

# Compendium 2000 on Effective Correctional Programming

Editors

LAURENCE L. MOTIUK

RALPH C. SERIN

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The opinions expressed in this publication are those of the authors and do not necessarily reflect the views of the Ministry of the Solicitor General of Canada or the various provincial/territorial jurisdictions.

*Compendium 2000* strives to present a variety of opinions on, and approaches to current issues in corrections.

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# ***Compendium 2000 on Effective Correctional Programming***

## **COMPENDIUM ADVISORY BOARD**

DONALD A. ANDREWS, Ph.D.  
Department of Psychology  
Carleton University  
Ottawa, Ontario, Canada

KELLEY BLANCHETTE, M.A.  
Research Branch  
Correctional Service of Canada  
Ottawa, Ontario, Canada

JAMES L. BONTA, Ph.D.  
Department of the Solicitor General  
Ottawa, Ontario, Canada

JOSEPH COUTURE, Ph.D.  
Athabaska University  
Edmonton, Alberta, Canada

NICOLA EPPRECHT, M.A.  
Research Branch  
Correctional Service of Canada  
Ottawa, Ontario, Canada

PAUL GENDREAU, Ph.D.  
Centre for Criminal Justice Studies  
University of New Brunswick  
St. John, New Brunswick, Canada

ALAN LEISCHIED, Ph.D.  
University of Western Ontario  
London, Ontario, Canada

DOUGLAS LIPTON, Ph.D.  
National Development Research Institute  
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United States of America

FRIEDRICH LÖSEL, Ph.D.  
Universtat Erlangen-Nürnberg  
Erlangen, Germany

JAMES McGUIRE, Ph.D.  
University of Liverpool  
Liverpool, England

LAURENCE L. MOTIUK, Ph.D.  
Research Branch  
Correctional Service of Canada  
Ottawa, Ontario, Canada

RALPH C. SERIN, Ph.D.  
Research Branch  
Correctional Service of Canada  
Ottawa, Ontario, Canada

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# ***Introduction***

RALPH C. SERIN<sup>1</sup>

Volume 2 presents the results of a standardized national survey of existing programs being delivered in provincial and federal correctional jurisdictions and complements the research literature describing effective correctional programming and its evaluation in Volume I. Over the course of a year respondents completed either an Inventory of Correctional Programs (see Appendix A) or Best Practices Survey (see Appendix B), the latter being a more comprehensive version of the former. Correctional Programs include institutional and community settings, youth and adult populations, as well as specialized programs that address the needs of Aboriginal and women populations. Each is summarized as a single page, highlighting key aspects of the program. Importantly, this is a descriptive process and no evaluation was undertaken. In total there are 390 programs described in the Inventory of Correctional Programs, representing Correctional Service of Canada (CSC); all provinces, and territories except Quebec. For some jurisdictions a program is provided at multiple sites. There are 132 programs reflected in the Best Practices.

The purpose of this volume is to provide readers with an appreciation of the number and variety of correctional

programs presently available. For some, this information will be helpful to consider referrals to specialized programs. For others this compilation of programs and best practices will assist planning and development initiatives for correctional programming. With the emphasis on resource management, this information may assist jurisdictions to determine if the program choices match the risk/need profile of their offender population.

Feedback from several respondents was that completion of the surveys prompted them to carefully consider the characteristics of their inventory of programs. In this manner they indicated the exercise has been helpful for prioritizing and planning initiatives in the area of correctional programs. As is clear from this *Compendium*, there is considerable expertise available in Canada regarding effective corrections. This second volume has been an opportunity to share best practices among jurisdictions. One goal of the *Compendium* is to facilitate dialogue among correctional administrators and practitioners so that the field will evolve, further contributing to public safety through effective correctional programs.

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<sup>1</sup> 340 Laurier Avenue West, Ottawa, Ontario, K1A 0P9

**Correctional Service of Canada**

**Atlantic Region**

*(inclusive of New Brunswick, Newfoundland–Labrador,  
and Nova Scotia)*

## Correctional Service of Canada

### Education Program\*

<b>Location:</b>	All institutions or communities
<b>Intensity/Type:</b>	Intermediate, institution, and community-based
<b>Target groups:</b>	Offenders with education below grade 10, or learning disabilities
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> <li>• Learning disability</li> </ul>
<b>Service delivery mode:</b>	Group

*\*This is a national program available to all regions.*

**Correctional Service of Canada****Sex Offender Awareness Program**

<b>Location:</b>	New Brunswick West District Parole Office, Saint John, New Brunswick
<b>Intensity/Type:</b>	Low-intensity, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	14 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Role play</li><li>• Disclosure</li><li>• Autobiography</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Offence/crime cycle</li><li>• Arousal reduction (sexual deviancy)</li><li>• Empathy (insight)</li><li>• Cognitive distortion</li><li>• Victim awareness</li><li>• Relapse prevention</li></ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Psychologist Program director Program staff

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## Correctional Service of Canada

### Sex Offender Awareness Program: Maintenance

<b>Location:</b>	New Brunswick West District Parole Office, Saint John, New Brunswick
<b>Intensity/Type:</b>	Maintenance, community-based
<b>Target groups:</b>	Sex offenders, and sub-target groups of incest offenders, and all type of offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	On-going
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Psychologist Program director Program staff

## Correctional Service of Canada

### Sex Offender Program

<b>Location:</b>	Moncton, New Brunswick
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders, and sub-target groups of incest offenders, and offenders who have completed high or moderate intensity programs
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	11 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Sex Offender Program (Individual)

<b>Location:</b>	Bathurst, Campbelltown, Grand Sault, Miramichi, and Moncton, New Brunswick
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders, and those who have completed high and moderate programs
<b>Commencement date of program:</b>	1992
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group or individual
<b>Program deliverers:</b>	Psychologist

**Correctional Service of Canada****Sex Offender Program (Maintenance)**

<b>Location:</b>	Fredericton Parole Office, Fredericton, New Brunswick
<b>Intensity/Type:</b>	Maintenance, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	On-going
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Disclosure</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Offence/crime cycle</li><li>• Empathy (insight)</li><li>• Cognitive distortion</li><li>• Relapse prevention</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Nature of current offence</li><li>• Interviews</li><li>• Successful participation in other programs</li></ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program director Program staff Social worker

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## Correctional Service of Canada

### Sex Offender Program (Maintenance)

<b>Location:</b>	Grand Sault, Moncton, New Brunswick
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders, and those who have completed high and moderate programs
<b>Commencement date of program:</b>	1992
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Society of Aboriginal Recovery (SOAR) Program

<b>Location:</b>	Dorchester Penitentiary, Dorchester, New Brunswick
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and sexual abuse victims other than incest
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	9 Weeks
<b>Theoretical orientation:</b>	All holistic approach
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Successful participation in other programs</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Native liaison Elder Nurse

## Correctional Service of Canada

### Counterpoint Program

<b>Location:</b>	St. John's, Newfoundland
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Violent offenders but not specific to any offender group
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	11 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Family Violence Program

<b>Location:</b>	St. John's, Newfoundland
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Men batterers, and sub-target groups of domestic violence offenders
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic Feminist theory
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Offender victimization</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker



## Correctional Service of Canada

### Sex Offender Treatment and Supervision Program

<b>Location:</b>	Newfoundland and Labrador District Office, St. John's, Newfoundland
<b>Intensity/Type:</b>	Maintenance, and individual, in the community
<b>Target groups:</b>	Sex offenders, and sub-target groups of incest offenders, and all types of sex offenders
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	52 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Social worker Parole officer

**Correctional Service of Canada****Cognitive Living Skills Program**

<b>Location:</b>	Nova Institution for Women (minimum- and medium-security), Truro, Nova Scotia
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Offenders who have deficits in such cognitive functions as social
<b>Commencement date of program:</b>	1988
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Role play</li><li>• Homework</li><li>• Skills acquisition</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem definition</li><li>• Problem solving (impulse control)</li><li>• Assertiveness</li><li>• Arousal reduction (anger)</li><li>• Arousal reduction (general emotions)</li><li>• Social competence</li><li>• Communication skills</li><li>• Empathy (insight)</li><li>• Cognitive distortion</li><li>• Time management</li><li>• Effective planning</li><li>• Strategies to overcome personal doubts/fears or new activities</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Interviews</li><li>• Pre-treatment testing</li><li>• Pre-treatment test results</li></ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

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## Correctional Service of Canada

### Conflict Resolution Program

<b>Location:</b>	Nova Institution for Women (minimum- and medium-security), Truro, Nova Scotia
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Women offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Effective Problem Solving Program

<b>Location:</b>	Howard House, Community Residential Centre, Sydney, Nova Scotia
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Offender victimization</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Leisure Skills Training Program

<b>Location:</b>	Nova Institution for Women (minimum- and medium-security), Truro, Nova Scotia
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Women offenders that make inappropriate use of leisure time
<b>Commencement date of program:</b>	1999
<b>Duration:</b>	13 Sessions
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Time management</li> <li>• Effective planning for leisure</li> <li>• Strategies to overcome personal doubts/fears of new activities</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

**Correctional Service of Canada****Parenting Skills Program**

<b>Location:</b>	Nova Institution for Women (minimum- and medium-security), Truro, Nova Scotia
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Women offenders with history of parenting problem
<b>Commencement date of program:</b>	1999
<b>Duration:</b>	18 Sessions
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Role play</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem definition</li><li>• Problem solving (impulse control)</li><li>• Assertiveness</li><li>• Communication skills</li><li>• Empathy (insight)</li><li>• Victim awareness</li><li>• Offender victimization</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Interviews</li><li>• Pre-treatment testing</li><li>• Pre-treatment test results</li></ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

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## Correctional Service of Canada

### Substance Abuse Program for Women

<b>Location:</b>	Nova Institution for Women (minimum- and medium-security), Truro, Nova Scotia
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Women substance abusers
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	11 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Role play</li> <li>• Homework</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Relapse prevention</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Survivors of Abuse and Trauma Program

<b>Location:</b>	Nova Institution for Women (minimum- and medium-security), Truro, Nova Scotia
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Women violent offenders, and sex offenders that are self-identified victims of abuse, with sub-target groups of domestic violence offenders, and incest offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff



## Correctional Service of Canada

### Understanding/Managing Anger Program

<b>Location:</b>	Howard House, Community Residential Centre, Sydney, Nova Scotia
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of incest offenders, domestic violence offenders, and drunk drivers
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Origins and roots of personal anger</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

**Correctional Service of Canada**  
**Quebec Region**

## Correctional Service of Canada

### Anger and Emotion Management Program

<b>Location:</b>	Institution or community
<b>Intensity/Type:</b>	Intermediate, institution, and community based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	25 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Role play</li> <li>• Homework</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### CATTCS

<b>Location:</b>	Secteur Chicoutimi,
<b>Intensity/Type:</b>	Intermediate
<b>Target groups:</b>	Sex offenders, and sub-target groups of incest offenders and other types of delinquent sexual behaviour
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	26 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Centre d'aide pour hommes oppresseurs Inc.

<b>Location:</b>	East-West Quebec District Parole Office: Joliette, Repentigny, and Terrebonne
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1989
<b>Duration:</b>	21 Weeks
<b>Theoretical orientation:</b>	Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Evidence of violent behaviour</li> </ul>
<b>Service delivery mode:</b>	Group

## Correctional Service of Canada

### Centre d'intervention en violence et abus sexuels de l'Estrie

<b>Location:</b>	Sherbrooke
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and sub-target groups of incest offenders
<b>Commencement date of program:</b>	1992
<b>Duration</b>	52 Weeks
<b>Theoretical orientation:</b>	Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Criminologist Sexologist

## Correctional Service of Canada

### Centre de désintoxication et de réadaptation Le Tremplin

<b>Location:</b>	Mascouche, Joliette, Repentigny
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, substance abusers, and sub-target groups of domestic violence offenders, and drunk drivers
<b>Commencement date of program:</b>	1989
<b>Theoretical orientation:</b>	Psychodynamic Psychotherapeutic Bio-psycho-social
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Centre de réadaptation pour alcooliques et toxicomanes

<b>Location:</b>	East-West Quebec District Parole Office, Saint-Jérôme
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1981
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Bio-psycho-social
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Reintegration</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Drug is a major problem</li> </ul>
<b>Service delivery mode:</b>	Group and individual



## Correctional Service of Canada

### Centre de réadaptation pour alcooliques et toxicomanes

<b>Location:</b>	Pavillon Nouveau Point de Vue, Lanoraie
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Adolescent substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1978
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Bio-psycho-social AA/NA 12-step
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Reintegration</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Identified substance abuse problem</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### CERUM

<b>Location:</b>	Centre d'étude et de recherche de l'Université de Montréal, Montreal
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and sub-target group of incest offenders
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	40 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Behaviour modelling
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Sociologist Social worker

## Correctional Service of Canada

### Choix de choisir sa vie

<b>Location:</b>	Laurentides Area Parole Office and Laferrière Community Correctionnel Centre, Saint-Jérôme
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Reality Therapy
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program Deliverers:</b>	Program staff

## Correctional Service of Canada

### Clinique d'évaluation et de traitement des troubles de comportement sexuel

<b>Location:</b>	Centre Hospitalier Robert Giffard
<b>Intensity/Type:</b>	Intensive, intermediate, community-based
<b>Target groups:</b>	Sex offenders, violent sex offenders, and sub-target groups of incest offenders (abusers with cognitive skills difficulty).
<b>Commencement date of program:</b>	1985
<b>Duration:</b>	60 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Social competence</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Sexologist

## Correctional Service of Canada

### Employment Program

<b>Location:</b>	Institution or community
<b>Intensity/Type:</b>	Intermediate, institution, and community-based
<b>Target groups:</b>	Offenders with few or no skills
<b>Commencement date of program:</b>	1989
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Increase the skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Specialized assessment</li> <li>• Low level of education</li> </ul>
<b>Program deliverers:</b>	<ul style="list-style-type: none"> <li>• Training workshop</li> </ul>

## Correctional Service of Canada

### Family Violence Prevention and Intervention Program

<b>Location:</b>	Hull
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violent offenders
<b>Commencement date of program:</b>	1989
<b>Duration:</b>	30 Weeks
<b>Theoretical orientation:</b>	Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program director

## Correctional Service of Canada

### La Maison Carignan

<b>Location:</b>	Trois-Rivières Area Parole Office
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	24 Weeks
<b>Theoretical orientation:</b>	Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Drug problem</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Supervisor

## Correctional Service of Canada

### Le Portage

<b>Location:</b>	Laurentides
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of their families
<b>Commencement date of program:</b>	1973
<b>Duration:</b>	36 to 52 Weeks
<b>Theoretical orientation:</b>	Therapeutic community
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Parenting skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual



## Correctional Service of Canada

### Pavillon Jellinek

<b>Location:</b>	Locaux du Pavillon, Aylmer, Buckingham, Gatineau, Hull, and Maniwaki
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers, and sub-target groups of drunk drivers, and offenders with factors contributing to delinquency
<b>Commencement date of program:</b>	1980
<b>Theoretical orientation:</b>	Bio-psycho-social (Ruschaska)
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Substance abuse assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Social worker

## Correctional Service of Canada

### Programme Contrepoint

<b>Location:</b>	Community
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	General offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	20 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Programme d'accompagnement individualisé et communautaire

<b>Location:</b>	Maison Radisson, Trois-Rivières
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Adapting difficulties when reintegrating into the community, and sub-target groups with difficult family/social relationships
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	24 Weeks
<b>Theoretical orientation:</b>	Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• A true desire to change</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 6)
<b>Program deliverers:</b>	Psychoeducator Educator

## Correctional Service of Canada

### Programme de gestion et de traitement de la délinquance sexuelle

<b>Location:</b>	Maison Radisson, Trois-Rivières
<b>Intensity/Type:</b>	Intermediate, and low intensity, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	35 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic Psychotherapeutic Neuro-linguistic program
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual sessions
<b>Program deliverers:</b>	Psychoeducator Sexologist

## Correctional Service of Canada

### Programme de support pour clientèle en santé mentale

<b>Location:</b>	Centre Hospitalier Pierre Janet, and in community, Hull
<b>Intensity/Type:</b>	Community-based
<b>Target groups:</b>	Mental health clientele
<b>Commencement date of program:</b>	1996
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Community support for mental health clientele</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Mental health problem</li> </ul>
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Nurse

## Correctional Service of Canada

### Programme de traitement pour agresseurs sexuels adultes

<b>Location:</b>	Institut Pinel de Montréal, Montreal
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1979
<b>Duration:</b>	52 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Eclectic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Programme Parents unis Lanaudière

<b>Location:</b>	Repentigny-Lanaudière
<b>Intensity/Type:</b>	Intermediate and low intensity, community-based
<b>Target groups:</b>	Sex offenders, and sub-target groups of incest offenders, and pedophiles
<b>Commencement date of program:</b>	1985
<b>Duration:</b>	72 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Programme Parents unis Laurentides

<b>Location:</b>	St-Jérôme
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	46 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual



## Correctional Service of Canada

### Sentiers

<b>Location:</b>	Port-Cartier Penitentiary, Port-Cartier
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	24 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

**Correctional Service of Canada****Thérapie pour alcooliques et toxicomanes**

<b>Location:</b>	Le Rivage Inc., Ste-Clothilde-de-Horton, Trois-Rivières
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1976
<b>Duration:</b>	16 to 20 Weeks
<b>Theoretical orientation:</b>	Reality therapy
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Skills acquisition</li><li>• Role play</li><li>• Autobiography</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem definition</li><li>• Problem solving (impulse control)</li><li>• Assertiveness</li><li>• Offence/crime cycle</li><li>• Substance abuse</li><li>• Arousal reduction (anger)</li><li>• Arousal reduction (general emotions)</li><li>• Social competence</li><li>• Communication skills</li><li>• Empathy (insight)</li><li>• Cognitive distortion</li><li>• Relapse prevention</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Nature of current offence</li><li>• Criminal history</li><li>• Interviews</li><li>• Institutional aggression</li><li>• Successful participation in other programs</li></ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Social worker Psychotherapist

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## Correctional Service of Canada

### Trajectoires hommes

<b>Location:</b>	Community Residential Centre L'Arc-en-Soi de Rivière-du-Loup,
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	15 Weeks
<b>Theoretical orientation:</b>	Psychodynamic Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8)

## Correctional Service of Canada

### Violent Offender Program

<b>Location:</b>	Community
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1987
<b>Duration:</b>	20 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Verbal aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8)

## Correctional Service of Canada

### Vivre sans violence dans la famille

<b>Location:</b>	Institution or community
<b>Intensity/Type:</b>	Low intensity, institution/community-based
<b>Target groups:</b>	General offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Verbal aggression</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Program staff

**Correctional Service of Canada**  
**Ontario Region**

## Correctional Service of Canada

### Activities of Daily Living

<b>Location:</b>	Prison for Women, Kingston
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Women offenders, lacking in personal hygiene
<b>Commencement date of program:</b>	1995
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Communication skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Individual

## **Correctional Service of Canada**

### **Communication Skills Program**

<b>Location:</b>	Prison for Women, Kingston
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Women offenders lacking in effective communicate skills
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test result</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group or individual



## Correctional Service of Canada

### John Howard Society Program

<b>Location:</b>	John Howard Society, Ottawa
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Violent offenders, substance abusers, and a sub-target group of domestic violence offenders
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director

## **Correctional Service of Canada**

### **Kushnier, Foran, and Associates Program**

<b>Location:</b>	Area Parole Office, London
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

## Correctional Service of Canada

### Living and Cognitive Skills Program

<b>Location:</b>	Grand Valley Institution for Women, Kitchener
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Women offenders
<b>Commencement date of program:</b>	1994
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Psychologist

**Correctional Service of Canada****Mental Health Awareness Program**

<b>Location:</b>	Prison for Women, Kingston
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Women offenders, and domestic violence offenders (anyone who signs up that has an interest to further their knowledge in this area)
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Education-based
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li></ul>
<b>Service delivery mode:</b>	Group or individual

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## Correctional Service of Canada

### Nutrition and Wellness Program

<b>Location:</b>	Prison for Women, Kingston
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Women offenders lacking nutritional skills
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Skills based
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Social competence</li> <li>• Reintegration skills</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)

**Correctional Service of Canada****Parenting Skills Program**

<b>Location:</b>	Prison for Women, Kingston
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Women offenders who are mothers
<b>Commencement date of program:</b>	1995
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Role play</li><li>• Disclosure</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem definition</li><li>• Problem solving (impulse control)</li><li>• Social competence</li><li>• Communication skills</li><li>• Empathy (insight)</li><li>• Relapse prevention</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Interviews</li><li>• Pre-treatment testing</li></ul>
<b>Service delivery mode:</b>	Individual

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## Correctional Service of Canada

### Prerelease Planning Program

<b>Location:</b>	Prison for Women, Kingston
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Women offenders
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Job search, résumé, interview skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Referral by staff</li> <li>• Request by inmate</li> </ul>
<b>Service delivery mode:</b>	Individual

## Correctional Service of Canada

### Rational Emotive Therapy

<b>Location:</b>	Prison for Women, Kingston
<b>Intensity/Type:</b>	Intermediate, institution
<b>Target groups:</b>	Personality disordered women offenders
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Individual



## Correctional Service of Canada

### Relationship Counselling

<b>Location:</b>	Prison for Women, Kingston
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Women offenders
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Referral by staff</li> <li>• Request by inmate</li> </ul>
<b>Service delivery mode:</b>	Individual or couple

**Correctional Service of Canada****Self-esteem Program**

<b>Location:</b>	Prison for Women, Kingston
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Women offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Role play</li><li>• Disclosure</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Assertiveness</li><li>• Social competence</li><li>• Arousal reduction (general emotions)</li><li>• Communication skills</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Interviews</li></ul>
<b>Service delivery mode:</b>	Individual

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## Correctional Service of Canada

### Simcoe County Muskoka Program

<b>Location:</b>	Barrie Area Parole Office, Barrie
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers, or if offence included the use of alcohol or drugs
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test result</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Program staff

## Correctional Service of Canada

### Stress Management Program

<b>Location:</b>	Prison for Women, Kingston
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Women offenders
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment test results</li> <li>• Referrals</li> </ul>
<b>Service delivery mode:</b>	Individual

## Correctional Service of Canada

### Symptom Management Program

<b>Location:</b>	Prison for Women, Kingston
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Mentally ill, low functioning, illiterate women offenders
<b>Commencement date of program:</b>	1998
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Nurse

## Correctional Service of Canada

### Windsor Sex Offender Treatment Program

<b>Location:</b>	Community, Windsor
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	50 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychotherapist

**Correctional Service of Canada**

**Prairie Region**

*(inclusive of Alberta, Manitoba, and Saskatchewan)*

## Correctional Service of Canada

### Adult Sex Offender Program

<b>Location:</b>	Calgary, Alberta
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1995
<b>Theoretical orientation:</b>	Cognitive-behavioural System for couple/family therapy
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Social competence</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Social worker



## Correctional Service of Canada

### Alpine Wellness Relapse Prevention Program

<b>Location:</b>	Grande Cache Institution (minimum- and medium-security), Grande Cache, Alberta
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Offender victimization</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Anger Management Program

<b>Location:</b>	Edmonton Institution for Women (minimum- and medium-security), Edmonton, Alberta
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Women violent offenders, and a sub-target group of domestic violent offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Cultural Awareness Program

<b>Location:</b>	Pê Sâkâstêw Centre (minimum-security), Hobbema, Alberta
<b>Intensity/Type:</b>	Intermediate, institution, and community-based
<b>Target groups:</b>	Aboriginal offenders
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Aboriginal Elder

## Correctional Service of Canada

### Family Violence Program

<b>Location:</b>	Edmonton Parole Office, Edmonton, Alberta
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	A sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1999
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Social worker

**Correctional Service of Canada****First Nations Culture Program**

<b>Location:</b>	Drumheller Institution (medium-security), Drumheller, Alberta
<b>Intensity/Type:</b>	Institution-based
<b>Target groups:</b>	Aboriginal offenders
<b>Commencement date of program:</b>	1985
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• First Nations culture</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Interest in First Nations culture</li></ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

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## Correctional Service of Canada

### Marcon Life Program

<b>Location:</b>	Area Parole Office, Lethbridge, Alberta
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	24 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 7)
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### New Beginning Family Violence Program

<b>Location:</b>	Edmonton Institution for Women (Multi-level security), Edmonton, Alberta
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Women sex offenders, violent offenders, substance abusers, and sub-target groups of domestic violent offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	No specified criteria
<b>Service delivery mode:</b>	Group (maximum 15)
<b>Program deliverers:</b>	Social worker

## Correctional Service of Canada

### Parkland Wellness Program

<b>Location:</b>	Bowden Institution (medium-security), Innisfail, Alberta
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, and sub-target groups of incest offenders, rapists, and pedophiles offenders
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Self-esteem</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Psychologist Program coordinator Program staff



## Correctional Service of Canada

### Path Finding Program

<b>Location:</b>	Drumheller Institution (medium-security), Drumheller, Alberta
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, drunk drivers, and those experiencing a history of grief and loss
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	14 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic (Narrative systemic therapy)
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Social competence</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Pre-Treatment Program

<b>Location:</b>	Drumheller Institution (medium-security), Drumheller, Alberta
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Holistic healing approach to addictions
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Aboriginal offenders with substance abuse</li> <li>• Criminal history</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Relapse Prevention Program

<b>Location:</b>	Calgary District Parole Office, Calgary, Alberta
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	General offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Relapse Prevention Program

<b>Location:</b>	Edmonton Parole Office, Edmonton, Alberta
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Violent offenders, substance abusers, and those with a general criminal lifestyle
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Psychologist Social worker

**Correctional Service of Canada****Sacred Circle**

<b>Location:</b>	Edmonton Institution, Edmonton, Alberta
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Aboriginal offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Spiritual Cultural
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Disclosure</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Substance abuse</li><li>• Aboriginal culture and spirituality</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Elder decision</li></ul>
<b>Service delivery mode:</b>	Group (maximum 10-12)
<b>Program deliverers:</b>	Elder

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## Correctional Service of Canada

### Trauma and Abuse Education, and Awareness

<b>Location:</b>	Edmonton Institution for Women, Edmonton, Alberta
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Women offenders, and sub-target groups of domestic violence offenders, and incest offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	7 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Base Exodus Program

<b>Location:</b>	Rockwood Institution (minimum-security), Stony Mountain, Manitoba
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Control/wellness plan</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Program director Program staff

## Correctional Service of Canada

### Clean and Sober Program

<b>Location:</b>	Winnipeg, Manitoba
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of all types of offenders
<b>Commencement date of program:</b>	1998
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic 12-Step
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Program director Program staff



## Correctional Service of Canada

### Community Relapse Prevention Program

<b>Location:</b>	Winnipeg, Manitoba
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of all types of offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	13 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural 12-Step
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Native Clan Organization Program

<b>Location:</b>	Winnipeg Community Residential Facility, Manitoba
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of all type of offenders
<b>Commencement date of program:</b>	1974
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic Native spirituality
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Native spirituality</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Norbert Foundation Program

<b>Location:</b>	Winnipeg, Manitoba
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1985
<b>Duration:</b>	3 to 6 Months
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic Native spirituality
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Parenting</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff Program director

## Correctional Service of Canada

### Salvation Army Anchorage Program

<b>Location:</b>	Winnipeg, Manitoba
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers, and sub-target groups of domestic violence offenders, incest offenders, drunk drivers, and all types of offenders
<b>Commencement date of program:</b>	1989
<b>Duration:</b>	9 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic 12-Step
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director

## Correctional Service of Canada

### Tamarak Rehabilitation Program

<b>Location:</b>	Winnipeg, Manitoba
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers, and sub-target groups of domestic violence offenders, and drunk drivers
<b>Commencement date of program:</b>	1974
<b>Duration:</b>	60 Days
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Motivated to attend</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Program staff

## Correctional Service of Canada

### Aboriginal Alternative to Segregation Program

<b>Location:</b>	Saskatchewan Penitentiary, Prince Albert, Saskatchewan
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, and substance abusers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	4 to 12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Alternative problem resolution</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Native liaison Native Elder

**Correctional Service of Canada****Alcohol and Drug Abuse Education Program**

<b>Location:</b>	Prince Albert, Saskatchewan
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Duration:</b>	3 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Substance abuse</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Nature of current offence</li></ul>
<b>Service delivery mode:</b>	Group (maximum 20)
<b>Program deliverers:</b>	Program director

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## Correctional Service of Canada

### Intensive Healing Program

<b>Location:</b>	Churchill Unit, Regional Psychiatric Centre Prairie, Saskatoon, Saskatchewan
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Women offenders
<b>Commencement date of program:</b>	1996
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Skills acquisition</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Institutional aggression</li> <li>• Self-harm</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Psychologist Social worker Elder



**Correctional Service of Canada****Macsi-Hawk Program**

<b>Location:</b>	Prince Albert, Saskatchewan
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1998
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Information sharing</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Substance abuse</li><li>• Cognitive distortion</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Nature of current offence</li></ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Program staff

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## Correctional Service of Canada

### Moderate Intensity Aboriginal Sex Offender Program

<b>Location:</b>	Saskatchewan Penitentiary, Prince Albert, Saskatchewan
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	20 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Social worker Program staff

## Correctional Service of Canada

### New Choices for Men Program

<b>Location:</b>	Prince Albert, Saskatchewan
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	15 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

## Correctional Service of Canada

### Personal Counselling

<b>Location:</b>	Prince Albert, Saskatchewan
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, drunk drivers, and general recidivism
<b>Commencement date of program:</b>	1996
<b>Theoretical orientation:</b>	Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Program director

## Correctional Service of Canada

### Regina Sex Offender Program

<b>Location:</b>	Regina Parole Office, Regina, Saskatchewan
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1994
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Program director Program staff

## Correctional Service of Canada

### Self-Help Program

<b>Location:</b>	Riverbend Institution, and community, Prince Albert, Saskatchewan
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1996
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Counselor

## Correctional Service of Canada

### Sex Offender Program

<b>Location:</b>	North Battleford, Saskatchewan
<b>Intensity/Type:</b>	Low-intensity, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Empathy (insight)</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Sex Offender Program

<b>Location:</b>	Prince Albert, Saskatchewan
<b>Intensity/Type:</b>	Community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	24 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Program staff



## Correctional Service of Canada

### Society of Aboriginal Addictions Recovery (SOAAR)

<b>Location:</b>	Saskatchewan Penitentiary (medium-security), Prince Albert, Saskatchewan
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Aboriginal substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Duration:</b>	7 Weeks
<b>Theoretical orientation:</b>	Spiritual Holistic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Relapse prevention</li> <li>• Healing through aboriginal culture</li> <li>• Self-esteem</li> <li>• Self-discovery</li> <li>• Values</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program officer

## Correctional Service of Canada

### WA WA EE

<b>Location:</b>	Riverbend Institution (minimum-security), Prince Albert, Saskatchewan
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Aboriginal sex offenders, violent offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Spirituality</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• History of foster homes</li> <li>• Boarding school</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Native liaison officer

## Correctional Service of Canada

### Who Spa Gan

<b>Location:</b>	Saskatchewan Penitentiary (medium-security), Prince Albert, Saskatchewan
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Native Liaison

**Correctional Service of Canada**  
**Pacific Region**

## Correctional Service of Canada

### Balanced Life Styles Program

<b>Location:</b>	Circle of Eagles Lodge, and Community, British Columbia
<b>Intensity/Type:</b>	Intermediate and low intensity, institution, and community-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Personality Disordered Sex Offender Program

<b>Location:</b>	Mountain Institution (medium-security), Agassiz, British Columbia
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	20 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> <li>• Information sharing</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Sex Offender Relapse Prevention Program

<b>Location:</b>	Mountain Institution (medium-security), Agassiz, British Columbia
<b>Intensity/Type:</b>	Intermediate and low intensity, institution-based
<b>Target groups:</b>	Sex offenders, and sub-target groups of domestic violence offenders, incest offenders, pedophiles, and rapists
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Arousal (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Sex Offender Relapse Prevention Program

<b>Location:</b>	Vancouver Island District Parole Office, Victoria, British Columbia
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1994
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Parole officer



## Correctional Service of Canada

### Sex Offender Relapse Prevention Program

<b>Location:</b>	Vancouver Parole Office, Vancouver, British Columbia
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders
<b>Theoretical orientation:</b>	Cognitive-behavioural Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Autobiography</li> <li>• Homework</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Parole Officer

## Correctional Service of Canada

### Substance Abuse and Reintegration Program

<b>Location:</b>	Howard House Community Residential Facility, Vernon, British Columbia
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers and sub-target groups of educational/employment
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

**Provinces and Territories**

**Alberta**

**Alberta****A Christmas Humbug Program**

<b>Location:</b>	Young Offenders Centre, Edmonton
<b>Intensity/Type:</b>	Low intensity, Institution-based
<b>Target groups:</b>	All young offenders
<b>Commencement date of program:</b>	1999
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program Targets:</b>	<ul style="list-style-type: none"> <li>• Arousal reduction (general emotions)</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Alberta

### Academic Upgrading Program

<b>Location:</b>	All Correctional Treatment Centres
<b>Intensity/Type:</b>	Intermediate and low-intensity, institution-based
<b>Target groups:</b>	Low functioning
<b>Commencement date of program:</b>	1977
<b>Theoretical orientation:</b>	Cognitive-behavioural Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Communication skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Offender request</li> </ul>
<b>Service delivery mode:</b>	Group and individual

**Alberta****Addictions Awareness Program**

<b>Location:</b>	All Correctional Treatment Centres
<b>Intensity/Type:</b>	Intermediate and low, institution-based
<b>Target groups:</b>	Substance abusers, and sub-target groups of domestic violence, and drunk drivers
<b>Theoretical orientation:</b>	Cognitive-behavioural Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Alberta

### Addictions Awareness Program

<b>Location:</b>	Calgary Attendance Centre, and Edmonton Intake
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers, and sub-target groups of domestic violence offenders, and drunk drivers
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Substance abuse</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Recognized addiction problem</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Program staff Chaplain

**Alberta****Addictions Support Program**

<b>Location:</b>	Young Offenders Centre, Grande Prairie
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Substance abusers, and children of alcoholics
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Self-referral</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff



**Alberta****AIDS / STDS Awareness Program**

<b>Location:</b>	Young Offenders Centre, Calgary, and Lethbridge
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers, and sub-target groups of domestic violent offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1989
<b>Theoretical orientation:</b>	Health/awareness
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	Successful participation in other programs
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff Medical personnel

**Alberta****Alternative Measure Program**

<b>Location:</b>	All Community Corrections Centres in Alberta
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Those who can not pay fines
<b>Commencement date of program:</b>	1989
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Nature of current offence</li><li>• Number of prior convictions</li></ul>
<b>Service delivery mode:</b>	Individual supervision
<b>Program deliverers:</b>	Probation officer

**Alberta****Alternatives to Violence Program**

<b>Location:</b>	Young Offenders Centre, Calgary
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1989
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

**Alberta****Anger Management Program**

<b>Location:</b>	All Correctional Treatment Centres
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, substance abusers, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1987
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 15)
<b>Program deliverers:</b>	Psychologist

**Alberta****Anger Management Program**

<b>Location:</b>	Calgary Attendance Centre, and Edmonton Intake
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	3 to 4 Weeks
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Substance abuse</li> <li>• Problem definition</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Interviews</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 15)
<b>Program deliverers:</b>	Program director

**Alberta****Anger Management Program**

<b>Location:</b>	Young Offenders Centre, Calgary, Edmonton, and Grande Prairie
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Young offenders, and substance abusers with anger issues
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Psychologist Program staff

**Alberta****Baking Program**

<b>Location:</b>	Calgary Correctional Centre (medium-security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1987
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Skills development
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Skills acquisition</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem definition</li><li>• Problem solving (impulse control)</li><li>• Relapse prevention</li></ul>
<b>Service delivery mode:</b>	Group (maximum 5)
<b>Program deliverers:</b>	Journeyman Baker

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**Alberta****Barber Program**

<b>Location:</b>	Calgary Correctional Centre (medium-security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, and substance abusers
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Skills development
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 4)
<b>Program deliverers:</b>	Hair stylist Barber



**Alberta****Black Rock / Restrictive Unit Program**

<b>Location:</b>	Young Offenders Centre, Calgary, and Edmonton
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Substance abusers, violent offenders, and sex offenders
<b>Commencement date of program:</b>	1988
<b>Theoretical orientation:</b>	Cognitive-behavioural Self-esteem Problem solving
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Youth workers

**Alberta****Building Service Worker Program**

<b>Location:</b>	Fort Saskatchewan
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Adult education
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Employment</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Interest</li> </ul>
<b>Service delivery mode:</b>	Classroom and practical application
<b>Program deliverers:</b>	Program staff

**Alberta****Carpentry Program**

<b>Location:</b>	Calgary Correctional Centre (medium-security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1981
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Skills development
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 7)
<b>Program deliverers:</b>	Journeyman Carpenter

**Alberta****Chaplaincy Program**

<b>Location:</b>	All Correctional Treatment Centres
<b>Intensity/Type:</b>	Low-intensity, institution-based
<b>Target groups:</b>	Interested offenders
<b>Commencement date of program:</b>	1987
<b>Theoretical orientation:</b>	Spiritual Counselling
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Spiritual</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interest</li> <li>• Self-referral</li> </ul>
<b>Service delivery mode:</b>	Group and individual

**Alberta****Chaplaincy Services**

<b>Location:</b>	Young Offenders Centre, Calgary, Edmonton, and Grande Prairie
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Theoretical orientation:</b>	Cognitive-behavioural Spiritual
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li></ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Chaplain

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**Alberta****Child Friendly Calgary Program**

<b>Location:</b>	Young Offenders Centre, Calgary
<b>Intensity/Type:</b>	Low intensity, institution, and community-based
<b>Target groups:</b>	Youth offenders aged 12 to 18
<b>Commencement date of program:</b>	1999
<b>Duration:</b>	On-going
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program director

## Alberta

### Community Transition Program

<b>Location:</b>	Young Offenders Centre, Calgary
<b>Intensity/Type:</b>	Intermediate, institution, and community-based
<b>Target groups:</b>	Prerelease offenders
<b>Commencement date of program:</b>	1999
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Assertiveness</li> <li>• Cognitive distortion</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	Interviews
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director

**Alberta****Conditional Sentence Program**

<b>Location:</b>	All communities
<b>Intensity/Type:</b>	Intensive and intermediate, community-based
<b>Target groups:</b>	Any offender sentenced by court
<b>Commencement date of program:</b>	1996
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Minimize risk of re-offending</li></ul>
<b>Admission criteria:</b>	Sentence is imposed by court
<b>Program deliverers:</b>	Probation officer



**Alberta****Confined Spaces Program**

<b>Location:</b>	Calgary Correctional Centre (medium-security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Skills acquisition
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Skills acquisition</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem definition</li><li>• Relapse prevention</li><li>• Skills knowledge acquisition</li></ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Program staff

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**Alberta****Construction Safety**

<b>Location:</b>	Calgary Correctional Centre (medium-security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	6 hours
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Self-directed computer modules
<b>Program deliverers:</b>	Certified teacher

**Alberta****Crime Cycle Program**

<b>Location:</b>	Young Offenders Program Centre, Calgary, and Lethbridge
<b>Intensity/Type:</b>	Low intensity, institution, and community-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	9 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Program staff Volunteers

**Alberta****Drug Abuse and Alcoholism Program**

<b>Location:</b>	Poundmaker's Lodge Adolescent Treatment Centre, St. Paul
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Young offenders
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Addiction treatment
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Anger management</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Program staff Elder Support Staff

## Alberta

### Duke of Edinburgh Award

<b>Location:</b>	Young Offenders Program Centre, Calgary
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	All young offenders
<b>Commencement date of program:</b>	1998
<b>Theoretical orientation:</b>	Cognitive-behavioural Peer relationship Participatory Community commitment
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> </ul>
<b>Service delivery mode:</b>	Group and individual

**Alberta****Educational Program**

<b>Location:</b>	Young Offenders Centre, Grande Prairie, and Lethbridge
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	All young offenders
<b>Commencement date of program:</b>	1986
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> </ul>
<b>Program deliverers:</b>	Teacher

## Alberta

### Elders Program

<b>Location:</b>	All Correctional Centres
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Interested offenders
<b>Commencement date of program:</b>	1989
<b>Duration:</b>	On-going
<b>Theoretical orientation:</b>	Spiritual Knowledge Self-awareness
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Substance abuse</li> <li>• Spiritual</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Offender interest</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Native program coordinator

**Alberta****Employment Skills Program**

<b>Location:</b>	Correctional Centre, Bow River, Calgary, and Lethbridge
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	3 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 15)
<b>Program deliverers:</b>	Social worker



## Alberta

### Family Violence Program

<b>Location:</b>	All Correctional Treatment Centres
<b>Intensity/Type:</b>	Intensive, intermediate, and low-intensity, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1988
<b>Theoretical orientation:</b>	Cognitive-behavioural Educational Self-awareness
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	Individual and groups

**Alberta****Family Violence Awareness Program**

<b>Location:</b>	Young Offenders Centre, Lethbridge
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Violent offenders, and sub-target groups of domestic violence offenders, and incest offenders
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

**Alberta****Fine Option Program**

<b>Location:</b>	All Community Corrections Centres in Alberta
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Those who can't pay fines
<b>Commencement date of program:</b>	1975
<b>Program targets:</b>	Minimize incarceration
<b>Admission criteria:</b>	Able to work
<b>Program deliverers:</b>	Probation officer

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## Alberta

### First AID and CPR

<b>Location:</b>	All Correctional Treatment Centres
<b>Intensity/Type:</b>	Intermediate, and low-intensity, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	16 hours
<b>Theoretical orientation:</b>	Cognitive-behavioural Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Instructor

**Alberta****H<sub>2</sub>S Alive Learning Objective**

<b>Location:</b>	Calgary Correctional Centre (medium-security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	8 hours
<b>Theoretical orientation:</b>	Skills acquisition
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Skills acquisition</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem definition</li><li>• Relapse prevention</li></ul>
<b>Service delivery mode:</b>	Group (maximum 14)
<b>Program deliverers:</b>	Program staff

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**Alberta****High Risk Recognition Group**

<b>Location:</b>	Young Offenders Centre, Edmonton
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Young offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

**Alberta****Independent Living Skills Program**

<b>Location:</b>	Calgary Remand Centre
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 5)
<b>Program deliverers:</b>	Program staff

## Alberta

### Inmate Rehabilitation / Work Certification Program

<b>Location:</b>	Metis Nation Wilderness Camp Society
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Substance abusers, and sub-target groups of domestic violence offenders, and drunk drivers
<b>Commencement date of program:</b>	1993
<b>Theoretical Orientation:</b>	Rehabilitation
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Native</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Elder



## Alberta

### Junior Achievement Program

<b>Location:</b>	Young Offenders Centre, Calgary
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	All young offenders
<b>Commencement date of program:</b>	1999
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Homework</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Communication skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Part of anger program</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Classroom
<b>Program deliverers:</b>	Teacher

**Alberta****Junior Achievement Program**

<b>Location:</b>	Young Offenders Centre, Edmonton
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	All young offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Life skills
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Communication skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Must be in centre for 8 weeks</li> </ul>

## Alberta

### Life Management Skills Program

<b>Location:</b>	All Correctional Treatment Centres
<b>Intensity/Type:</b>	Intermediate, and low-intensity, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Commencement date of program:</b>	1979
<b>Theoretical orientation:</b>	Cognitive-behavioural Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Cognitive distortion</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Alberta

### Life Skills Program

<b>Location:</b>	Young Offenders Program Centre, Calgary, and Lethbridge
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1989
<b>Duration:</b>	On-going
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

**Alberta****Long Term Group**

<b>Location:</b>	Young Offenders Centre, Calgary
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	<ul style="list-style-type: none"> <li>• Cognitive-behavioural</li> <li>• Adolescent problem solving</li> <li>• Moral development training</li> <li>• Social group skills</li> </ul>
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Life skills</li> <li>• Moral reasoning</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Psychologist Program staff

**Alberta****Native Awareness Program**

<b>Location:</b>	Peace River Centre (medium-security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Interested offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	1 Week
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interested offenders</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Native program coordinator

## Alberta

### Native Awareness / Studies Program

<b>Location:</b>	Young Offenders Centre, Calgary, Grande Prairie, and Lethbridge
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Native sex offenders, violent offenders, substance abusers, and sub-target groups of Native domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1988
<b>Duration:</b>	On-going
<b>Theoretical orientation:</b>	Cognitive-behavioural Native ways of life
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Respect for others</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Self-referral</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff Elder Psychologist

## Alberta

### Order of Disposition Program

<b>Location:</b>	All Communities in Alberta
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Property offenders
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Victim awareness</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Court referral</li> </ul>
<b>Program deliverers:</b>	Probation officer



**Alberta****Peace Bond Program**

<b>Location:</b>	All Community Corrections Centres in Alberta
<b>Intensity/Type:</b>	Intensive, intermediate, and low-intensity, community-based
<b>Target groups:</b>	Selected offenders by courts
<b>Commencement date of program:</b>	1990
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• To help keep the peace for an individual or family unit</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• As chosen by the courts</li></ul>
<b>Program deliverers:</b>	Probation officer

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**Alberta****Pre-Trial Bail Supervision Program**

<b>Location:</b>	All Alberta
<b>Intensity/Type:</b>	Intensive, intermediate, and low-intensity, community-based
<b>Target groups:</b>	Offenders as directed by court
<b>Theoretical Orientation:</b>	Court ordered released
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem definition</li></ul>
<b>Program deliverers:</b>	Probation officer

## Alberta

### Prevention of Family Violence Program

<b>Location:</b>	Community Corrections of Probation
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	9 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Court order</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 14)
<b>Program deliverers:</b>	Probation officer Psychologist

**Alberta****Probation Program**

<b>Location:</b>	All Community Corrections Centres
<b>Intensity/Type:</b>	Intensive, intermediate, and low-intensity, community-based
<b>Target groups:</b>	Any offender sentenced by court
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Minimize reoffending</li></ul>
<b>Admission criteria:</b>	Sentence is imposed by the court
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Probation officer

## Alberta

### Prostitution Awareness and Prevention Program

<b>Location:</b>	Young Offenders Centre, Calgary
<b>Intensity/Type:</b>	Intermediate, community, and institution-based
<b>Target groups:</b>	Substance abusers, victims of violence, and victims of the sex trade
<b>Commencement date of program:</b>	1992
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Successful participation in other programs</li> <li>• Self-referral</li> </ul>
<b>Service delivery mode:</b>	Group and individual

**Alberta****Psychology for Success – Chapel**

<b>Location:</b>	Edmonton Rehabilitation Centre (maximum-security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	3 Weeks
<b>Theoretical orientation:</b>	Spiritual Social Psychological
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Chaplain

## Alberta

### Safety – Workplace Program

<b>Location:</b>	Peace River Correctional Centre (medium- security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Interested offenders
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Educational Skills development
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Offender interest</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 16)
<b>Program deliverers:</b>	Instructor

**Alberta****Scouts – EYOC Program**

<b>Location:</b>	Young Offenders Program Centre, Edmonton
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All young offenders
<b>Commencement date of program:</b>	1997
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Teamwork</li> <li>• Survival skills</li> <li>• Leadership</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Age</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Scout teacher



## Alberta

### Sewing and Upholstery Program

<b>Location:</b>	Calgary Correctional Centre (medium-security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1987
<b>Duration:</b>	16 Weeks
<b>Theoretical Orientation</b>	<ul style="list-style-type: none"> <li>• Skills development</li> </ul>
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8)
<b>Program deliverers:</b>	Instructor

**Alberta****Sex Offender Program**

<b>Location:</b>	Young Offenders Centre, Calgary
<b>Intensity/Type:</b>	Intermediate, institution, and community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1990
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychoeducational Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Alberta

### Special Needs Unit

<b>Location:</b>	Young Offenders Centre, Calgary
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Substance abusers, violent offenders, and sex offenders
<b>Commencement date of program:</b>	1990
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Social/maturity skills</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Program director

**Alberta****Starting a Small Business Program**

<b>Location:</b>	Calgary Correctional Centre (medium-security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	4 days
<b>Theoretical orientation:</b>	Skills and knowledge acquisition
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 14)
<b>Program deliverers:</b>	Certified teacher

**Alberta****Temporary Absence Program**

<b>Location:</b>	All Alberta
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Non-violent offenders
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Substance abuse</li><li>• Social competence</li><li>• Relapse prevention</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Nature of current offence</li><li>• Number of prior convictions</li><li>• Criminal history</li><li>• Successful participation in other programs</li></ul>
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Probation officer

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## Alberta

### The Girl's Group

<b>Location:</b>	Young Offenders Centre, Edmonton
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All young women offenders
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Information Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Substance abuse</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff Correctional service worker

## Alberta

### Tipping the Balance Program

<b>Location:</b>	Young Offenders Centre, Grande Prairie
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1998
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Self-referral</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Social worker

**Alberta****Volunteer Probation Program**

<b>Location:</b>	Community Corrections Branch
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Violent offenders, sex offenders, and substance abusers
<b>Commencement date of program:</b>	1981
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Individual



**Alberta****Volunteer Program**

<b>Location:</b>	All Correctional Centres
<b>Intensity/Type:</b>	Institution, and community-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1980
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	<ul style="list-style-type: none"> <li>• Group and individual</li> </ul>

**Alberta****Volunteer Program**

<b>Location:</b>	Young Offenders Program Centre, Calgary
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1989
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Volunteers

**Alberta****Welding (Metal and Welding Skills, Level – 11BS)**

<b>Location:</b>	Calgary Correctional Centre (medium-security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1980
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Skills development
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 5)
<b>Program deliverers:</b>	Journeyman Welder

**Alberta****Work Program**

<b>Location:</b>	Young Offenders Centre, Edmonton
<b>Intensity/Type:</b>	Low intensity, community, and institution-based
<b>Target groups:</b>	Work crew
<b>Commencement date of program:</b>	1988
<b>Theoretical orientation:</b>	Work ethics
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

## Alberta

### Young Offender Custody Home Program

<b>Location:</b>	Community Corrections Branch
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and property offenders
<b>Commencement date of program:</b>	1986
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Probation officer

## Alberta

### Young Offender Residential Program

<b>Location:</b>	Catholic Social Services
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	All young offenders
<b>Commencement date of program:</b>	1988
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Social competence</li> <li>• Life skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Program staff

**Provinces and Territories**  
**British Columbia**

## British Columbia

### BB Youth Program

<b>Location:</b>	All British Columbia
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Chronic young violent offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	26 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Self-esteem</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist



## British Columbia

### Exodus Substance Abuse Alcohol and Drug Treatment Program

<b>Location:</b>	All British Columbia
<b>Intensity/Type:</b>	Intensity, community-based
<b>Target groups:</b>	Youth substance abusers
<b>Commencement date of program:</b>	1991
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## British Columbia

### Substance Abuse Management Program

<b>Location:</b>	All British Columbia
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1998
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)

## British Columbia

### Violence Prevention Program

<b>Location:</b>	All British Columbia
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1998
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)

## **Provinces and Territories**

# **Manitoba**

**Manitoba****Addiction Recovery Program**

<b>Location:</b>	Milner Ridge Correctional Institution
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

**Manitoba****Adolescent Sexual Offender Program**

<b>Location:</b>	Brandon Probation
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	18 to 24 months
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Assertiveness</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Probation officer Psychiatrist Teacher

**Manitoba****Adult Education Program**

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	All offenders
<b>Theoretical orientation:</b>	Academic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Life skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Teachers

**Manitoba****Anger Management Program**

<b>Location:</b>	Agassiz Youth Centre, Portage La Prairie
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (general emotions)</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Teacher



**Manitoba****Anger Management Program**

<b>Location:</b>	Brandon Correctional Institution
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, substance abusers, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)

**Manitoba****Anger Management Program**

<b>Location:</b>	Community
<b>Intensity/Type:</b>	Community-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Criminologist

**Manitoba****Anger Management Program**

<b>Location:</b>	Community and Youth Corrections
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and sub-target groups of domestic violence offenders, and drunk drivers
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	25 hours
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Probation officer

## Manitoba

### Anger Management Program

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intermediate, community, and institution-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Number of prior convictions</li> <li>• Pre-treatment testing</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director

## Manitoba

### Anger Management Program

<b>Location:</b>	Milner Ridge Correctional Centre
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

## Manitoba

### Anger Management Program

<b>Location:</b>	Probation Services to Midland
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	13 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

**Manitoba****Anger Management Program**

<b>Location:</b>	Community and Youth Corrections, Thompson Manitoba Region
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Offenders with anger issues
<b>Commencement date of program:</b>	1995
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group format with individual session in other communities

**Manitoba****Change Skills Program**

<b>Location:</b>	Milner Ridge Correctional Institution
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	1 week
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem definition</li><li>• Cognitive distortion</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Interviews</li></ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Correctional officer Program staff

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**Manitoba****Chemical Dependency Program**

<b>Location:</b>	Agassiz Youth Centre, Portage La Prairie
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1988
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Teacher

## Manitoba

### Chemical Dependency Program

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and sub-target groups of drunk drivers, domestic violence offenders, and incest offenders
<b>Commencement date of program:</b>	1988
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual

**Manitoba****Commitment to Change Program**

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, property offenders, and drug trafficking, and sub-target groups of domestic violence offenders, drunk drivers, and fraud offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	1 Week
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Institutional aggression</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	<ul style="list-style-type: none"> <li>• Group and individual</li> </ul>
<b>Program deliverers</b>	<ul style="list-style-type: none"> <li>• Program director</li> </ul>

## Manitoba

### Fresh Start Program

<b>Location:</b>	Provincial Building, Brandon
<b>Intensity/Type:</b>	Community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Duration:</b>	18 Months
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Social worker

## Manitoba

### Fresh Start (Adult Offenders) Program

<b>Location:</b>	Brandon Probation
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1987
<b>Duration:</b>	18 Months
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Probation officer

**Manitoba****Gang Intervention Program**

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intensive, institution, and community-based
<b>Target groups:</b>	Gang member associates
<b>Commencement date of program:</b>	1998
<b>Theoretical orientation:</b>	Affective Motivation Spiritual Cognitive
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Offence/crime cycle</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Gang affiliation</li> </ul>
<b>Service delivery mode:</b>	Group

**Manitoba****Literacy Program**

<b>Location:</b>	Brandon Correctional Institution
<b>Intensity/Type:</b>	Intensive, intermediate, and low-intensity, institution-based
<b>Target groups:</b>	Any offender with an interest/motivation in literacy
<b>Commencement date of program:</b>	1982
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Assertiveness</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Manitoba

### Long Term Domestic Violence Program

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	<ul style="list-style-type: none"> <li>• Group and individual</li> </ul>
<b>Program deliverers:</b>	<ul style="list-style-type: none"> <li>• Social worker</li> </ul>



## Manitoba

### Making a Difference

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Mentally disordered offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	11 Weeks
<b>Theoretical orientation:</b>	Life skills Psychoeducational Cognitive-behavioural Emotive
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Psychology diagnosis</li> <li>• Psychology nurse referral</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program coordinator

## Manitoba

### Medicine Wheel Teachings

<b>Location:</b>	Community and Youth Corrections
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic Holistic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Successful participation in other programs</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Knowledge of their culture</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Probation officer

## Manitoba

### Partner Abuse - Short Term Program

<b>Location:</b>	Brandon Correctional Institution
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	A sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)

## Manitoba

### Partner Abuse – Short Term Program

<b>Location:</b>	Community and Youth Corrections, Ashern, Interlake, Pequis, Selkirk, and St-Martin
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1994
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (general emotions)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Court mandated</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Probation officer

## Manitoba

### Partner Abuse – Short Term Program

<b>Location:</b>	Court mandated clients are reached
<b>Intensity/Type:</b>	Intensive and intermediate, community-based
<b>Target groups:</b>	A sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	24 hours
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 15)
<b>Program deliverers:</b>	Probation officer or contract worker

## Manitoba

### Partner Abuse – Short Term Program

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	1 Week
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 15)
<b>Program deliverers:</b>	Social worker

## Manitoba

### Partner Abuse – Short Term Program

<b>Location:</b>	Milner Ridge Correctional Centre
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	1 Week
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Social competence</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

## Manitoba

### Partner Abuse – Short Term Program

<b>Location:</b>	Provincially with community participation
<b>Intensity/Type:</b>	Intermediate, institution, and community-based
<b>Target groups:</b>	Sub-target group of domestic violence offenders
<b>Duration:</b>	3 days
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Probation officer



## Manitoba

### Pathways Program

<b>Location:</b>	Agassiz Youth Centre, Portage La Prairie
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Information sharing</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Teacher

## Manitoba

### Sex Offender Program

<b>Location:</b>	Headingley Correctional Centre
<b>Intensity/Type:</b>	Intensive, institution, and community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	6 Months
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Manitoba

### Sex Offender Program

<b>Location:</b>	Modern Court Probation Group
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Empathy</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

**Manitoba****Sex Offenders Relapse Prevention Program**

<b>Location:</b>	Dauphin Correctional Institution
<b>Intensity/Type:</b>	Community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1985
<b>Duration:</b>	35 to 50 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 9)
<b>Program deliverers:</b>	Social worker

**Manitoba****Sex Offender Relapse Prevention Program**

<b>Location:</b>	Community and Youth Corrections, Thompson Manitoba Region
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1993
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Manitoba

### Short Term Intervention Program

<b>Location:</b>	Community and Youth Corrections, Thompson Manitoba Region
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1986
<b>Duration:</b>	12 sessions
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

**Manitoba****Short Term Relapse Prevention Program for Sex Offenders**

<b>Location:</b>	Eastman Region
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulsive control)</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Probation officer

## Manitoba

### Step One Program

<b>Location:</b>	Brandon Probation
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Dual diagnosed mentally-ill, and mentally disabled sex offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	On-going
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Probation officer



**Manitoba****Substance Abuse Intervention Program**

<b>Location:</b>	Brandon Correctional Institution
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Manitoba

### Target Program

<b>Location:</b>	Brandon Probation Office
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	High-risk offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)

## Manitoba

### Victim Awareness Program

<b>Location:</b>	Agassiz Youth Centre, Portage La Prairie
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, all victimizers, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1989
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Teacher

## Manitoba

### Victim Awareness Program

<b>Location:</b>	Milner Ridge Correctional Institution
<b>Intensity/Type:</b>	Intermediate and low-intensity; institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	1 Week
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Offence/crime cycle</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Victim awareness</li> <li>• Offender victimization</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

**Provinces and Territories**

**New Brunswick**

## New Brunswick

### Anger Management Program

<b>Location:</b>	Bathurst , Edmundston, Fredericton, Moncton, Saint John
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Arousal reduction (anger)</li> <li>• Booster sessions</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Community facilitator

## New Brunswick

### Intensive Rehabilitation Program

<b>Location:</b>	Bathurst , Edmundston, Fredericton, Moncton, Saint John
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Pre-charged offenders
<b>Commencement date of program:</b>	1996
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Disclosure</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem definition</li><li>• Victim awareness</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Nature of current offence</li><li>• Pre-treatment testing</li></ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Community facilitator

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## New-Brunswick

### Offender Risk Reduction Program

<b>Location:</b>	Bathurst , Edmundston, Fredericton, Moncton, Saint John
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders with multiple offence history
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Booster sessions</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Community facilitator



**New Brunswick****Offender Substance Abuse Treatment Program**

<b>Location:</b>	Dalhousie Provincial Jail
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers with multiple offence history, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Booster sessions</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Community facilitator

## New Brunswick

### Partner Abuse Program

<b>Location:</b>	Bathurst, Edmundston, Fredericton, Moncton, Saint John
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Booster sessions</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Community facilitator

## New Brunswick

### Sex Offender Program

<b>Location:</b>	Bathurst, Edmundston, Fredericton, Moncton, Saint John
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, violent offenders with multiple offence history, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Booster sessions</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Community facilitator

## New Brunswick

### Substance Abuse Treatment Program

<b>Location:</b>	Bathurst , Edmundston, Fredericton, Moncton, Saint John
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, substance abusers with a multiple offence history, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Booster sessions</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Community facilitator

**Provinces and Territories**  
**Newfoundland-Labrador**

## Newfoundland-Labrador

### Adolescent Sexual Offender Program

<b>Location:</b>	Newfoundland and Labrador Youth Centre, Whitbourne
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Teenage offenders, and a sub-target group referring to adolescent sexuality
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Assertiveness</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Youth care counsellor

## Newfoundland-Labrador

### Anger Management Program

<b>Location:</b>	Newfoundland and Labrador Youth Centre, Whitbourne
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders with low impulse control, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

## Newfoundland-Labrador

### Anger Management Program

<b>Location:</b>	Water St. Learning Resources Programs, St. John's
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff



## Newfoundland-Labrador

### Anger Management Program

<b>Location:</b>	Her Majesty Penitentiary (medium-security), St. John's
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Violent, and aggressive offenders
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Specialized assessment</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Social worker

## Newfoundland-Labrador

### Batterer's Education Treatment Program

<b>Location:</b>	Regional Probation Office, Corner Brook
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Probation officer Social worker

## Newfoundland-Labrador

### Cognitive Skills Program

<b>Location:</b>	West Coast Correctional Centre, (minimum- security), Stephenville
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Offenders with cognitive deficits
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Referrals and interviews by programmers</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Newfoundland-Labrador

### Criminal Behavioural Awareness Program

<b>Location:</b>	Water St. Learning Resources Program, St. John's
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

## Newfoundland-Labrador

### Empowerment Group for Women

<b>Location:</b>	Newfoundland and Labrador Correctional Centre for Women (medium-security), Clarenville
<b>Intensity/Type:</b>	Low intensity; institution-based
<b>Target groups:</b>	Women offenders with victimization issues
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 6)
<b>Program deliverers:</b>	Social worker

## Newfoundland-Labrador

### Healthy Life Style Program

<b>Location:</b>	Newfoundland and Labrador Youth Centre, Whitbourne
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Youth care counsellor

**Newfoundland-Labrador****Intensive Intervention Program**

<b>Location:</b>	Newfoundland and Labrador Youth Centre, Whitbourne
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Young offenders at high-risk
<b>Commencement date of program:</b>	1995
<b>Theoretical orientation:</b>	Social work
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Number of prior convictions</li><li>• Criminal history</li><li>• Interviews</li></ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

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## Newfoundland-Labrador

### Intermittent Sentence Workshop Program

<b>Location:</b>	Water St. Learning Resources Program, St. John's
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1995
<b>Theoretical orientation:</b>	Psychoeducational Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 20)
<b>Program deliverers:</b>	Social worker



## Newfoundland-Labrador

### Life Skills Program

<b>Location:</b>	Newfoundland and Labrador Youth Centre, Whitbourne
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Offenders with behavioural problems
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	20 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Number of prior convictions</li> <li>• Interviews</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Youth care counsellor

## Newfoundland-Labrador

### Low Intensity Sex Offender Program

<b>Location:</b>	Water St. Learning Resources Program, St. John's
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	18 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker Program staff

## Newfoundland-Labrador

### Male Batterer's Group Program

<b>Location:</b>	St. John's
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Social worker

## Newfoundland-Labrador

### Male Batterer's Group Program

<b>Location:</b>	Her Majesty Penitentiary (medium-security); Salmonier Correctional Institute (minimum-security); Bishops Fall's Correctional Centre (minimum-security); Labrador Correctional Centre (medium-security)
<b>Intensity/Type:</b>	Low intensity, institution-base
<b>Target groups:</b>	Sub-target group of domestic violence offender
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Psychologist Social worker

## Newfoundland-Labrador

### Oasis Male Batterer's Program

<b>Location:</b>	Water St. Learning Resources Program, St. John's
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders (male batterer's)
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	18 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Social worker Program director

## Newfoundland-Labrador

### Offender Substance Abuse Prerelease Program

<b>Location:</b>	West Coast Correctional Centre (minimum- security), Stephenville
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Newfoundland-Labrador

### Reasoning and Rehabilitation Program

<b>Location:</b>	Newfoundland and Labrador Youth Centre, Whitbourne
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Property offenders with low impulse control
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	20 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Teacher

## Newfoundland-Labrador

### Sex Offender Program – Level 1

<b>Location:</b>	Her Majesty Penitentiary (medium-security), St. John's
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Social worker



## Newfoundland-Labrador

### Sex Offender Program – Level 2

<b>Location:</b>	Her Majesty Penitentiary (medium-security), St. John's
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Successful participation in other programs</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

## Newfoundland-Labrador

### Social Thinking Skills Program

<b>Location:</b>	Newfoundland and Labrador Youth Centre, Whitbourne
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Property offenders with low impulse control
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	20 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Teacher

## Newfoundland-Labrador

### Substance Abuse Program

<b>Location:</b>	Newfoundland and Labrador Youth Centre, Whitbourne
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	20 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Social competence</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Youth care counsellor

## Newfoundland-Labrador

### Substance Abuse Program

<b>Location:</b>	Water St. Learning Resources Program, St. John's
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers, those with gambling problems, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff Social worker

## Newfoundland-Labrador

### Substance Abuse Program – Level 1

<b>Location:</b>	Her Majesty Penitentiary (medium-security), St. John's; Salmonier Correctional Institution (minimum-security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	12 to 15 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Social worker

## Newfoundland-Labrador

### Substance Abuse Program – Level 2

<b>Location:</b>	Her Majesty Penitentiary (medium-security), St. John's; Salmonier Correctional Centre (minimum- security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

## Newfoundland-Labrador

### Victim Empathy Program

<b>Location:</b>	Newfoundland and Labrador Youth Centre, Whitbourne
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, property offenders, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Successful participation in other programs</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

**Provinces and Territories**  
**Northwest Territories**



## Northwest Territories

### Action North Program

<b>Location:</b>	Territorial Women's Correctional Centre (minimum-security)
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Violent offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Alcohol and Drug Program

<b>Location:</b>	Dene Konia Young Offenders Facility (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution, and community-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Skills acquisition</li><li>• Role play</li><li>• Disclosure</li><li>• Autobiography</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Assertiveness</li><li>• Offence/crime cycle</li><li>• Substance abuse</li><li>• Social competence</li><li>• Communication skills</li><li>• Victim awareness</li><li>• Offender victimization</li><li>• Cognitive distortion</li><li>• Relapse prevention</li></ul>

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## Northwest Territories

### Alcohol and Drug Program

<b>Location:</b>	Ridge River Young Offenders Facility (multi-level security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Alcohol and Drug Program

<b>Location:</b>	South Mackenzie Correctional Centre (minimum- security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Role play</li><li>• Disclosure</li><li>• Autobiography</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Assertiveness</li><li>• Offence/crime cycle</li><li>• Substance abuse</li><li>• Social competence</li><li>• Communication skills</li><li>• Victim awareness</li><li>• Offender victimization</li><li>• Cognitive distortion</li><li>• Relapse prevention</li></ul>

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## Northwest Territories

### Alcohol and Drug Program

<b>Location:</b>	Territorial Women's Correctional Centre (minimum-security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>

## Northwest Territories

### Alcohol and Drug Program

<b>Location:</b>	Yellowknife Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Disclosure</li><li>• Autobiography</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Substance abuse</li><li>• Social competence</li><li>• Communication skills</li><li>• Cognitive distortion</li></ul>

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## Northwest Territories

### Alcoholics Anonymous

<b>Location:</b>	Dene Konia Young Offenders Facility (multi-level security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Information sharing</li><li>• Skills acquisition</li><li>• Disclosure</li><li>• Autobiography</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Substance abuse</li><li>• Social competence</li><li>• Communication skills</li><li>• Cognitive distortion</li></ul>

## Northwest Territories

### Alcoholics Anonymous

<b>Location:</b>	Ridge River Young Offenders Facility (multi-level security)
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Information sharing</li><li>• Disclosure</li><li>• Autobiography</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Offence/crime cycle</li><li>• Substance abuse</li><li>• Social competence</li><li>• Communication skills</li><li>• Victim awareness</li><li>• Cognitive distortion</li></ul>

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## Northwest Territories

### Alcoholics Anonymous

<b>Location:</b>	South Mackenzie Correctional Centre (minimum- security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Alcoholics Anonymous

<b>Location:</b>	Territorial Women's Correctional Centre (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Information sharing</li><li>• Disclosure</li><li>• Autobiography</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Substance abuse</li><li>• Social competence</li><li>• Communication skills</li><li>• Cognitive distortion</li></ul>

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## Northwest Territories

### Alcoholics Anonymous

<b>Location:</b>	Yellowknife Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Anger Management Program

<b>Location:</b>	Dene Konia Young Offenders Facility (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Role play</li><li>• Disclosure</li><li>• Autobiography</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Assertiveness</li><li>• Offence/crime cycle</li><li>• Anger/hostility</li><li>• Substance abuse</li><li>• Arousal reduction (anger)</li><li>• Social competence</li><li>• Communication skills</li><li>• Victim awareness</li><li>• Offender victimization</li><li>• Cognitive distortion</li><li>• Relapse prevention</li></ul>

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## Northwest Territories

### Anger Management Program

<b>Location:</b>	Ridge River Young Offenders Facility (multi-level security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Assertiveness</li> <li>• Anger/hostility</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Social competence</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>

## Northwest Territories

### Anger Management Program

<b>Location:</b>	South Mackenzie Correctional Centre (minimum- security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Information sharing</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Offence/crime cycle</li><li>• Anger/hostility</li><li>• Substance abuse</li><li>• Arousal reduction (anger)</li><li>• Social competence</li><li>• Communication skills</li><li>• Victim awareness</li><li>• Offender victimization</li><li>• Cognitive distortion</li><li>• Relapse prevention</li></ul>

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## Northwest Territories

### Anger Management Program

<b>Location:</b>	Territorial Women's Correctional Centre (minimum-security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Anger/hostility</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Anger Management Program

<b>Location:</b>	Yellowknife Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Social competence</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Manage anger/hostility</li> </ul>



## Northwest Territories

### Cognitive Skills Program

<b>Location:</b>	Yellowknife Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Counselling Program

<b>Location:</b>	Dene Konia Young Offenders Facility
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, and substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Role play</li><li>• Disclosure</li><li>• Autobiography</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Assertiveness</li><li>• Offence/crime cycle</li><li>• Substance abuse</li><li>• Social competence</li><li>• Communication skills</li><li>• Victim awareness</li><li>• Offender victimization</li><li>• Cognitive distortion</li><li>• Relapse prevention</li><li>• Resolve personal issues</li></ul>

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## Northwest Territories

### Counselling Program

<b>Location:</b>	Ridge River Young Offenders Facility (multi-level security)
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Resolve personal issues</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Counselling Program

<b>Location:</b>	South Mackenzie Correctional Centre (minimum- security)
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Resolve personal issues</li> </ul>

## Northwest Territories

### Counselling Program

<b>Location:</b>	Territorial Women's Correctional Centre (minimum-security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Resolve personal issues</li> </ul>

## Northwest Territories

### Counselling Program

<b>Location:</b>	Yellowknife Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Disclosure</li><li>• Autobiography</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Offence/crime cycle</li><li>• Communication skills</li><li>• Victim awareness</li><li>• Offender victimization</li><li>• Cognitive distortion</li><li>• Relapse prevention</li><li>• Resolve personal issues</li></ul>

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## Northwest Territories

### Healing Program

<b>Location:</b>	Dene Konia Young Offenders Facility
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Personal and cultural issues</li> </ul>

## Northwest Territories

### Healing Program

<b>Location:</b>	Ridge River Young Offenders Facility
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Role play</li><li>• Disclosure</li><li>• Autobiography</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Assertiveness</li><li>• Offence/crime cycle</li><li>• Substance abuse</li><li>• Social competence</li><li>• Communication skills</li><li>• Victim awareness</li><li>• Offender victimization</li><li>• Cognitive distortion</li><li>• Relapse prevention</li><li>• Personal and cultural issues</li></ul>

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## Northwest Territories

### Healing Program

<b>Location:</b>	South Mackenzie Correctional Centre
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Social competence</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Personal and cultural issues</li> </ul>

## Northwest Territories

### Healing Program

<b>Location:</b>	Territorial Women's Correctional Centre
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Personal and cultural issues</li> </ul>

## Northwest Territories

### Healing Program

<b>Location:</b>	Yellowknife Correctional Centre
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Social competence</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Personal and cultural issues</li> </ul>

## Northwest Territories

### Nat's Ejee K'eh Program

<b>Location:</b>	Ridge River Young Offenders Facility
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Social competence</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Nat's Ejee K'eh Program

<b>Location:</b>	South Mackenzie Correctional Centre
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Nat's Ejee K'eh Program

<b>Location:</b>	Territorial Women's Correctional Centre
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers, sex offenders
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Role play</li><li>• Disclosure</li><li>• Autobiography</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Assertiveness</li><li>• Offence/crime cycle</li><li>• Substance abuse</li><li>• Social competence</li><li>• Communication skills</li><li>• Relapse prevention</li><li>• Cognitive distortion</li></ul>

## Northwest Territories

### Northern Addiction Services

<b>Location:</b>	South Mackenzie Correctional Centre
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Northern Addiction Services

<b>Location:</b>	Territorial Women's Correctional Centre
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li><li>• Skills acquisition</li><li>• Role play</li><li>• Disclosure</li><li>• Autobiography</li><li>• Homework</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Assertiveness</li><li>• Substance abuse</li><li>• Social competence</li><li>• Communication skills</li><li>• Offender victimization</li><li>• Cognitive distortion</li><li>• Relapse prevention</li></ul>



## Northwest Territories

### Northern Addiction Services

<b>Location:</b>	Yellowknife Correctional Centre
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Salvation Army Program

<b>Location:</b>	South Mackenzie Correctional Centre
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Salvation Army Program

<b>Location:</b>	Yellowknife Correctional Centre
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Sex Offender Relapse Prevention

<b>Location:</b>	Yellowknife Correctional Centre
<b>Intensity/Type:</b>	Low intensity, Institution-based
<b>Target groups:</b>	Sex offenders
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>

## Northwest Territories

### Women's Support and Resource Centre

<b>Location:</b>	Dene Konia Young Offenders Facility
<b>Intensity/Type:</b>	Intermediate, community, and institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Personal issues</li> </ul>

## Northwest Territories

### Women's Support and Resource Centre

<b>Location:</b>	Women's Territorial Correctional Centre
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Information sharing</li><li>• Disclosure</li><li>• Autobiography</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Problem solving (impulse control)</li><li>• Substance abuse</li><li>• Social competence</li><li>• Communication skills</li><li>• Cognitive distortion</li><li>• Personal issues</li></ul>

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## **Provinces and Territories**

### **Nova Scotia**

## Nova Scotia

### Controlling Anger and Learning to Manage it

<b>Location:</b>	Nova Scotia Youth Centre
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target Groups:</b>	Young offenders who show anger management problem
<b>Commencement date of program:</b>	1999
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Psychologist



## Nova Scotia

### Sexual Offender Assessment and Treatment Program

<b>Location:</b>	Nova Scotia Hospital (minimum-security)
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and sub-target groups of incest offenders, and pedophiles
<b>Commencement date of program:</b>	2000
<b>Duration:</b>	30 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychiatrist Psychologist Program director Probation officer

## **Provinces and Territories**

# **Ontario**

**Ontario****Addiction Counselling**

<b>Location:</b>	Brookside Youth Centre (secure custody), Cobourg
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Substance abusers
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Addiction counsellor

**Ontario****Addiction Program**

<b>Location:</b>	Guelph Assessment and Treatment Unit
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Asset focus
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Social worker

**Ontario****Addiction Program**

<b>Location:</b>	Guelph Correctional Centre
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Identify substance abuse problem</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

**Ontario****Alcohol and Drug Awareness Program**

<b>Location:</b>	Bluewater Youth Centre (medium-security), Goderich
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1985
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8)
<b>Program deliverers:</b>	Social worker

**Ontario****Alcoholics Anonymous**

<b>Location:</b>	Brookside Youth Centre (secure custody), Cobourg
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Substance abusers
<b>Theoretical orientation:</b>	Self-help
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Support group</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interview with addictions counsellor</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Addiction counsellor

**Ontario****Anger and Aggression Program**

<b>Location:</b>	Guelph Correctional Centre
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapy
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Social worker



**Ontario****Anger Management Program**

<b>Location:</b>	All institutions, probation and parole services
<b>Intensity/Type:</b>	Intensive, community, and institution-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Harm reduction
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual

**Ontario****Anger Management Program**

<b>Location:</b>	Bluewater Youth Centre ( medium-security), Goderich
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1985
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8)
<b>Program deliverers:</b>	Social worker

**Ontario****Anger Management Program**

<b>Location:</b>	Guelph Assessment and Treatment Unit
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	6 to 8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Pre-treatment testing</li> <li>• Screening by case manager</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 15)
<b>Program deliverers:</b>	Psychologist

## Ontario

### Anti-Criminal Thinking Program

<b>Location:</b>	All institutions, probation and parole services
<b>Intensity/Type:</b>	Intensive, community, and institution-based
<b>Target groups:</b>	Substance abusers, violent offenders, sex offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Harm reduction
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual

**Ontario****Anti-Fraud Program**

<b>Location:</b>	Vanier Centre for Women (medium-security), Brampton
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Fraud offenders, and a sub-target group of shoplifters
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)

**Ontario****Communication Skills Program**

<b>Location:</b>	Guelph Assessment and Treatment Unit
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Variety
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Arousal reduction (general emotions)</li> <li>• Assertiveness</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 18)
<b>Program deliverers:</b>	Social worker

**Ontario****Discharge Planning Program**

<b>Location:</b>	Bluewater Youth Centre (medium-security), Goderich
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Incarcerated young offenders
<b>Commencement date of program:</b>	1985
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic Life skills
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8)
<b>Program deliverers:</b>	Social worker

**Ontario****Emotional Control Training Program**

<b>Location:</b>	Vanier Centre for Women (medium-security), Brampton
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Emotional management difficulties
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8 to 10)
<b>Program deliverers:</b>	Program staff



**Ontario****Family Conflict Group Program**

<b>Location:</b>	Guelph Assessment and Treatment Unit
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Social worker

**Ontario****Human Relations Group (Sex Offender Program)**

<b>Location:</b>	Guelph Assessment and Treatment Unit
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Psychologist Social worker

**Ontario****Individual Assessment / Counselling Program**

<b>Location:</b>	Brookside Youth Centre (secure custody), Cobourg
<b>Intensity/Type:</b>	Institution-based
<b>Target groups:</b>	All young offenders
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Social worker

**Ontario****Individual Treatment Program**

<b>Location:</b>	Brookside Youth Centre (secure custody), Correctional Services, Cobourg
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1988
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapy
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Psychologist

**Ontario****Interpersonal Skills Group**

<b>Location:</b>	Guelph Assessment and Treatment Unit
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Offender with schizophrenia/major mental illness
<b>Commencement date of program:</b>	1989
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Interpersonal dynamics
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Staff recommendation</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Psychologist

**Ontario****Male Survivors of Sexual Abuse Group**

<b>Location:</b>	Guelph Correctional Centre
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sexual abuse survivors
<b>Commencement date of program:</b>	1996
<b>Theoretical orientation:</b>	Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

**Ontario****Non-Violent Approach Unit**

<b>Location:</b>	Bluewater Youth Centre (medium-security), Goderich
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Violent behaviour</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8)
<b>Program deliverers:</b>	Social worker

## Ontario

### Ontario Correctional Institute Offender Treatment

<b>Location:</b>	Brampton
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1973
<b>Duration:</b>	24 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Therapeutic community and positive peer
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Treatment application</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual



**Ontario****On Track Group Therapy**

<b>Location:</b>	Sprucedale Youth Centre (medium-security)
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, substance abusers with criminal lifestyle and/or antisocial orientation
<b>Commencement date of program:</b>	1984
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 6)
<b>Program deliverers:</b>	Psychologist

## Ontario

### Parenting Group Program

<b>Location:</b>	Brookside Youth Centre (secure custody), Cobourg
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Young offenders who are fathers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Parenting skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 5)
<b>Program deliverers:</b>	Social worker Volunteers

**Ontario****Problem Solving / Stress Management Group Program**

<b>Location:</b>	Guelph Correctional Centre
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Inmate generally
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Stress management</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Combination of self-select by release date</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Social worker

**Ontario****Relapse Prevention of Crime Behaviour**

<b>Location:</b>	Guelph Correctional Centre
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 16)
<b>Program deliverers:</b>	Psychometrist

**Ontario****Rideau Treatment Centre**

<b>Location:</b>	Rideau River Young Offenders Facility, Merrickville
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Substance abusers, violent offenders, and sub-target groups of domestic violence offenders, and drunk drivers
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group and individual

**Ontario****Social Cognitive / Behavioural Group**

<b>Location:</b>	Guelph Correctional Centre
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1989
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

**Ontario****Stress Management Program**

<b>Location:</b>	Guelph Correctional Centre
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Psychiatric offenders
<b>Commencement date of program:</b>	1988
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Cognitive distortion</li> <li>• Assertiveness</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Social worker

## Ontario

### Substance Abuse Program

<b>Location:</b>	All institutions, probation, and parole services
<b>Intensity/Type:</b>	Intensive, community, and institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Harm reduction
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual



**Ontario****Substance Abuse Control Program**

<b>Location:</b>	Vanier Centre for Women (medium-security), Brampton
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)

## Ontario

### Thinking, Feeling, Behaviour Group

<b>Location:</b>	Guelph Correctional Centre
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1988
<b>Duration:</b>	12 to 16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

## Ontario

### Victim Impact Program

<b>Location:</b>	Bluewater Youth Centre (medium-security), Goderich
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, property offenders, substance abusers
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8)
<b>Program deliverers:</b>	Social worker

## Ontario

### Winner's Problem Solving Skills Training Program

<b>Location:</b>	Vanier Centre for Women (medium-security), Brampton
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	4 Weeks
<b>Theoretical Orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communications skills</li> <li>• Empathy (insight)</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Program staff

**Provinces and Territories**  
**Prince Edward Island**

## Prince Edward Island

### Anger Management Program

<b>Location:</b>	Community Justice Resource Centre
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, substance abusers, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	9 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment test results</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Prince Edward Island

### Anger Management Program

<b>Location:</b>	Provincial Correctional Centre, Miltonvale
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, substance abusers, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group

## Prince Edward Island

### Early Intervention Program

<b>Location:</b>	Community
<b>Intensity/Type:</b>	Community-based
<b>Target groups:</b>	Low-risk and risk youth aged 12 to 17 Family
<b>Theoretical orientation:</b>	Cognitive-behavioural Social Risk factors
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Successful participation in other programs</li> <li>• Risk factors</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Co-ordinator research case planner



## Prince Edward Island

### Living Skills Program

<b>Location:</b>	Community Justice Resource Centre
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Empathy (insight)</li> <li>• Social competence</li> <li>• Communication skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Individual

## Prince Edward Island

### Livings Skills Program

<b>Location:</b>	Provincial Correctional Centre, Miltonvale
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>•</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group

## Prince Edward Island

### Personal Development and Change Program

<b>Location:</b>	Community Justice Resource Centre
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Social competence</li><li>• Communication skills</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Successful participation in other programs</li></ul>

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## Prince Edward Island

### Substance Abuse Program

<b>Location:</b>	Community Justice Resource Centre
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1995
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program co-ordinator

## Prince Edward Island

### Substance Abuse Program

<b>Location:</b>	Provincial Correctional Centre, Miltonvale
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interview</li> </ul>
<b>Service delivery mode:</b>	Group

## Prince Edward Island

### Turning Point Program

<b>Location:</b>	Community work site
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1983
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group and individual

**Provinces and Territories**

**Saskatchewan**

## Saskatchewan

### Abuse Intervention Program

<b>Location:</b>	Regina Qu'Appelle Community Operations Region
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Domestic violence offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10); one on one as required
<b>Program deliverers:</b>	Program staff



## Saskatchewan

### Abuse Prevention and Education Program

<b>Location:</b>	Regina Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, women offenders requiring education and literacy training, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12); individual session offered as required
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Abuse Prevention Educational Program (Domestic Violence)

<b>Location:</b>	Regina Provincial Correctional Center (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institutional-based
<b>Target groups:</b>	Domestic violence offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	16 weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communications skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	Nature of current offence Interviews
<b>Service delivery mode:</b>	Group (maximum 12 to 14); individual session offered as required
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Addictions Education Program

<b>Location:</b>	Pine Grove Provincial Correctional Centre (women)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Women centered Medical model based
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Anyone can attend including remands</li> </ul>
<b>Service delivery mode:</b>	Educational group
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Addictions Education Program

<b>Location:</b>	Prince Albert Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	All offenders
<b>Duration:</b>	1 Week
<b>Theoretical orientation:</b>	Educational program
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Substance abuse</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Must complete the addiction education program at least once every two years</li> </ul>
<b>Service delivery mode:</b>	Education groups: classrooms presentations
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Addictions Education Program

<b>Location:</b>	Regina Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1970
<b>Duration:</b>	1 Week
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Identified need with alcohol</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Adult Education Program

<b>Location:</b>	Pine Grove Provincial Correctional Centre (women)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Women requiring education/literacy
<b>Theoretical orientation:</b>	Education
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Communication skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Classroom setting/individualized program
<b>Program deliverers:</b>	Teacher therapist

## Saskatchewan

### Adult Education Program

<b>Location:</b>	Prince Albert Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Offenders requiring education/literacy
<b>Commencement date of program:</b>	1960
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Social competence</li> <li>• Communication skills</li> <li>• Readiness for vocational training</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Classroom setting/individualized program
<b>Program deliverers:</b>	Teacher

## Saskatchewan

### Adult Education Program

<b>Location:</b>	Regina Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Offenders requiring literacy and education
<b>Commencement date of program:</b>	1950
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Communication skills</li> <li>• Readiness for vocational training</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Classroom setting/individualized program
<b>Program deliverers:</b>	Education supervisor



## Saskatchewan

### Adult Education Program

<b>Location:</b>	Saskatoon Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Offenders requiring literacy and education
<b>Commencement date of program:</b>	1980
<b>Theoretical orientation:</b>	Education
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Communication skills</li> <li>• Readiness for vocational training</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Classroom setting/individualized program
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Adult Sex Offender Treatment Program

<b>Location:</b>	Prince Albert Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sexual offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8); one on one as required
<b>Program deliverers:</b>	Probation officer

## Saskatchewan

### Alcohol, Drugs and You

<b>Location:</b>	Prince Albert Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1992
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Alcohol and Drug Education Program

<b>Location:</b>	Regina Qu'appelle Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1980
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Pre-treatment testing</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Educational Group
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Alcohol / Drugs Personal Choices Program

<b>Location:</b>	Saskatoon Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers, and sub-target groups of drunk drivers, and traffickers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>•</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Substance abuse</li> <li>• Victim awareness</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Educational group
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Alternatives to Violence Program

<b>Location:</b>	Yorkton Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	32 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Educational group (maximum 18)
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Anger Management Program

<b>Location:</b>	Prince Albert Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	4 Weeks
<b>Theoretical Orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Arousal reduction (anger)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	<ul style="list-style-type: none"> <li>• Educational group (maximum 10 to 12)</li> </ul>
<b>Program deliverers:</b>	<ul style="list-style-type: none"> <li>• Contract worker</li> </ul>

## Saskatchewan

### Anger Management Program

<b>Location:</b>	Regina Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Educational group (maximum 10 to 12)
<b>Program deliverers:</b>	Social worker



## Saskatchewan

### Anger Management Program

<b>Location:</b>	Regina Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target of domestic violence offenders
<b>Commencement date of program:</b>	1985
<b>Duration:</b>	9 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (emotions)</li> <li>• Readiness for vocational training</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Verbal aggression</li> </ul>
<b>Service delivery mode:</b>	Educational group
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Anger Management Program

<b>Location:</b>	Saskatoon Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Women violent offenders requiring education and literacy, and a sub-target group of domestic violence offenders
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Educational group
<b>Program deliverers:</b>	Nurse

## Saskatchewan

### Anger Management Program

<b>Location:</b>	Saskatoon Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	3 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group; individual session offered as required
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Family Matters Program

<b>Location:</b>	Saskatoon Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Offenders with family conflicts
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Educational group
<b>Program deliverers:</b>	Social worker

## Saskatchewan

### Family Violence Program

<b>Location:</b>	La Ronge Probation (minimum-security), Saskatchewan Corrections
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Domestic violence offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Educational group (maximum 10 to 12); individual session offered as required
<b>Program deliverers:</b>	Probation officer

## Saskatchewan

### Learning to Live Without Violence

<b>Location:</b>	Prince Albert Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	15 to 18 Hours
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• History of violence</li> </ul>
<b>Service delivery mode:</b>	Educational group; individual session offered as required
<b>Program deliverers:</b>	Teacher therapist

## Saskatchewan

### Living Skills Program

<b>Location:</b>	Regina Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, substance abusers, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Interactive educational group (maximum 12); individual session offered as required
<b>Program deliverers:</b>	Teacher therapist Program staff

## Saskatchewan

### Men's Healing Circle

<b>Location:</b>	Regina Qu'appelle Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Offenders with special or multiple needs
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Educational group
<b>Program deliverers:</b>	Program staff



## Saskatchewan

### Money Management Program

<b>Location:</b>	Saskatoon Community Operations Region (minimum- security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Offenders who benefit from money management
<b>Duration:</b>	7 Weeks
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Money management skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Identify skills – fraud related</li> </ul>
<b>Service delivery mode:</b>	Educational group

## Saskatchewan

### Money Management Program

<b>Location:</b>	Regina Qu'appelle Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Fraud related offenders
<b>Commencement date of program:</b>	1980
<b>Duration:</b>	7 Weeks
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Money management skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Educational group
<b>Program deliverers:</b>	Home economist

## Saskatchewan

### No Fear – Relationships Program

<b>Location:</b>	Prince Albert Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, and sub-target groups of domestic violence offenders, child abuse, and self-abuse
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	3 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Program delivery mode:</b>	Interactive group (maximum 9); individual session offered as required
<b>Program deliverers:</b>	Correctional worker

## Saskatchewan

### Offender Substance Abuse Program

<b>Location:</b>	Saskatoon Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8); individual session offered as required
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Offender Substance Abuse Program

<b>Location:</b>	Regina Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8 to 10); individual session offered as required
<b>Program deliverers:</b>	Probation officer

## Saskatchewan

### Offender Substance Abuse Program

<b>Location:</b>	Yorkton Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8 to 10); individual sessions offered as required
<b>Program deliverers:</b>	Probation officer

## Saskatchewan

### Offender Substance Abuse Prerelease Program

<b>Location:</b>	Regina Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8 to 10); individual session offered as required
<b>Program deliverers:</b>	Correctional officer

## Saskatchewan

### Offender Substance Abuse Prerelease Program

<b>Location:</b>	Regina Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8 to 10); individual session offered as required
<b>Program deliverers:</b>	Program staff



## Saskatchewan

### Offender Substance Abuse Prerelease Program

<b>Location:</b>	Saskatoon Provincial Correctional Centre
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8 to 10); individual session offered as required
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Opening Doors Program

<b>Location:</b>	Prince Albert Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, and substance abusers
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements Life skills
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• All offenders are eligible to attend</li> </ul>
<b>Service delivery mode:</b>	Educational group; individual session offered as required
<b>Program deliverers:</b>	Program staff

## Saskatchewan

### Phoenix Program: Drug and Alcohol

<b>Location:</b>	Saskatoon Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	9 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group; individual session offered as required
<b>Program deliverers:</b>	Correctional worker

## Saskatchewan

### Pluming of the Eagle

<b>Location:</b>	Prince Albert Provincial Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Offenders with special needs
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	<ul style="list-style-type: none"> <li>• Educational group (maximum 12 to 15)</li> </ul>

## Saskatchewan

### PRISM Industries Program

<b>Location:</b>	Saskatoon Provincial Correctional Centre
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Offenders requiring employment skills
<b>Commencement date of program:</b>	1989
<b>Theoretical orientation:</b>	Practical skills training
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Security level</li> </ul>
<b>Service delivery mode:</b>	<ul style="list-style-type: none"> <li>• Business setting - production shops</li> </ul>
<b>Program deliverers:</b>	Manager

## Saskatchewan

### Psychoeducation and Relapse Prevention Program

<b>Location:</b>	Moose Jaw Community Operations Region
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	24 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12); individual session offered as required
<b>Program deliverers:</b>	Probation officer

## Saskatchewan

### Seasonal Choices Program

<b>Location:</b>	Prince Albert Community Operations (minimum- security)
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1986
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Court ordered or volunteering</li> </ul>
<b>Service delivery mode:</b>	Educational group; individual session as required
<b>Program deliverers:</b>	Probation officer

## Saskatchewan

### Self-Discovery Program / Anger Management Program

<b>Location:</b>	La Loche Probation (minimum-security), Saskatchewan Corrections
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Interactive educational group
<b>Program deliverers:</b>	Probation officer Mental health nurse



## Saskatchewan

### Sex Education and Healthy Relationships for the Developmentally Challenged

<b>Location:</b>	Saskatoon Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders, sexually inappropriate persons, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1994
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Acceptance of responsibility</li> </ul>
<b>Service delivery mode:</b>	Group; individual session offered as required
<b>Program deliverers:</b>	Probation officer

## Saskatchewan

### Sex Offender Education Program

<b>Location:</b>	Saskatoon Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	11 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Acceptance of responsibility</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8 to 10); individual session offered as required
<b>Program deliverers:</b>	Probation officer

## Saskatchewan

### Sex Offender Treatment Program

<b>Location:</b>	North Battleford Community Operations Region
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1988
<b>Duration:</b>	13 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10), and individual
<b>Program deliverers:</b>	Psychologist Correctional worker

## Saskatchewan

### Sex Offender Treatment Program

<b>Location:</b>	Yorkton Community Operations Region
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 8 to 10); individual session offered as required
<b>Program deliverers:</b>	Probation officer

## Saskatchewan

### Sexual Abuse Awareness Program

<b>Location:</b>	Saskatoon Provincial Correctional Centre
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders and sub-target groups of domestic violence offenders, and incest offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	1 Week
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Offence/crime cycle</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Mandatory program for all sentenced offenders</li> </ul>
<b>Service delivery mode:</b>	Educational group (maximum 12)
<b>Program deliverers:</b>	Correctional worker

## Saskatchewan

### Sexual Offender Relapse Prevention Program

<b>Location:</b>	Regina Qu'appelle Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10 to 12); individual session offered as required
<b>Program deliverers:</b>	Probation officer

## Saskatchewan

### Taking Control Program

<b>Location:</b>	Saskatoon Community Operations Region (minimum-security)
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Offenders who can benefit from stress management training
<b>Duration:</b>	8 Weeks
<b>Theoretical Orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Any client expressing an interest</li> </ul>
<b>Service delivery mode:</b>	Educational groups
<b>Program deliverers:</b>	Nurse

## Saskatchewan

### The Meyoyawin Circle Project

<b>Location:</b>	Pine Grove Provincial Centre (women)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Aboriginal mothers
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	3 Weeks
<b>Theoretical orientation:</b>	Educational with cognitive behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Anyone can attend</li> </ul>
<b>Service delivery mode:</b>	Educational group
<b>Program deliverers:</b>	Elder



## Saskatchewan

### The Right to Choose

<b>Location:</b>	Joint program by the Battleford Community Corrections
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Property offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	3 full days
<b>Theoretical orientation:</b>	Educational with cognitive-behavioural elements
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Interactive educational group
<b>Program deliverers:</b>	Correctional worker

## Saskatchewan

### Women's Healing Circle

<b>Location:</b>	Pine Grove Provincial Correctional Centre (women)
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Violent offenders, substance abusers, and victims of abuse
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	3 Weeks
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Substance abuse</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Educational group (maximum 12)

## Saskatchewan

### Women's Issues Group: Characteristics

<b>Location:</b>	Regina Qu'appelle Community Operations Region
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Women offenders with special or multiple needs
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Educational group
<b>Program deliverers:</b>	Program staff

**Provinces and Territories**

**Yukon**

**Yukon****Anger and Emotions Management Program**

<b>Location:</b>	Whitehorse Correctional Centre (medium- security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test result</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 6 to 10)
<b>Program deliverers:</b>	Case management officer

## Yukon

### Cognitive Skills Program

<b>Location:</b>	Whitehorse Correctional Centre (medium- security)
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Cognitive impairment
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	7 to 8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Value enhancement</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Low problem solving skills</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 9)
<b>Program deliverers:</b>	Program staff

## Yukon

### Crime Cycle Awareness Program

<b>Location:</b>	Youth Achievement Centre (minimum-security), Government of Yukon
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Young offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	4 Weeks
<b>Theoretical Orientation:</b>	Cognitive-behavioural Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Yukon

### Offender Substance Abuse Prerelease Program

<b>Location:</b>	Whitehorse Correctional Centre (medium- security)
<b>Intensity/Type:</b>	Institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test result</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10), and individual



**Yukon****Substance Abuse Education / Driving Without Impairment**

<b>Location:</b>	Teslin Correctional Centre
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Sub-target group of drunk drivers
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Substance abuse</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Yukon

### Intensive Supervision Program for High-Risk Offenders

<b>Location:</b>	Youth Probation Services, Department of Health and Social Services, Whitehorse
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Non-compliant high-risk young offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	6 Months
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapy Social systems theory
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Combination of working one on one with youth, working with the family and also working with a team approach
<b>Program deliverers:</b>	Youth probation team leader Program staff

## Yukon

### Whitehorse Diversion Program

<b>Location:</b>	Youth Probation Services, Department of Health and Social Services, Whitehorse
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	First time young offenders with less serious offences
<b>Commencement date of program:</b>	1987
<b>Duration:</b>	4 Months
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Program deliverers:</b>	Program staff Youth promotion team leader

**Correctional Service of Canada**

**Best Practices**

*(programs listed alphabetically)*

## Correctional Service of Canada

### Aboriginal Alpine Wellness Program

<b>Location:</b>	Grande Cache Institution (minimum-security), Grande Cache, Alberta
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Program staff

## Correctional Service of Canada

### Aboriginal Healing Program

<b>Location:</b>	Bowden Institution (medium-security), Innisfail, Alberta
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1996
<b>Theoretical orientation:</b>	Cognitive-behavioural Holistic Spiritual
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Spiritual / cultural</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> <li>• Cultural / spiritual</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Addiction Services (Hastings and Prince Edward Counties Inc.)

<b>Location:</b>	Belleville, Ontario
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1980
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Successful participation in other programs</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Program staff

## Correctional Service of Canada

### Alpine Wellness Relapse Prevention Program

<b>Location:</b>	Grande Cache Institution (minimum/phase out of medium-security), Grande Cache, Alberta
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist



## Correctional Service of Canada

### Anger and Emotion Management Reinforcement Program

<b>Location:</b>	Community, Quebec
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Anger Management Program

<b>Location:</b>	Prison for Women (maximum, and mental health), Kingston, Ontario
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Offenders with problems controlling and dealing with anger
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Art Therapy Program

<b>Location:</b>	Prison for Women (maximum-security), Isabel McNeil House (minimum-security), Kingston, Ontario
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, offenders with mental health need, incest offenders, and offenders at risk for self-injury
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	On-going
<b>Theoretical orientation:</b>	Cognitive-behavioural Art therapy theory
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Pre-treatment test results</li> <li>• Likes doing art</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Art Therapy Program

<b>Location:</b>	Prison for Women (maximum, and mental health), Kingston, Ontario
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Impulsive, and aggressive offenders
<b>Commencement date of program:</b>	1999
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Critical thinking</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Poor problem solving</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Centre d'intervention en violence et abus sexuels de l'Estrie

<b>Location:</b>	Sherbrooke, Quebec
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	52 Weeks
<b>Theoretical orientation:</b>	Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Sexologist

## Correctional Service of Canada

### Centre l'Étape

<b>Location:</b>	Sherbrooke, Quebec
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1988
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Choice Theory
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff Program director

## Correctional Service of Canada

### Centre pour hommes opprimants / colériques

<b>Location:</b>	Laval, Quebec
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1985
<b>Duration:</b>	23 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Psychosociologist

## Correctional Service of Canada

### CERUM

<b>Location:</b>	Centre d'études et de recherche de l'Université de Montréal, Montreal, Quebec
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	40 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> </ul>
<b>Program deliverers:</b>	Psychologist



## Correctional Service of Canada

### Choices Program

<b>Location:</b>	Community Parole Offices
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Choices Program

<b>Location:</b>	John Howard Society of Ottawa-Carleton, Ontario
<b>Intensity/Type:</b>	Intermediate, and low intensity, community-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Information sharing</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Choose Health in Prison (CHIPS)

<b>Location:</b>	Prison for Women (maximum, and mental health), Kingston, Ontario
<b>Intensity/Type:</b>	Low intensity, institutional-based
<b>Target groups:</b>	Mentally-ill offenders
<b>Commencement date of program:</b>	1998
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Nurse

## Correctional Service of Canada

### Clearwater Sex Offender Program

<b>Location:</b>	Regional Psychiatric Centre (all security level), Saskatoon, Saskatchewan
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1984
<b>Theoretical orientation:</b>	Cognitive-behavioural Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content Specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director

## Correctional Service of Canada

### Cognitive Skills Program

<b>Location:</b>	Grand Valley Institution for Women, Kitchener, Ontario
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	All women offenders
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	36 Sessions
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Content specific</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Psychiatric nurse

## Correctional Service of Canada

### Cognitive Skills Program

<b>Location:</b>	Prison for Women (maximum, and mental health), Kingston, Ontario
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	High-risk, and high-need offenders
<b>Commencement date of program:</b>	1980
<b>Duration:</b>	36 Sessions
<b>Theoretical Orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Cognitive deficits</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group (maximum 10)

## Correctional Service of Canada

### Cognitive Skills Program: Family and Parental

<b>Location:</b>	Community or institution, Quebec
<b>Intensity/Type:</b>	Low intensity, community, and institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1999
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Cognitive Skills Program: Leisure

<b>Location:</b>	Community or institution, Quebec
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	11 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test result</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff



## Correctional Service of Canada

### Cognitive Skills Reinforcement Program

<b>Location:</b>	Community, Quebec
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Successful participation in other programs</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Cognitive Skills Training Program

<b>Location:</b>	Community, and institution, Quebec
<b>Intensity/Type:</b>	Intermediate, community, and institution-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1988
<b>Duration:</b>	36 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Computer for Schools Program

<b>Location:</b>	Vancouver, British Columbia
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Skills acquisition
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Communication skills</li> <li>• Increase skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Counterpoint Program

<b>Location:</b>	John Howard Society of Ottawa–Carleton, Ottawa, Ontario
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Medium, and high-risk offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Dialectical Behaviour Program

<b>Location:</b>	Prison for Women (maximum, and mental health), Kingston, Ontario
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Offenders diagnosed with Borderline Personality Disorder
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Diagnosed with Borderline Personality Disorder</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Individual

## Correctional Service of Canada

### Effective Problem Solving Program

<b>Location:</b>	Howard House Community Residential Centre, Sydney, Nova Scotia
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers, and sub-target groups of incest offenders, domestic violence offenders, and drunk drivers
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group (maximum 12)
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Egratia Program

<b>Location:</b>	Laferrière Correctional Community Centre, Saint-Jérôme, Quebec
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	15 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Employment Readiness Program

<b>Location:</b>	St. Leonard's Society of London, Ontario
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Job screening for offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	1 Week
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Employment search</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker Program staff



## Correctional Service of Canada

### Étape de Laval

<b>Location:</b>	Laval, Quebec
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1984
<b>Duration:</b>	20 Weeks
<b>Theoretical orientation:</b>	MMPI Approach (Minnesota)
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 12)

## Correctional Service of Canada

### Forestry and Industrial Skills Program

<b>Location:</b>	P G Activators Kenneth Creek Camp, British Columbia
<b>Intensity/Type:</b>	Intensive
<b>Commencement date of program:</b>	1991
<b>Theoretical orientation:</b>	Employment skills
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Skills acquisition</li><li>• Role play</li></ul>
<b>Clinical supervisor:</b>	No
<b>Program deliverers:</b>	Program director

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## Correctional Service of Canada

### Intensive Family Violence Prevention Program

<b>Location:</b>	Medium-security institution in each region
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Offenders with violence in their relationships, and sub-target groups of domestic violence offenders, and incest offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	14 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Social learning theory
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Intervention Program for Sexual Offenders: Preserving What One Already Knows

<b>Location:</b>	Sainte-Anne-des-Plaines Institution (minimum- security), Sainte-Anne-des-Plaines, Quebec
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	52 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Successful participation in other programs</li> <li>• Specialized assessment</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### L'Arc-en-Ciel, maison d'entraide pour alcooliques et toxicomanes

<b>Location:</b>	Community, Quebec
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1980
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Bio-psycho-social
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Successful participation in other programs</li> <li>• Specialized assessment</li> <li>• Motivation</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Program deliverers:</b>	Program director Program staff

## Correctional Service of Canada

### Le Portage

<b>Location:</b>	Laurentides, Quebec
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1973
<b>Theoretical orientation:</b>	Community therapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment test results</li> <li>• High security level</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Maison Decision House

<b>Location:</b>	Community Residential Facility, Ottawa, Ontario
<b>Intensity/Type:</b>	Intermediate, intensive, and low intensive, community-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Successful participation in other programs</li> <li>• Pre-treatment test results</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Program staff Social worker

## Correctional Service of Canada

### Maisonnée de Laval

<b>Location:</b>	Ville de Laval, Quebec
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1982
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Gestalt 12-step AA
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Toxicomania</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Nurse



## Correctional Service of Canada

### Native Elder Counselling

<b>Location:</b>	Prince Albert, Saskatchewan
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1995
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Willingness to work with Elder</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Elder

## Correctional Service of Canada

### Offender Substance Abuse Prerelease Program

<b>Location:</b>	Minimum-, medium-, and maximum-security institutions
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1987
<b>Duration:</b>	26 Sessions
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Coping skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Offender Substance Abuse Prerelease Program

<b>Location:</b>	Prison for Women (maximum, and mental health), Kingston, Ontario
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1987
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Pre-treatment test results</li> </ul>
<b>Service delivery mode:</b>	Group (maximum 10)

## Correctional Service of Canada

### Offender Substance Abuse Prerelease Maintenance Program

<b>Location:</b>	Prison for Women (maximum, and mental health), Kingston, Ontario
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1987
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program component:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Graduated from OSAPP</li> <li>• Nature of current offence</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group (maximum 10)

## Correctional Service of Canada

### Parents Unis Lanaudière

<b>Location:</b>	Repentigny, and Lanaudière, Quebec
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1985
<b>Duration:</b>	72 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Empathy (insight)</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Parents Unis Laurentides

<b>Location:</b>	St-Jérôme, Quebec
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	46 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker

## Correctional Service of Canada

### Partner Abuse Intervention Resource Services (PAIRS)

<b>Location:</b>	Community Parole Office, Saint John, New Brunswick
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and sub-target groups of domestic violence offenders, and incest offenders
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group (maximum 8)
<b>Program deliverers:</b>	Program staff Psychologist Program director

## Correctional Service of Canada

### Persistently Violent Offender Program

<b>Location:</b>	Collins Bay Institution (medium-security), Kingston, Ontario; Dorchester Penitentiary (multi-level security), Dorchester, New Brunswick
<b>Intensity/Type:</b>	Intensity, institution-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Social problem solving
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Motivation</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Number of prior convictions</li> <li>• Proximity to release</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist



## Correctional Service of Canada

### Personality Disordered Sex Offender Treatment Program

<b>Location:</b>	Mountain Institution (medium-security), Agassiz, British Columbia
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1990
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Release date</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• No additional specialized training</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Positive Steps Program

<b>Location:</b>	John Howard Society of Ottawa-Carleton, Ottawa, Ontario
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Women abusers, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1990
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Skill development</li> <li>• Victim awareness</li> <li>• Relapse prevention</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Criminologist Program director

## Correctional Service of Canada

### Problem Solving and Coping Program

<b>Location:</b>	Prison for Women (maximum, and mental health), Kingston, Ontario
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Offenders with impulsivity
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Programme de réadaptation et de réinsertion sociale pour toxicomanes

<b>Location:</b>	Maison Mélaric, Carillon, Quebec
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1983
<b>Duration:</b>	30 Weeks
<b>Theoretical orientation:</b>	Reality Therapy
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Successful participation in other programs</li> <li>• Internal Assessment</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Programme de thérapie intensive avec hébergement

<b>Location:</b>	Montreal-Metropolitan District Parole Office, Montreal, Quebec
<b>Intensity/Type:</b>	Intensive, intermediate, and community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	25 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Verbal aggression</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Social worker Program director Program staff

## Correctional Service of Canada

### Programme de traitement pour agresseurs sexuels adultes

<b>Location:</b>	Institut Pinel, Montreal, Quebec
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1979
<b>Duration:</b>	52 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Relapse Prevention Treatment Program

<b>Location:</b>	Prison for Women (maximum, and mental health), Kingston, Ontario
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, shoplifters, and sub-targets groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Salvation Army Vancouver Harbour Light Program

<b>Location:</b>	Vancouver, British Columbia
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, property offenders, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Bio-psycho-social Spiritual
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment test result</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual



## Correctional Service of Canada

### Section Intégration Travail

<b>Location:</b>	Montreal, Quebec
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1984
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Employability</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Motivation reintegration</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Professional Orientation</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Individual and group
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Sentiers

<b>Location:</b>	Port-Cartier Institution, Port-Cartier, Quebec
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	24 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test result</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Service d'aide pour homme en difficulté de couple et / ou problème de violence

<b>Location:</b>	Le Seuil de l'Estrie, Sherbrooke, Quebec
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1983
<b>Duration:</b>	25 Weeks
<b>Theoretical orientation:</b>	Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Sex Offender Assessment Therapy

<b>Location:</b>	Native Clan Organization, Manitoba
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1984
<b>Duration:</b>	1 Week
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic Native spirituality
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Program staff

## Correctional Service of Canada

### Sex Offender Program

<b>Location:</b>	Edmonton Area Parole office, Edmonton, Alberta
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1996
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Wellness planning</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Parole officer Elder

## Correctional Service of Canada

### Sex Offender Program

<b>Location:</b>	Regional Treatment Centre (Ontario) (multi-level security), Kingston, Ontario
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1972
<b>Duration:</b>	26 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Office/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Sex Offender Program – Intensive

<b>Location:</b>	Regional Treatment Centre (Atlantic); Dorchester Penitentiary (medium-security), Dorchester, New Brunswick
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	31 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Sexual education</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> <li>• Risk and need assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff Sexologist

## Correctional Service of Canada

### Sex Offender Program – Moderate Intensity (Continuous Intake)

<b>Location:</b>	Regional Treatment Centre (Atlantic), Dorchester, New Brunswick
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	16 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Pre-treatment test result</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff Program director



## Correctional Service of Canada

### Sex Offender Relapse Prevention Program

<b>Location:</b>	Mountain Institution (medium-security), Agassiz, British Columbia
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, and sub-target groups of domestic violence offenders, and incest offenders
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Successful participation in other programs</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Dealing with resistant clients</li> <li>• Risk assessment</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Sex Offender Relapse Prevention Program

<b>Location:</b>	Vancouver Island District Parole Office, Victoria, British Columbia
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1994
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Sex Offender Treatment Network

<b>Location:</b>	Community, Nova Scotia
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	24 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Social and Independent Living Skills Program

<b>Location:</b>	Regional Treatment Centre (Ontario) (multi-level security), Kingston, Ontario
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Mentally disordered offenders
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	26 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychiatric rehabilitation
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Medication adherence</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Voluntary</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Behavioural technologist

## Correctional Service of Canada

### Society of Aboriginal Addiction Recovery (SOAAR)

<b>Location:</b>	Bowden Institution (medium-security), Innisfail, Alberta
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	6 Weeks
<b>Theoretical orientation:</b>	Psychotherapeutic Cultural healing circle
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Substance abuse problem identifier</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• No additional specialized training</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Society of Aboriginal Addiction Recovery (SOAAR)

<b>Location:</b>	Regional Reception Centre, Special Detention Unit, Sainte-Anne-des-Plaines, Quebec
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers, and sub-target groups of incest offenders, and domestic violence offenders
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Recognition and not disapproval
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Institutional aggression</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Content specific</li> <li>• Cultural knowledge</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Society of Aboriginal Recovery (SOAR)

<b>Location:</b>	All Pacific institutions
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	8 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Substance Abuse Counselling for Women, Phase I-2

<b>Location:</b>	Grand Valley Institution for Women (minimum- medium-security), Kitchener, Ontario
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Communication skills</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker



## Correctional Service of Canada

### The Salvation Army Anchorage Program

<b>Location:</b>	Saskatoon, Saskatchewan
<b>Intensity/Type:</b>	Intermediate, community-base
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1985
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Substance abuse programming
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff Program director

## Correctional Service of Canada

### Turning Point Program

<b>Location:</b>	Prison for Women (maximum, and mental health), Kingston, Ontario
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Offenders with bulimia or anorexia
<b>Duration:</b>	7 Weeks
<b>Theoretical orientation:</b>	Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Cognitive distortion</li> <li>• Bulimia and anorexia</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual

## Correctional Service of Canada

### Understanding and Managing Anger Program

<b>Location:</b>	Howard House Community Residential Centre, Sydney, Nova Scotia
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Program staff

## Correctional Service of Canada

### Violence interdite sur autrui (VISA)

<b>Location:</b>	Montée Saint-Francois Institution (minimum- security), Ville de Laval, Quebec
<b>Intensity/Type:</b>	Between low and moderate, institution-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1991
<b>Duration:</b>	15 Weeks
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Program staff

## Correctional Service of Canada

### Violence Prevention Program

<b>Location:</b>	All CSC facilities
<b>Intensity/Type:</b>	Intensive, institution, and community-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1999
<b>Duration:</b>	15 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Impulse control</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Institutional aggression</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test result</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Violent Offenders Program

<b>Location:</b>	Dorchester Penitentiary (multi-level security), Dorchester, New Brunswick
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, and sub-target groups of domestic violence offenders, and interpersonal violence offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	20 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Institutional aggression</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Correctional Service of Canada

### Way of Life Aboriginal Program

<b>Location:</b>	Bath Institution, Bath, Ontario
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	16 to 24 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Interview</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Interviews</li> <li>• Successful participation in other programs</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker, Psychologist

# Alberta



## Alberta

### Aboriginal Arts Program

<b>Location:</b>	Peace River Correctional Centre (medium- security); Alberta Justice
<b>Intensity/Type:</b>	Low intensity, and institution-based
<b>Target groups:</b>	Any interested offender
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	45 Weeks
<b>Theoretical orientation:</b>	Educational Skills development
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Business</li> <li>• Craft skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Offender interest</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Educational instructor

## Alberta

### Boxing Program

<b>Location:</b>	Young Offenders Centre, Edmonton
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Non-violent young offenders
<b>Commencement date of program:</b>	1993
<b>Duration:</b>	On-going
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Social competence</li> <li>• Communication skills</li> <li>• Relapse prevention</li> <li>• Assertiveness</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Boxing trainer

## Alberta

### Community Justice Forums

<b>Location:</b>	Cochrane Probation Office
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Asset by the court
<b>Commencement date of program:</b>	1997
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Empathy (insight)</li> <li>• Victim awareness</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Set by court</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Probation officer

**Alberta****Community Transition Program**

<b>Location:</b>	Young Offenders Centre, Calgary
<b>Intensity/Type:</b>	Intermediate, institution, and community-based
<b>Target groups:</b>	Prerelease offenders
<b>Commencement date of program:</b>	1999
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Role play</li> <li>• Homework</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director

## Alberta

### Impaired Driver's Program

<b>Location:</b>	Fort Saskatchewan Correctional Centre; Alsike Centre (minimum-security); Alberta Justice, Correctional Services Division
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1987
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Reality theory Rational/emotive theory Group dynamics
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Information sharing</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Victim awareness</li> <li>• Empathy (insight)</li> <li>• Relapse prevention</li> <li>• Self-help tools</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Security classification</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director

## Alberta

### Kennedale School Program

<b>Location:</b>	Young Offenders Centre, Edmonton
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	52 Weeks
<b>Theoretical orientation:</b>	Educational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> </ul>
<b>Service delivery mode:</b>	Group and Individual
<b>Program deliverers:</b>	Teacher

## Alberta

### Long Term Adolescent Program

<b>Location:</b>	Young Offenders Centre, Calgary
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, and substance abusers
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director

## Alberta

### Native Programs

<b>Location:</b>	Young Offenders Centre, Calgary, Edmonton, Grande Prairie, and Lethbridge
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, violent offenders, substance abusers, and sub-target groups of incest offenders, domestic violence offenders, and drunk drivers
<b>Commencement date of program:</b>	1989
<b>Theoretical orientation:</b>	Spiritual
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Relapse prevention</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff



**Alberta****Nobody's Perfect Program**

<b>Location:</b>	Young Offenders Centre, Edmonton
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Parents
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	5 to 6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Parenting skills development
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li></ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Chaplain

**Alberta****Open Custody Group**

<b>Location:</b>	Counterpoint House, Edmonton
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1986
<b>Duration:</b>	36 Weeks
<b>Theoretical orientation:</b>	Eclectic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Life skills</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Open custody disposition</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Program staff

## Alberta

### Parenting Program

<b>Location:</b>	Young Offenders Centre, Edmonton
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, substance abusers, and sub-target groups of domestic violence offenders, incest offenders, and drunk drivers
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	On-going
<b>Theoretical orientation:</b>	School extra curriculum
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interested in learning</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff Teacher

**Alberta****Sex Offender Program**

<b>Location:</b>	Young Offenders Centre, Calgary
<b>Intensity/Type:</b>	Intermediate, institution, and community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	On-going
<b>Theoretical orientation:</b>	Cognitive-behavioural Relapse prevention
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Arousal reduction (sexual deviance)</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

## Alberta

### Sex Offender Treatment Program

<b>Location:</b>	Young Offenders Centre, Edmonton
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Sex offenders, and sub-target group of incest offenders
<b>Commencement date of program:</b>	1996
<b>Duration:</b>	3 to 6 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> <li>• Information sharing</li> <li>• Role play</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Commitment to treatment</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

**Alberta****The Breakfast Club**

<b>Location:</b>	Young Offenders Centre, Grande Prairie
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Depressed, or suicidal offenders
<b>Commencement date of program:</b>	1992
<b>Theoretical orientation:</b>	Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director

## Alberta

### The Magic Mirror Program

<b>Location:</b>	Young Offenders Centre (multi-level security), Edmonton
<b>Intensity/Type:</b>	Low intensive, institution-based
<b>Target groups:</b>	Young and low functioning offenders
<b>Commencement date of program:</b>	1999
<b>Duration:</b>	1 Week
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Substance abuse</li> <li>• Communication skills</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

**Alberta****Turning Point Program**

<b>Location:</b>	Alberta Hospital, Edmonton
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, and substance abusers
<b>Commencement date of program:</b>	1986
<b>Duration:</b>	26 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Family therapy</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Institutional aggression</li> <li>• Pre-treatment test results</li> <li>• Motivation</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program manager



## Alberta

### West Castle Forestry Program

<b>Location:</b>	West Castle Camp
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Non-violent offenders
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Successful participation in other programs</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Alberta

### Young Offender Mentor Society

<b>Location:</b>	Young Offenders Centre (secure/open/remand facility), Calgary
<b>Intensity/Type:</b>	Intensive, community, and institution-based
<b>Target groups:</b>	For high-risk sex offenders, violent offenders, and substance abusers
<b>Commencement date of program:</b>	1988
<b>Theoretical orientation:</b>	Cognitive-behavioural Reintegration
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Volunteer

# **British Columbia**

## British Columbia

### Youth Forensic Psychologist Services

<b>Location:</b>	Burnaby Out Patient Clinic
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1986
<b>Duration:</b>	32 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Pre-treatment testing</li> </ul>
<b>Additional specialized staff training:</b>	Mentor Model
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist

# Manitoba

## Manitoba

### Addictions Recovery Program

<b>Location:</b>	Milner Ridge Correctional Centre
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers, and drunk drivers
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Screening</li> </ul>
<b>Additional specialized staff training :</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> <li>• Content specific</li> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual

**Manitoba****Adolescent Sexual Offender Program**

<b>Location:</b>	Brandon Probation
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1993
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Duration:</b>	On-going
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Probation officer Psychiatrist

## Manitoba

### Anger Management Program

<b>Location:</b>	Headingley Correctional Institution (minimum- and maximum-security)
<b>Intensity/Type:</b>	Intermediate, institution, and community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1989
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Institutional aggression</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program director



**Manitoba****Chemical Dependency Program**

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intermediate, and intensive institution-based
<b>Target groups:</b>	Substance abusers, and sub-target groups of domestic violence offenders, and drunk drivers (all offenders)
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Substance abuse</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Facilitator

## Manitoba

### Commitment to Change Program

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, sex offenders, property offenders, and sub-target groups of drunk drivers, domestic violence offenders, and fraud offenders
<b>Commencement date of program:</b>	1995
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director

**Manitoba****Corrections Gang Intervention Program**

<b>Location:</b>	Manitoba Provincial Adult and Youth Institution
<b>Intensity/Type:</b>	Intensive, institution, and community-based
<b>Target groups:</b>	Violent offenders, substance abusers, gang members, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1998
<b>Theoretical orientation:</b>	Cognitive-behavioural Spiritual Affective
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Gang members</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Service delivery mode:</b>	Group

## Manitoba

### Domestic Violence Program

<b>Location:</b>	The Pas and area
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1989
<b>Duration:</b>	8 to 12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (general emotions)</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Probation officer

**Manitoba****Fresh Start Program**

<b>Location:</b>	Brandon Provincial Building
<b>Intensity/Type:</b>	Community-based
<b>Target groups:</b>	Sex offenders, and a sub-target group of incest offenders
<b>Duration:</b>	18 Months
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> </ul>
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Social worker

## Manitoba

### Fresh Start Program

<b>Location:</b>	Brandon Probation
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1987
<b>Duration:</b>	5 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Probation officer

**Manitoba****Intensive Support and Supervision Program**

<b>Location:</b>	Custody support Unit, Winnipeg
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Substance abusers, violent offenders, and sex offenders
<b>Commencement date of program:</b>	1994
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Post-custody youth</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Program director

## Manitoba

### Long Term Domestic Violence Program

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Social worker



**Manitoba****Making a Difference**

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Mentally disordered offenders
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	11 Weeks
<b>Theoretical orientation:</b>	Cognitive Life Skills Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Psychiatric diagnosis</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program coordinator

## Manitoba

### Medicine Wheel Teaching

<b>Location:</b>	Youth Centres
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1989
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Empathy (insight)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> </ul>
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program staff

## Manitoba

### Partner Abuse Short Term Group Program

<b>Location:</b>	Eastman Region
<b>Intensity/Type:</b>	Low intensity, community-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1992
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychoeducational
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Offence/crime cycle</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Probation officer

## Manitoba

### Sex Offender Program

<b>Location:</b>	Headingley Correctional Institution
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1989
<b>Duration:</b>	6 Months
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group and individual

## Manitoba

### Step One (A Sexual Offender Intervention for Mental Health Clients)

<b>Location:</b>	Brandon Probation
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Dual-diagnosis, mentally disabled sex offenders
<b>Commencement date of program:</b>	1996
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Probation officer

## **Provinces and Territories**

### **Nova Scotia**

## Nova Scotia

### Centre 24–7 Life Skills Learning Program

<b>Location:</b>	Community School at Coldbrook as component of the Nova Scotia Youth Centre
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Violent offenders, sex offenders, and substance abusers
<b>Commencement date of program:</b>	1999
<b>Duration:</b>	5 Months
<b>Theoretical Orientation:</b>	Cognitive-behavioural Adventure-Based Experiential Learning
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Supervisor Teacher Principal

**Nova Scotia****Continuity of Care Methadone Program**

<b>Location:</b>	Halifax Correctional Centre (multi-level security)
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1999
<b>Theoretical orientation:</b>	Psychoeducation Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"><li>• Education</li><li>• Information sharing</li></ul>
<b>Program targets:</b>	<ul style="list-style-type: none"><li>• Substance abuse</li></ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"><li>• Enrollment in Drug Dependency Services Methadone program</li></ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"><li>• Content – poly-substance abuse</li></ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Registered nurse

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## Nova Scotia

### Controlling Anger and Learning to Manage It (CALM)

<b>Location:</b>	Nova Scotia Youth Centre, open and secure custody, Waterville
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Young offenders showing anger management problems
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Interviews</li> <li>• Anger problems reported by young offender, staff or the community</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Psychologist

## Nova Scotia

### Sexual Offender Assessment and Treatment Program

<b>Location:</b>	Nova Scotia Hospital (minimum-security)
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders, and sub-target groups of incest, and pedophile offenders
<b>Commencement date of program:</b>	2000
<b>Duration:</b>	30 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Psychiatrist Probation officer Program director

# Ontario

## Ontario

### Anger Management Program

<b>Location:</b>	Northern Treatment Centre (medium-security), Sault Ste. Marie
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, and substance abusers
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (sexual deviance)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Verbal aggression</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Psychologist

**Ontario****Assessment Services**

<b>Location:</b>	Brookside Youth Center (secure custody), Cobourg
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	All new admissions
<b>Commencement date of program:</b>	1988
<b>Theoretical orientation:</b>	Assessment
<b>Clinical supervisor:</b>	Yes
<b>Program deliverers:</b>	Psychometrist

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## Ontario

### Aware Anti-Criminal Thinking Program

<b>Location:</b>	Northern Treatment Centre, Sault Ste. Marie
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Offenders with criminal values
<b>Commencement date of program:</b>	1995
<b>Duration:</b>	26 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program director Social worker

**Ontario****Domestic Violence Program**

<b>Location:</b>	Northern Treatment Centre (medium-security), Sault Ste. Marie
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, and sub-target groups of domestic violence offenders, and substance abusers
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Psychologist Social worker

## Ontario

### Non-Violent Approach Program

<b>Location:</b>	Bluewater Youth Centre (medium-security), Goderich
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders
<b>Commencement date of program:</b>	1991
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychodynamic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Violent behaviour</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Social worker



**Ontario****Relating Without Violence Program**

<b>Location:</b>	Ontario Correctional Institute, Brampton
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, and a sub-target group of domestic violence offenders
<b>Duration:</b>	12 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Social competence</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> </ul>
<b>Service delivery mode:</b>	Group

## Ontario

### Rideau Treatment Centre

<b>Location:</b>	Rideau Correctional and Treatment Centre, Merrickville
<b>Intensity/Type:</b>	Intensive, institution-based
<b>Target groups:</b>	Violent offenders, substance abusers, and sub-target groups of domestic violence offenders, and drunk drivers
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	5 to 10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual

## Ontario

### Substance Abuse Program

<b>Location:</b>	Northern Treatment Centre (medium-security), Sault Ste. Marie
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Substance abusers
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	26 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Social learning
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program director Social worker

## Ontario

### Winners Problem Solving Skills Training Program

<b>Location:</b>	Vanier Centre for Women, medium-security correctional institution, Brampton
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	All incarcerated adults
<b>Commencement date of program:</b>	1990
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	Interviews
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

# Prince Edward Island

## Prince Edward Island

### Alternative Residential Placement Program

<b>Location:</b>	Province wide
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	High-risk young offenders aged 12 to 18
<b>Commencement date of program:</b>	1987
<b>Theoretical orientation:</b>	Combination of theoretical basis
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group, family, and individual
<b>Program deliverers:</b>	Social worker Probation officer

## Prince Edward Island

### Community Youth Work Program

<b>Location:</b>	Community Services
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	1987
<b>Commencement date of program:</b>	Young offenders, age 12 to 17, and as sub-target group, their families
<b>Theoretical orientation:</b>	Multi-service
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> <li>• Family/community</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Verbal aggression</li> <li>• Institutional aggression</li> <li>• Successful participation in other programs</li> <li>• Specialized assessment</li> </ul>
<b>Clinical Supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group, family, and individual

## Prince Edward Island

### Probation Services

<b>Location:</b>	Province wide
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	All offenders
<b>Commencement date of program:</b>	1972
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Disclosure</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Diagnosis/assessment</li> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Individual
<b>Program deliverers:</b>	Probation officer Program director



## Prince Edward Island

### Sexual Deviance Program

<b>Location:</b>	Community
<b>Intensity/Type:</b>	Intensive, community-based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1988
<b>Duration:</b>	25 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Autobiography</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Specialized assessment</li> </ul>
<b>Service delivery mode:</b>	Group

# Saskatchewan

## Saskatchewan

### Elizabeth Fry Society Women's Community Training Residence

<b>Location:</b>	Saskatoon
<b>Intensity/Type:</b>	Intensive, intermediate, low intensity, community, and institution-based
<b>Target groups:</b>	Women violent offenders, substance abusers, and a sub-target group of domestic violence offenders
<b>Commencement date of program:</b>	1996
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Criminal history</li> <li>• Interviews</li> <li>• Successful participation in other programs</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Risk assessment</li> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	No
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Program director Program staff

# Yukon

## Yukon

### Anger Management Program

<b>Location:</b>	Young Offenders Facility, Whitehorse
<b>Intensity/Type:</b>	Intermediate, institution-based
<b>Target groups:</b>	Violent offenders, substance abusers
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	2 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Social competence</li> <li>• Arousal reduction (anger)</li> <li>• Cognitive distortion</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program staff

## Yukon

### Crime Cycle Awareness Program

<b>Location:</b>	Youth achievement Centre, Whitehorse
<b>Intensity/Type:</b>	Low intensity, institution, and community-based
<b>Target groups:</b>	Offenders that pose a risk in the child welfare system
<b>Commencement date of program:</b>	1998
<b>Duration:</b>	4 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Offence/crime cycle</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Arousal reduction (anger)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Criminal history</li> </ul>
<b>Service delivery mode:</b>	Group and individual

## Yukon

### Sexual Offender Risk Management Program

<b>Location:</b>	Family Violence Prevention Unit
<b>Intensity/Type:</b>	Intermediate, community-based
<b>Target groups:</b>	Sex offenders (rapists), and a sub-target group of incest offenders
<b>Commencement date of program:</b>	1994
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance Abuse</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Arousal reduction (general emotions)</li> <li>• Social competence</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test result</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Dealing with resistant clients</li> <li>• Cognitive-behavioural therapy</li> <li>• Content specific</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group
<b>Program deliverers:</b>	Program director Program staff

**Yukon**

<b>Substance Abuse Education / Driving Without Impairment Program</b>
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<b>Location:</b>	Teslin Correctional Institution
<b>Intensity/Type:</b>	Low intensity, institution-based
<b>Target groups:</b>	Substance abusers, and a sub-target group of drunk drivers
<b>Commencement date of program:</b>	1997
<b>Duration:</b>	10 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Substance abuse</li> <li>• Arousal reduction (general emotions)</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Number of prior convictions</li> <li>• Pre-treatment testing</li> </ul>
<b>Additional specialized staff training:</b>	<ul style="list-style-type: none"> <li>• Addiction counselling</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group (maximum 10)
<b>Program deliverers:</b>	Program staff



## Yukon

### Youth Sex Offender Program

<b>Location:</b>	Community based outpatient treatment program
<b>Intensity/Type:</b>	Intermediate, community, and institution based
<b>Target groups:</b>	Sex offenders
<b>Commencement date of program:</b>	1994
<b>Duration:</b>	104 Weeks
<b>Theoretical orientation:</b>	Cognitive-behavioural Psychotherapeutic
<b>Program components:</b>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Information sharing</li> <li>• Skills acquisition</li> <li>• Role play</li> <li>• Disclosure</li> <li>• Autobiography</li> <li>• Homework</li> </ul>
<b>Program targets:</b>	<ul style="list-style-type: none"> <li>• Problem definition</li> <li>• Problem solving (impulse control)</li> <li>• Assertiveness</li> <li>• Offence/crime cycle</li> <li>• Substance abuse</li> <li>• Social competence</li> <li>• Arousal reduction (general emotions)</li> <li>• Arousal reduction (anger)</li> <li>• Arousal reduction (sexual deviancy)</li> <li>• Communication skills</li> <li>• Empathy (insight)</li> <li>• Victim awareness</li> <li>• Offender victimization</li> <li>• Cognitive distortion</li> <li>• Relapse prevention</li> </ul>
<b>Admission criteria:</b>	<ul style="list-style-type: none"> <li>• Nature of current offence</li> <li>• Interviews</li> <li>• Pre-treatment testing</li> <li>• Pre-treatment test results</li> <li>• Specialized assessment</li> </ul>
<b>Clinical supervisor:</b>	Yes
<b>Service delivery mode:</b>	Group and individual
<b>Program deliverers:</b>	Psychologist Art therapist

# APPENDIX A

## Treatment Survey

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The purpose of this survey is to provide an up-to-date inventory of all correctional programs, both institutional and community-based, with an emphasis on “best practices” or “effective programming”. Programs are defined as any intervention that is systematically applied to offenders with the expectation that it will result in reduced recidivism. Programs, then, target needs that are linked to criminal behaviour by an offender, i.e., criminogenic factors. A program that does not directly target criminogenic needs but nonetheless has as one of its objectives the successful reintegration of the offender into society should be included in the inventory. A program shall have clearly articulated objectives, participant selection criteria, a process for evaluating progress made by the participant and a process for measuring program effectiveness. A program that does not possess all of these characteristics may still be included in the inventory, however it would be preferable if it did meet this standard. The results of this survey will be incorporated into a compendium of “what works in offender programming” for Canadian criminal justice jurisdictions. This compendium will include separate volumes on assessment, effective programs, and evaluation, as well as an inventory of programs and best practices. The completed compendium will be made available to all jurisdictions for dissemination to the different sites. The survey inquires about program descriptions, assessments of treatment need, costs and evaluation. Additionally, you are requested to complete the section on best practices (Part D). Please feel free to append any information to the questionnaire if the space provided is insufficient. Your cooperation is greatly appreciated.

## Part A

### Administrative information

- 1) **Name of program** \_\_\_\_\_
- 2) Location of program: site (and security level) and jurisdiction (e.g., Kingston Penitentiary (maximum), Correctional Service of Canada) \_\_\_\_\_
- 3) How is treatment need assessed? (check more than one if applicable)
  - Interview       File review       Questionnaire
  - Collateral information (e.g., spouse, community assessment)
- 4) Do you develop a correctional treatment plan?
  - No       Yes

If yes, is a paper or electronic form of the plan built into policy for the delivery of treatment programs?

  - No       Yes
- 5) How many of these offenders completed the program over the last 12 months? \_\_\_\_\_
- 6) Do you conduct a risk assessment?
  - No       Yes

If yes, indicate whether or not the risk assessment is:

  - Part of initial assessment       Considered as part of admission criteria
  - Included in post-treatment report

If yes, what risk measure is used?

  - Statistical Information on Recidivism Scale (Revised) (SIR-R1)
  - Psychopathy Checklist – Revised (PCL–R)       Level of Service Inventory (LSI-R)
  - Other (Please specify: \_\_\_\_\_)
- 7) Who can refer an offender to a program?
  - A psychologist, a psychiatrist       A lawyer, the courts       A social worker
  - Security       Other (Please specify: Primary Workers \_\_\_\_\_)
- 8) Is the program delivered  In the institution       In the community?
 

If the program is delivered in the community, is it:

  - Pre-trial       Alternative to incarceration       Follow-up/maintenance?
- 9) What is the intensity level of this program:       Intensive       Intermediate       Low?
- 10) What year was the program first established? \_\_\_\_\_
- 11) How many programs do you complete per year? \_\_\_\_\_

## Part B

### Program development and evaluation

- 1) What is the theoretical basis of the program?
  - Cognitive-behavioural  Psychodynamic  Psychotherapy
  - Other (Please specify: \_\_\_\_\_)
- 2) Has the program ever been evaluated?
  - No  Yes  Quarterly  Semi-annually  Annually  Every two years
  - Less than every two years
- 3) Is there a treatment manual?
  - No  Yes
- 4) Is there a participant manual?
  - No  Yes

## Part C

### Program description

- 1) What is the program target group and sub-target group?
 

<u>target group</u>	<u>sub-target group</u>
<input type="checkbox"/> violent offenders	<input type="checkbox"/> domestic violence
<input type="checkbox"/> sex offenders	<input type="checkbox"/> incest
<input type="checkbox"/> substance abusers	<input type="checkbox"/> drunk drivers
<input type="checkbox"/> other _____	<input type="checkbox"/> other _____
- 2) Which of the following are components of the program? (check more than one if applicable)
  - Education  Information sharing  Skills acquisition  Role play
  - Disclosure  Autobiography  Homework
- 3) Which of the following are treatment targets? (check more than one if applicable)
  - Problem definition  Problem solving (impulse control)  Assertiveness
  - Offence/crime cycle  Substance abuse  Arousal reduction (sexual deviancy)
  - Arousal reduction (anger)  Arousal reduction (general emotions, e.g. anxiety, fear, stress)
  - Social competence  Communication skills  Empathy (insight)
  - Cognitive distortion (minimizing, denial, rationalization, criminal attitudes)
  - Victim awareness  Offender victimization (physical/sexual abuse)
  - Relapse prevention  Other (Please specify: \_\_\_\_\_)

- 4) How is the treatment provided (service delivery)?
- Individual therapy only (following standard program guidelines)
  - Group therapy only (what is the maximum size of the group \_\_\_?)
  - Combination of both individual and group therapy
  - Other (Please specify: \_\_\_\_\_)
- 5) What are the explicit admission criteria? (check more than one if applicable)
- Nature of current offense
  - Number of prior convictions
  - Criminal history
  - Interviews
  - Pre-treatment testing
  - Verbal aggression
  - Institutional aggression
  - Successful participation in other programs
  - Pre-treatment test results
  - Specialized assessment (e.g. phallometric)
  - Other (Please specify: \_\_\_\_\_)
- 6) What are the explicit exclusionary criteria? (check more than one if applicable)
- Intelligence level
  - Active psychosis
  - Unmotivated
  - Literacy
  - Denies problem
  - Appealing sentence
  - Other (Please specify: \_\_\_\_\_)
- 7) What is the duration of the program? \_\_\_ weeks.
- 8) Are there formal follow-up sessions post-treatment?
- No
  - Yes ( Daily  Weekly  Biweekly  Monthly  Quarterly)
- 9) What percentage of offenders completing treatment were:
- Aboriginal \_\_\_%?
  - Women \_\_\_%?
  - Juveniles \_\_\_%?
  - Other \_\_\_%?
- 10) Do you measure treatment gain?
- No
  - Yes

## Part D

### Best practices

- 1) Do you wish to nominate this program as a best practice?

No  Yes

If yes, please complete the **BEST PRACTICES SURVEY** for this program.

- 2) What would enhance this program?

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**Part E**

**Financial information**

What is the total annual cost of the program? \_\_\_\_\_

	<b>Profession</b>	<b>Level of education</b>	<b>Annual salary or contract</b>	<b>% of time dedicated to program</b>	<b>Total</b>
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

The first person listed in the table should be the person who is functionally responsible for the program.

1) Profession (please use the following letter code when completing the table):

- a) Psychologist;
- b) Psychiatrist;
- c) Social worker;
- d) Chaplain;
- e) Program Director;
- f) Program staff;
- g) Other (Please specify: \_\_\_\_\_)

2) Level of education (please use the following letter code when completing the table):

- a) High school or equivalent;
- b) Community college;
- c) BA;
- d) BSW;
- e) MA;
- f) MSW;
- g) Ph.D.;
- h) Other (Please specify: \_\_\_\_\_)

This survey was completed by: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

## **APPENDIX B**

### **Best Practices Survey**

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## Part A

### Administrative information

- 1) **Name of program** \_\_\_\_\_
- 2) Location of program: site (and security level) and jurisdiction (e.g. Kingston Penitentiary (maximum), Correctional Service of Canada) \_\_\_\_\_  
Is there a program advisory committee?  
 No       Yes ( Internal representatives  External representatives  Both)
- 3) Is there an assessment of treatment need?  
 No       Yes ( Assessed by program  staff  Assessed by non-program staff)
- 4) How is treatment need assessed? (check more than one if applicable)  
 Interview       File review       Questionnaire  
 Collateral information (e.g. spouse, community assessment)
- 5) Do you develop a correctional treatment plan?  
 No       Yes  
If yes, is a paper or electronic form of the plan built into policy for the delivery of treatment programs?  
 No       Yes
- 6) How many assessments (the number of offenders screened for the program) for this program were completed during the last 12 months \_\_\_\_\_ by  Program staff  Non-program staff?
- 7) Of these, how many were accepted into the program?  
\_\_\_\_\_, we were at the bottom of the barrel.
- 8) Following assessment, how many offenders were excluded from treatment? \_\_\_\_\_
- 9) How many of these offenders completed the program? \_\_\_\_\_
- 10) Which of the following explain offenders' non-completion of the program?  
(check more than one if applicable)  
 Released  Transferred  Refused  Drugs  Group misbehaviour  
 Institutional misbehaviour  Intellectual concerns/Mental health  
 Other (Please specify: \_\_\_\_\_)

11) Do you conduct a risk assessment?

- No     Yes

If yes, indicate whether or not the risk assessment is:

- Part of initial assessment     considered as part of admission criteria  
 Included in post-treatment report

If yes, what risk measure is used?

- Statistical Information on Recidivism Scale (Revised) (SIR-R1)  
 Psychopathy Checklist – Revised (PCL–R)  
 Level of Service Inventory (LSI-R)  
 Other (Please specify: \_\_\_\_\_)

12) Who can refer an offender to a program? (check more than one if applicable)

- A psychologist, a psychiatrist     A lawyer, the courts     A social worker  
 Security     Other (Please specify: \_\_\_\_\_)

13) Is the program delivered  In the institution     In the community?

If the program is delivered in the community, is it  Pre-trial     Alternative to incarceration  
 Follow-up/maintenance?

14) What is the intensity level of this program:  Intensive     Intermediate     Low?

15) What criteria define level of treatment intensity? (check more than one if applicable)

- Frequency of contact     Number of sessions     Treatment demands  
 Number of therapists     Number of treatment modules  
 Other (Please specify: \_\_\_\_\_)

16) What year was the program first established? \_\_\_\_\_

17) How many programs do you complete per year? \_\_\_\_\_

18) Is a waiting list maintained?

- No     Yes, when applicable

If yes, number on the waiting list \_\_\_\_.

19) Is there a control group? (a no-treatment or an alternative treatment group)

- No     Yes

If yes,

- Random assignment     Waiting list control     Cohort group  
 Matched control (describe matching variables)

(check more than one if applicable)

- Age     Criminal history/risk     Current offence     Pre-test treatment results  
 Other (Please specify: \_\_\_\_\_)

20) Has a data base been developed?

- No     Yes, for some information

## Part B

### Program development and evaluation

1) Did the program begin with a pilot effort to fine-tune procedures?

- No shaped from the Parkland Wellness program at Bowden     Yes

2) Was a literature search conducted prior to program implementation?

- No     Yes

3) What is the theoretical basis of the program?

- cognitive-behavioural     Psychodynamic     Psychotherapy  
 Other (Please specify: \_\_\_\_\_)

4) Has the program ever been evaluated?

- No     Yes ( Quarterly     Semi-annually     Annually     Every two years  
 More than two years ago)  
 Formal (independent review)     Informal (program staff)  
 Pre/post measures     Recidivism  
 Other (Please specify: \_\_\_\_\_)

If yes, who contributed to the program evaluation?

- Program delivery staff     Non-program staff     Participant/offender  
 Other consumers (e.g. Parole Board)

If yes, are the results published?

- No     Yes (Please provide a copy) ( Internal document     External peer-reviewed publication)

- 5) How has the program changed over time? (check more than one if applicable)
- Program content  Duration  Treatment targets  Staffing  Procedures
- Exclusions  Report format  Admission criteria  Scheduling
- Other (Please specify: \_\_\_\_\_)  No program changes
- 6) Is there a treatment manual?
- No  Yes, a makeshift manual
- If yes, does the manual describe (check more than one if applicable)
- Admission criteria  Program rules
- Expulsion criteria  Program content  Homework assignments
- Test battery  Report format or exemplar
- Other (Please specify: \_\_\_\_\_)?
- 7) Is there a participant manual?
- No, but we use plenty of handouts  Yes
- If yes, does the manual describe (check more than one if applicable)
- Admission criteria  Program rules  Expulsion criteria  Program content
- Homework assignments  Test battery  Report format or exemplar
- Other (Please specify: \_\_\_\_\_)?

## Part C

### Program description

- 1) Please attach a current description of the program (one to two pages maximum).
- 2) What is the program target group and sub-target group?
- | <u>target group</u>                        | <u>sub-target group</u>                    |
|--|--|
| <input type="checkbox"/> violent offenders | <input type="checkbox"/> domestic violence |
| <input type="checkbox"/> sex offenders     | <input type="checkbox"/> incest            |
| <input type="checkbox"/> substance abusers | <input type="checkbox"/> drunk drivers     |
| <input type="checkbox"/> other _____       | <input type="checkbox"/> other _____       |
- 3) Which of the following are components of the program? (check more than one if applicable)
- Education  Information sharing  Skills acquisition  Role play
- Disclosure  Autobiography  Homework

- 4) Which of the following are treatment targets? (check more than one if applicable)
- problem definition  Problem solving (impulse control)
  - Assertiveness  Offence/crime cycle  Substance abuse
  - Arousal reduction (sexual deviance)  Arousal reduction (anger)
  - Arousal reduction (general emotions, e.g. anxiety, fear, stress)
  - social competence  Communication skills  Empathy (insight)
  - Cognitive distortion (minimizing, denial, rationalization, criminal attitudes)
  - Victim awareness  Offender victimization (physical/sexual abuse)
  - Relapse prevention  Other (Please specify: \_\_\_\_\_)
- 5) How is the treatment provided (service delivery)?
- Individual therapy only (following standard program guidelines)
  - Group therapy only (what is the maximum size of the group \_\_\_?)
  - Combination of both individual and group therapy
  - Other (Please specify: \_\_\_\_\_)
- 6) What, if any, additional specialized training is provided for the program staff? (check more than one if applicable)
- Diagnosis/assessment  Risk assessment  Dealing with resistant clients
  - Cognitive-behavioural therapy  Content specific (e.g. relapse prevention in sex offenders; poly-substance abuse; managing dangerous offenders)
  - Other (Please specify: \_\_\_\_\_)
- Is this specialized treatment provided  in house  externally?
- No additional specialized training.
- 7) Is there a clinical supervisor?
- No  Yes
- If yes, what is the frequency of contact between the clinical supervisor and the program deliverers?  Daily  Weekly  Biweekly  Monthly  Quarterly
- 8) What are the explicit admission criteria? (check more than one if applicable)
- Nature of current offense  Number of prior convictions
  - Criminal history  Interviews  Pre-testing  Verbal aggression
  - Institutional aggression  Successful participation in other programs
  - Pre-treatment test results  Specialized assessment (e.g. phallometric)
  - Other (Please specify: \_\_\_\_\_)

- 9) What are the explicit exclusionary criteria? (check more than one if applicable)
- Intelligence level
  - Active psychosis
  - Unmotivated x Literacy
  - Denies problem
  - Appealing sentence
  - Other (Please specify: \_\_\_\_\_)
- 10) What is the program duration \_\_\_\_\_
- How long is each group therapy/treatment session? \_\_\_\_\_
- Number of sessions per week? \_\_\_\_\_
- How long is each individual therapy/treatment session? \_\_\_\_ hours
- Number of sessions per week? \_\_\_\_ Duration of program? \_\_\_\_ weeks
- 11) Are there formal follow-up sessions post-treatment?
- No, unless inmate comes in to ask for one.
  - Yes ( Daily  Weekly  Biweekly  Monthly  Quarterly)
- 12) What percentage of offenders completing treatment were:
- Aboriginal \_\_\_\_%?
  - Women \_\_\_\_%?
  - Juveniles \_\_\_\_%?
  - Other \_\_\_\_%?
- 13) How do you measure treatment gain? (check more than one if applicable)
- Offender rating of satisfaction
  - Role play, skills performance
  - Knowledge questionnaire
  - Behavioural rating (clinical staff)
  - Independent rating (other staff e.g. security; shop instructors; social work/classification)
  - Institutional performance (staff ratings)
  - Institutional charges
  - Interaction with staff/offenders
  - Pre/post-treatment test
  - Other (Please specify: \_\_\_\_\_)

## Part D

### Best practices

**Best Practices:** Please list best practices or features of your program that you feel are particularly beneficial or innovative and that may prove helpful if exported to other settings.

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**Challenges:** Please list major obstacles to effective intervention based on your experience with this program.

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## Part E:

## Financial information

	Profession	Level of education	Annual salary or contract	% of time dedicated to program	Total
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

The first person listed in the table should be the person who is functionally responsible for the program.

1) Profession (please use the following letter code when completing the table):

- |                                  |                   |
|----------------------------------|-------------------|
| a) Psychologist;                 | b) Psychiatrist;  |
| c) Social worker;                | d) Chaplain;      |
| e) Program Director;             | f) Program staff; |
| g) Other (Please specify: _____) |                   |

2) Level of education (please use the following letter code when completing the table):

- |                                  |                       |
|----------------------------------|-----------------------|
| a) High school or equivalent;    | b) Community college; |
| c) BA;                           | d) BSW;               |
| e) MA;                           | f) MSW;               |
| g) Ph.D.;                        |                       |
| h) Other (Please specify: _____) |                       |

This survey was completed by: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_