

HOW TO HELP PREVENT CANNABIS POISONING IN CHILDREN

Know the signs and what to do



[CANADA.CA/CANNABIS](https://canada.ca/cannabis)



Government
of Canada

Gouvernement
du Canada

Canada 

Accidental poisonings in children from edible cannabis products are a serious risk. Hospitals have seen an increase in visits to the emergency room and poison centres have seen an increase in calls.

Poisonings can be life-threatening, sometimes resulting in coma, being put on a ventilator, or in rare cases, even death.

SUSPECT A POISONING?

1. Call 1-844-POISON-X (1-800-463-5060 in Quebec) or 9-1-1 for emergencies.
2. Say that you suspect the symptoms are from cannabis. A quicker diagnosis can prevent serious harm to a child.

KNOW THE SIGNS OF A CANNABIS POISONING

Symptoms can include:

- Vomiting
- Confusion
- Unresponsiveness
- Slurred speech
- Unsteadiness on feet
- Drowsiness/lethargy
- Slowed breathing
- Seizures (rare)

KEEP CANNABIS AWAY FROM CHILDREN

- Safely store your cannabis out of reach and locked away.
- Keep edible cannabis separate from regular food and drinks.
- Choose legal cannabis products, which:
 - come in plain, child-resistant packaging; and
 - contain no more than 10 mg of THC per package, to reduce the risk of accidental poisoning.
- In contrast, illegal edible cannabis:
 - can confuse children by mimicking popular brands of candies and snacks; and
 - can contain very high amounts of THC, which increases the risk of severe cannabis poisoning.