harmful substances. Contact with the public, community and voluntary organizations and the provinces is maintained through regional offices located across the country. Through the Health Promotion Contribution Program, the directorate supports the development of projects involving community health, resource development, training and skill development.

For more information, please write to:

Health Promotion Directorate Health and Welfare Canada Atlantic Regional Office 5409 Rainnie Drive Halifax, Nova Scotia B3J 1P8

Food Basics

If you belong to a community group and are interested in giving a presentation on how to get better value for your food dollar, or if you are a teacher and would like to teach your students to shop wisely, you may be interested in a kit called *Food Basics*. As well as containing written information on shopping and nutrition, the kit includes a slide show.

For more information, contact:

Consumer Services Consumer and Corporate Affairs Canada Ottawa, Canada K1A 0C9

or consult your telephone directory for the Consumer Services office nearest you.

Family Allowances

If you are a parent or a legal guardian and you are a Canadian citizen, a landed immigrant or a non-immigrant who has paid income tax for not less than a year, you may have the right to receive a monthly Family Allowance payment from

the federal government. This payment is usually made to the mother for children under the age of 18 who reside in Canada. The allowance will be paid under certain prescribed circumstances to Canadians living abroad.

The government has provided for annual increases in the allowance in accordance with increases in the cost of living. The Family Allowance is taxable as income.

In addition to the Family Allowance, you can receive an annual benefit for each child, based on family income.

Application forms can be obtained from any post office or hospital. If you wish to obtain additional information, write to:

NEW BRUNSWICK

Family Allowances Health and Welfare Canada Federal Building 633 Queen Street Fredericton, New Brunswick E3B 4Z6

NOVA SCOTIA

Family Allowances
Health and Welfare Canada
Suite 1400, Barrington Tower
Scotia Square
Halifax, Nova Scotia
B3J 3J4

PRINCE EDWARD ISLAND

Family Allowances
Health and Welfare Canada
Dominion Building
97 Queen Street
Charlottetown
Prince Edward Island
C1A 4A9

NEWFOUNDLAND

Family Allowances Health and Welfare Canada Building 310, Pleasantville St. John's, Newfoundland A1A 2Y5

or consult your telephone directory for the district office nearest you.

Day Care Centres

If you are interested in obtaining facts on day care centres, the federal government can assist you by providing information through the National Day Care Information Centre.

This centre acts as a clearing house for available material on day care and early childhood development and gives persons and groups the opportunity to exchange ideas and information. A series of pamphlets, information kits, fact sheets and newsletters are available.

For more information and/or brochures and pamphlets, write to:

National Day Care Information Centre Health and Welfare Canada Brooke Claxton Building Tunney's Pasture Ottawa, Canada K1A 1B5

Family Planning

The federal government offers many publications on family planning to individuals, agencies, various levels of government and schools.

For more information, write to:

Family Planning
Health Promotion Directorate
Health and Welfare Canada
Atlantic Regional Office
5409 Rainnie Drive
Halifax, Nova Scotia
B3J 1P8

Services for Senior Citizens

As Canadians, senior citizens can benefit from the numerous programs and services that the federal government offers to all citizens. In addition to these, there are other programs that exist specifically to meet the economic and social needs of senior citizens.

Old Age Security Benefits

All persons 65 or over, who are Canadian citizens or legal residents and who meet the residence requirements, are entitled to an Old Age Security pension.

The amount of the pension is tied to the consumer price index, with adjustments taking place every three months. However, if the cost of living drops, the amount of the pension will not be reduced. The pension is not paid automatically — you must apply for it.

You may also be entitled to a Guaranteed Income Supplement. This is a monthly payment added to your Old Age Security pension, provided you have little or no income other than your pension. Your spouse's income will be taken into consideration when the amount of the supplement is calculated.

Your spouse may receive a Spouse's Allowance if he or she is between 60 and 65 years of age and your combined incomes do not exceed a specified amount. The conditions for acceptance are the same as for Old Age Security benefits.

For more information or application forms, write to:

NEW BRUNSWICK

Old Age Security
Health and Welfare Canada
Federal Building
633 Queen Street
P.O. Box 250
Fredericton, New Brunswick
E3B 4Z6

NOVA SCOTIA

Old Age Security Health and Welfare Canada Suite 1400, Barrington Tower Scotia Square Halifax, Nova Scotia B3J 3J4

PRINCE EDWARD ISLAND

Old Age Security
Health and Welfare Canada
Dominion Building
97 Queen Street
P.O. Box 1238
Charlottetown
Prince Edward Island
C1A 7M9

NEWFOUNDLAND

Old Age Security Health and Welfare Canada Building 310, Pleasantville St. John's, Newfoundland A1A 2Y5

or consult your telephone directory for the district office nearest you.

Canada Pension Plan

The Canada Pension Plan (CPP) is a compulsory, contributory, social insurance program designed to help people in Canada build a better future for themselves and their families. The plan provides retirement, disability and survivors' benefits. The CPP applies to most of Canada's labour force. A few types of employment are not covered, and your CPP office can give you details on these exceptions.

You are entitled to a retirement pension if, at any time during your career, you made the required contributions to the CPP in at least one calendar year.

You can apply for this pension when you reach 65, whether you retire or not. Or, you may elect to contribute to the plan until you are 70 if this will increase the amount of your eventual CPP pension. At that time you may take steps to start collecting your pension since you can no longer contribute. You may wish to obtain advice on your best course of action from your CPP office when your 65th birthday approaches.

If you become disabled before 65 and have contributed for the minimum qualifying period, you can receive a pension for yourself and your dependants until you recover. If someone who has contributed to CPP for the minimum qualifying period dies, a lump-sum death benefit will be paid to the estate and the contributor's spouse will receive a pension subject to certain conditions. In addition, children of the contributor will be paid benefits until they reach the age of 18 or up to 25 if they continue to attend school full-time

The CPP provides that the pension credits earned by one or both spouses during their years of marriage may be divided equally between them if the marriage ends in divorce or legal

annulment on or after January 1, 1978.

The minimum qualifying period differs according to the type of pension. Again, your CPP office can provide complete details.

All pensions and benefits are adjusted annually to reflect increases in the cost of living. You are entitled to benefits whether or not you live in Canada after your retirement.

International agreements on social security between Canada and other countries permit the co-ordination of the Old Age Security and Canada Pension Plan programs with the social security programs of those other countries. These agreements permit persons who have resided or worked in another country to combine their pension credits in both countries to meet minimum eligibility conditions set by either country.

For more information, write to:

NEW BRUNSWICK

Canada Pension Plan Health and Welfare Canada Suite 600 44 Prince William Street P.O. Box 6626 Saint John, New Brunswick E2L 4S1

NOVA SCOTIA

Canada Pension Plan Health and Welfare Canada Suite 104, Cabot House 500 Kings Road Sydney, Nova Scotia B1S 1B1

PRINCE EDWARD ISLAND

Canada Pension Plan
Health and Welfare Canada
Dominion Building
97 Queen Street
P.O. Box 1238
Charlottetown
Prince Edward Island
C1A 4A9

NEWFOUNDLAND

Canada Pension Plan Health and Welfare Canada Sir Humphrey Gilbert Bldg. Duckworth Street St. John's, Newfoundland A1C 1G4

or consult your telephone directory for the district office nearest you.

Unemployment Insurance at 65

When you reach age 65, you are no longer required to pay Unemployment Insurance premiums, and you are no longer eligible to collect regular Unemployment Insurance benefits. If you continue to work, your employer is obliged to stop deducting Unemployment Insurance premiums from your salary as of the first month after your 65th birthday.

There is a special one-time benefit available at age 65 to anyone who has worked and paid Unemployment Insurance premiums for at least 20 weeks in the previous year. However, this benefit is not paid automatically; you must apply for it.

Details are included in the pamphlet, *UI and you: when you reach 65*, which is available along with application forms from all Canada Employment Centres.

New Horizons

New Horizons is a program intended for senior citizens who want to participate more actively in community life.

With federal government cash grants and a minimum of red tape, projects embracing a wide range of activities have been made possible. Some projects already undertaken fall under the following categories: activity or drop-in centres, community services, crafts and hobbies, historical, cultural and educational activities, information services, sports and recreation.

To be eligible for a grant, you must belong to a group with no fewer than 10 volunteers who serve as directors of the project. The majority of the directors must be retired from the labour force, and be prepared to take charge of the direction and management of the project.

If you have a project in mind or would like more information, contact:

NEW BRUNSWICK

New Horizons
Health and Welfare Canada
Norwich Union Building
100 Cameron Street
Moncton, New Brunswick
E1C 5Y6

NOVA SCOTIA

New Horizons Health and Welfare Canada 5670 Spring Garden Road Halifax, Nova Scotia B3J 1H6

PRINCE EDWARD ISLAND

New Horizons
Health and Welfare Canada
Dominion Building
97 Queen Street
Charlottetown
Prince Edward Island
C1A 4A9

NEWFOUNDLAND

New Horizons Health and Welfare Canada Marshall Building 127 Water Street P.O. Box 5580 St. John's, Newfoundland A1C 5W4

Reduced Travel Fares

Under the rate structures authorized by the Canadian Transport Commission, senior citizens (65 and older) can travel in Canada at reduced fares. Discounts are offered by a number of airlines and by Via Rail Canada. The reduction is approximately 25 per cent on domestic flights, and reservations can be made in advance. (At some periods of the year even greater discounts are available to the general public). For travel by rail, the discount is about 33 per cent.

Since the policy on fare reductions may change periodically, it is best to check with your nearest airline or Via Rail office, or a travel agent when planning your trip.

Services for Veterans

In recognition of their contributions, the Government of Canada provides many important services to veterans of our Armed Forces and their families. These services include the War Veterans Allowance and the Civilian War Allowances. As a recipient of either of these allowances you may also receive medical coverage, which includes drugs, dental care and eve glasses. Additional assistance may be awarded for emergencies or unexpected contingencies.

Training assistance and counselling for veterans experiencing problems of adjustment to changing social and economic conditions are also available.

For more information, write to:

NEW BRUNSWICK

Veterans Affairs Canada 2nd Floor, Chesley Place 400 Main Street P.O. Box 1406 Saint John, New Brunswick F21, 4.17

Veterans Affairs Canada Room 501, City Centre 157 Water Street P.O. Box 310 Campbellton, New Brunswick E3N 3G7

NOVA SCOTIA

Veterans Affairs Canada 10th Floor, 6080 Young St. P.O. Box 8063 Halifax, Nova Scotia B3K 5L8

Veterans Affairs Canada New Federal Building 230 Charlotte Street P.O. Box 1594 Sydney, Nova Scotia B1P 6R8

PRINCE EDWARD ISLAND

Veterans Affairs Canada 4th Floor, 134 Kent St. P. O. Box 1300 Charlottetown Prince Edward Island C1A 7M8

NEWFOUNDLAND

Veterans Affairs Canada Sir Humphrey Gilbert Bldg. Duckworth Street East P.O. Box 5068 St. John's, Newfoundland A1C 5V4

Veterans Affairs Canada 2nd Floor, Herald Tower Herald Avenue P.O. Box 1156 Corner Brook, Newfoundland A2H 6T2

or consult your telephone directory for the district office nearest you.

Other services are the disability pension, medical treatment for the disabled pensioner and special allowances.

For more details, write:

NEW BRUNSWICK

Canadian Pension Commission West Saint John Community Hospital P.O. Box 1406 Saint John, New Brunswick E2L 4J7

NOVA SCOTIA

Canadian Pension Commission 10th Floor, 6080 Young Street P.O. Box 8063 Halifax, Nova Scotia B3K 5L8

PRINCE EDWARD ISLAND

Canadian Pension Commission 134 Kent Street P.O. Box 1300 Charlottetown Prince Edward Island C1A 7M8

NEWFOUNDLAND

Canadian Pension Commission Veterans' Pavillion General Hospital P.O. Box 5068 St. John's, Newfoundland A1C 5V4

or consult your telephone directory for the district office nearest you.

Production of Food and Non-Food Items

All of us have no doubt read or heard of a tragedy resulting from food poisoning or the use of a particular drug.

One aim of the federal government is to eliminate health hazards so Canadians can live in a healthy physical environment and have access to safe and effective health support products. Through regular inspections of establishments and examination of products, the government attempts to ensure that industry complies with federal standards concerning the production of foods, drugs, cosmetics, medical devices and radiation-emitting devices.

You can help by advising federal officials if you feel the safety of a product is questionable.

To request information or lodge a complaint, write to:

Educational Services
Health Protection Branch
Health and Welfare Canada
Atlantic Regional Office
Ralston Building
1557 Hollis Street
Halifax, Nova Scotia
B3J IV5

Welfare Grants

To promote improvements in welfare services and self-help activities, the government provides financial assistance. consultation, information and advice to governmental and nongovernmental agencies, including citizens' organizations, for short-term research and other project activities. Funds are also available to individuals for advanced studies in social work. Some research activities that have been funded by the government include new projects directed toward the aged, separation counselling and rehabilitation programs.

For more information on grants, write to:

The Director
National Welfare Grants
Health and Welfare Canada
Brooke Claxton Building
Tunney's Pasture
Ottawa, Canada
K1A 1B5

Other Social Programs

All provinces and territories have programs that provide for social assistance to persons in need and their dependants. In addition to items of basic need, assistance may include items of special need, non-insured health care services and care in homes for those requiring special care. Provision is made for social welfare services such as homemaker services, day care, community development, counselling and rehabilitation. Provinces and territories are responsible for the administration of their programs.

The federal government's role is of a consultative and financial nature and, through the Canada Assistance Plan, it contributes approximately 50 per cent of the costs of providing assistance and welfare services to eligible persons. The federal government also shares in the costs of providing a comprehensive vocational rehabilitation program for persons who are unable, because of a physical or mental disability, to pursue a regular gainful occupation. It is called the Vocational Rehabilitation of Disabled Persons.

For more information, write:

Canada Assistance Plan Social Services Programs Branch Health and Welfare Canada Brooke Claxton Building Tunney's Pasture Ottawa, Canada K1A 1B5

Human Rights

If you believe you have been discriminated against by a federal government department or agency or an employer under federal jurisdiction, the Canadian Human Rights Commission can help. Discrimination is prohibited on the following grounds: race, national or ethnic origin, colour, religion, age, sex, marital status, the fact that a person was convicted of an offence for which a pardon has been granted and, where employment is involved, the fact that a person has a physical handicap.

To receive more information or to lodge a complaint, contact:

Canadian Human Rights Commission P.O. Box 3545 Halifax South Postal Station Halifax, Nova Scotia B3J 3J2

or you may call collect (902) 426-8380.

"Visual Ear" number for hearing impaired: call collect (613) 996-5211.

Publications: Matters Relating to Welfare

Many matters relating to the welfare of Canadians are covered in publications available from the National Council of Welfare These include the following topics: the economic and social problems faced by oneparent families, children living in poverty and the consequences for their health, education and life prospects, nutritional needs of infants, children and pregnant women, and an examination of the way in which Canada's newspapers cover the subject of poverty.

To receive publications on the above-mentioned subjects or if you would like a list of other available publications, write to:

National Council of Welfare Health and Welfare Canada Brooke Claxton Building Tunney's Pasture Ottawa, Canada K1A 0K9

Search and Rescue

A fishing vessel is in trouble. An aircraft is missing en route to its destination. A pleasure boater is overdue. A survey party in the Far North has not been heard from for two weeks.

The National Search and Rescue (SAR) service is ready to go into action in cases like these. It is co-ordinated by the Department of National Defence (DND) with help from the Department of Fisheries and Oceans (DFO) and the Canadian Coast Guard (CCG).

As well, there is the Canadian Marine Rescue Auxiliary, made up of some 1,000 volunteer fishermen and recreational boaters who respond to distress calls and offer their services as part of the SAR co-ordinated service.

For more information, write to:

Office of Information
Department of National Defence
FMO
Halifax, Nova Scotia
B3K 2X0

Northern Programs

Indian and Northern Affairs Canada is responsible for administering federal statutes respecting the Northwest Territories and Yukon Territory, and for co-ordinating federal activities north of 60 degrees latitude, particularly those concerning northern resource development, the administration of Indian and Inuit affairs, and the protection of the northern environment.

For additional information, write to:

Public Communications Northern Affairs Program Indian and Northern Affairs Canada Ottawa, Canada K1A 0H4

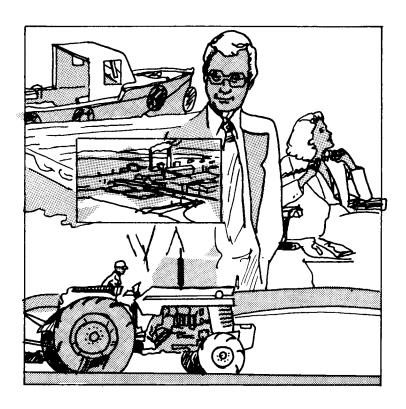
Services for Native People

Indian and Northern Affairs Canada is responsible for meeting statutory obligations to Indians registered under the Indian Act (status Indians), and for the delivery of programs approved specifically for them. It also has the lead role, on behalf of the government, in the negotiation and settlement of native land claims across the country.

For additional information, write to:

Regional Co-ordinator of Information Indian and Inuit Affairs Program Indian and Northern Affairs Canada 40 Havelock Street P.O. Box 160 Amherst, Nova Scotia B4H 3Z3

Public Communications Indian and Inuit Affairs Program Indian and Northern Affairs Canada Ottawa, Canada K1A 0H4 Public Communications Office of Native Claims Indian and Northern Affairs Canada Ottawa, Canada K1A 0H4



Economic Development

The Government of Canada is committed to promoting economic development in every region of the country, and to ensuring that all Canadians share in the benefits. This commitment is reflected in a host of services offered to business concerns, large and small, in programs that span the horizon from assistance for farmers and fishermen to the upgrading of the country's transportation system, the development of natural resources and the search for expanded markets abroad. Some of those federal programs and services are described briefly in this section.

Services for Employers

Canada Employment Centres

Approximately 500 Canada Employment Centres (CECs) across the country can assist in your search for qualified personnel. You can submit a list of vacant positions with a brief job description of each, and a CEC representative will direct candidates with the appropriate qualifications to you.

Also at the CEC, the National Job Bank, through its unique telephone-computer combination, can give you rapid access to qualified workers from coast to coast and the Metropolitan Order Processing System (MOPS) can provide you with immediate city-wide information about available skilled workers.

After you hire your staff, the CEC will help set up training programs for them. Reimbursement for direct training costs and trainee wages is available through the Canada Manpower Industrial Training Program. Representatives can also provide you with up-to-date facts and figures on the job market as well as help you plan future staff needs and cope with change.

There are many brochures and pamphlets available that may be of interest to you. These include Canada Manpower Training Program, Canada Manpower Industrial Training Program, Critical Trade Skills Training, What employers can expect

from employment counsellors and Helping Employers Build a Future with People. They can be obtained from your local CEC or by writing to one of the following addresses:

NEW BRUNSWICK

Employment and Immigration Canada 1075 Main Street Moncton, New Brunswick E1C 1H2

Employment and
Immigration Canada
565 Priestman Street
P.O. Box 2600
Fredericton, New Brunswick
E3B 5V6

NOVA SCOTIA

Employment and Immigration Canada Bank of Montreal Tower 5151 George Street P.O. Box 2463 Halifax, Nova Scotia B3J 3F4

PRINCE EDWARD ISLAND

Employment and Immigration Canada 199 Grafton Street P.O. Box 8000 Charlottetown Prince Edward Island C1A 8K1

NEWFOUNDLAND

Employment and Immigration Canada 167 Kenmount Place P.O. Box 12051 St. John's, Newfoundland A1B 3Z4

If you have questions regarding a particular program or service, contact your local Canada Employment Centre.

(See also Work-Workers and Jobs - Creating Jobs)

Helping Business and Industry

The development, expansion and productivity of domestic manufacturing and processing industries are necessary to economic development. Recognizing this, the government concerns itself with providing consultative services, relevant information, and, under certain circumstances, financial assistance to small businesses as well as large.

Counselling Assistance

The federal government provides management counselling to the owners and managers of businesses, particularly those of small size, to enable them to receive sound business advice at nominal cost. Through the Counselling Assistance to Small Enterprises (CASE) program, you can discuss your particular problems and look into new ideas with retired business per-

sons acting as management consultants. For more information on this program, contact:

NEW BRUNSWICK

Counselling Assistance to Small Enterprises Suite 702, 860 Main Street Moncton, New Brunswick E1C 1G2

Counselling Assistance to Small Enterprises King's Place Complex Suite 646, 440 King Street Fredericton, New Brunswick E3B 5H8

NOVA SCOTIA

Counselling Assistance to Small Enterprises Suite 706, Cogswell Tower Scotia Square Halifax, Nova Scotia B3J 3K1

Counselling Assistance to Small Enterprises 48-50 Dorchester Street Sydney, Nova Scotia B1P 5Z1

PRINCE EDWARD ISLAND

Counselling Assistance to Small Enterprises 137 Kent Street Charlottetown Prince Edward Island C1A 1N3

NEWFOUNDLAND

Counselling Assistance to Small Enterprises 4A Herald Avenue Corner Brook, Newfoundland A2H 6H6

Counselling Assistance to Small Enterprises Beothuck Building Crosbie Place St. John's, Newfoundland A1B 3Y8

Business Information

Information on all federal programs and services affecting the business community is available from the Business Information Centres. These centres, located across Canada, have been established to respond to the business community's need for a single point of contact for government information.

For more information, please write to the office nearest you:

NEW BRUNSWICK

New Brunswick Regional Office Industry, Trade and Commerce Suite 642, 440 King Street Fredericton, New Brunswick E3B 5H8

NOVA SCOTIA

Nova Scotia Regional Office Industry, Trade and Commerce Suite 1124, Duke Tower 5251 Duke Street Scotia Square Halifax, Nova Scotia B3J 1P3

PRINCE EDWARD ISLAND

Prince Edward Island
Regional Office
Industry, Trade and Commerce
P.O. Box 2289
Dominion Building
97 Queen Street
Charlottetown
Prince Edward Island
C1A 8C1

NEWFOUNDLAND

Newfoundland Regional Office Industry, Trade and Commerce 215 Water Street P.O. Box 64 St. John's, Newfoundland A1C 6C9

The Department of Industry, Trade and Commerce has incentive and development programs designed to help the Canadian business community gain a competitive edge in the world marketplace.

The department's entire staff, with 11 regional offices and 90 posts in 64 countries, is available to you through the regional offices or the Business Centre in Ottawa.

It serves as a central point of contact for business people seeking information about the whole range of business-oriented federal programs and services. There is not room to describe them all here but two for which you may like to seek additional information are the Small Business Loans Act and the Enterpris:

Development Program.

The centre produces and distributes a monthly *New Products Bulletin*, which informs Canadian industry of licensing and joint venture opportunities.

The Doing Business in Canada series is updated, published and distributed by the Business Centre. Titles in this series are:

- The Business Environment
- Forms of Business Organization
- Canadian Customs Duties
- Taxation Income, Business, Property
- Taxation Sales, Excise, Commodity
- Labour Legislation
- Construction and Equipment Standards
- Federal Incentives to Industry
- Patents, Trade Marks, Industrial Designs and Copyrights
- Financing Canadian Industries.

You can reach the centre by calling Zenith 0-3200, a toll-free number available from 9 a.m. to 5 p.m. in every Canadian time zone, from Monday to Friday, or you can write to:

The Business Centre (34/2) Government of Canada Industry, Trade and Commerce Level 01 (centre area) 235 Queen Street Ottawa, Canada K1A 0H5

Enterprise Development Incentives

The overall objective of the Department of Industry, Trade

and Commerce Enterprise Development Program (EDP) is to assist the growth of the manufacturing and processing sectors of the Canadian economy by providing aid to select firms to make them more viable and internationally competitive.

EDP fosters innovation in the design and development of new or improved products or processes and thus assists companies in adjusting to changing competitive circumstances. The program focuses on small and medium-sized companies prepared to take on relatively high risk projects that appear viable and promise attractive rates of return. EDP can make contributions up to 75 per cent of eligible costs.

For further information on the Enterprise Development Program or other special assistance programs such as Defence Industry Productivity Program (DIPP), Machinery Program (MACH), Fashion Design Assistance Program (FDAP), Cost Recoverable Technical Assistance Program (CRTA), and Micro-electronics Support Program (MSP), please contact:

NEW BRUNSWICK

New Brunswick Regional Office Industry, Trade and Commerce Suite 642, 440 King Street Fredericton, New Brunswick E3B 5H8

NOVA SCOTIA

Nova Scotia Regional Office Industry, Trade and Commerce Suite 1124, Duke Tower 5251 Duke Street Scotia Square Halifax, Nova Scotia B3J 1P3

PRINCE EDWARD ISLAND

Prince Edward Island
Regional Office
Industry, Trade and Commerce
P.O. Box 2289
Dominion Building
97 Queen Street
Charlottetown
Prince Edward Island
C1A 8C1

NEWFOUNDLAND

Newfoundland Regional Office Industry, Trade and Commerce 215 Water Street P.O. Box 64 St. John's, Newfoundland A1C 6C9

Statistics

Statistics Canada is the country's largest producer and distributor of statistical data, providing information on almost every type of economic and social activity in Canada. Much of the basic data collection work required to produce these figures is directed from Statistics Canada's regional offices.

Through local Advisory Services staff, Statistics Canada can provide the general public and persons in business, government, the news media, labour organizations and educational institutions' with a variety of user services, many of which are provided on a cost-recovery basis and involve a nominal charge. The user services include answering requests for statistical data, taking orders for all Statistics Canada publications, providing visitors with study areas and copying facilities, distributing booklets on finding and using statistics, and advising on all aspects of information gathering.

If it should be inconvenient to contact the local office, users may be able to refer to Statistics Canada publications at the local public library or an educational library in the area.

For more information, please write to:

MARITIME REGION

Advisory Services Statistics Canada Sir John Thompson Bldg. 1256 Barrington Street Halifax, Nova Scotia B3J 1Y6

NEWFOUNDLAND

Advisory Services Statistics Canada Viking Building Crosbie Road St. John's, Newfoundland A1B 3P2

Federal Business Development Bank (FBDB)

FBDB offers management counselling which supplements such services as may be available in the private sector. Its purpose is to assist owners and managers of business enterprises, particularly smaller ones, in improving their methods of doing business at a moderate cost.

FBDB offers management counselling which supplements such services as may be available in the private sector. Its purpose is to assist owners and managers of business enterprises, particularly smaller ones, in improving their methods of doing business at a moderate cost.

FBDB also offers an inquiry and referral service geared specifically to the needs of small businesses. Also available from the FBDB is a series of booklets called *Minding Your Own Business*, covering many aspects of small business management, *Small Business News*, a quarterly bulletin on business developments and *Profits*, a business newspaper published periodically.

If you would like to receive these booklets or more information on the FBDB Small Business Information Service, write:

NEW BRUNSWICK

Federal Business Development Bank 75 Prince William Street Saint John, New Brunswick E2L 2B2

NOVA SCOTIA

Federal Business
Development Bank
Atlantic Regional Office
1400 Cogswell Tower
Scotia Square
Halifax, Nova Scotia
R3.1 3K1

PRINCE EDWARD ISLAND

Federal Business Development Bank 137 Kent Street Charlottetown Prince Edward Island C1A 1N3

NEWFOUNDLAND

Federal Business
Development Bank
Beothuck Building
Crosbie Place
St. John's, Newfoundland
A1B 3Y8

or consult your telephone directory for the FBDB office nearest you.

Regional Development Subsidies

Economic wealth and natural resources have not been spread evenly across our country. This has resulted in regional disparity which is of real concern to the

federal government. To generate balanced economic growth and more employment opportunities in all regions of Canada, the government offers incentives to business and industry to undertake projects in designated slowgrowth regions. These areas comprise the Atlantic provinces, the Northwest Territories, the Yukon, Manitoba, Saskatchewan, parts of Ontario, Alberta and British Columbia and most of the province of Quebec.

If you are establishing new manufacturing or processing facilities or expanding or modernizing an existing plant in a slow-growth area, you may be eligible for a cash grant or loan guarantee. You don't have to be big to qualify—a project with capital costs as low as \$5,000 may be eligible if it creates at least five new jobs. Projects approved have included small feed mills, large steel mills, and plants to process lobster and frozen French fries.

For more information, write to one of the following addresses:

NEW BRUNSWICK

Incentives Program
Regional Economic Expansion
Atlantic Regional Office
Assomption Place
770 Main Street
P. O. Box 1210
Moncton, New Brunswick
E1C 8P9

Incentives Program
Government of Canada
Regional Economic Expansion
Armstrong Building
590 Brunswick Street
P. O. Box 578
Fredericton, New Brunswick
E3B 5A6

Incentives Program
Government of Canada
Regional Economic Expansion
Keystone Place
270 Douglas Avenue
P.O. Box 700
Bathurst, New Brunswick
E2A 3Z6

NOVA SCOTIA

Incentives Program
Government of Canada
Regional Economic Expansion
Queen Square
11th Floor
45 Alderney Drive
P.O. Box 1320
Dartmouth, Nova Scotia
B2Y 4B9

Incentives Program
Government of Canada
Regional Economic Expansion
Main Floor
66 Wentworth Street
Sydney, Nova Scotia
B1P 6T4

PRINCE EDWARD ISLAND

Incentives Program
Government of Canada
Regional Economic Expansion
Confederation Court Mall
134 Kent Street
P.O. Box 1115
Charlottetown
Prince Edward Island
C1A 7M8

NEWFOUNDLAND

Incentives Program
Government of Canada
Regional Economic Expansion
Parsons Building
90 O'Leary Avenue
P.O. Box 8950
St. John's, Newfoundland
A1B 3R9

Incentives Program
Government of Canada
Regional Economic Expansion
P.O. Box 730
Station A
Goose Bay Airport
Goose Bay, Labrador
A0P 1S0

Markets Abroad

It's not really difficult to sell your products in foreign markets. In fact, it is probably much easier than most Canadian business owners think. The government, through its many programs and services, can help you find the easiest ways to cash in on export opportunities.

Promotional Projects

Participation in trade fairs is one way of promoting your product in overseas markets. The government sponsors and organizes such participation by Canadian firms and can provide complete exhibition services that include the design, construction and operation of the exhibition booth, the cost of which is shared with the participants.

Export Market Development

If you have a project that you cannot undertake without financial assistance, you may be eligible for subsidies from the federal government through the Program for Export Market Development (PEMD). This program encourages and helps Canadian companies to enter new export markets and to undertake additional export development. Incentives are in the form of financial contributions where there is a need to share the risk.

Contributions are repayable only if export sales are achieved.

Trade Commissioner Service

The Trade Commissioner Service strives to promote Canadian exports and to protect Canadian commercial interests abroad. As well, it can provide you with information on a country's economy, markets and credit system. In 1981 the service's network of 91 offices in 67 coun-

tries responded to 118,282 export inquiries and received 26,000 Canadian visitors.

Information

The government's trade promotion programs are open to all Canadian companies, large and small, that have export capability and are interested in expanding their markets. If you would like additional information on these programs as well as other services related to participating in markets abroad, contact:

NEW BRUNSWICK

New Brunswick Regional Office Industry, Trade and Commerce Suite 642, 440 King Street Fredericton, New Brunswick E3B 5H8

NOVA SCOTIA

Nova Scotia Regional Office Industry, Trade and Commerce Suite 1124, Duke Tower 5251 Duke Street Scotia Square Halifax, Nova Scotia B3J 1P3

PRINCE EDWARD ISLAND

Prince Edward Island
Regional Office
Industry, Trade and Commerce
P.O. Box 2289
Dominion Building
97 Queen Street
Charlottetown
Prince Edward Island
C1A 8C1

NEWFOUNDLAND

Newfoundland Regional Office Industry, Trade and Commerce 215 Water Street P.O. Box 64 St. John's, Newfoundland A1C 6C9

For information on exports to developing countries, contact:

Canadian International
Development Agency
200 Promenade du Portage
Hull, Quebec
K1A 0G4

Agricultural Services

Agriculture Canada offers a number of services to farmers and processors. The goal is to help provide a dependable supply of safe, nutritious food at reasonable prices while ensuring equitable returns to producers and processors.

Farm Credit Corporation Canada

The federal government established the Farm Credit Corporation Canada (FCC) to help Canadian farmers, and those wishing to become farmers, purchase, develop and maintain sound farm businesses. Assistance is provided in the form of long-term mortgage credit.

Loans may be made to farmers individually or jointly and to farming corporations or cooperative farm associations.

The maximum loan to a single farm business is \$200,000 when there is one qualifying applicant and \$400,000 when there is more than one qualifying applicant. A borrower may take a maximum of 30 years to repay a loan and the interest rate set when the loan is made does not change during the life of the loan.

Loan funds may be used to purchase farm land, erect farm buildings, purchase farm equipment and breeding stock, pay debts or for any purpose that will promote the efficient operation of the farm.

An application for a loan should be made at your local FCC office. For the name and location of the credit advisor in your area, please write to one of the following addresses:

NEW BRUNSWICK

Farm Credit Corporation Canada 633 Queen Street P.O. Box 505 Fredericton, New Brunswick E3B 4Z9

Farm Credit Corporation Canada 337 Broadway Street P.O. Box 906 Grand Falls, New Brunswick EOJ 1M0 Farm Credit Corporation Canada 567 St. George Boulevard P.O. Box 849 Moncton, New Brunswick E1C 8N6

Farm Credit Corporation Canada Federal Building Maple Avenue P.O. Box 751 Sussex, New Brunswick E0E 1P0

NOVA SCOTIA

Farm Credit Corporation Canada Research Station 109 Main Street P.O. Box 325 Kentville, Nova Scotia B4N 3X1

Farm Credit Corporation Canada 664 Prince Street P.O. Box 743 Truro, Nova Scotia B2N 5E8

PRINCE EDWARD ISLAND

Farm Credit Corporation Canada Dominion Building 97 Queen Street P.O. Box 1235 Charlottetown Prince Edward Island C1A 7M8

NEWFOUNDLAND

Farm Credit Corporation Canada Research Station P.O. Box 7098 St. John's, Newfoundland A1E 3Y3

Agricultural Stabilization Board

The federal government, by statute, has provided for price stabilization to help the farmer realize a fair return for both his work and his financial investment. It also seeks to maintain a balance between the market price and the cost of supplies and services to the farmer.

The government ensures the support of prices for nine commodities: cattle, pigs, sheep, industrial milk and cream, corn, soybeans, oats and barley. The support prices represent 90 per cent of the average market price during the previous five years and are indexed according to fluctuating production costs. Other products can be "designated" at the discretion of Agriculture Canada.

More information is available from:

Agricultural Stabilization Board Sir John Carling Building Ottawa, Canada K1A 0C5

Crop Insurance

With assistance from the Government of Canada, all-risk crop insurance is available to farmers in all 10 provinces to protect them from losses caused by natural hazards such as hail. drought, grasshoppers or a killing frost. The federal government makes financial contributions to all crop insurance plans that are approved and administered by the provinces. Depending on the terms of the agreement signed with individual provinces, the federal government pays 25 per cent of the premium and 50 per cent of the administration costs, or 50 per cent of the premium if the province pays all of the administration cost. Farmers pay 50 per cent of the premium. It is up to the individual farmers to decide whether they want their crops insured.

For more information, contact your provincial department of agriculture or write to:

Crop Insurance Crop Production Division Agriculture Canada Sir John Carling Building Ottawa, Canada K1A 0C5

Livestock Feed Board of Canada

Most of the country's feed grain is produced on the Prairies, and, of course, much of it is consumed in that region as well. But Eastern Canada and British Columbia also have important livestock and poultry industries. Quebec, for example, is the leading province in production of pork. Dairy herds in Quebec produce nearly 50 per cent of all Canada's milk, and the province's farmers rely heavily on supplies of feed grain from other parts of the country.

That's where the feed board comes in, helping to pay the cost of transportation and storage of Western feed grains and Ontario feed corn, as part of a program designed to ensure that adequate supplies are available, at prices that are fairly balanced in Eastern Canada and British Columbia.

Under an agreement with Ontario and Quebec some of the money previously used for transporting feed has been committed instead to development of storage and handling facilities and feed grain production capacity, including the establishment of facilities on individual farms.

The federal government has spent about \$25 million in Quebec and another \$15 million in Ontario since 1976 under the agreement. The feed board's program helps livestock and poultry producers in Eastern Ontario, parts of Quebec, the Atlantic region and British Columbia to plan their operations in advance, knowing there will be feed supplies on hand at competitive prices. For the producer of feed grains, the pro-

gram helps to stabilize both markets and prices.

For more information, write to:

Livestock Feed Board of Canada Room 400 5180 Queen Mary Road Montreal, Quebec H3X 3T4

Agri-Food Development

Agri-Food Development offices have been established in each province by Agriculture Canada. These offices maintain a close contact with provincial governments and non-governmental organizations. The Agri-Food Development personnel help to ensure that Agriculture Canada's programs are responsive to local needs and potential. They work with regional officials to develop an agriculture and food strategy for each province.

For more information, write:

ATLANTIC REGION

Agriculture and Food Development Agriculture Canada Regional Directorate P.O. Box 698 Prince Street Truro, Nova Scotia B2N 1G8

Food Production and Inspection

The Food Production and Inspection Branch of Agriculture Canada is responsible for health of animals and the inspection and grading of livestock, meat, poultry, dairy products, fruits and vegetables. Federal scientists direct extensive research into animal disease; there are control programs to eliminate infectious ailments among animals and to prevent infected animals coming in from foreign countries. Federal veterinary agents and agrologists in the field advise and assist farmers. The production development arm of the branch generally promotes more efficient animal and crop production, helping producers to gain a better return on their investment. The branch is also responsible for controlling plant diseases, inspection and grading of seeds, and regulating the use of fertilizers, pesticides and herbicides

Additional information is available by writing to:

Food Production and Inspection Branch Agriculture Canada Atlantic Regional Office Terminal Plaza Building 1222 Main Street Box 1089 Moncton, New Brunswick E1C 8P6

Agricultural Fairs and Exhibitions

Agricultural societies can receive contributions from the federal government for approved fairs and exhibitions.

These monies may be used to defray the judges' honoraria,

cover the cost of certain rural youth activities, pay for approved property improvements, and serve as prize money for livestock competitions.

For more information, write to:

Animal Production Division Agriculture Canada Sir John Carling Building Ottawa, Canada K1A 0C5

Marketing Services

Agriculture Canada also provides various daily, weekly and monthly market information services to the public. Up-to-date market information is available by calling (613) 995-5880.

Agriculture Canada offers producers advance payments for storable crops, and provides construction assistance for certain grain elevator construction programs. Through the Fruit and Vegetable Storage Construction Financial Assistance Program, funds are available to expand cold storage facilities for horticultural products.

For more information, contact:

Marketing and Economics Branch Agriculture Canada 7th Floor Sir John Carling Building Ottawa, Canada K1A 0C5

Research

At 50 research establishments across Canada, more than 700 Agriculture Canada scientists are at work on the current and future problems of the agriculture and food industry. Research carried out covers every aspect of the industry and in many ways has been responsible for developing Canada's position as a major food producer and exporter.

For more information, contact:

Research Branch Agriculture Canada Sir John Carling Building Ottawa, Canada K1A 0C5

Publications

Agriculture Canada offers many publications containing useful information of interest not only to farmers but also to the general public.

The farmer may like to consult those publications concerned with:

- farm management
- crop and livestock production
- market reports.

Publications useful in and around the home cover such topics as:

- canning fruits and vegetables
- · freezing foods
- preparation of meat
- growing trees in Canadian gardens.

If you would like a list of available publications, Agriculture Canada will be happy to send you one. Write to:

Communications Branch Agriculture Canada Sir John Carling Building Ottawa, Canada K1A 0C7

and ask for publication 5103, Publications for Farm and Home.

Fisheries

In the past, Canadian fishermen have enjoyed an enviable freedom to fish wherever and whatever they wished, in waters teeming with fish in seemingly endless abundance.

However, massive fishing operations by foreign fleets, particularly off the Atlantic coast, had serious effects on the Canadian fishing industry. The fish stocks were exploited so intensively that some species were severely threatened.

With the introduction by Canada in 1977 of 200-mile exclusive fishing zones off both East and West coasts, the federal government has been in a position to manage the coastal fisheries in a much more effective manner. Foreign fishing has been drastically cut back and conservation measures imposed to allow depleted fish stocks to recover.

Services for Fishermen

In addition to efforts to increase the amount of fish available for harvesting and ensure equitable sharing of the resource among competing users, the federal government offers a number of services for the direct benefit of fishermen.

These include the Fisheries Improvement Loans, a government-backed program to assist fishermen who wish to purchase new vessels or make improvements to ones they already own; a fishing vessel construction subsidy program to give financial aid to fishermen who qualify under certain criteria, and a government-operated low-cost vessel insurance plan for fishermen.

Under the Fisheries Development Act, the Department of Fisheries and Oceans initiates various programs to improve the efficiency and profitability of the fishing industry, such as demonstrating improved catching gear and methods, more efficient storage and refrigeration of the catch, and better processing methods in the shore plants.

On the marketing side, the department is actively engaged in promoting the consumption of fish by such means as cooking demonstrations and development of new recipes, and is aggressively seeking market opportunities for Canadian fish products abroad.

The Fisheries Prices Support Board develops price stabilization programs designed to protect fishermen against sharp declines in fish prices, and consequent loss in income due to causes beyond their control.

For information on other services offered by the federal government, consult your telephone directory for the Fisheries and Oceans office in your area, or write to:

SCOTIA-FUNDY REGION

Government of Canada Fisheries and Oceans P.O. Box 550 Halifax, Nova Scotia B3J 2S7

NEWFOUNDLAND

Government of Canada Fisheries and Oceans Northwest Atlantic Fisheries Centre P.O. Box 5667 St. John's, Newfoundland A1C 5X1

GULF REGION

Government of Canada Fisheries and Oceans P.O. Box 5030 Moncton, New Brunswick E1C 9B6

Another service of the federal government is the payment of special year-round or seasonal Unemployment Insurance benefits to fishermen. These benefits are explained in a small booklet entitled Fishing isn't just

another job, which can be obtained by writing to one of the following addresses:

NEW BRUNSWICK

Public Affairs
Employment and
Immigration Canada
1975 Main Street
Moncton, New Brunswick
E1C 1H2

NOVA SCOTIA

Public Affairs
Employment and
Immigration Canada
1888 Brunswick Street
P.O. Box 2463
Halifax, Nova Scotia
B3J 3E4

PRINCE EDWARD ISLAND

Public Affairs
Employment and
Immigration Canada
199 Grafton Street
P.O. Box 8000
Charlottetown
Prince Edward Island
C1A 8K1

NEWFOUNDLAND

Public Affairs
Employment and
Immigration Canada
167 Kenmount Place
P.O. Box 12051
St. John's, Newfoundland
A1B 3Z4



Work

An important aspect of our daily life is work. Work represents both an individual's livelihood and the overall productivity and prosperity of the Canadian economy. The federal government recognizes this by offering many services and programs to the employed, the unemployed and the employer.

Workers and Jobs

Canada Employment Centres (Employment Services)

There is a cross-country network of approximately 500 CECs offering both employers and workers a wide variety of programs and services. These include information on available jobs, counselling for job-seekers regarding employment and related matters, including how to look for a job, counselling for the disadvantaged and special need groups, aptitude testing, specialized services to students, and intensive efforts to help Unemployment Insurance (UI) claimants find employment. The typical CEC has a Job Information Centre (JIC) where workers can make job choices from openly displayed job cards or listings and then contact a counsellor. Since a majority of workers want only information about job vacancies, this concept of selfservice has now become an integral part of the CEC operation.

Canada Employment Centres are linked together through the National Job Bank, a unique telephone-computer combination, which provides employers with rapid access to qualified personnel across Canada and provides workers with up-to-theminute information on job openings coast-to-coast.

In addition to the rapid matching of workers and jobs, the job bank is an excellent source of

labour market information. It is also capable of producing specialized job listings that could bring employers and workers together within a particular trade or profession.

CECs can also provide, in several of Canada's largest metropolitan centres, immediate city-wide job information through the computerized Metropolitan Order Processing System (MOPS).

Creating Jobs

The federal government operates programs designed to encourage potential employers to create jobs and thus reduce the number of unemployed.

The Local Employment Assistance Program (LEAP) supports projects that create employment for people who would otherwise be unlikely to find work. LEAP projects, which can be funded for up to three and one-half years, should raise the level of work skills of socially disadvantaged and chronically unemployed people.

The Summer Youth Employment Program is a two-stream program involving federal departments and agencies, as well as the private sector and voluntary organizations. Details can be obtained from all CECs and CECs for Students.

The New Technology Employment Program offers young people qualified in technical

areas the opportunity to use their skills to advance the development and application of new technology. This program is designed to provide jobs for post-secondary graduates trained in scientific and technical areas who are unemployed, to develop innovations in manufacturing and in the application of conservation and alternate energy techniques and programs, and to support small scale entrepreneurial initiatives in these areas.

Small private sector firms, individuals, associations, research institutes and community organizations creating additional employment in approved activities will be eligible for a contribution of three-quarters of wages paid (up to \$1,250) for up to 12 months.

To be eligible to work under this program, a person must be a post-secondary school graduate in a scientific or technical field, have recently entered the labour force and been unable to find work in his or her discipline.

The Program for the Employment-Disadvantaged is a major experimental program of wage subsidies to help the private sector hire physically and mentally handicapped persons and others who are at a serious disadvantage in securing employment.

There are three phases to the assistance offered employers. In the first phase of up to 13 weeks

duration, the program will pay 85 per cent of gross wages for all eligible workers. In the second phase, the wages of handicapped persons can be subsidized at 50 per cent for up to 26 weeks. In the third phase, the wages of handicapped employees can be subsidized at 25 per cent for up to 26 weeks, and for other employment-disadvantaged at 25 per cent for up to 13 weeks.

In addition to the wage subsidy, up to \$5,000 per business establishment may be provided for restructuring the workplace or toward the cost of acquiring special equipment to accommodate handicapped workers. A further \$100 per worker may be available for the purchase of protective clothing.

Canada Community Development Projects is a program designed to support local organizations in the development and management of activities that will create short-term employment opportunities.

Proposals for this program should demonstrate that they will create new jobs at the time of highest unemployment in the area in which they operate and the activities undertaken should provide employment in specific types of activity generally supportive of national and regional priorities.

Criteria for the program may vary from year to year and potential sponsors should inquire at their local Canada Employment Centre for full details. Applications are generally solicited in late summer and early fall.

The Canada Community Services Projects (CCSP) program supports organizations that create jobs, particularly for women, natives, young people and the disabled, in established non-profit organizations. The program aims to help organizations provide needed community services such as day care, community health care, crisis and information services, and home care services. Organizations may apply for funding for periods of up to one, two or three years. Proposals for more than one year will be subject to a diminishing funding formula (66 and 33 per cent of first-year support in years two and three). Persons in jobs supported by the program are referred by CECs and will have been unemployed and actively seeking work for eight weeks.

The Outreach Program funds projects that extend employment services to remote communities and to people with particular difficulty finding and keeping jobs, including those returning to the work force after prolonged periods of absence, natives, disabled persons, prison inmates, ex-inmates and older workers. Outreach projects are initiated by CEC managers and are developed in conjunction with local community groups, which sponsor the projects. Outreach

project workers develop innovative and effective ways to improve the job prospects of unemployed and disadvantaged men and women.

These are just some of the programs developed by the federal government to increase employment opportunities. Contact your local CEC for information on other job-creation programs.

Mobility of Workers

The government wants to ensure that workers whose skills are not needed in their home areas can respond to job opportunities in other parts of the country. People who are under-employed, unemployed or about to become unemployed may be eligible for financial assistance, through the Canada Manpower Mobility Program, when they travel in search of employment, accept temporary work elsewhere or relocate for permanent jobs. Assistance covering some of the costs of travel is also available to persons attending a Canada Manpower Training Program course at a school located outside their home area.

Manpower Training Program

The objective of the Canada Manpower Training Program is to help adults acquire the skills needed for better-paying, steadier and more satisfying jobs, and to provide the skilled workers needed by Canadian employers. The government supports training in two ways. The first

approach is to purchase institutional training courses from colleges and vocational schools. most of which are operated by provincial authorities. Enrolment is through CECs. Full-time trainees receive a training allowance or Unemployment Insurance (UI) benefits and may be eligible for commuting or living-away-from-home allowances. The second approach is to enter into a contract with an employer to assist in the training of employees. Under such contracts, the Canada Manpower Industrial Training Program reimburses the employer for the direct cost of training and for a portion of trainee wages.

Training of Women in Non-Traditional Jobs

To help women enter occupations traditionally dominated by men, employers are reimbursed 75 per cent of the wages paid the women while they are being trained for non-traditional jobs. These include such occupations as sheet-metal work and aircraft fabrication and assembly.

Women can take advantage of pre-trades training courses that provide the opportunity to choose from a wide variety of trades for which further training and job prospects exist.

There are also introductory courses for occupations that are traditionally male-dominated. Spaces are reserved for women in skilled trades training courses under the Canada Manpower

Training Program and goals are set for the number of women to be trained by employers under the Canada Manpower Industrial Training Program.

Canada Employment Centres (Unemployment Insurance)

Most workers in Canada are covered by Unemployment Insurance. When they are temporarily out of work, people have the right to apply for UI benefits to help pay the bills and buy the things they need.

Unemployment Insurance benefits are not automatic. To qualify, you must have worked a certain number of weeks and you must be looking for another job. The number of weeks of insurable employment one needs varies from 10 to 14 weeks depending on the rate of unemployment in the region in which you normally live. These weeks must fall in the last 52 weeks or since the start of your last claim for benefits. This is called your qualifying period.

There are additional requirements for some UI claimants. Generally, people who apply for the second time in 52 weeks may have to work up to six weeks longer than those claiming for the first time. The number of extra weeks required would depend on how many weeks of UI benefits they received the first time. People who enter the labour force for the first time or after an absence of more than one year would also have to work

longer before getting UI—either 20 weeks in the last year or 10 to 14 weeks in the last year plus 14 weeks the year before.

Special benefits differ. To apply for benefits when you are sick or injured, pregnant or reach age 65, you must have worked in insurable employment for 20 weeks in your qualifying period.

There are many brochures available on the subject of Unemployment Insurance. These include *How Unemployment Insurance works for you* (covering the total UI program), *UI and you: when you reach 65*, and *If you don't agree* (about appeals).

Social Insurance Number

When you apply for a job, a potential employer will ask if you have a Social Insurance Number (SIN). If you don't have one, visit your local Canada Employment Centre to complete the application form.

You must provide documentary proof of your identity as a Canadian citizen or a permanent resident. If you are a Canadian citizen, you would submit, for example, your birth certificate or a certified copy of it and one other piece of identification, which could be your driver's licence, passport or baptismal certificate. A permanent resident (landed immigrant) should submit, for example, his or her Canadian immigration identification record and one other piece of identification.

Because the Canada Employment and Immigration Commission cannot be responsible for the safety of original documents sent through the mail, you are encouraged to bring them in yourself.

The booklet entitled How do you apply for a Social Insurance Number can provide you with all the information you will need to apply.

Additional Information

There are many brochures and pamphlets, some of which have been mentioned above, that provide more detailed information. These can be obtained from your local CEC or by writing to one of the following addresses:

NEW BRUNSWICK

Public Affairs
Employment and
Immigration Canada
1975 Main Street
Moncton, New Brunswick
E1C 1H2

NOVA SCOTIA

Public Affairs
Employment and
Immigration Canada
1888 Brunswick Street
P.O. Box 2463
Halifax, Nova Scotia
B3J 3E4

PRINCE EDWARD ISLAND

Public Affairs
Employment and
Immigration Canada
199 Grafton Street
P.O. Box 8000
Charlottetown
Prince Edward Island
C1A 8K1

NEWFOUNDLAND

Public Affairs
Employment and
Immigration Canada
167 Kenmount Place
P.O. Box 12051
St. John's, Newfoundland
A1B 3Z4

If you have any questions regarding a particular program or service or would like to know about others, contact your local Canada Employment Centre.

Labour Canada

This federal department administers the Canada Labour Code, which covers employment in international and interprovincial transport (railways, trucking, pipelines, ferries, tunnels, bridges, marine transport and other related services), air transport and airports, broadcasting, telephone, banks, grain elevators, uranium mines and certain Crown corporations. Generally, all other related enterprises are under provincial or territorial iurisdiction. Across Canada, labour affairs officers and health and safety officers are ready to

assist Canadians who are employed in fields that come under federal jurisdiction. These officers also carry out inspections to protect the health and well-being of such employees. And Labour Canada's mediation and conciliation service provides experts to assist in the collective bargaining process in industries under federal jurisdiction. The arbitration services branch appoints, where required, arbitrators to settle disputes.

Labour Canada also offers a wide range of information and education services to all Canadians. The department collects and publishes statistics on wages, collective bargaining, strikes and lockouts and working conditions across Canada, Other publications include studies, booklets, bibliographies and periodicals that deal with interests such as women in the work force, quality of working life, occupational safety and health, federalprovincial and international labour relations and conditions of work.

You may obtain a copy of the department's publications catalogue by writing to:

NEW BRUNSWICK AND PRINCE EDWARD ISLAND

Labour Canada Atlantic Regional Office Professional Arts Bldg. 100 Arden Street Moncton, New Brunswick E1C 4B7 Labour Canada P.O. Box 1267 Fredericton, New Brunswick E3B 5C8

NOVA SCOTIA

Labour Canada 5670 Spring Garden Road Halifax, Nova Scotia B3J 1H6

Labour Canada Cabot House 500 Kings Road Sydney, Nova Scotia B1S 1B1

NEWFOUNDLAND

Labour Canada
Sir Humphrey Gilbert Bldg.
Duckworth Street
St. John's, Newfoundland
A1C 5W1

The department also maintains, in co-operation with the National Film Board, a national catalogue of industrial relations films, which is also available from Communication Services.

Labour Canada's regional offices are located at the following addresses:

NEW BRUNSWICK AND PRINCE EDWARD ISLAND

Labour Canada Atlantic Regional Office Professional Arts Bldg. 100 Arden Street Moncton, New Brunswick E1C 4B7 Labour Canada P.O. Box 1267 Fredericton, New Brunswick E3B 5C8

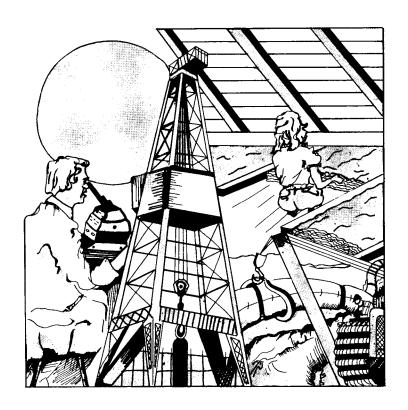
NOVA SCOTIA

Labour Canada 5670 Spring Garden Road Halifax, Nova Scotia B3J 1H6

Labour Canada Cabot House 500 Kings Road Sydney, Nova Scotia B1S 1B1

NEWFOUNDLAND

Labour Canada
Sir Humphrey Gilbert Bldg.
Duckworth Street
St. John's, Newfoundland
AIC 5W1



Energy

Canadians are in the extremely fortunate position of being self-sufficient in energy. Nonetheless, we must be careful to ensure maximum efficiency in consuming the energy we have. The federal government is involved in promoting a number of programs designed to save energy and help Canadians better understand the importance of managing well the energy we use every day.

National Energy Program

The management of our energy resources is of vital concern to all Canadians. The Government of Canada is carrying out its energy management responsibilities through the National Energy Program, which has three major objectives:

- energy security, particularly self-sufficiency in oil by 1990
- increased opportunity for Canadians to participate in the oil and gas industry
- fair sharing and fair prices for governments, industry, and consumers.

This section takes a brief look at some of the main components of the National Energy Program.

The Consumer Home Energy Management Package

Canadians are fortunate to have energy resources in such abundance. We export uranium, coal, natural gas and electricity. However, some of the oil we need must be imported from an uncertain world market.

To help in achieving the objective of oil self-sufficiency by 1990, Canadians have been encouraged to reduce their use of energy and especially their use of oil.

The federal government offers a complete package of services to

help Canadians use less energy, convert off-oil, and save money.

The package includes the following:

- the Ener\$ave Advisory Service
- the Canadian Home Insulation Program (CHIP)
- the Canada Oil Substitution Program (COSP)
- free publications.

Ener\$ave Advisory Service

"Ener\$ave" will help you reduce energy consumption in your home.

We will send you a questionnaire if you call or write to us. You then answer short questions on the basic characteristics of your home. We analyse the answers by computer and return the results by mail, showing how you can save.

To get advice by telephone, call our bilingual HEATLINE advisors. They give direct advice on what to do, what products and services to choose, and how to use them effectively.

To obtain a questionnaire or more information and advice, write to:

The Ener\$ave Advisory Service Energy, Mines and Resources Canada 588 Booth Street Ottawa, Canada K1A 0E4

or call toll-free: 1-800-267-9563.

Two Grant Programs: CHIP and COSP

To help you take the necessary steps that Ener\$ave has helped you to identify, EMR provides two assistance programs.

The Canadian Home Insulation Program provides taxable grants up to \$350 for the purchase of approved insulating materials, including weather-stripping, caulking and vapour barriers, as well as up to \$150 toward the cost of contract labour.

To determine if your home qualifies for a grant and to obtain more information, write to:

CHIP
P.O. Box 700
Postal Station St. Laurent
Montreal, Quebec
H4L 5A8

or call toll-free: 1-800-442-9771.

The Canada Oil Substitution Program is designed to encourage homeowners and small businesses to convert their heating systems from oil to other sources of energy. COSP provides taxable grants covering 50 per cent of the conversion costs to a maximum of \$800 per unit. To be eligible, the new heating systems should reduce the building's reliance on oil by at least 50 per cent. A new solar system need only provide one-third of the building's heating requirements.

If you are considering propane, wood, solar or other energy forms, you should contact the office of the Department of Energy, Mines and Resources in your province or you may write to:

Energy, Mines and Resources Canada 580 Booth Street Ottawa, Canada K1A 0E4

Publications

The Government of Canada offers free publications that explain how you can conserve energy. Titles include Keeping the Heat In, The Billpayer's Guide to Heating Systems, and The Car Economy Book.

To obtain these publications or for more information, write:

Ener\$ave
Conservation and Renewable
Energy Branch
Energy, Mines and Resources
Canada
588 Booth Street
Ottawa, Canada
K1A 0E4

or call toll-free: 1-800-267-9563.

Renewable Energy

The Government of Canada has announced several programs to promote renewable sources of energy, and to stimulate research and development in the field of renewable energy.

At present, renewable energy, excluding hydro-electricity, represents 3.1 per cent of the primary energy consumed in Canada. The federal government's goal is to double this by 1990.

An important example of renewable energy in Canada is "biomass," which includes vegetables, grain, peat, trees, and forest, farm and municipal waste. Biomass can be burned to produce steam, or processed to produce liquid fuel, gas and other sources of energy.

In Canada, wastes from forest industries offer the best opportunities to increase biomass energy use. Under the Forest Industry Renewable Energy Program (FIRE), a federal program established in 1978 to encourage the use of biomass fuels, industry has received \$44.1 million in grants from the Government of Canada. These projects displace the equivalent of more than 790,000 cubic metres of oil per year by using wood waste as fuel.

This program is so successful that it was expanded in October 1980 and now provides civic organizations and all industries with up to 20 per cent of the capital costs of eligible equipment for the use of forest, municipal, and agricultural waste, or peat. For further information, write to the following address:

FIRE Program Secretariat Conservation and Renewable Energy Branch Energy, Mines and Resources Canada 580 Booth Street Ottawa, Canada KIA 0E4

Some Other Energy-Management Programs

The Government of Canada is taking these other steps to secure oil self-sufficiency:

- an oil pricing policy that provides strong incentives to the petroleum industry to find and develop new sources of oil
- measures to encourage Canadianization of the oil industry with the goal of at least 50 per cent Canadian ownership by 1990
- help to make natural gas available to more Canadians
- a new Crown corporation, Canertech, will promote the commercial production of renewable energy and energy conservation products and services

- a taxable grant of \$400 for each commercial vehicle, such as taxis, trucks, or farm vehicles, converted to run on propane or purchased with a propane system
- a \$20-million fund to help Canadian municipalities, in co-operation with the provinces, conserve energy and create employment.

For more information about Canada's National Energy Program, contact:

Communications Branch Energy, Mines and Resources Canada 580 Booth Street Ottawa, Canada K1A 0E4

Fuel Economy Guide

Transport Canada provides consumers with fuel economy data on all new cars and light trucks sold in Canada. You may obtain a copy of the *Fuel Economy Guide* from participating new car dealers or by writing to:

Public Affairs Transport Canada 21st Floor, Tower C Place de Ville Ottawa, Canada K1A 0N5



Communications

Canada is a big country, so it stands to reason that Canadians have had to become pioneers in communications. The Government of Canada helps Canadians communicate in many ways. National radio and TV networks broadcast in English and French, in Indian and Inuit languages and, by short wave, Canada speaks to the world in 11 languages. The federal government is actively involved in the development of exciting new communications technology to serve the people of Canada.

Satellites

Canadians living in remote areas will soon be able to pick up a new multi-channel television and radio service relayed to them via the Canadian-owned and operated Anik satellite system. The new service will provide additional radio and television channels in both official languages and include nearly the full range of programming available in large cities.

But, first, someone in these communities has to apply for licences to operate satellite-receiving earth stations and to distribute these signals to their communities. The federal government has developed a streamlined procedure for processing applications as speedily as possible.

The federal government also provides applicants with information on licensing, general advice on technical alternatives and guidance in completing application forms.

Videotex Technology

In the near future, Canadians may be able to shop, bank, send and receive electronic mail, search data bases across the country and publish their own electronic information—all without leaving their homes. These new possibilities have opened up because federal government researchers have developed Telidon, a new videotex tech-

nology, which through the addition of a tiny computer terminal and a keypad, can convert the TV in your living room into a new, fully interactive home entertainment and information centre.

Telidon, an all-Canadian technology now widely acknowledged as superior to any videotex system in the world, is being tested in field trials across Canada, as well as in Venezuela. The giant U.S. telecommunications carrier, American Telephone and Telegraph, has announced that Telidon will serve as its North American standard.

By 1983, it is predicted that Telidon terminals will sell for about \$300.

If you would like brochures or more information on the services mentioned here, write to one of the following addresses:

ATLANTIC REGION

Government of Canada
Department of Communications
Terminal Plaza Building
7th Floor
1222 Main Street
P.O. Box 1290
Moncton, New Brunswick
E1C 8P9

Information Services
Government of Canada
Department of Communications
Ottawa, Canada
K1A 0C8

Television Reception

When you've been looking forward to relaxing with your favorite television program it's annoying to find that your TV set is acting up.

The federal government has a brochure, For better television reception, that can help you to improve the quality of your picture. It discusses different types of antennas and how to install and use them effectively. Copies are available from the Department of Communications addresses which follow.

General Radio Service

Thousands of Canadians now own General Radio Service (GRS) radios, more popularly known as Citizen Band (CB) radios. More and more frequently, these radios are being used for many communications purposes.

A booklet called Information and Licence Application Form (Citizens Band-CB) has been prepared to help users get the best results from General Radio Service. It contains information that is especially useful if you are considering buying or operating a two-way GRS radio. As a licence is required to operate the radio, a licence application form and temporary permit are attached. For copies of these brochures and additional information, write to one of the following addresses:

ATLANTIC REGION

Government of Canada
Department of Communications
Terminal Plaza Building
7th Floor
1222 Main Street
P.O. Box 1290
Moncton, New Brunswick
E1C 8P9

Information Services
Government of Canada
Department of Communications
Ottawa, Canada
K1A 0C8

Canada Post Corporation

The transformation, on October 16, 1981, of the Post Office department into a Crown corporation entails a number of changes. However, Canadians can count on their postal service to continue to improve and to extend its services in light of developments in the field of communications.

Many customers, especially in smaller localities, find that wicket clerks and postmasters can be "information officers" for all federal government programs and services, in addition to providing their regular service. In these communities, citizens are able to obtain information on passports, Unemployment Insurance, old age pensions, Family Allowances, health and welfare

services, and other important matters through their post office.

Each year the Canada Post Corporation issues a series of stamps commemorating famous persons or important events in the history of our country.

For additional information concerning the Canada Post Corporation, please write to:

NEW BRUNSWICK AND PRINCE EDWARD ISLAND

Public Affairs Canada Post Corporation 89 Canterbury Street Saint John, New Brunswick E2L 2C8

NOVA SCOTIA

Public Affairs Canada Post Corporation P.O. Box 1689 Halifax, Nova Scotia B3J 2B1

NEWFOUNDLAND

Public Affairs Canada Post Corporation 354 Water Street St. John's, Newfoundland A1C 1C5

or call your local post office.



The Environment

We are becoming increasingly aware of our environment, which includes not only our immediate surroundings but also the forests, inland waters, lands and wildlife of our vast country. The federal government provides support and leadership in the conservation and preservation of our environment.

Environmental Protection

Pollution

Strict laws protect our environment. The federal government works closely with provincial agencies and industry on measures to control sources of pollution in air and water. The use of toxic substances comes under close supervision, and scientific studies are undertaken on methods of disposing of toxic wastes. Research is being carried out to assess the acid rain problem and to develop appropriate control strategies. Federal experts are also active on projects to clean up pollution where it exists. And since there is always a risk of environmental disaster occurring, there is a cleanup team on the alert 24 hours a day to face any emergency.

Forests

Canada's forests cover 3.5 million square kilometres from the Pacific to the Atlantic. Forestry is Canada's biggest industry.

The federal government leads forest research in silviculture, forest management, protection, environmental factors and energy from forest biomass, (i.e., forest waste products). It also supports and assists the provinces and industry in forest management and development. Federal policies and activities affecting forestry are coordinated through the Federal Forestry Sector Strategy Com-

mittee headed by the Canadian Forestry Service. Exchange of technical information with other countries is part of the federal role in international relations.

Fact sheets, brochures and pamphlets are available on such subjects as maple sugar production, careers in forestry, conservation, tree species, fire and the spruce budworm.

Land Use

The federal government is concerned about the rapid loss of agricultural lands and, looking to the future, has developed a method of projecting the demand for agricultural land and the availability of land to satisfy that need.

Other areas of interest shared with the provincial governments are the distribution of land suitable for outdoor recreation, the demand and availability of land for such uses as forestry, the amount of despoiled land and the conversion of land for urban uses.

Inland Waters

The federal government plans and participates, with the provinces, in water management programs and policies. Concerns include water quality and quantity, floods and flood control, water research, industrial and agricultural use of water, and water resources planning.

Publications and Information

If you would like more information as well as interesting publications on pollution, land use, protection of forests and protection of inland waters, or if you would like to know about other environment-related programs and services, write to:

Public Affairs
Environment Canada
Atlantic Regional Office
16th Floor
Bank of Montreal Building
5151 George Street
Halifax, Nova Scotia
B3J 1M5

Wildlife

Any massive changes in the environment that affect wildlife must eventually affect man. An important concern of the federal government is the preservation of our wildlife — everything from migratory birds and the endangered peregrine falcons to wood bison and polar bears.

Through the Canadian Wildlife Service (CWS), the government protects and manages migratory birds under international treaty and participates in many other wildlife research and management projects.

These projects include studying and compiling data on the distribution, migration habits, food sources and diseases of birds and animals. Surveys are made of breeding grounds in an attempt to maintain optimum populations of migratory game birds. National Wildlife Areas have been created to provide safe breeding, feeding and resting places for migratory birds and other wildlife. The CWS conducts research into the effects of human activities on wildlife, and on finding ways to harmonize the uses of wildlife and other resources; it also advises farmers on ways of preventing damage by waterfowl to cereal crops.

In addition, the CWS, with the provinces and territories, sets annual hunting season dates and bag limits for migratory game birds.

The Canadian Wildlife Service also publishes a wide range of technical and general information pamphlets and has sponsored feature-length films on wildlife and the service's activities. For information concerning films, contact the National Film Board office in your area. Information on the Canadian Wildlife Service can be obtained by writing to:

Distribution Section Canadian Wildlife Service Environment Canada Ottawa, Canada K1A 0E7

Fish Habitats

A good indicator of the state of health of a lake or river is whether there are fish swimming around. Often it is the unthinking action of man that kills off fish stocks, such as dumping fill on spawning grounds or marshes, building dams that reduce the flow of water, or removing sand or gravel from beaches or stream beds.

Through its Habitat Management Branch, the Department of Fisheries and Oceans acts to protect the areas where fish breed and grow by means of public information programs, consultation with developers and, if necessary, through court action under the provisions of the Fisheries Act.

The most recent threat to fish survival is acid rain—airborne pollution from sources in Canada and the United States—which has already brought death to scores of lakes in central Canada. Fisheries and environmental scientists are embarking on extensive research programs to support efforts that will curb the further spread of damage to our natural resources from the scourge of acid rain.

If you would like more information on how you can help protect the fisheries for present and future generations, write to the appropriate address:

SCOTIA-FUNDY REGION

Government of Canada Fisheries and Oceans P.O. Box 550 Halifax, Nova Scotia B3J 2S7

NEWFOUNDLAND

Government of Canada Fisheries and Oceans Northwest Atlantic Fisheries Centre P.O. Box 5667 St. John's, Newfoundland A1C 5X1

GULF REGION

Government of Canada Fisheries and Oceans P.O. Box 5030 Moncton, New Brunswick E1C 9B6

The Weather

Meteorological stations across Canada provide public weather forecasts through radio, television and newspapers. In some major cities, Weather Radio offers forecasts and information on special FM channels.

Forecasts are based on information gathered many times each day by weather observers and meteorologists all over the country. In addition to preparing forecasts for the general public, the Atmospheric Environment Service of Environment Canada issues special forecasts for aviation, agriculture, forestry, offshore fisheries, pleasure-boaters, marine transport and highway services.

If you are travelling or moving to a different region, you can obtain information on the climate of that region by writing to: Regional Director Atlantic Region Atmospheric Environment Service Environment Canada P.O. Box 5000 Bedford, Nova Scotia BON 1B0

Maps of Canada

The Canada Map Office of Energy, Mines and Resources produces a wide variety of topographic and land-use maps. Indexes are available free of charge from commercial dealers, or may be obtained by writing to:

Canada Map Office Energy, Mines and Resources Canada 615 Booth Street Ottawa, Canada K1A 0E9



Youth

The federal government, recognizing that the young people of today are the potential leaders of tomorrow, has created challenging, interesting programs to help them know Canada and Canadians better, as well as knowing themselves.

(See also: Careers in the Government of Canada— Summer Assignments for Students; Work—Creating Jobs)

Student Loans

The Canada Student Loans Program (CSLP) provides loans to full-time students, who establish a need for financial help, to assist them in meeting the cost of studies at the post-secondary level of education so that all qualified students may have the opportunity to fulfil their educational potential.

If you receive a loan under this program and complete the proper documents, the federal government will pay the interest on the loan during the time you remain in full-time study and for six months after.

Although the program is financed by the federal government, applications for aid are processed by provincial and territorial authorities. For more information consult your provincial department of education or write to:

NEW BRUNSWICK

Student Aid Division
Department of Youth,
Recreation and Cultural
Resources
P.O. Box 6000
Fredericton, New Brunswick
E3B 5H1

NOVA SCOTIA

Student Aid Office Department of Education P.O. Box 578 Halifax, Nova Scotia B3J 2S9

PRINCE EDWARD ISLAND

Student Aid Division
Department of Education
P.O. Box 2000
Charlottetown
Prince Edward Island
C1A 7N8

NEWFOUNDLAND

Student Aid Division
Department of Education
Prudential Assurance Building
49–55 Elizabeth Avenue
St. John's, Newfoundland
AIC 5R9

Open House Canada

Open House Canada helps young Canadians to discover other parts of their country and to get to know their fellow citizens from diverse backgrounds through reciprocal visits between "twin" groups.

Open House Canada pays travel costs between home communities for participants aged 14 to 22. or for those enrolled in postsecondary education, and for accompanying adult escorts. Each group hosts the other in turn, providing accommodation and meals for a minimum fiveday stay. A program of educational activities is organized by the hosts to familiarize visitors with the history, government, economic life and sociocultural composition of the host community.

If you or your group would like more information on this opportunity to experience another part of Canada, write to:

NEW BRUNSWICK

Open House Canada
Department of the Secretary
of State of Canada
860 Main Street
Moncton, New Brunswick
E1C 1G2

NOVA SCOTIA

Open House Canada Department of the Secretary of State of Canada 5281 Duke Street Halifax, Nova Scotia B3J 3M1

PRINCE EDWARD ISLAND

Open House Canada
Department of the Secretary
of State of Canada
Dominion Building
97 Queen Street
Charlottetown
Prince Edward Island
C1A 4A9

NEWFOUNDLAND

Open House Canada
Department of the Secretary
of State of Canada
Sir Humphrey Gilbert Bldg.
P.O. Box E-5368
Duckworth Street
St. John's, Newfoundland
A1C 5W2

Katimavik

Would you accept the opportunity to discover Canada, to learn more about yourself, to take on tough physical challenges, to become more aware of your environment? Katimavik is making the offer.

Katimavik, an Inuit word for "meeting place," is a national youth service funded by the federal government. Its objectives are to serve Canadian communities, to aid in the personal development of its participants, to encourage environmental awareness and to provide opportunities for a greater understanding of our country.

The program runs for nine months and involves groups of 33 participants assigned to three successive projects (one of which is in a francophone environment) in three different provinces where they spend approximately three months each.

Projects are developed in cooperation with local communities and might involve such activities as environmental clean-up, trail-cutting, improvement of recreational facilities, aiding the elderly and handicapped, and working with children and youth in day care or recreation centres.

In addition there are cultural and educational aspects that include structured and informal learning, ranging from language and interpersonal skills needed for intensive group living to crafts, basic manual skills and research into the historical and cultural heritage of the area.

Also available to candidates is a three-month military option that involves learning and participating in a program sponsored by the Department of National Defence.

If you are between 17 and 21, single and a Canadian citizen or resident and would like to share in the collective effort of a group of dedicated young Canadians, more information is available from:

Katimavik Atlantic Regional Office Suite 218 Pacific Building 1541 Barrington Street Halifax, Nova Scotia B3J 175

Young Athletes

Young Canadians are continually demonstrating their ability, potential and determination in amateur sports. The federal government works with the appropriate national sports governing bodies to offer encouragement and attempts to upgrade the quality and scope of Canadian participation in the following ways: providing funds for the development of quality coaching, financing travel expenses for athletes attending training camps, assisting individual ath-

letes in meeting their training needs, providing money for travel and accommodation expenses for athletes participating in sports championships and offering direct financial assistance to ensure that promising Canadian athletes can continue their education and still concentrate on their training and competitive programs.

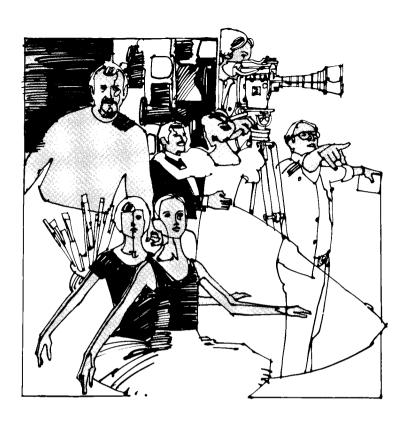
Should you like more information, write to:

Promotion and Communications Fitness and Amateur Sport Department of the Secretary of State of Canada Atlantic Regional Office Halifax Insurance Building 5670 Spring Garden Road Halifax, Nova Scotia B3J 1H6

Travel Bargains

Travelling from Victoria to St. John's could cost less than you think. Fare structures authorized by the Canadian Transport Commission permit the country's airlines and Via Rail to offer a wide variety of reduced fares.

For example, students between the ages of 12 and 21 can take advantage of a 40-per cent reduction on most domestic airline flights, except during peak travel periods. Seats cannot be reserved, but the savings may well be worth the time spent waiting on standby. Keep in mind also that at some periods of the year even greater discounts are available to the general public. Since the policy on fare reductions may change from time to time, it's best to check with your nearest airline or Via Rail office, or consult a travel agent.



Arts and Culture

The arts symbolize our intellectual wealth and creative imagination, and reflect the many facets of our cultural heritage as can be seen in the works of our painters, sculptors, actors and actresses, musicians, composers, dancers and film-makers. The federal government, through numerous programs, encourages the preservation and enhancement of our multicultural character and the growth and development of artistic and creative skills.

National Policies In Support of the Arts

National programs supporting culture and the arts are designed to give all regions of Canada an equal chance to develop and express themselves. The federal government's arts and culture sector does research on the state of the arts across the country and helps the Minister of Communications develop national policies concerning cultural activities, museums and the national heritage.

The sector also promotes cooperation between federal cultural agencies so they may meet common cultural objectives and implement programs aimed at both the private and public sectors. Policies involve promotion of the arts, financial planning for the arts community, and indirect as well as direct subsidization of the arts.

In December 1980, the Minister of Communications announced a special program of cultural initiatives that will disburse \$39.6 million to the arts community over the next three years to improve public access to our culture and to meet the immediate financial and management needs of the artistic community.

For more information, write to:

Department of Communications Atlantic Regional Office Terminal Plaza Building 7th Floor P.O. Box 1290 1222 Main Street Moncton, New Brunswick E1C 8P9

Assistance for the Arts

A musician will tell you that music is the truest form of expression. The writer will make the same claim for literature, and the artist and photographer will praise their respective arts. The Canada Council, which is the federal organization responsible for supporting the arts, covers all these forms of expression.

The Canada Council encourages and promotes the study, enjoyment and production of works in the arts—music, dance, opera, theatre, film, the visual arts, video, photography and literature.

Grants are offered in all these fields to professional artists, persons whose work is essential to the professional arts, professional arts organizations and arts support services.

Explorations is a program of the Canada Council designed to assist individuals, groups and organizations, inside or outside the professional arts, with imaginative, well-conceived projects in the broad field of culture

A multi-disciplinary program, Explorations offers support for innovative projects that seek to address new needs or investigate new directions in the arts.

A variety of awards and prizes is available such as the Governor General's Literary Awards, Children's Literature prizes, translation prizes, the Canada-Belgium and Canada-Australia Literary Prizes and the Jules Léger Prize for New Chamber Music, to mention just a few.

A range of publications describing the Canada Council's programs and services may be obtained by writing to:

Communications Services Canada Council Atlantic Regional Office 49 Pownal Street P.O. Box 2680 Charlottetown Prince Edward Island C1A 8C3

Communications Services Canada Council 255 Albert Street Ottawa, Canada K1P 5V8

or by calling toll-free 1-800-267-8282.

Assistance to Groups

Recognizing Canada's multicultural heritage, the federal government provides encouragement and financial assistance through a number of programs that promote the preservation and sharing of our many cultures, and helps bring mutual appreciation and understanding to all Canadians.

Basically these programs support and encourage communities in the development of their cultural heritage, help members of all cultural groups to gain acceptance and overcome barriers to full participation in Canadian society, and promote and encourage creative encounters among all Canadian cultural groups.

Assistance and encouragement is also provided to organizations dedicated to improving the status of women, to native citizens and to voluntary organizations.

The federal government also helps our two official language groups to make use of their language and thus enables them to contribute to Canadian society in areas where they constitute minorities. Grants are available for projects and activities that meet this objective. Grants and/or bursaries are also available to help teachers improve their language skills and to help post-secondary students continue their studies or take a total immersion course in their second official language.

For more information on these and other programs, contact:

NEW BRUNSWICK

Department of the Secretary of State of Canada 860 Main Street Moncton, New Brunswick E1C 1G2

NOVA SCOTIA

Department of the Secretary of State of Canada 5281 Duke Street Halifax, Nova Scotia B3J 3M1

PRINCE EDWARD ISLAND

Department of the Secretary of State of Canada Dominion Building 97 Queen Street Charlottetown Prince Edward Island C1A 4A9

NEWFOUNDLAND

Department of the Secretary of State of Canada Sir Humphrey Gilbert Bldg. P.O. Box E-5368 Duckworth Street St. John's, Newfoundland A1C 5W2

Canadian Broadcasting Corporation (CBC)

The publicly-owned CBC provides a balanced service of information and entertainment for people of all ages, interests and tastes. Programming includes news, public affairs, drama,

music, sports, documentaries, children's programs, and consumer affairs.

CBC national services include English and French television networks, English and French radio networks, FM stereo radio services in both languages and English and French parliamentary television networks distributed through cable systems. In the Far North, CBC's northern radio and TV services provide network programming in English and French, and special programs in the languages of the Indian and Inuit residents.

The national broadcasting service gives continuing support to Canadian artists and performers through the broadcast of Canadian music, drama and poetry, the commissioning of special works, the sponsorship of talent competitions, and the presentation of Canadian films. It produces a variety of recordings, audiotapes and books from some of its program material.

If you would like additional information on the Canadian Broadcasting Corporation, write to:

MARITIME REGION

Canadian Broadcasting Corporation 5600 Sackville Street P.O. Box 3000 Halifax, Nova Scotia B3J 3E9

NEWFOUNDLAND

Canadian Broadcasting Corporation Hart Building, Rowan Street P.O. Box 12010 Station A St. John's, Newfoundland A1B 3T8

National Film Board (NFB)

The National Film Board was founded in 1939. Its purpose then, as now, was to inform Canadians about their own country and the world in which they live. The extension of this mandate, to inform the world about Canada, has made the NFB one of Canada's best-known cultural ambassadors.

Since its inception, the film board has produced over 4,000 French and English documentaries, and animated and feature films, which have been seen in every country where film is used. Film board productions have won over 2,000 international awards, including six Academy Awards. The first Oscar was given in 1941 to Churchill's Island. The most recent Oscar was won by the animated film Every Child/Chaque enfant, in 1980.

French and English language films are produced at a rate of approximately 200 each year and cover a wide variety of subjects: portraits of Canadian politicians, artists, historical figures and "personalities," and inquiries into a myriad of social issues. The NFB headquarters in Montreal is now complemented by six regional film production studios established to foster filmmaking talent across the country.

In addition to commercial distribution through theatres and television broadcasts, prints of NFB films and filmstrips are used extensively by schools, and by business and community groups. In Canada, films are available to individuals through a unique system of lending libraries. The NFB also provides photographic reproduction and display services to federal government departments through the Canadian Government Photo Centre in Ottawa. This facility also houses a bank of thousands of photographs and slides sold to private sector publishers and to the general public. The Still Photography Division, also in Ottawa, creates and circulates gallery exhibits of work by Canadian photographers.

There are 30 NFB offices across Canada. For further information please consult your telephone directory for the one nearest you, or write to:

NEW BRUNSWICK

National Film Board of Canada Terminal Plaza Building 1222 Main Street Moncton, New Brunswick E1C 1H6 National Film Board of Canada 1 Market Square Saint John, New Brunswick E2L 1E7

NOVA SCOTIA

National Film Board of Canada Atlantic Regional Office 1572 Barrington Street Halifax, Nova Scotia B3J 1Z6

National Film Board of Canada Sydney Shopping Mall Prince Street Sydney, Nova Scotia B1P 5K8

PRINCE EDWARD ISLAND

National Film Board of Canada 202 Richmond Street Charlottetown Prince Edward Island C1A 1J2

NEWFOUNDLAND

National Film Board of Canada Building No. 255 Pleasantville St. John's, Newfoundland A1A 1N3

National Museums of Canada

This country's museums have a great deal to tell us about our shared history and the bonds that unite our diverse cultures. The National Museums of Canada has helped museums from coast to coast and, in the process, has created a network of

25 associate museums (including the four national museums in Ottawa) and 24 national exhibition centres.

The Atlantic Provinces have four associate museums-the New Brunswick Museum (Saint John), the Nova Scotia Museum (Halifax), Confederation Centre Art Gallery and Museum (Charlottetown), and the Newfoundland Museum (St. John's)—and seven national exhibition centres—Galerie Restigouche Gallery (Campbellton), Fredericton National Exhibition Centre. DesBrisay Museum/National Exhibition Centre (Bridgewater), the Firefighters' Museum of Nova Scotia and National Exhibition Centre (Yarmouth), Hector Centre Trust/National Exhibition Centre (Pictou), Eptek National Exhibition Centre (Summerside), and Mary March Regional Museum and National Exhibition Centre (Grand Falls).

The national museums reach out to all Canadians through travelling exhibitions, loans of artworks and artifacts, and educational activities in a variety of media. In addition, the National Museums of Canada administers a series of national programs, including a fleet of "museumobiles" that take exhibits into rural areas, a computerized national inventory of museum objects, the Canadian Conservation Institute, providing research, advice and skilled care to protect the national heritage.

an international exchange program, and technical and financial assistance to hundreds of qualifying institutions across the country.

For additional information on the National Museums of Canada, write to:

National Museums of Canada 300 Laurier Avenue West Ottawa, Canada K1A 0M8

Public Archives

The Public Archives contains a wealth of information on Canada relating to all aspects of Canadian life and to the development of the country from its beginnings to the present time. The Archives also provides suitable research facilities to make this material available to the public.

Some of the Archives' acquisitions are as follows: manuscript collections of statesmen and other distinguished citizens, 80,000 volumes on Canada and its history, about a million maps and plans pertaining to the discovery, the exploration, settlement, topography and geology of the country and documentary paintings, drawings and printed images relating to people, historical events, places and objects.

If you would like reasonably priced reproductions of material preserved in the Archives, or information regarding the services of the Public Archives, write to:

Communication Services Public Archives of Canada 395 Wellington Street Ottawa, Canada K1A 0N3



Recreation

For most of us, recreation is an important part of our lives. Not only is it just plain fun, but it also serves as an excellent antidote for stress. Whatever your favorite leisure activity, there's a good chance that services offered by the federal government can help make it more enjoyable.

Fitness

The federal government, through Fitness and Amateur Sport, offers a number of services to Canadians. Consultative services are available to sport and recreation associations that promote a healthier, more beneficial lifestyle for all Canadians through fitness activities. National associations that encourage increased participation in physical recreation and raise the fitness level of Canadians may receive financial assistance.

For business and industry, fitness programs have been developed by Fitness Canada. These can be incorporated into the work environment to meet employee needs and conditions. A manual has been published covering all aspects of organizing and operating employee fitness programs.

There are fitness packages available for professionals and fitness group leaders. There are a number of fitness publications available to individuals as well.

For information on how to order these packages or for more information on services, write to:

Promotion and Communication Fitness and Amateur Sport Department of the Secretary of State of Canada Atlantic Regional Office Halifax Insurance Building 5670 Spring Garden Road Halifax, Nova Scotia B3J 1H6

Travelling in Canada

If you are planning to travel in Canada and would like to know more about the area you will be visiting, the Canadian Government Office of Tourism can provide you with a wide variety of brochures and maps, as well as information on camping facilities. You may also wish to consult your provincial department of tourism or the department of tourism for the province that you plan to visit. For more information, write:

Travel Information Services Canadian Government Office of Tourism 235 Queen Street Ottawa, Canada K1A 0H6

Boating Safety

Safety is as important to the weekend sailor as it is to the captain of a large oil tanker. The Canadian Coast Guard is responsible for marine search and rescue operations. It has craft of all sizes and types in various parts of the country to carry out these duties.

Since prevention is better than cure, Transport Canada publishes boating safety literature, including the Canadian Coast Guard Boating Handbook.

Coast Guard personnel give presentations on boating safety at boat shows, marinas and fishing communities. The Coast

Guard has also formed the Canadian Marine Rescue Auxiliary, made up of volunteers who help provide boating safety information and take part in search and rescue operations.

For further information, contact one of the following addresses:

NEW BRUNSWICK

Public Affairs Transport Canada 1081 Main Street P.O. Box 42 Moncton, New Brunswick E1C 8K6

NOVA SCOTIA

Public Affairs Transport Canada 46 Portland Street P.O. Box 1013 Dartmouth, Nova Scotia B2Y 3Z7

NEWFOUNDLAND

Public Affairs Transport Canada Southside Road St. John's, Newfoundland A1C 5N5

OTTAWA

Public Affairs Transport Canada 21st Floor, Tower C Place de Ville Ottawa, Canada K1A 0N5

Harbour Facilities

"Any port in a storm" has become a well-worn cliché, but in any kind of weather mariners appreciate a port that has good facilities and ample berthing space.

The federal government has the responsibility for the upkeep and development of some 2,300 harbours, wharves, jetties and related facilities for the use of fishermen and recreational boaters across Canada. Among the major projects undertaken through the Small Craft Harbours Program of the Department of Fisheries and Oceans in recent years, was construction of a marina and vachting facilities at Kingston, Ontario, for the 1976 Olympic Games. The federal government also provides financial assistance in certain cases for the development of private marinas and tourist wharves

For more information, write to:

SCOTIA-FUNDY REGION

Small Craft Harbours Branch Fisheries and Oceans P.O. Box 550 Halifax, Nova Scotia B3J 2S7

NEWFOUNDLAND

Small Craft Harbours Branch Fisheries and Oceans P.O. Box 5667 St. John's, Newfoundland A1C 5X1

GULF REGION

Small Craft Harbours Branch Fisheries and Oceans P.O. Box 5030 Moncton, New Brunswick E1C 9B6

Tide Tables

If you are a commercial fisherman or just a weekend sailor, it is important to know the times of high and low tides if you are operating in tidal waters. From tables issued yearly by the Canadian Hydrographic Service. mariners can predict the height of the tide in a particular area at any time of the year. The same source produces current tables containing the times and rates of maximum flow of water each day for specific areas, as well as water level data for the Great Lakes system and elsewhere.

For more information, contact:

Ocean Science and Surveys Government of Canada Fisheries and Oceans Bedford Institute of Oceanography P.O. Box 1006 Bedford, Nova Scotia B2Y 4A2

Nautical Charts

If your leisure hours are spent on the water, you may be interested in obtaining a catalogue of nautical charts of Canada's coastal waters, adjacent oceans and inland water routes. To receive more information about the catalogue, write to:

Hydrographic Chart Distribution Office Government of Canada Fisheries and Oceans P.O. Box 8080 1675 Russell Road Ottawa, Canada K1G 3H6

Aeronautical Charts

Of interest to the aviation community, aeronautical charts are available for sale at most airports throughout Canada or by writing to:

Canada Map Office Energy, Mines and Resources Canada 615 Booth Street Ottawa, Canada K1A 0E9

Aerial Photographs

Would you like to have a reasonably priced aerial photograph of some specific feature such as a lake, landmark, house or the area in which you live? If so, mark the area of interest on a suitably scaled topographical map available from the Canada Map Office. Make a notation on the map to indicate the specific feature that should be visible in the photograph and send it to:

National Air Photo Library Energy, Mines and Resources Canada 615 Booth Street Ottawa, Canada K1A 0E9

Canada's National Parks

In a world characterized by rapid technological advancement and industrialization, Canadians are learning that the quality of life we are seeking cannot be achieved through material success only.

We need special places that offer an alternative to the conformity of our surroundings—places in which we can relate to the natural world and which will, perhaps, remind us of our past.

We have these places. They are our national parks and national historic parks and sites, which are established and maintained for all Canadians by Parks Canada.

There are 28 national parks in Canada from Terra Nova on the east coast of Newfoundland to Pacific Rim on the west coast of Vancouver Island, from Point Pelee on the most southerly tip of mainland Canada to Auyuittuq on Baffin Island inside the Arctic Circle. Whatever you prefer in terms of scenery, be it rugged coastal cliffs, calm glassy lakes, sandy beaches or snow-capped mountains, there is a

national park to accommodate your taste. Since 1955 more than 70 historic parks and major sites have been created and about 650 persons, places and events have been commemorated. Parks Canada turns back the clock to offer Canadians a look at people and places from our colourful past.

Pamphlets are available on all national parks and national historic parks and sites. These indicate the names and locations of the parks and provide information on activities and facilities available. Write to one of the following addresses:

Parks Canada Atlantic Region Historic Properties Upper Water Street Halifax, Nova Scotia B3J 1S9

Parks Canada Ottawa, Canada K1A 1G2



Canadians Abroad

Whether you are travelling for pleasure or on business, the federal government attempts to ensure that your trip goes as smoothly as possible. The government also encourages Canadian participation in development programs abroad.

Passports

Most countries require visitors to carry passports. To obtain yours you must first fill out an application form, available free of charge from post offices, travel agencies, customs or immigration offices, citizenship courts or regional passport offices. After you have filled in the required information, which must include the name of a guarantor who fulfils the conditions listed on the form, attach two photographs of yourself, your birth certificate or citizenship certificate and a certified cheque or money order for the required amount, and send it to one of the following addresses:

NEW BRUNSWICK

Regional Passport Office Suite 601, Kings Place 440 King Street Fredericton, New Brunswick E3B 5H8

NOVA SCOTIA

Regional Passport Office Barrington Tower Suite 1210 Scotia Square Halifax, Nova Scotia B3J 1P3

NEWFOUNDLAND

Regional Passport Office General Post Office Building 4th Floor 354 Water Street St. John's, Newfoundland A1C 1C4

OTTAWA

Passport Office External Affairs Canada Lester B. Pearson Building 125 Sussex Drive Ottawa, Canada K1A 0G3

Because of the number of applications received, it is wise to apply for your passport well in advance of your proposed trip. Your passport is valid for five years beginning the day it is issued. It is not renewable. You must re-apply when the five-year period expires.

Customs

Before leaving Canada, you might like to pick up the Customs and Excise booklet, *I Declare*. It will brief you on what you should know, when returning from abroad, to make your Canadian Customs clearance formalities as worry-free and easy as possible.

All customs offices, most travel agents, and international airports, can provide you with a copy of the booklet or you may write to:

Regional Customs Office Revenue Canada 5670 Spring Garden Road Halifax, Nova Scotia B3J 2Z8

or consult your telephone directory for the office nearest you.

Immunization

Depending on the country that you intend to visit, you may be required to be immunized against certain diseases. Health and Welfare Canada has a brochure, A Guide For International Travellers, that lists required and recommended immunization for different countries.

If you would like to receive the guide, write to:

Medical Services Branch Health and Welfare Canada Jeanne-Mance Building Tunney's Pasture Ottawa, Canada K1A 0L3

As immunization requirements change periodically, it would be advisable to contact your nearest health unit for possible changes.

Warm Climates

If you are travelling to a warm climate, you may be interested in obtaining a pamphlet, Staying Healthy in Warm Climates, that includes information on immunization protection, heat disorders and insect-borne diseases and contains a list of fluids and foods that should be avoided.

This pamphlet can be obtained by writing to:

Medical Services Branch Health and Welfare Canada Jeanne-Mance Building Tunney's Pasture Ottawa, Canada K1A 0L3

Assistance to Canadians Abroad

If you're in a foreign country and you find yourself in need of assistance due to illness, an accident, theft of your money or some similar misfortune, don't hesitate to request help from the nearest Canadian diplomatic or consular office. Representatives of the Canadian government will give advice appropriate to the circumstances and they will do their best to provide you with the required services. If need be, they will also help you contact a doctor, hospital, lawyer or family back home. A word of warning; our government representatives cannot intervene in any country's legal proceedings in which you may be involved.

If you plan to reside in or visit a country for an extended period, it is recommended that you register at the Canadian diplomatic or consular post by visiting or writing the post after your arrival. This is particularly important if you are planning to visit or stay in a region in which political conditions are tense or unsettled.

If you should find yourself in an area where there are civil disturbances or natural disasters, contact the nearest Canadian post immediately.

There are more than 100 Canadian embassies and consulates around the world to serve you.

Airports

If you're going abroad, you'll probably pass through one of Canada's major international airports. The federal government operates these airports and does everything possible to ensure that your trip gets off to a good start.

The government provides numerous safety-oriented services: air traffic control, airport security and maintenance, aircraft inspections, training standards for pilots, telecommunications and meteorological services. As well, competent personnel are available to aid travellers with small children and passengers who require special assistance.

In co-operation with other nations, the Canadian government ensures that international aviation standards are upheld; regardless of one's destination, passenger safety and well-being are of prime importance.

For more information on airports, write to one of the following addresses:

NEW BRUNSWICK

Public Affairs Transport Canada 1081 Main Street P.O. Box 42 Moncton, New Brunswick E1C 8K6

NOVA SCOTIA

Public Affairs Transport Canada 46 Portland Street P.O. Box 1013 Dartmouth, Nova Scotia B2Y 377

NEWFOUNDLAND

Public Affairs Transport Canada Southside Road St. John's, Newfoundland A1C 5N5

OTTAWA

Public Affairs Transport Canada 21st Floor, Tower C Place de Ville Ottawa, Canada K1A 0N5

Serving Overseas

Service in a developing country may prove to be one of the most satisfying experiences of a lifetime.

Each year about 300 Canadians with special skills are recruited by the Canadian International Development Agency (CIDA) to carry out Canada's programs of

co-operation with countries in Asia, Africa, the Caribbean and Latin America, where people are trying to build a better life. CIDA also helps the United Nations, its institutions and other international agencies find qualified Canadians for their technical assistance missions.

Candidates should be Canadian citizens with sound professional training and at least five years of experience in a particular field. Specialists are needed in such areas as agriculture, agronomy, forestry, economics, financial management, health and many other fields.

If you would like to receive more specific information on this program, please write to:

Human Resources Directorate Canadian International Development Agency 11th Floor, Place du Centre 200 Promenade du Portage Hull, Quebec K1A 0G4

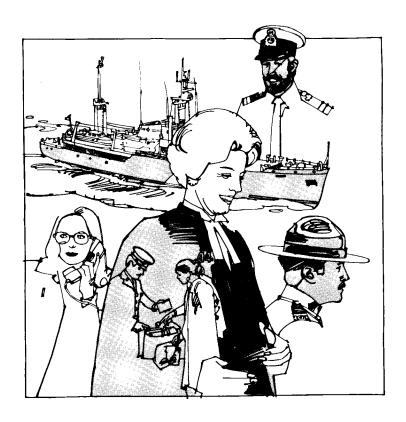
A number of non-governmental organizations that receive some funding from the federal government also seek volunteers for various overseas projects. For more information, write to:

CUSO Atlantic Regional Co-Ordinator 1546 Barrington Street 4th Floor Halifax, Nova Scotia B3J 1Z3 Canadian Executive Service Overseas (CESO) Atlantic Regional Director YMCA Building 752 Prince Street Truro, Nova Scotia B2N 1G9

The World University Service of Canada (WUSC) often has openings for both volunteer workers and contract personnel in fields such as teaching, health, water resources and a variety of technical skills. WUSC has nearly 400 volunteers and contract workers in some 15 African countries.

For more information, write to:

World University Service of Canada P.O. Box 3000, Station C Ottawa, Canada K1Y 4M8



Careers in the Government of Canada

To provide all of the services mentioned in this guide, the federal government must be able to rely on qualified personnel.

Public Service Commission

You don't have to live in the National Capital Region to work in the federal public service: Canada's public servants are located not only in every major city across the country, but in most of the smaller communities as well. Financial administrators, truck drivers, nurses, lawyers, data processing experts, gardeners, auditors, clerical workers, engineers, lab technicians—in fact, practitioners of virtually every skill or profession in Canada—put their talents to use in carrying out the programs and policies of the federal government.

If you would like to pursue a career in the public service, job information and application forms are available at your nearest Canada Employment Centre and at all offices of the Public Service Commission of Canada. Application forms may also be obtained at most post offices. Applications, retained in an inventory, are considered when a departmental vacancy becomes available. When appropriate, the Public Service Commission of Canada advertises jobs in the careers or classified section of daily newspapers or professional journals. The commission has prepared audio cassettes and braille summary texts, which make public service career information accessible to visually impaired persons. These materials are available at Canada

Employment Centres, major libraries and educational institutions across Canada, and at all offices of the Public Service Commission.

Information on careers in the public service is available on all university and community college campuses. If you are about to receive a degree or diploma, consult your placement officer and ask to see the Public Service Commission's brochures and pamphlets. Recruitment of graduating university students is conducted through an annual competition that takes place in the fall. If you have any questions or need additional information, contact your nearest Public Service Commission office or write to one of the following addresses:

NEW BRUNSWICK

Public Service Commission of Canada 860 Main Street, Suite 603 Moncton, New Brunswick E.I.C. 8M.1

NOVA SCOTIA

Public Service Commission of Canada Royal Bank Building, 4th Floor 5161 George Street Halifax, Nova Scotia B3J 1M8

PRINCE EDWARD ISLAND

Public Service Commission of Canada Confederation Court Mall 3rd Floor 134 Kent Street Charlottetown Prince Edward Island C1A 8R8

NEWFOUNDLAND

Public Service Commission of Canada 354 Water Street, 2nd Floor St. John's, Newfoundland A1A 1C4

Foreign Service

As a respected member of the world community, Canada engages in a broad range of international activities. These include diplomatic relations, trade activities, immigration services and the administration of cultural and information programs about Canada.

One government department offers careers abroad: External Affairs. Foreign Service officers are recruited through an annual competition that is co-ordinated by the Public Service Commission. This competition, which involves a written examination, takes place in the fall at centres located across Canada.

Candidates must be Canadian citizens, have a university education and an understanding of the Canadian environment and out-

look, be able to project a favourable image of Canada, be willing to accept rotational assignments anywhere in the world and know or be willing to learn Canada's other official language.

If you would like to be considered for a career in Canada's Foreign Service, visit your university placement office or nearest office of the Public Service Commission of Canada, in early September, to obtain the special booklet and application form. The competition closes in mid-October

For general information on the Foreign Service, write to:

Foreign Service Officer
Recruitment
Public Service Commission
of Canada
O.S.S.D., 18th floor
300 Laurier Avenue West
Ottawa, Canada
K1A 0M7

Summer Assignments for Students

The Public Service Commission's Career-Oriented Summer Employment Program (COSEP) arranges challenging summer assignments for students every year. If you are a full-time student at a university, community college or technical institute and are continuing your studies in the fall, you are eligible for this program.

These summer jobs give you an opportunity to take a look at career possibilities that may be open to you after graduation and, equally important, potential employers in the federal government will have an opportunity to watch you work. The summer jobs are related to a variety of disciplines, particularly in the pure and applied sciences.

COSEP assignments are available in many of the more than 70 federal departments and agencies.

If you would like more information on COSEP, contact the nearest office of the Public Service Commission of Canada.

Canadian Armed Forces

The Canadian Armed Forces is a modern, highly mobile, unified force that provides many opportunities for young Canadians to learn specialized skills and apply them wherever they are needed in Canada or abroad, to achieve higher levels of skill in a specialized trade, to have access to advancement and increases in pay, and to accept additional responsibilities.

To be eligible, you must be over 17 years of age, have successfully completed a sound education, be a Canadian citizen, meet the Armed Forces medical standards and pass the Canadian Forces selection tests.

The Canadian Forces offer the following entry plans:

- Trades training—military and trades training in more than 60 trades
- Marine Engineering Technician Training Plan
 (METTP)—subsidized education at St. Lawrence College in Cornwall, Ontario
- Officer Candidate Training Plan (OCTP)—officer and military training for an operational career specialty
- Regular Officer Training Plan (ROTP)—subsidized military and university education
- Medical Officer Training Plan (MOTP)—up to 45 months subsidy at a medical school, including internship
- Dental Officer Training Plan (DOTP)—up to 45 months subsidy at a dental college
- Direct Entry Officer
 (DEO)—an entry plan for a
 graduate of a university, institute of technology, community
 college or a registered nurse.

For more information on opportunities in the Canadian Armed Forces, visit your nearest Canadian Forces Recruiting Centre, listed in the yellow pages under "Recruiting", or write to:

The Director of Recruiting and Selection National Defence Headquarters Ottawa, Canada K1A 0K2

Transport Canada

Through its air and marine administrations, Transport Canada offers a wide variety of career opportunities for both men and women.

High school graduates can become radio operators, marine traffic regulators, air traffic controllers or ship's crew members. Training in most of these fields is given at the Transport Canada Training Institute in Cornwall, Ontario.

At its college in Sydney, Nova Scotia, the Canadian Coast Guard also provides training for high school graduates. Upon completing the three-year course, cadets graduate as navigation officers or marine engineers. They serve on Coast Guard ships, carrying out such duties as search and rescue, icebreaking, maintaining aids to navigation or cleaning up oil spills.

Technical school graduates may pursue challenging careers as electronic or engineering technicians, while university engineering graduates will find many opportunities to use their skills.

For more information, contact one of the following addresses:

NEW BRUNSWICK

Public Affairs
Transport Canada
1081 Main Street
P.O. Box 42
Moncton, New Brunswick
E1C 8K6

NOVA SCOTIA

Public Affairs Transport Canada 46 Portland Street P.O. Box 1013 Dartmouth, Nova Scotia B2Y 3Z7

NEWFOUNDLAND

Public Affairs Transport Canada Southside Road St. John's, Newfoundland A1C 5N5

OTTAWA

Public Affairs Transport Canada 21st Floor, Tower C Place de Ville Ottawa, Canada K1A 0N5

High school graduates who wish to apply for training as Coast Guard navigation or engineering officers should contact:

Canadian Coast Guard College P.O. Box 4500 Sydney, Nova Scotia B1P 6L1

Royal Canadian Mounted Police

Narcotics control, the battle against organized crime, investigation of commercial crime—if these activities appeal to you, you may be interested in an exciting and rewarding career in law enforcement with the Royal Canadian Mounted Police

To become a Regular Member Constable in the Royal Canadian Mounted Police you must meet the following requirements:

- be a Canadian citizen
- be 19 years of age (application may be made at age 18, but you will not be eligible for engagement until your 19th birthday)
- · be physically and medically fit
- as a minimum, have successfully completed a secondary school education program
- hold a valid Canadian licence to operate a motor vehicle and have more than a minimal degree of driving proficiency
- be of good character
- be proficient in either official language.

For additional information or an application form, contact your nearest RCMP detachment or write to one of the addresses below.

Commanding Officer
J Division
Royal Canadian
Mounted Police
Woodstock Road
P.O. Box 3900
Fredericton, New Brunswick
E3B 4Z8

Commanding Officer H Division Royal Canadian Mounted Police 3139 Oxford Street P.O. Box 2286 Halifax, Nova Scotia B3J 3E1

Commanding Officer L Division Royal Canadian Mounted Police 450 University Avenue P.O. Box 1360 Charlottetown Prince Edward Island C1A 7N1

Commanding Officer
B Division
Royal Canadian
Mounted Police
Pleasantville
P.O. Box 4300
St. John's, Newfoundland
A1C 5S8

Free Publications

This brochure is one of a number of publications, available free of charge, on the programs and services of the Government of Canada, our country and its system of government. To receive additional copies of this brochure or any of those listed below, please clip and return this form to:

Publications Canada P.O. Box 1986, Station B Ottawa, Canada K1P 6G6

Canadian Government Programs and Services
 □ The Government of Canada at your service in the Atlantic Provinces □ The Government of Canada and the small business □ The Government of Canada and the senior citizen □ The Government of Canada and agriculture □ The Government of Canada and youth □ The Government of Canada and the working person □ The Government of Canada and the consumer □ The Government of Canada and world affairs
 ☐ It's all ours — pamphlets on Canada and its resources ☐ Did you know that — interesting facts on different aspects of Canadian life ☐ How Canadians Govern Themselves — a look at our system of government and its institutions
Renewing the Constitution
☐ The Canadian Constitution 1981 — full text of the resolution adopted by Parliament in December, 1981
☐ The Canadian Constitution 1981 — Highlights
☐ The Constitution and you
☐ The Charter of Rights and Freedoms: a Guide for Canadians
☐ Copy of the Charter of Rights and Freedoms suitable for framing
Other publications on the federal system of government
☐ Please add my name to your mailing list
NAME
ADDRESS
CITY PROVINCE
POSTAL CODE

Government of Canada Publications

Federal government departments and agencies produce a wide variety of publications dealing with a host of subjects. Many of these are offered for sale by the Canadian Government Publishing Centre. The centre can also supply lists of publications available by subject matter. For more information, write to:

Publicity and Promotion Canadian Government Publishing Centre Supply and Services Canada Ottawa, Canada K1A 0S9

Information Services of the Government of Canada

Following is a list of information services of the Government of Canada. If you would like additional information on a particular subject, please do not hesitate to write to the appropriate department or agency.

Information Services
Agricultural Stabilization Board
Sir John Carling Building
930 Carling Avenue
Ottawa, Canada

Communications Branch Agriculture Canada Sir John Carling Building 930 Carling Avenue Ottawa, Canada K1A 0C7

K1A 0C5

Public Affairs
Air Canada
I Place Ville-Marie
Montreal, Quebec
H3B 3T7

Office of Public Information Atomic Energy Control Board P.O. Box 1046 Ottawa, Canada K1P 5S9

Public Affairs
Atomic Energy of Canada
Limited
20th Floor
275 Slater Street
Ottawa, Canada
K1A 0S4

Communications Services
Canada Council
255 Albert Street
Ottawa, Canada
K1P 5V8

Information Services
Canada Institute for Scientific
and Technical Information
National Research Council
of Canada
Building M-55
Montreal Road
Ottawa, Canada
K1A 0S2

Information and
Communications Centre
Canada Mortgage and Housing
Corporation
LaSalle Academy
2nd Floor, Annexe E
Sussex Drive
Ottawa, Canada
K1A 0P7

Public Affairs

Canada Post Corporation

Sir Alexander Campbell

Building

Confederation Heights

Ottawa, Canada

K1A 0B1

Public Relations
Canadian Broadcasting
Corporation
1500 Bronson Avenue
P.O. Box 8478
Ottawa, Canada
K1G 3J5

Information Services

Canadian Dairy Commission
2197 Riverside Drive
Ottawa, Canada
K1A 0Z2

Relations
Canadian Film Development
Corporation
Suite 2220
Stock Exchange Tower
P.O. Box 71

Information and Public

Montreal, Quebec H4Z 1A8

Communications

Canadian Government Office of Tourism

4th Floor East 235 Queen Street Ottawa, Canada K1A 0H6

Information, Education and Co-operation Branch Canadian Human Rights Commission 257 Slater Street Ottawa, Canada K1A 1E1

Canadian International
Development Agency
11th Floor, Place du Centre
200 Promenade du Portage
Hull, Quebec
K1A 0G4

Public Affairs Branch

Public Affairs
Canadian National Railways
P.O. Box 8100
Montreal, Quebec
H3C 3N4

Canadian Patents and Development Limited 275 Slater Street Ottawa, Canada KIA OR 3

Canadian Pension Commission Veterans Affairs Building 284 Wellington Street Ottawa, Canada K1A 0P4

Information Services
Canadian Radio-Television and
Telecommunications
Commission
Ottawa, Canada
K1A 0N2

Information Services Canadian Transport Commission Ottawa, Canada K1A 0N9

Information Branch
Commissioner of Official
Languages
20th Floor
66 Slater Street
Ottawa, Canada
K1A 0T8

Information Services
Government of Canada
Department of
Communications
Journal Tower North
300 Slater Street
Ottawa, Canada
K1A 0C8

Communications Services Consumer and Corporate Affairs Canada Ottawa, Canada K1A 0C9

Public Information Communications Branch Correctional Service of Canada Sir Wilfrid Laurier Building 340 Laurier Avenue West Ottawa, Canada K1A 0R1

Marketing Services
Crown Assets Disposal
Corporation
450 Rideau Street
P.O. Box 8451
Ottawa, Canada
K1G 3J8

Communications Section Economic Council of Canada Tower A 333 River Road P.O. Box 527, Station B Vanier, Ontario K1P 5V6

Information and Education
Emergency Planning Canada
Lester B. Pearson Building
3rd Floor, Tower B
125 Sussex Drive
Ottawa, Canada
K1A 0W6

Public Affairs
Employment and Immigration
Canada
Ottawa, Canada
K1A 0.19

Information Services
Energy, Mines and Resources
Canada
580 Booth Street
Ottawa, Canada
K1A 0E4

Information Directorate Environment Canada Ottawa, Canada K1A 0H3

Corporate Communications
Department
Export Development
Corporation
P.O. Box 655
Ottawa, Canada
K1P 5T9

Enquiries
External Affairs Canada
Lester B. Pearson Building
125 Sussex Drive
Ottawa, Canada
K1A 0G2

Information and Public Relations Services Farm Credit Corporation Canada P.O. Box 2314, Station D Ottawa, Canada K1P 6J9

Information Office Federal Business Development Bank 901 Victoria Square Montreal, Quebec H3C 3C3 Information Division
Department of Finance
Canada

26th Floor North Place Bell Canada 160 Elgin Street Ottawa, Canada K1A 0G5

Communications
Branch
Government of Canada
Fisheries and Oceans
7th Floor West
240 Sparks Street
Ottawa, Canada
K1A 0E6

Promotion and Communication Fitness and Amateur Sport Department of the Secretary of State of Canada 365 Laurier Avenue West Ottawa, Canada K1A 0X6

Press Secretary to the Governor General Government House Ottawa, Canada K1A 0A1

Information Services
Harbours Board Canada
Tower A, Place de Ville
320 Queen Street
Ottawa, Canada
K1A 0N6

Information Directorate
Health and Welfare Canada
Brooke Claxton Building
Tunney's Pasture
Ottawa, Canada
K1A 0K9

Departmental Communications Indian and Northern Affairs Canada Ottawa, Canada K | A 0H4

Public Communications
Indian and Inuit Affairs
Indian and Northern Affairs
Canada
Ottawa, Canada
K1A 0H4

Public Communications Northern Affairs Program Indian and Northern Affairs Canada Ottawa, Canada K1A 0H4

Public Communications
Office of Native Claims
Indian and Northern Affairs
Canada
Ottawa, Canada
K1A 0H4

Public Information Branch Government of Canada Industry, Trade and Commerce 235 Queen Street Ottawa, Canada K1A 0H5

Information Services

Department of Justice Canada

Justice Building

Ottawa, Canada

K1A 0H8

Public Relations **Labour Canada** Ottawa, Canada K1A 0J2 Information and Reference Branch Library of Parliament Parliament Buildings Ottawa, Canada K1A 0A9

Information Directorate Metric Commission Canada 1st Floor East 240 Sparks Street Ottawa, Canada K1A 0H5

Public Communications Division National Capital Commission 161 Laurier Avenue West Ottawa, Canada K1P 6J6

Information Services
National Defence
101 Colonel By Drive
Ottawa, Canada
K1A 0K2

Information Services
National Energy Board
Trebla Building
473 Albert Street
Ottawa, Canada
K1A 0E5

Information Services
National Farm Products
Marketing Council
300 Sparks Street
Ottawa, Canada
K1R 7S3

Public Relations Branch
National Film Board of Canada
P.O. Box 6100
Montreal, Quebec
H3C 3H5

Information Services
National Gallery of Canada
Elgin and Slater Streets
Ottawa, Canada
KIA 0M8

Public Relations
National Library of Canada
395 Wellington Street
Ottawa, Canada
K1A 0N4

Information Services
National Museums of Canada
21st Floor
L'Esplanade Laurier
Ottawa, Canada
K1A 0M8

Communications Division
National Parole Board
of Canada
Sir Wilfrid Laurier Building
340 Laurier Avenue West
Ottawa, Canada
K1A 0R1

Public Information Branch National Research Council of Canada Montreal Road Ottawa, Canada K1A 0R6

Information Division Parks Canada Ottawa, Canada K1A 0H3

Information Services

Public Archives of Canada
344 Wellington Street
Ottawa, Canada
K1A 0N3

Public Affairs Directorate
Public Service Commission
of Canada
300 Laurier Avenue West
Ottawa, Canada
K1A 0M7

Information and
Public Relations
Public Works Canada
Sir Charles Tupper Building
Confederation Heights
Riverside Drive
Ottawa, Canada
K1A 0M2

Public Relations Division Government of Canada Regional Economic Expansion Ottawa, Canada K1A 0M4

Public Relations Branch Revenue Canada Customs and Excise Connaught Building Ottawa, Canada K1A 0L5

Information Services Branch
Revenue Canada
Taxation
123 Slater Street
Ottawa, Canada
K1A 0L8

Public Relations
Royal Canadian Mint
6th Floor, Tower B
Place Vanier
355 River Road
Vanier, Ontario
K1A 0G8

Public Relations Branch Royal Canadian Mounted Police 1200 Alta Vista Drive Ottawa, Canada K1A 0R2

Communications Services
Division
Ministry of State
Science and Technology
Canada
Martel Building
270 Albert Street
Ottawa, Canada
KIA IAI

Public Affairs Science Council of Canada 100 Metcalfe Street Ottawa, Canada K1P 5M1

Communications Branch
Department of the Secretary
of State of Canada
Ottawa, Canada
K1A 0M5

Public Relations Small Business Secretariat 6th Floor 300 Slater Street Ottawa, Canada KIA 0H5

Communications Division
Solicitor General of Canada
Sir Wilfrid Laurier Building
340 Laurier Avenue West
Ottawa, Canada
KIAORI

Information Division Statistics Canada R.H. Coats Building Tunney's Pasture Ottawa, Canada K1A 0T6

Information Services
Status of Women Canada
Room 1012
151 Sparks Street
Ottawa, Canada
K1A 1C3

Information Services Branch Supply and Services Canada Ottawa, Canada K1A 0S5

Public Affairs Branch Transport Canada 21st Floor, Tower C Place de Ville Ottawa, Canada K1A 0N5

Communications Division Treasury Board of Canada 19th Floor South Place Bell Canada 160 Elgin Street Ottawa, Canada K1A 0R5

Public Relations Veterans Affairs Canada 284 Wellington Street Ottawa, Canada KIA 0P4

Public Relations
Via Rail Canada Inc.
1801 McGill College Avenue
Montreal, Quebec
H3A 2N4