

Primer on Ocean Noise and its Impacts

Notes to readers

Although the physics of sound in the ocean is well understood by the scientific community, the manner in which sound functions in the marine environment and the associated effects of noise on marine animals can be a very complicated issue to describe. In fact, many aspects related to impacts are not fully known. Readers may wish to consult the list of references in this document for more information on ocean noise.

While this document was primarily informed by western scientific findings associated with ocean sound, noise and its impacts, the Government of Canada acknowledges the need for and importance of Indigenous Knowledge systems in understanding and managing ocean noise. Readers may wish to consult Canada's Ocean Noise Strategy for more information on the Government of Canada's efforts to better understand and manage ocean noise.

Terms in **bold** are defined in the **[Glossary](#page-17-0)** section of the document.

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Cover, top: Scientist listening for real-time sounds of marine mammals and other marine fauna; Arctic Ocean, Canada Basin. Credit: Jeremy Potter NOAA/OAR/OER.

Cover, bottom: Humpback whale (*Megaptera novaeangliae*). Credit: Elianne Dipp.

Three cargo vessels in the distance. Credit: Vancouver Fraser Port Authority and John Sinal Photography.

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Sound is crucial to life under water. Although acoustic communication is important for many terrestrial animals, it is even more important for marine animals because sound travels very efficiently underwater.^{[1](#page-3-1)} The ocean has a rich natural soundscape that is made up of natural [biotic](#page-17-0) and [abiotic](#page-17-0) sounds. Natural biotic sounds include whale calls, dolphin whistles, fish grunts, and other sounds that are produced by marine wildlife for communication, foraging, mating, and avoiding predators.² Abiotic sounds include those from non-living sources, such as waves, cracking ice, and undersea volcanos. This combination of sounds makes the ocean an extremely dynamic environment where the ability for marine animals to send and receive sound signals is vital for their survival.^{3,4,5}

Northern Gannets (*Morus bassanus*) hunting fish underwater. Credit: Sallye photography.

Seabirds flying over waves hitting an iceberg. Credit: SOI Foundation.

Sound is a type of energy created by the vibration of molecules. As energy is transferred between molecules, the movement generates sound-pressure waves that can travel through a medium, such as air or water. In short, sound is the term used to describe what is heard when these pressure waves are received and interpreted by recipients.

Sound is often described by its **[amplitude](#page-17-0)** (or loudness) and **[frequency](#page-17-0)** (or pitch). To the human ear, higher frequencies are perceived as higherpitched sounds; larger amplitudes are perceived as louder sounds. As sound travels through a medium, it loses energy which limits its travel distance.⁶ Loud sounds have more **[acoustic energy](#page-17-0)** than quieter sounds. Low-frequency sounds lose less energy while they travel, allowing them to travel further than higher-frequency sounds.7 That is why loud and low-frequency devices such as foghorns are commonly used to communicate over long distances. Similarly, a blue whale call, which is also very loud and low frequency, can be detected hundreds of kilometres away.⁸

Did you know?

Sound levels (how loud sound is) are measured in **[decibels](#page-17-0)** (dB), which is a relative unit on the [logarithmic scale](#page-17-0).

A sound measured at 70 dB has 100 times more acoustic energy than a sound measured at 50 dB.

Hydrophone listening station. Credit: Ocean Networks Canada.

Understanding sound in the marine environment

Sound behaves differently in water as compared to air due to the difference in physical properties of these two media. Sound can travel approximately 4.5 times faster in seawater than in air (1450 to 1550 metres/ second in saltwater compared to 343 metres/second in air).⁷ Sound speed also increases with the **[salinity](#page-18-0)** of the water making the ocean an extremely efficient transmitter of sound. This characteristic makes sound a highly effective and reliable means of communication in water, especially when compared to sight (vision is often limited to tens of metres at best underwater)^{9,10} or smell (odours are often intermingled because of the turbulence of ocean waters).¹¹

Other factors such as water temperature and pressure (which varies with depth), salinity, seafloor compositions and structure, and other [oceanographic conditions](#page-18-0), including the amount of ice cover and **[sea state](#page-18-0)**, can also influence how fast and how far sounds travel. Studying these relationships allows scientists to better understand the characteristics of sound in the marine environment.

Did you know?

The decibel scale is measured differently in air than in water using different reference pressure. This means that comparing the exact decibel between air and water can be misleading, because a "quiet" decibel level in air can be a relatively "loud" decibel in water.

Polar low crossing the coast. Credit: Therato.

Temperature, salinity, and pressure

Temperature, salinity, and pressure impact the speed that sound travels underwater. Sound speed increases with increases in temperature, and pressure, and these vary greatly depending on depth ([Figure 1](#page-7-0)). The interacting effects of temperature and pressure mean that sound travels the slowest at approximately 500- 1000 m in depth where temperature and pressure are relatively low. This horizontal zone of minimum speed is called the SOFAR (SOund Fixing And Ranging) channel. Similarly, sound travels faster in water with increased salinity. In areas where freshwater inputs (such as estuaries or from the melting of glaciers) are present, sound in water would travel slower than the other marine areas if all other factors are the same.

Did You Know?

Sound waves can travel great distances with minimal energy loss in the SOFAR channel.

This channel is especially important for baleen whale communications and the study of ocean sounds.

Sea lion (*Otariinae*) diving in water. Credit: Samuel Crimshaw.

ENVIRONMENTAL CONDITIONS AND SOUND PROFILES IN THE OCEAN

Figure 1. Temperature, pressure, and sound speed profile based on water depth and sound propagation in the SOFAR channel (adapted from Webb (2017))¹².

Water depth, seafloor composition, ice cover, and other oceanographic conditions

Sound travels differently depending on water depth. Every time the sound waves interact with either the ocean surface or seafloor, some or all of the acoustic energy gets reflected or absorbed.13 In shallow waters, sound waves have an increased number of interactions with the surface and seafloor which results in increased loss of acoustic energy. The amount of absorption or reflection of sound depends on the bottom composition of the seafloor and the sea state.¹³ In ice-covered conditions, sound is partially absorbed by sea ice and is reflected or scattered based on the smoothness of the underside of the ice. As a result, sound loses energy more rapidly and does not travel as far in polar regions when sea ice is present.^{14,15}

Did you know?

The acidity of the ocean also impacts sound absorption. As the ocean continues to become more acidic due to ocean acidification, it is predicted that there will be less sound absorption.

A study found that sound will be able to travel more efficiently underwater with increased acidity, and signals may have higher amplitudes by as much as 5 dB over long-ranges (~200 km).16

Mackenzie River and Mackenzie Bay, Yukon, Canada. Credit: BEST-BACKGROUNDS

Human activities and sources of ocean sound

The development of the global marine economy over the last 200 years has increased the number of sources and overall loudness of human-generated (or [anthropogenic](#page-17-0)) ocean sounds, completely changing the coastal and offshore underwater ocean soundscape ([Figure 2](#page-9-0)).¹⁷

While there are many human activities in the marine environment that produce sound over a wide range of frequencies, there are six main categories of activities that produce the majority of underwater ocean sound, which are described below. When examining the sounds created by these activities, it is important to consider four aspects of the noise source:

- 1. the amplitude (or loudness) of the source;
- 2. the frequency range of the source;
- 3. whether the source is producing **[continuous](#page-17-0)** or [impulsive](#page-17-0) noise; and
- 4. the extent of source, including how common the activity is in an area at which it can impact marine life.

What is "ocean noise?"

In the context of this document and *Canada's Ocean Noise Strategy*, [ocean noise](#page-17-0) is defined as human-generated sounds that are transmitted beneath the surface of the water and has a wide range of impacts on marine animals, including limiting acoustic communication, causing behavioural and physiological changes, physical injury, and even death.

Vessels crossing First Narrows/Lions Gate Bridge, Vancouver, BC. Credit: Vancouver Fraser Port Authority and William Jans Photograph.

ANTHROPOGENIC SOURCES OF OCEAN NOISE

1 Large vessels 2 Military activities 3 Small vessels 4 Industrial activities and construction 5 Echosounders and sonars 6 Seismic surveying

Figure 2: Main categories of human activities that produce the majority of underwater ocean sound.

Large vessels

Large ocean-going vessels, such as container ships, bulk carriers, coastal freighters, ferries, and cruise ships are, collectively, the largest human source of lowfrequency underwater sound.17 While these vessels produce a variety of sounds, the most significant sound source is the low-frequency continuous sound from the ship's propeller.^{18,19} This low-frequency range is critical for many marine species as they use it to communicate with and locate each other, sometimes over great distances.17 These sounds contribute to the background of anthropogenic sound over large geographical areas.20,21

Small vessels

Smaller vessels, such as, fishing vessels, pleasure craft, and tourism vessels (excluding cruise ships), are another significant source of continuous sound that span a broad range of frequencies. These vessels are plentiful and often found close to shore in waters of less than 200 metres where there is significant

absorption and reflection of sound. Some small vessels, such as tugs, produce comparable levels of sound to large vessels; whereas other small vessels, such as tourism vessels and pleasure craft, produce less sound individually than large crafts, but the high number of these vessels and their presence in shallower waters can contribute to significant increases in anthropogenic sound in coastal areas.^{22,23,24,25,26,27}

Did you know?

As the ocean continues to warm due to climate change, it is anticipated that the reduced sea ice will also result in significant increases in ocean noise in the Arctic.

While much of this increase will come from more vessel traffic, increases in abiotic sounds (such as ice break-ups, [iceberg calvings](#page-17-0), etc.) are also expected.

Seismic surveying

Marine [seismic surveys](#page-18-0) are often used for geological research and oil and gas exploration. These surveys use airguns that rapidly release compressed air. The collapsing air bubbles create a very loud and intense impulsive sound directed towards the seafloor; the reflected sound waves are used to identify **subsurface** [geological features](#page-18-0).²⁸ Seismic surveys can vary in **[intensity](#page-17-0)** and frequency range depending on the purpose of the surveys.29,30

Industrial activities and construction

Pile driving, dredging, drilling, tunnel boring, marine renewable energy, and canal-lock operations are all examples of industrial and construction activities that contribute to underwater sound in the ocean and along shorelines. This diverse group of activities can release both high-intensity and impulsive sound (e.g., impact pile driving) as well as low-intensity and continuous sound (e.g. dredging, vibratory pile driving) into the marine environment.^{9,31}

Military activities

Military operations, such as ship-shock trials (where explosives are purposely detonated near a vessel to simulate a near miss during battle), live-fire exercises, and operations using military sonar, all result in very high sound levels. Operations involving explosions are impulsive sounds, whereas naval sonar is a short continuous sound that is often repeated frequently. These activities contribute some of the loudest and most intense anthropogenic sound in the marine environment.21,32

Echosounders and sonars

The use of echosounders and sonars for scientific, industrial, and recreational purposes is steadily increasing. These systems typically create an impulsive acoustic signal to seek information about objects (such as fish) within the water column, at seafloor, or within the sediment. Unlike seismic airguns, these signals use a **[transducer](#page-17-0)** to create a sound wave rather than using compressed air. Moreover, echosounders and sonars typically transmit signals in much higher frequency bands than seismic airguns (Figure 3). The use of these systems in the marine environment is pervasive and they can operate in a wide range of frequencies.³³

Shipping vessel travelling between offshore wind turbines. Credit: TwiXteR.

Categories of impacts on marine wildlife

At any given time and place, the combination of natural and anthropogenic sounds can create a highly variable soundscape. While marine animals have adapted to changes in natural marine sounds, loud and intense anthropogenic ocean noise is relatively new.17,21,34 While sound is any vibration that travels through a medium, noise is specifically unwanted or harmful sound.35 Ocean noise can interfere with essential biological and ecological functions and can cause a wide range of impacts on marine wildlife.^{36,37} It is important to note that the behavioural impact of noise on marine animals is likely context-driven.38 For example, age, sex, location, activity, and prior noise exposure of the individual animal can all influence how that animal responds to anthropogenic noise.39,40,41

A raft of steller sea lion (*Eumetopias jubatus*) underwater Vancouver Island, BC. Credit: William Drumm.

There are four general categories of ocean noise impacts on marine life:

Masking

Sounds from different sources at similar frequencies can interfere with one another making accurate interpretation of sound signals difficult. [Masking](#page-18-0) occurs when noise interferes with a sound or signal of interest and decreases the animal's ability to detect, recognize, or understand that sound. Anthropogenic ocean noise may mask sounds such as those from prey, predators, and mates that are vital to marine animals. Researchers have found that animals have trouble using sound for communication when anthropogenic noise is loud and occurs in similar frequencies, time, and space as the animal's own acoustic signals ([Figure 3](#page-12-0)).^{42,43} Given the widespread nature of human activities, masking may be one of the most extensive and significant impacts on the acoustic communication of marine organisms.44

Imagine being at a music festival where two bands are playing close together:

How well can you differentiate the songs?

Can you verbally communicate well with the person standing next to you?

Figure 3: Frequencies of animal hearing ranges and anthropogenic noise sources (adapted from Duarte et al. (2021)¹⁷ and Vergara et al. (2021)⁴⁵).

Physical injury

Intense noise exposure may cause physical injury, including temporary or permanent hearing impairment, and potentially even death. While all animals have different **[hearing ranges](#page-17-0)**, animals exposed to intense sound have been shown to be unable to detect signals in their entire hearing range for a period of time following exposure.46,47 Although the magnitude of this impairment normally decreases over time, noise exposure can sometimes result in permanent hearing damage.48 This permanent inability to detect signals at particular frequencies could impair vital life functions to the point where the animal's survival is jeopardized.

Physiological impacts

Noise may have various physiological impacts, including increased stress, $49,50,51$ changed metabolic [rates](#page-18-0),⁵² weakened immune system responses,⁵³ and reduced reproductive rates.⁵⁴ Extended exposures and repeated increases in stress could have long-term health impacts on marine animals.⁵⁵

Behavioural changes

Noise exposure may cause behavioural changes and interruptions of normal activities,^{56,57} including changes in acoustic communication (or vocalizations), withdrawal from feeding or social interactions, changes in movement or diving behaviour, and temporary or permanent habitat abandonment.58,59,60 Over the long term, any permanent behavioural change could impact an animal's ability to find food and reproduce.⁶¹ In severe cases, noise can also cause acute and severe reactions, such as panic, flight, stampeding, or stranding which can result in the animal's injury or death.10

How different marine species respond to ocean noise

A growing list of scientific studies confirms that noise generated by human activities in or near the ocean can cause a multitude of negative impacts on many different marine species. While most of the research to date has centred on **[cetaceans](#page-17-0)**,⁶² there are many other studies focused on understanding the impacts of ocean noise on other marine species. In fact, a recent review of 538 studies of the impacts of anthropogenic ocean noise confirmed that noise negatively affected

Beluga whale (*Delphinapterus leucas*) surfacing. Credit: slowmotiongli.

many different species of marine animals 17 at the individual, population, and community levels by affecting interactions between individuals of the same and different species.^{63,64,65}

The following sections highlight some of the ways noise affects marine mammals, marine fishes, invertebrates, sea turtles, and seabirds.

Marine mammals

Field studies have found that marine mammals respond to ocean noise exposure in a variety of ways. In the past, primary research tended to focus more on evaluating physiological responses, physical injury, and mortality, but it has broadened in recent years to consider noise impacts on behavior and acoustic communication. Hearing impairment, masking, increased stress, and displacement from preferred feeding areas are just some of the impacts that have been documented in a large number of marine mammals.66,67,68 The consequences of these impacts are not always well understood but could include reduced foraging success, decreased social bonding, and failure to avoid predators.^{69,70} All of these effects have the potential for cascading and [cumulative impacts](#page-17-0) on survival and reproduction, both at the individual and population level.^{17,71,72} For cetaceans in general, while Figure 3 illustrated that they communicate over a large frequency range, most individual cetacean species only communicate over a narrower frequency range and they are often categorized into three groups: low frequency (baleen whales) cetaceans, high frequency (toothed whales and most dolphins) cetaceans, and very high frequency cetaceans (porpoises and a few dolphins)⁴⁸ These differences are also important when considering the impact of noise on cetaceans as they are sensitive to different types of noise based on their hearing range.

Marine fishes

Research has shown that in response to noise marine fish can change their behaviour, experience elevated stress levels, impaired abilities to detect predators, reduced foraging capacities, and temporary hearing loss.47,56,73,74,75 The number of different fish species and the variety of habitats that these fish occupy suggest that research on noise impacts should also consider individual physiologies and life cycles.^{76,77} For example, noise may have developmental impact on stationary nesting fish eggs compared to live birth fish.⁷⁸ Moreover, the presence of a **[swim bladder](#page-18-0)** in marine fishes can also impact their sensitivity to noise. Fish with swim bladders have higher hearing sensitivity and tend to use sound more for communication, and they may be more impacted by ocean noise than those without swim bladders.⁷⁹

Sea turtles

Compared to marine mammals and fishes, sea turtles have received very little research attention.⁸⁰ While recent research shows that freshwater turtles can experience temporary hearing impairment from an excess of ocean noise,⁸¹ the highly migratory nature of sea turtles makes it difficult to study the potential impacts of ocean noise on this group of animals.⁸²

Marine invertebrates

The term **[marine invertebrates](#page-17-0)** encompasses a large number of animals that live in various ocean habitats including the water column and the seafloor.⁸³ These species (which include corals, sponges, sea urchins, and molluscs such as squid and mussels) are sensitive to sound transmitted through both the water column and the seabed.^{84,85,86,87} Several studies suggest that ocean noise may cause a variety of different impacts on these species: animals may be distracted from finding food or shelter, have an increase in stressrelated chemicals, have malformed embryos, or suffer damage to hearing cells.^{88,89,90} High amplitude ocean noise, such as that from seismic surveys, can also cause a decrease in abundance of marine invertebrates such as zooplankton.⁹¹

Seabirds

There are very few studies on the potential impacts of ocean noise on seabirds, but a recent study found that diving birds such as common murres may be exposed to and affected by ocean noise when feeding.⁹² It is worth noting that while seabirds only spend limited amount of time underwater, research show that they are sensitive to both in-air and underwater sound.^{93,94} Therefore, more complete evaluations of the potential ocean noise impacts on seabirds are needed.

Photo, clockwise from top left: Fish hunting herring. Credit: Rich Carey. Giant Pacific octopus (*Enteroctopus dofleini*) on the ocean floor. Credit: Martin Voeller. A colony of Thick-billed Murre (*Uria lomvia*) on water. Credit: Mike Sudoma. Green sea turtle (*Chelonia mydas*) swimming underwater. Credit: Baptiste RIFFARD.

Anthropogenic ocean noise does not only have great impacts on wildlife, it also has an impact on many cultural and societal practices of coastal and Indigenous communities.95,96 For example, coastal communities and Indigenous subsistence hunting and fishing rely heavily on certain important marine species being available in specific habitats and at specific times. The presence of ocean noise can drive these species away, disrupt traditional practices, and impact the pursuit of constitutionally protected Indigenous rights.97

Whale watching boat near surfacing marine mammal. Credit: Ruth Troughton.

First Nations community working with Fisheries and Oceans Canada to collect sockeye salmon (*Oncorhynchus nerka*) broodstock for hatchery production. Credit: Fisheries and Oceans Canada.

Reducing complex ocean noise impacts

In addition to understanding how human activity creates noise and the characteristics of those individual sounds, it is also critically important to understand the impacts on marine wildlife when more than one human activity occurs in the same place at the same time. Simultaneous noise from multiple human activities can add to and interact with other **[marine stressors](#page-18-0)** to increase the cumulative impacts on marine life.

While there is ongoing research on individual noise impacts on species, it remains extremely difficult to quantify the cumulative impact and interacting effects of so many different noise sources on any particular animal. The physical properties of noise, the biology and behaviour of the animals exposed to it, and the circumstances around their exposure, are all important considerations that can interact with and influence the cumulative impacts of ocean noise on marine life.

Several examples in the scientific literature illustrate that the conditions and the health of impacted wildlife can improve quickly once noise levels decrease.⁹⁸ A 2012 study noted that a 6-decibel decrease in ocean noise in the Bay of Fundy (the result of reduced ship traffic following the events of September 11, 2001) reduced stress in right whales.⁵¹ Several other studies found

evidence that the reduction in noise from commercial shipping during the COVID-19 pandemic 99,100,101,102 was linked to an expansion of movements of marine mammals into busy harbours and coastal areas where they are not normally observed.^{103,104}

These particular research findings indicate that an improved understanding of noise impacts can support targeted efforts to address the causes of ocean noise. While more research is needed, the circumstantial evidence collected during these periods of severely reduced ocean noise does suggest that marine species respond positively to reductions in anthropogenic ocean noise.

This document has provided a brief and general overview of the characteristics of sound, ocean noise, and its impact. Readers are encouraged to further explore this topic and participate in any of the current and future Government of Canada collaborative initiatives to address this stressor. Given the complexity of ocean noise, it is crucial to continue research to better understand this topic. This will support the joint efforts of governments, organizations and communities in effectively managing anthropogenic noise sources to significantly mitigate their impacts on marine wildlife.

Southern resident killer whale (*Orcinus orca*). Credit: Fisheries and Oceans Canada.

Glossary

[Abiotic:](#page-3-0) refers to something that is physical rather than biological, devoid of life.¹⁰⁵ In the context of an ecosystem, abiotic factors could include sunlight, temperature, wind patterns, and precipitation.

[Acoustic energy:](#page-4-0) the energy that travels through a substance in the form of sound waves is referred to as acoustic energy.106 When sound passes through any medium, it creates waves of vibrations, which vary in their energy in proportion to the amplitude of the sound waves.

[Amplitude](#page-4-0): refers to the height of the sound pressure wave or the "loudness" of a sound.¹⁰⁷ It is often measured using the decibel (dB) scale. Small variations in amplitude ("short" pressure waves) produce weak or quiet sounds, while large variations ("tall" pressure waves) produce strong or loud sounds. For example, imagine a wave on the surface of a pond. The amplitude would be the maximum height of the water above or below its calm level.

[Anthropogenic](#page-8-0): caused and/or generated by humans.

[Biotic](#page-3-0): refers to anything that is related to or resulting from living things, especially in their ecological relations.108 It is the opposite of abiotic, which refers to non-living things in an ecosystem.

[Continuous sound:](#page-8-0) a type of sound that is longlasting and does not have impulsive characteristics.¹⁰⁹

[Cetaceans](#page-13-0): whales, dolphins, and porpoises.

[Cumulative impacts](#page-13-0): the total changes to the individual animal, environment, health, social and economic conditions due to various human activities and natural processes happening over time and in different places. They include the additive effects of a project or development when combined with other past, present, and foreseeable future activities.¹¹⁰

[Decibel](#page-4-0): a unit used to measure the intensity of a sound or the power level of an electrical signal. It is a relative unit, not an absolute one. Decibel is used to describe sounds in terms of their loudness.111 For underwater ocean sounds, a reference pressure of 1 microPascal (μPa) is used to describe sounds in terms of decibel.

[Frequency](#page-4-0): sound moves through a medium like water as a wave, thus the term sound wave. Frequency, also known as pitch, indicates how often a sound wave repeats within a single second. Measured in Hertz (Hz), also known as cycles per second, higher numbers signify higher-pitched sounds and lower numbers mean lower-pitched sounds.10

[Hearing range](#page-12-0): particular range of sound frequencies that certain species are most receptive to.

[Ice\(berg\) calving:](#page-8-0) the process or event that occurs when large slabs of ice detach from a glacier into the water.¹¹² The sound waves generated by calving can be detected by microphones, seismometers, and hydrophones, providing information about the frequency of calving events as well as the icebergs' size.¹¹² Iceberg calving is one of the main sources of natural ocean noise in polar regions and can be extremely loud capable of being perceived thousands of kilometres away.113

[Impulsive sound:](#page-8-0) is an acoustic signal with an instantaneous start and stop. Underwater impulsive sounds are generated by certain human activities such as geophysical surveys, impact pile driving, acoustic deterrent devices, multi-beam echosounders, and detonation of explosives.¹¹⁴

[Intensity:](#page-9-0) the amount of energy contained in a sound wave, measured in a given area at a given time; this also translates to the subjective perception of sound pressure and loudness.

[Logarithmic scale:](#page-4-0) a way of measuring data that grows exponentially. It is a relative unit, not an absolute one. The numbers on the axis are logarithms or powers of a base number, resulting in an exponential rise in value between units.115 For instance, on a logarithmic scale with base 10, the distance from 1 to 10 is the same as the distance from 10 to 100 or from 100 to 1000.

[Marine invertebrates:](#page-14-0) marine animals lacking a vertebral column (or spine) and include animals such as shellfish (e.g., lobsters, crabs, clams, mollusks, etc.), sea cucumbers, sea urchins, corals, and many others.

[Marine stressors](#page-16-0): factors that affect the health and functioning of marine ecosystems.¹¹⁶ They can be natural, such as earthquakes or storms, or caused by humans, such as fishing, pollution or climate change. The cumulative impact of various pressures in the ocean can result in a reduction in the ability of marine ecosystems to withstand and recover from these challenges. This can ultimately lead to a decline in biodiversity in marine environments.¹¹⁷

[Mask \(or masking\):](#page-11-0) a phenomenon where one or more sounds, typically a louder sound, influences how another sound is perceived. This interference makes it difficult for the listener to accurately grasp and identify the sound of interest, causing it to become less distinct and harder to understand.⁴² Masking can occur underwater when background noise, such as waves, wind, rain, or human activities, interferes with the detection or communication of sounds produced by marine animals or devices.⁶⁴

[Metabolic rate:](#page-12-0) the amount of energy that an organism expends over a specific period of time.118 It refers to how quickly fuels such as sugars are broken down to keep the organism's cells running. The metabolic rate varies among species and depends on the environmental conditions and activity level of an individual organism.

[Oceanographic conditions:](#page-5-0) physical and chemical features of the ocean that vary in space and time. They include factors such as temperature, salinity, currents, waves, tides, ice concentration and thickness, and surface winds.¹¹⁹

[Salinity](#page-5-0): the amount of salt dissolved in a body of water. The speed of sound traveling through water tends to increase as salinity increases.¹²⁰

[Sea state](#page-5-0): the general condition of the surface of the ocean related to waves and swells at a certain location and time. It is influenced by many factors such as winds, current, and sea ice.121 Sea state affects ambient sound levels, such that levels are lower under calm seas and higher under high sea states. It can also affect speed of sound in water, which in turn affects how far sound can travel before it becomes too weak to detect.9

[Seismic survey:](#page-9-0) a geophysical operation that uses a seismic air source to generate acoustic waves that propagate through the water and sediment, are reflected from or refracted along subsurface layers of the sediment, and are subsequently recorded by hydrophones at the surface.¹²²

[Subsurface geological feature](#page-9-0): any geological structure or formation that is located below the surface of the earth. These features can include rock formations, mineral deposits, and other geological structures that are not visible from the surface.¹²³ Subsurface geological features can be studied using a variety of geophysical techniques, such as seismic surveys.

[Swim bladder:](#page-14-0) an internal air filled organ used by some fishes to control their buoyancy. It is also linked to the inner ear and can be used to make different sounds and acts as a detection mechanism for changes in sound pressure.79

[Transducer:](#page-10-0) A device that converts electrical signals into sound waves or vice versa, for the purpose of generating or receiving ocean noise.^{124,125}

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Next page, top: Polar Prince on expedition. Credit: SOI Foundation. Bottom: Underwater photo of a kelp forest. Credit: Andrew b Stowe.

