

9-8-8 or 9-1-1

WHEN TO CALL 9-8-8

- If you are thinking about suicide.
- If you are worried about someone who may be thinking about suicide.
- If you are grieving someone who has died by suicide.
- If you or someone you know needs suicide prevention support.

WHEN TO CALL 9-1-1

- If it is an emergency.
- If you or someone you know is in immediate danger.
- If you need emergency medical services, the fire department, or the police.

