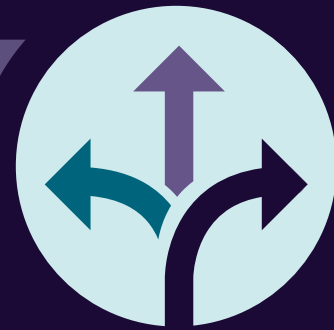


FLEXIBILITY DISABILITIES, 2022



In 2022, **10.9%** of Canadians (or **3.2 million** individuals) aged 15 years and over had a flexibility disability.¹

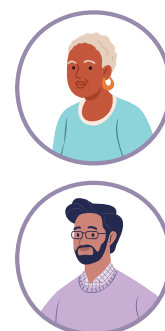
Flexibility disabilities were more prevalent with age

2.0% 15 to 24 years	4.2% 25 to 44 years
13.0% 45 to 64 years	23.7% 65 years and over

Those with a **more severe** flexibility disability were more likely to have **unmet needs for disability supports (68%)** than those with a **less severe** flexibility disability (**59%**).



Women+ (11.8%) were more likely than **men+ (9.9%)** to have a flexibility disability.²



62% of persons with a flexibility disability received help with daily activities.



Most common activities for which help was received

75%	Heavy household chores (e.g., yard work, snow removal or spring cleaning)
62%	Everyday housework (e.g., dusting or tidying up)
61%	Getting to appointments or running errands



Almost **7 in 10 (68%)** persons with a flexibility disability used a mobility-related assistive aid, device or technology because of their condition.

The most common aids, devices or technologies were...



32%

Cane, walking stick or crutches



19%

Walker



16%

Grasping tool or reach extender

1. A person is defined as having a flexibility disability if they have difficulty or are unable to either bend down and pick up an object from the floor or reach in any direction (e.g., above their head), and they experience limitations in their daily activities because of this difficulty.

2. The "women+" category includes women as well as some non-binary persons, while the "men+" category includes men as well as some non-binary persons.

Note: The Canadian Survey on Disability covers Canadians aged 15 years and over who experience limitations in their daily activities because of a long-term condition or health-related problem.

Source: Statistics Canada, Canadian Survey on Disability, 2022.