Canadian Veteran Health Survey 2022

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Executive Summary

The Canadian Veteran Health Survey (CVHS) is a new survey designed to measure the health and well-being of Veterans after their transition from military to civilian life. It was conducted for the first time in 2022. Those who had identified themselves as a Veteran in the 2021 Census and had not re-enlisted in the military by the time of the survey, formed the sample for this survey.

Statistics Canada collected CVHS 2022 survey data between October and December 2022. In all, 3,215 Veterans responded, resulting in a 61.5% final response rate. When asked if they would share their data with Veterans Affairs Canada, 2,714 Veterans agreed, resulting in a share rate of 84.4%.

The average age of Veterans is 61.7 years old, with women+[1] being younger than men+[2]; 58.4 years old compared to 62.3 years old, respectively. The proportion of Veterans who identify as Indigenous is 4.2%, compared to 2.5% of Canadians. A little over four percent of Veterans (4.1%) identified as belonging to a visible minority, compared to 18.5% of Canadians. When it comes to their health, 39.6% of Veterans rate theirs as very good or excellent, while 27.1% rate their health as fair or poor. A larger proportion of Veterans (49.1%) rate their mental health as very good or excellent. By contrast, slightly over one in five Veterans (21.1%) rate their mental health as fair or poor. Among Canadians, 48.9% rate their health as very good or excellent and 60.4% rate their mental health as very good or excellent.

About four in ten (42.3%) Veterans reported that they had worked at a job or business in the past week. The employment rate (for those aged less than or equal to 75 years old) was similar for women+ and men+ Veterans, with 58% of women+ employed and 55.9% of men+ employed.

Over 16% (16.6%) of Veterans have a household income that falls below the Low-Income Measure (LIM). Those who reported their main activity in the past 12 months as working were much less likely to be below the LIM (8.6%) than those

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[1] Women+ includes women (transgender women and cisgender women) and some non-binary people. Transgender refers to people whose reported gender does not correspond to their reported sex at birth; cisgender refers to people whose reported gender corresponds to their reported sex at birth; and non-binary refers to people whose reported gender is not exclusively man or woman.

[2] Men+ includes men (transgender men & cisgender men) and some non-binary people.

who were either retired (21.7%), experiencing a long-term illness (26.8%), or caregiving or volunteering (28.1%).

Most Veterans are satisfied with their lives. Over three quarters of both men+ (77.7%) and women+ Veterans (79.1%) report being satisfied or very satisfied with their lives. A higher proportion of Canadian men+ and women+ reported being satisfied or very satisfied with their lives (men+ 86.8%, women+ 86.5%). Women+ Veterans are reporting more stress in their lives than men+ Veterans. Specifically, almost 3 in 10 women+ Veterans (27.6%) indicated that life was quite a bit or extremely stressful compared to 20.6% of men+.

CVHS 2022 findings can inform programs, benefits, communications, and outreach, to ultimately improve the health and well-being of Veterans in Canada.

Introduction

The Canadian Veteran Health Survey (CVHS) is a cross-sectional survey of Canadian Veterans, which was created to measure their health and well-being after transition to civilian life. The first cycle of this survey in 2022, designed jointly by Statistics Canada and Veterans Affairs Canada, was administered by Statistics Canada. The survey contains questions about physical and mental health; labour market, income, and social outcomes; and the use of health care services. The plan is to continue the CVHS on a two-year cycle.

Veterans released prior to May 11, 2021 (Census Day) and not re-enlisted at the time of the survey, formed the population of interest for the 2022 CVHS. Persons residing in the territories, on reserves, or in institutions were excluded from the target population. These groups account for fewer than 5% of Veterans.

The CVHS replaced the Life After Service Survey (LASS), which had been in use from 2010 to 2019. While most iterations of the LASS included only Regular Force members who released since 1998, the CVHS includes both Regular and Reserve Forces, as well as other Veterans, regardless of their year of release. To accomplish this, Veterans were identified using the 2021 Census[3], supplemented with administrative data on military releases. The 2021 Census counted 461,240 Veterans, comprised of populations of federal interest, such as:

- 5.2% Indigenous;

- 4.3% Visible Minorities (excludes Indigenous); and

- 16.1% Female.

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[3]Statistics Canada (2022). Military Experience Reference Guide. Catalogue no. 98-500-X, issue 2021015. Avail: https://www12.statcan.gc.ca/census-recensement/2021/ref/98-500/015/98-500-x2021015-eng.cfm

Methods

On September 29th, 2022, invitation letters, which included a code to access the survey questionnaire electronically, were mailed to Veterans included in the sample. Participants could choose to complete the survey online or by phone. Survey data was collected from October 1st to December 31st, 2022. Three reminder letters were sent in October, and starting on November 1st, Statistics Canada began using Computer Assisted Telephone Interviews (CATI) to follow up on non-responses. To allow for future, up-to-date comparisons with the general Canadian population, survey questions for the CVHS 2022 used Canadian Community Health Survey (CCHS) 2022 modules supplemented with content of particular interest for the Veteran population, via the addition of the following modules that were used in prior LASS cycles:

SWL (CCHS 2020 SWL) - Satisfaction with life;
SUI   (CCHS 2020 SUI) - Suicidal thoughts and attempts;
HUP (CCHS 2020 HUI) - Pain and discomfort;
MPC (CCHS 2013 MAS) - Mental health; and
DEM (CCHS 2020 SWL- finances) - Demographic information

Table 1 below describes the content of the CVHS 2022 questionnaire, see Appendix 1 for additional detail.

Table 1. CVHS 2022 Content Modules

Description	Module
Entry module	VER2, **CAF***, AGE, GDR, HHC, RWC, CEA
Main activity	MAC, MA
Current education status	EDC
Satisfaction with life	**SWL***
Education	ED
General health	GEN
Life satisfaction measures	LSM
Pregnancy	PRS
Height and weight	HWT, WTP
Covid-19	COV2, COV3
Chronic conditions	CCC, CC1
Abilities	WDM
Pain and discomfort	**HUP*** **(**HUI)
Injuries	INJ
Oral health	OHM, OHM3

Use of protective equipment	UPE
Smoking	CSS, SPU
Electronic cigarettes and vaping	ECV, ECV2
Alcohol use	ALC
Medication use - pain relievers	PRM
Cannabis use	CAN
Suicidal thoughts	**SUI***
Mental health	**MPC*** (MAS)
Maternal experiences	MEX
Flu shots	FLU
Regular health care provider	RHC
Labour market activities	LMAM, LMA3, LMA4, LMA5, LMA6, LBF, LM
Place of birth, immigration, and citizenship	IM
Indigenous identity	ABM
Sociodemographic characteristics	PG
Language	LAN
Sexual orientation	SOR
Home care services	HMC
Insurance coverage	INL, INP
Prescription cost	PCN
Food security	FSC
Total household income	THI, INC
Demographic information	**DEM*** (SWL- finances)
Administrative information	ADMC

*Modules not available in CCHS 2022 for Canadian comparison

The CVHS 2022 was stratified into four strata: Indigenous identity (male and female); Visible Minority (male and female, excluding Indigenous); Female (excluding Indigenous and Visible minorities); and Male (excluding Indigenous and Visible minorities). A simple random sample was selected independently within each stratum. Use of strata ensured representation of these groups allowing for reporting with greater detail than would otherwise have been the case with a non-stratified sample. A sufficient sample was allocated to each of these strata so that the survey could produce estimates for each respective sub-population.

Specifically, the 6,500 sample of the CVHS 2022 was broken down as follows:
- Indigenous (male and female) - 1,622 or 25.0% of total sample;

- Visible Minority (male and female, and excluding Indigenous) - 1,497 or 23.0% of total sample;
- Female (excluding Indigenous and Visible minorities) - 1,374 or 21.1% of total sample; and
- Male (excluding Indigenous and Visible minorities) - 2,007 or 30.9% of total sample.

The CVHS included questions about both sex at birth and gender. Results here are presented by gender. Because of small numbers and concerns with confidentiality, gender was rolled up into two categories:

1. Men+ includes men (transgender men and cisgender men) and some non-binary people; and
2. Women+ includes women (transgender women and cisgender women) and some non-binary people.

A total of 3,215 Veterans completed the Canadian Veteran Health Survey for a final response rate of 61.5%. The final response rate is calculated as the ratio of the number of respondents over the effective sample size. The effective sample size is the sample size minus the estimated out-of-scope cases. The total estimated out-of-scope count is 1,274, resulting in an effective sample size of 5,226. Of the 3,215 respondents, 84.4% agreed to share their data with Veterans Affairs Canada, resulting in a final sample size of 2,714. Figure 1 illustrates the sample design, final response rate, and share rate. Sample data is weighted to represent the entire population.

Figure 1: CVHS 2022 Response Rate and Share Rate

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┌─────────────────────────────────┐
│   Canadian Armed Force Veterans  │
│          Census 2021             │
│            461,240               │
└─────────────────────────────────┘
                 │
                 ▼
     ┌───────────────────────────┐
     │  Veterans in private       │
     │      dwellings             │
     │      Census 2021           │
     │       444,490              │
     └───────────────────────────┘
                 │
                 ▼
       ┌─────────────────────────┐
       │  CVHS 2022 Sample to    │
       │       collection        │
       │       n= 6,500          │
       └─────────────────────────┘
                 │
                 ▼
         ┌───────────────────────┐
         │     Respondents       │
         │      n= 3,215         │
         │  Final Response Rate:  │
         │        61.5%          │
         └───────────────────────┘
                 │
                 ▼
           ┌─────────────────────┐
           │   Agreed to Share   │
           │      n= 2,714       │
           │  Share Rate: 84.4%  │
           └─────────────────────┘
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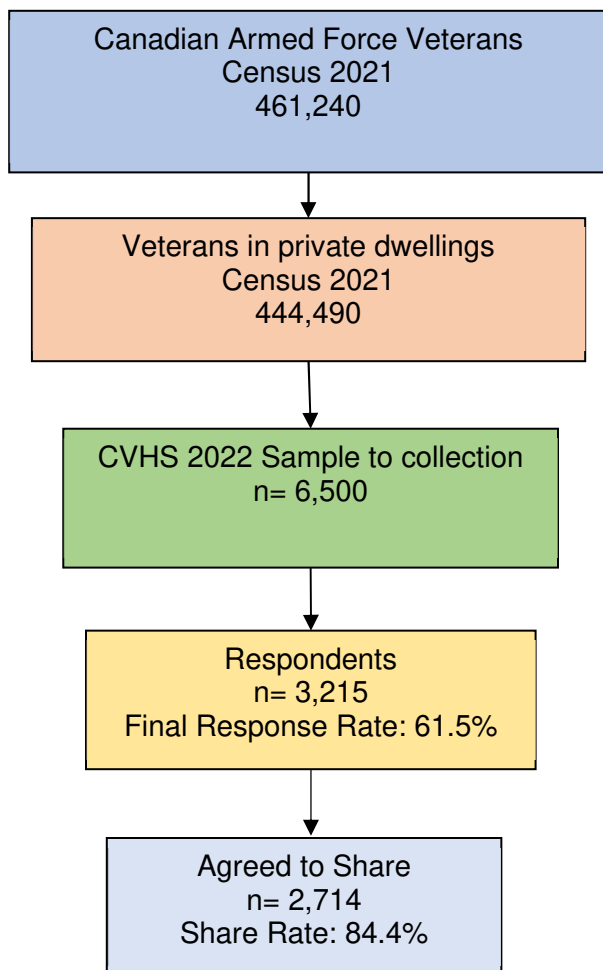
Demographics

The average age of Veterans is 61.7 years old, with women+ being younger than men+ Veterans; 58.4 years old compared to 62.3 years old, respectively. More women+ Veterans fall into the 35-49 (19.7%) and 50-64 (46.1%) age groups compared to men+ (13.6% and 36.1% respectively). The exploration of Veterans' aging is imperative given the increasing proportion of older Veterans in Canada with 42.1% of Canadian Veterans being age 65 or older in 2022, specifically 29.0% between the ages of 65 and 79 and 13.1% age 80 or older. Men+ Veterans are more likely to be age 65 or above (44.3%) than women+ Veterans (29.4%).

The proportion of Veterans who identify as Indigenous is 4.2% - this is higher among women+ Veterans (6.4%) than among men+ (3.8%). The age/gender standardized proportion of Canadians who identify as Indigenous is lower, at 2.5% (see Appendix 2). Among Veterans, 4.1% identify as belonging to a visible minority; and a higher proportion of women+ Veterans identified as belonging to a minority (6.1%) compared to 3.8% of men+ Veterans. The proportion of Veterans who identified as a minority is lower than the comparable age/gender standardized proportion of minorities among the Canadian population (4.1% versus 18.5%, see Appendix 2).

Most Veterans are Canadian citizens by birth (91.3%), higher than the 71.6% of Canadians who are citizens by birth (see Appendix 2). Seven in ten, 70.1%, of Veterans learned English first in childhood. Almost a quarter of Veterans (23.8%) first learned French.

Four percent of Veterans identified their sexual orientation as lesbian, gay, bisexual, or other (2SLGBTQI+) which is higher than the age/gender standardized proportion of the Canadian population who identifies as 2SLGBTQI+ (2.6%, see Appendix 2). Belonging to one of these groups was more common among women+ Veterans (8.7%) than among men+ Veterans (3.2%). Further breakdowns by sexual orientation are not possible given small sample sizes.

Table 2. Demographics by Gender

Indicator	Category	Men+	Women+	Total
Age	Mean years	62.3 (61.3, 63.3)	58.4 (57.3, 59.5)	61.7 (60.8, 62.6)
Percentage by Category		(%)	(%)	(%)
Age Group	<35 35-49 50-64 65-79 80+	5.9 (4.5, 7.9) 13.6 (11.5, 16.1) 36.1 (33.1, 39.2) 30.5 (27.7, 33.5) 13.8 (11.9, 15.9)	4.8 (3.3, 7.0) 19.7 (16.5, 23.3) 46.1 (42.2, 50.0) 20.3 (17.5, 23.5) 9.1 (7.2, 11.3)	5.8 (4.5, 7.4) 14.5 (12.6, 16.7) 37.6 (35.0, 40.3) 29.0 (26.6, 31.5) 13.1 (11.5, 14.9)
Indigenous Identity	Indigenous*	3.8 (3.3, 4.4)	6.4 (4.9, 8.4)	4.2 (3.7, 4.8)
Visible Minority	Visible minority	3.8 (3.3, 4.4)	6.1 (4.5, 8.4)	4.1 (3.6, 4.7)
Citizenship	Citizen by birth** Immigrant***	91.2 (89.5, 92.7) 8.8 (7.3, 10.5)	91.4 (88.7, 93.5) 8.6 (6.5, 11.3)	91.3 (89.8, 92.5) 8.7 (7.5, 10.2)
Lang. first learned & still understood	Eng./Eng. & Other Fr./Fr. & Other Eng. & Fr. Other	69.9 (66.7, 72.9) 23.9 (21.0, 27.0) 1.3 (0.7, 2.5) 4.9 (3.9, 6.1)	71.6 (67.8, 75.1) 23.0 (19.7, 26.6) 0.6 (0.2, 1.5) 4.8 (3.4, 6.8)	70.1 (67.4, 72.7) 23.8 (21.3, 26.4) 1.2 (0.7, 2.2) 4.9 (4.0, 6.0)
Sexual Orientation	Heterosexual 2SLGBTQI+	96.8 (95.5, 97.8) 3.2 (2.2, 4.5)	91.3 (88.5, 93.4) 8.7 (6.6, 11.5)	96.0 (94.8, 96.9) 4.0 (3.1, 5.2)
Highest Education	< High school High school Post secondary-<Bachelor's deg. Bachelor's deg. or higher	10.7 (8.9, 12.7) 26.2 (23.5, 29.1) 39.9 (36.8, 43.0) 23.3 (20.8, 26.0)	3.6 (2.4, 5.2) 27.6 (24.2, 31.2) 36.8 (33.1, 40.6) 32.1 (28.6, 35.9)	9.6 (8.1, 11.4) 26.4 (24.0, 28.9) 39.4 (36.8, 42.1) 24.6 (22.4, 27.0)

*First Nations, Metis, Inuk
**Non-immigrant
***Landed immigrant or by naturalization

Military Characteristics

The average age at which Veterans were released from the military was 44.7 years old, but nearly half (46.3%) were released when they were between 20 and 29 years old.

Over half of Veterans (52.8%) served in the Regular Forces only. This was more common among men+ Veterans (54.9%), than among women+ Veterans (41%). Nearly half of women+ Veterans (48.4%) served only in the Reserve Forces compared to approximately a third of men+ Veterans (33.9%).

Veterans had, in general, been released from the military for quite some time, with 69.6% of Veterans being released for 20 or more years.

Table 3. Military Characteristics by Gender

| Indicator	Category	Men+	Women+	Total
Age at Release	Mean years	44.7 (37.1, 52.3)	44.7 (36.2, 53.2)	44.7 (38.2, 51.3)
Percentage by Category		(%)	(%)	(%)
Age Group at Release	<20	15.5 (13.3, 18.1)	11.1 (8.8, 14.1)	14.9 (12.9, 17.1)
	20-29	45.4 (42.2, 48.5)	51.4 (47.4, 55.3)	46.3 (43.5, 49.0)
	30-39	13.4 (11.3, 15.9)	14.8 (12.2, 17.8)	13.6 (11.8, 15.7)
	40-49	14.1 (12.1, 16.4)	12.9 (10.5, 15.8)	13.9 (12.2, 15.9)
	50+	11.6 (9.8, 13.6)	9.8 (7.7, 12.3)	11.3 (9.7, 13.1)
Service Type	Regular Force only	54.9 (51.7, 58.0)	41.0 (37.3, 44.9)	52.8 (50.0, 55.5)
	Reserves only	33.9 (30.9, 36.9)	48.4 (44.5, 52.4)	36.1 (33.5, 38.7)
	Multiple service types	11.1 (9.3, 13.2)	10.4 (8.2, 13.0)	11.0 (9.4, 12.8)
	Ranger only	0.2 (0.0, 0.7)	0.2 (0.0, 0.9)	0.2 (0.1, 0.6)
Years Since Release	<5	6.8 (5.3, 8.8)	7.4 (5.5, 9.8)	6.9 (5.5, 8.6)
	5-9	8.7 (7.0, 10.8)	10.5 (8.3, 13.3)	9.0 (7.4, 10.8)
	10-14	7.6 (6.0, 9.5)	9.3 (7.1, 12.0)	7.8 (6.5, 9.5)
	15-19	6.6 (5.2, 8.4)	7.4 (5.6, 9.9)	6.7 (5.5, 8.2)
	20-29	15.9 (13.8, 18.4)	19.4 (16.4, 22.8)	16.5 (14.5, 18.6)
	30-39	18.1 (15.8, 20.7)	21.8 (18.8, 25.2)	18.7 (16.6, 20.9)
	40-49	16.6 (14.4, 19.1)	13.2 (10.8, 16.0)	16.1 (14.2, 18.2)
	50+	19.6 (17.3, 22.2)	11.0 (8.9, 13.5)	18.3 (16.3, 20.5)

Health

According to the World Health Organization, health is a state of complete physical, mental, and social well-being, not merely characterized by the absence of disease or infirmity. The Canadian Veteran Health Survey contains questions on multiple aspects of health.

Self-Rated Health

When it comes to rating their own health, 39.6% of Veterans rate theirs as very good or excellent compared to 48.9% of age/gender standardized Canadians (see Appendix 2), while 27.1% rate their health as fair or poor (Figure 2) compared to 17.9% of Canadians (see Appendix 2). A larger proportion of Veterans rate their mental health as very good or excellent (49.1%) which is lower than the proportion of age/gender standardized Canadians who do so (60.4%, see Appendix 2). By contrast, over one-fifth of Veterans (21.1%) rate their mental health as fair or poor, higher than the 10.9% of Canadians who do so (see Appendix 2).

Figure 2: Veterans' Self-Rated Health and Mental Health (CVHS 2022)
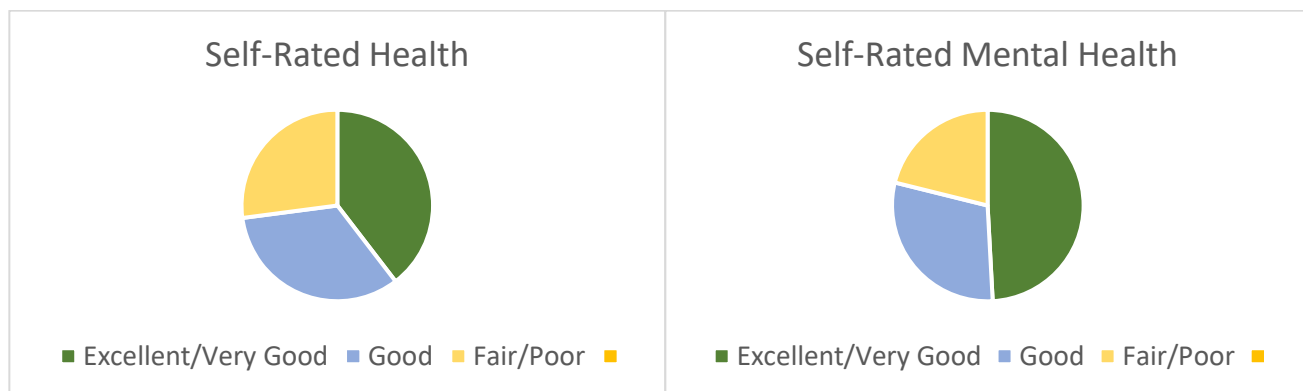
The impact of Covid-19 has been felt here in Canada and around the world. For the first time, Veterans were asked to rate their mental health as compared to before the pandemic. Almost a quarter (23.9%) indicated that their mental health was worse now than before the pandemic. On the other hand, 12.8% responded that their mental health had improved, while the majority (63.3%) felt there was no change. Women+ Veterans were more likely to rate their mental health as worse now (29.5%) compared to men+ Veterans (22.9%).

Table 4. Self-Rated Health by Gender

Indicator	Category	Men+	Women+	Total
Age	Mean years	62.3 (61.3, 63.3)	58.4 (57.3, 59.5)	61.7 (60.8, 62.6)
Percentage by Category		(%)	(%)	(%)
Self-Rated Health	Excellent/very good	39.0 (35.9, 42.1)	43.2 (39.3, 47.1)	39.6 (36.9, 42.3)
	Good	33.7 (30.8, 36.8)	31.0 (27.5, 34.8)	33.3 (30.8, 36.0)
	Fair/poor	27.3 (24.6, 30.2)	25.8 (22.6, 29.4)	27.1 (24.8, 29.6)
Self-Rated Mental Health	Excellent/very good	49.8 (46.6, 53.0)	45.6 (41.7, 49.5)	49.1 (46.4, 51.9)
	Good	29.7 (26.9, 32.7)	29.7 (26.3, 33.5)	29.7 (27.3, 32.3)
	Fair/poor	20.5 (18.1, 23.1)	24.7 (21.4, 28.2)	21.1 (19.0, 23.4)
Mental health now compared to before pandemic	Much/somewhat better	12.1 (10.2, 14.4)	16.2 (13.4, 19.3)	12.8 (11.1, 14.7)
	About the same	65.0 (61.9, 67.9)	54.3 (50.4, 58.2)	63.3 (60.6, 65.9)
	Much/somewhat worse	22.9 (20.3, 25.7)	29.5 (26.1, 33.3)	23.9 (21.6, 26.3)

Health Conditions

The most common health conditions among Veterans are back problems (43.2%) and arthritis (40.8%). Both conditions are more common among Veterans than among the age/gender standardized Canadian population (back problems and arthritis both 28.0%, see Appendix 2). About one-third of Veterans (34.5%) experience high blood pressure, which is more common among men+ Veterans (36%) than women+ Veterans (25.9%) (see Figure 3). Diabetes is also more common among men+ Veterans (15.0%) than women+ Veterans (9.7%).

Figure 3: Veterans' Most Common Health Conditions (CVHS 2022)

Men+ Veterans
Most Common Conditions

■ Back   ■ Arthritis   ■ High BP   ■ Anxiety

Women+ Veterans
Most Common Conditions

■ Arthritis   ■ Back   ■ High BP   ■ Anxiety
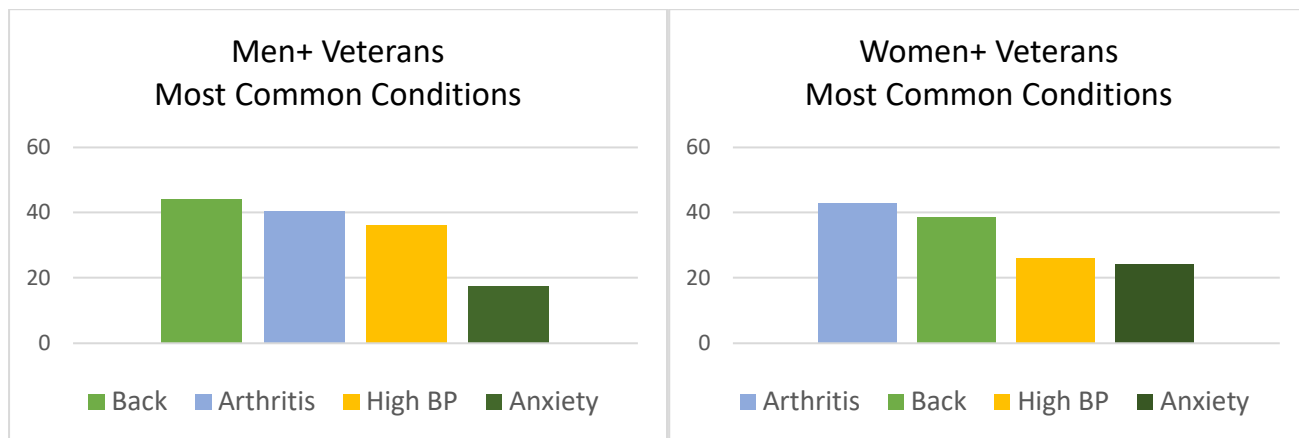
Women+ Veterans are more likely to report mood disorders than men+ Veterans; 23.7% compared to 16.8%, respectively. Women+ Veterans are also more likely to report anxiety (24.1%) than men+ Veterans (17.4%); and 16.3% of Veterans reported experiencing Post Traumatic Stress Disorder (PTSD). Anxiety and mood disorders are more common among Veterans than among the age/gender standardized Canadian population (anxiety 18.4% vs 9.9%, mood disorder 17.9% vs 9%, see Appendix 2).

Nearly half of Veterans (44.2%) are living with pain, with 10.9% of Veterans reporting that pain limits most of their activities.

One in five Veterans (20.2%) have experienced suicidal ideation in their lifetime, and 5.8% of Veterans reported suicidal ideation in the past 12 months.

Table 5. Health Indicators by Gender

Indicator	Category	Men+	Women+	Total
Age	Mean years	62.3 (61.3, 63.3)	58.4 (57.3, 59.5)	61.7 (60.8, 62.6)
Percentage with Condition		(%)	(%)	(%)
Condition	High blood pressure	36.0 (33.0, 39.1)	25.9 (22.6, 29.4)	34.5 (31.9, 37.1)
	Heart disease	14.0 (12.1, 16.3)	6.2 (4.6, 8.1)	12.8 (11.1, 14.8)
	Effects of a stroke	3.6 (2.7, 4.9)	2.6 (1.7, 4.0)	3.5 (2.6, 4.6)
	Arthritis	40.4 (37.4, 43.5)	43.0 (39.2, 46.9)	40.8 (38.2, 43.5)
	Back problems	44.0 (40.9, 47.2)	38.5 (34.7, 42.4)	43.2 (40.5, 46.0)
	Diabetes	15.0 (12.9, 17.3)	9.7 (7.6, 12.3)	14.2 (12.4, 16.1)
	Cancer in lifetime	15.8 (13.7, 18.1)	12.7 (10.4, 15.4)	15.3 (13.5, 17.3)
	Osteoporosis	6.2 (4.9, 7.9)	13.5 (11.0, 16.3)	7.3 (6.1, 8.7)
	Fibromyalgia	1.6 (1.0, 2.5)	6.3 (4.6, 8.4)	2.3 (1.7, 3.1)
	Chronic fatigue syndrome	2.6 (1.8, 3.9)	1.4 (0.8, 2.7)	2.4 (1.7, 3.5)
	Multiple chemical sensitivities	2.1 (1.4, 3.2)	2.9 (1.9, 4.4)	2.2 (1.6, 3.1)
	Alzheimer's/other dementia	2.3 (1.5, 3.4)	1.3 (0.6, 2.6)	2.1 (1.5, 3.0)
	Obese	29.4 (26.5, 32.4)	31.3 (27.7, 35.1)	29.7 (27.2, 32.3)
	Mood disorder	16.8 (14.6, 19.3)	23.7 (20.5, 27.2)	17.9 (15.9, 20.0)
	Anxiety	17.4 (15.1, 19.9)	24.1 (20.9, 27.7)	18.4 (16.4, 20.6)
	PTSD	16.1 (13.9, 18.6)	17.7 (14.8, 20.9)	16.3 (14.4, 18.5)
Pain	Yes, to pain	43.6 (40.5, 46.8)	47.0 (43.1, 50.9)	44.2 (41.4, 46.9)
Number of activities prevented by pain	Most	11.3 (9.5, 13.4)	8.8 (6.8, 11.2)	10.9 (9.4, 12.7)
	Some	13.2 (11.2, 15.5)	17.0 (14.3, 20.1)	13.8 (12.1, 15.7)
	A few	12.3 (10.3, 14.5)	15.7 (13.0, 18.8)	12.8 (11.1, 14.7)
	None (includes no pain)	63.2 (60.1, 66.2)	58.5 (54.6, 62.3)	62.5 (59.8, 65.1)
Suicidal Ideation	12-Month Ideation	5.8 (4.4, 7.5)	5.7 (4.1, 7.8)	5.8 (4.6, 7.2)
	Lifetime Ideation	19.3 (16.8, 22.1)	25.5 (22.1, 29.2)	20.2 (18.0, 22.6)

Smoking, Drinking, Cannabis Use

Approximately one in ten Veterans (11.9%) are daily smokers, and 22.7% can be classified as heavy drinkers.

More than a quarter of Veterans (27%) have used cannabis in the past year; 10.4% use cannabis daily or almost daily. Among age/gender standardized Canadians, cannabis use is less common with 18.2% reporting cannabis use in the past year and 5.7% reporting daily or almost daily use (see Appendix 2).

Men+ and women+ Veterans do not display significant differences in their rates of smoking, heavy drinking, or cannabis use.

Table 6. Smoking and Drinking Behaviours by Gender

Indicator	Category	Men+ (%)	Women+ (%)	Total (%)
Daily Smoker	Daily smoker	12.2 (10.3, 14.5)	9.9 (7.8, 12.6)	11.9 (10.2, 13.8)
Heavy Drinker	Heavy drinker	23.3 (20.6, 26.1)	19.5 (16.5, 22.8)	22.7 (20.4, 25.2)
Cannabis Use – Past Year	Used Cannabis <u>How Often:</u>	26.9 (24.1, 29.8)	28.0 (24.6, 31.7)	27.0 (24.6, 29.6)
	< Once a month	7.8 (6.2, 9.7)	9.4 (7.3, 12.0)	8.0 (6.6, 9.7)
	1-3 times a month	2.1 (1.4, 3.2)	3.3 (2.1, 5.2)	2.3 (1.7, 3.2)
	Once a week	2.0 (1.2, 3.2)	1.8 (1.0, 3.2)	2.0 (1.3, 3.0)
	>Once a week	4.3 (3.1, 5.9)	2.6 (1.6, 4.2)	4.0 (3.0, 5.4)
	Daily/almost daily	10.3 (8.5, 12.5)	10.7 (8.5, 13.4)	10.4 (8.8, 12.2)
	No usage	73.4 (70.5, 76.2)	72.2 (68.5, 75.7)	73.3 (70.7, 75.7)
Purpose for consuming cannabis	Non-medical only	9.7 (7.8, 11.9)	8.3 (6.3, 10.9)	9.5 (7.9, 11.4)
	Medical only	9.3 (7.6, 11.2)	10.8 (8.6, 13.5)	9.5 (8.1, 11.2)
	Both medical/non-medical	7.2 (5.7, 9.0)	7.8 (5.9, 10.2)	7.3 (5.9, 8.9)
	No usage	73.9 (70.9, 76.6)	73.0 (69.4, 76.4)	73.7 (71.2, 76.1)

Difficulty with Daily Functioning

In the CVHS 2022, Veterans were asked about their ability to do different activities, including: seeing; hearing; walking or climbing steps; remembering or concentrating; performing self-care; and communicating in their usual language. Available responses to these questions were as follows: no difficulty with these functions; some difficulty; a lot of difficulty; or they could not perform the function at all.

Most Veterans reported no difficulty with communicating (89.8%) or with self-care (85.2%) though the proportion of age/gender standardized Canadians who reported no difficulty was even higher at 95.1% for communicating and 94.1% for self-care (see Appendix 2).

Over a quarter of Veterans (28.5%) experienced at least some difficulty seeing, even while wearing glasses compared to 16.8% of Canadians (see Appendix 2); 36.6% reported at least some difficulty hearing, even with a hearing aid compared to 20.2% of Canadians (see Appendix 2). Men+ Veterans were much more likely to report difficulty hearing than women+ Veterans (38.9% vs. 23.1%).

More than a third of Veterans had at least some difficulty with remembering or concentrating (39.4%), and a similar level of difficulty was reported with walking or climbing steps (39.2%). Fewer Canadians reported at least some difficulty with remembering or concentrating (22.9%) or walking or climbing steps (23.8%, see Appendix 2).

Table 7. Difficulty with Functioning by Gender

Indicator *Difficulty with:*	Category	Men+ (%)	Women+ (%)	Total (%)
Seeing even with glasses	None	71.6 (68.7, 74.3)	70.8 (67.2, 74.2)	71.5 (69.0, 73.9)
	Some	25.7 (23.0, 28.5)	26.9 (23.6, 30.4)	25.8 (23.6, 28.3)
	A lot/can't do	2.7 (1.9, 3.9)	2.3 (1.4, 3.7)	2.7 (2.0, 3.6)
Hearing even with hearing aid	None	61.1 (58.0, 64.1)	76.9 (73.4, 80.0)	63.5 (60.8, 66.1)
	Some	31.8 (29.0, 34.8)	19.5 (16.6, 22.8)	30.0 (27.5, 32.5)
	A lot/can't do	7.1 (5.7, 8.8)	3.6 (2.4, 5.4)	6.6 (5.4, 8.0)
Walking/ climbing steps	None	60.6 (57.5, 63.6)	61.6 (57.7, 65.3)	60.7 (58.0, 63.4)
	Some	26.6 (23.9, 29.5)	26.7 (23.4, 30.3)	26.6 (24.3, 29.1)
	A lot/can't do	12.8 (10.9, 15.0)	11.7 (9.5, 14.3)	12.6 (11.0, 14.5)
Remembering/ concentrating	None	61.1 (58.0, 64.2)	57.9 (54.0, 61.7)	60.6 (57.9, 63.3)
	Some	30.8 (28.0, 33.8)	35.0 (31.4, 38.8)	31.5 (29.0, 34.1)
	A lot/can't do	8.0 (6.4, 9.9)	7.1 (5.4, 9.3)	7.9 (6.5, 9.5)
Self-care	None	85.0 (82.6, 87.2)	85.9 (82.9, 88.4)	85.2 (83.1, 87.0)
	Some	12.3 (10.3, 14.6)	10.4 (8.2, 13.1)	12.0 (10.3, 14.0)
	A lot/can't do	2.7 (1.8, 3.8)	3.7 (2.5, 5.4)	2.8 (2.1, 3.8)
Communicating in own language	None	89.4 (87.4, 91.2)	91.8 (89.5, 93.7)	89.8 (88.0, 91.4)
	Some	9.4 (7.7, 11.3)	7.3 (5.6, 9.5)	9.1 (7.6, 10.7)
	A lot/can't do	1.2 (0.6, 2.3)	0.9 (0.4, 1.9)	1.1 (0.6, 2.0)

Vaccinations

Most Veterans (97.1%) have received at least one dose of a vaccine for Covid-19. Far fewer have received a flu shot in the past year; slightly over half of Veterans have done so (52.6%).

Table 8. Vaccinations by Gender

Indicator	Category	Men+ (%)	Women+ (%)	Total (%)
Covid-19	At least one dose	97.1 (95.8, 97.9)	97.3 (95.6, 98.3)	97.1 (96.0, 97.9)
Flu shot - past year	Yes	52.7 (49.5, 55.9)	51.7 (47.7, 55.6)	52.6 (49.8, 55.3)

Oral Health

Over half of Veterans (52.9%) rate the health of their mouth as very good or excellent. This rate is higher among women+ Veterans (61.7%) than among men+ Veterans (51.3%). Women+ Veterans are also more likely to see a dental professional more than once a year (48.1%) than men+ Veterans (40.5%). Men+ Veterans are much more likely to see a dental professional only for emergency

Canadä

care (14.2%), as compared to 6.4% of women+ Veterans. More than one in five Veterans (21.4%) have avoided dental care in the past year due to the cost.

Table 9. Oral Health by Gender

Indicator	Category	Men+ (%)	Women+ (%)	Total (%)
Self-rated oral health	Excellent/very good Good Fair/poor	51.3 (48.2, 54.5) 29.3 (26.5, 32.3) 19.3 (17.0, 21.9)	61.7 (57.9, 65.4) 23.9 (20.8, 27.3) 14.4 (11.9, 17.3)	52.9 (50.1, 55.6) 28.5 (26.1, 31.1) 18.6 (16.6, 20.8)
Persistent or on-going mouth pain*	Often Sometimes Rarely Never	4.5 (3.3, 6.1) 11.6 (9.7, 13.8) 31.3 (28.4, 34.3) 52.7 (49.5, 55.8)	6.9 (5.1, 9.2) 14.9 (12.3, 17.8) 26.0 (22.7, 29.7) 52.2 (48.3, 56.1)	4.8 (3.8, 6.2) 12.1 (10.4, 14.0) 30.5 (28.0, 33.1) 52.6 (49.8, 55.3)
Frequency of seeing a dental professional	> Once a year** About once a year** < Once a year** Only for emergency care Never	40.5 (37.5, 43.6) 27.7 (25.0, 30.7) 9.9 (8.2, 12.0) 14.2 (12.1, 16.5) 7.6 (6.1, 9.5)	48.1 (44.2, 52.0) 32.7 (29.1, 36.5) 8.2 (6.3, 10.6) 6.4 (4.7, 8.5) 4.6 (3.2, 6.7)	41.7 (39.0, 44.4) 28.5 (26.1, 31.1) 9.7 (8.2, 11.4) 13.0 (11.2, 15.0) 7.2 (5.9, 8.8)
Avoidance of dental care due to cost**	Yes	21.6 (19.1, 24.3)	20.1 (17.1, 23.4)	21.4 (19.2, 23.7)

*past 12 months
**for checkups/treatments

Insurance

More than a third of Veterans (37.7%) have insurance for all or part of the cost of long term care, including home care. About the same proportion does not have this type of insurance (37.2%), though a larger proportion of men+ Veterans do not have insurance (38.3%) compared to women+ (31.2%).

Most Veterans (85%) have insurance for prescriptions. Nearly seven in ten Veterans (67.9%) have insurance of all or part of their dental expenses. Of those with dental insurance, more than three quarters (76.1%) have private insurance only. Less than one in five (18.3%) have public insurance only.

Canadians are less likely to have insurance than Veterans as 28.6% have insurance for all or part of the cost of long term care, 74.9% have insurance for prescriptions, and 54.8% have insurance for dental expenses (see Appendix 2).

Table 10. Insurance by Gender

Indicator	Category	Men+ (%)	Women+ (%)	Total (%)
Partial/Full Long Term Care*	Yes	38.0 (35.0, 41.2)	35.9 (32.2, 39.8)	37.7 (35.1, 40.4)
	No	38.3 (35.3, 41.4)	31.2 (27.7, 34.8)	37.2 (34.6, 39.9)
	Don't know	23.7 (21.1, 26.4)	32.9 (29.3, 36.8)	25.1 (22.8, 27.5)
Prescription	Yes	84.4 (81.9, 86.5)	88.5 (85.8, 90.7)	85.0 (82.9, 86.9)
	No	14.0 (11.9, 16.3)	10.3 (8.2, 12.8)	13.4 (11.6, 15.4)
	Don't know	1.7 (1.1, 2.6)	1.2 (0.6, 2.6)	1.6 (1.1, 2.4)
Partial/Full dental	Yes	67.0 (64.0, 70.0)	72.9 (69.3, 76.3)	67.9 (65.3, 70.5)
	No	30.2 (27.4, 33.2)	24.9 (21.6, 28.4)	29.4 (26.9, 32.0)
	Don't know	2.7 (1.9, 4.0)	2.2 (1.2, 3.9)	2.7 (1.9, 3.7)
Type of dental insurance (for those with insurance)	Public only	19.0 (16.1, 22.3)	14.6 (11.8, 18.1)	18.3 (15.8, 21.1)
	Private only	75.2 (71.7, 78.4)	80.5 (76.8, 83.8)	76.1 (73.1, 78.8)
	Public & private	4.3 (3.1, 6.1)	3.0 (1.9, 4.8)	4.1 (3.0, 5.6)
	Don't know	1.4 (0.8, 2.7)	1.8 (0.9, 3.5)	1.5 (0.9, 2.5)

*including home care

Health Services

The majority of Veterans indicated that they have a health care provider with whom they consult regularly, but 9.8% of Veterans reported that they do not have a regular health care provider.

About three quarters of Veterans (72.7%) responded that they regularly consult a family doctor. Veterans are also in regular consultation with other types of health care providers, such as medical specialists (8.1%) and nurse practitioners (3.8%).

Table 11. Regularly Consult with Health Care Provider by Gender

Indicator	Category	Men+ (%)	Women+ (%)	Total (%)
Regularly Consulted Health Care Provider	Family doctor	73.6 (70.7, 76.3)	67.7 (63.9, 71.3)	72.7 (70.2, 75.1)
	Medical specialist*	8.1 (6.6, 10.0)	7.8 (6.0, 10.2)	8.1 (6.7, 9.7)
	Nurse practitioner	3.4 (2.4, 4.9)	5.9 (4.4, 8.0)	3.8 (2.9, 5.0)
	Other**	4.8 (3.6, 6.4)	9.9 (7.7, 12.7)	5.6 (4.5, 7.0)
	No regular health care provider	10.0 (8.2, 12.2)	8.6 (6.6, 11.1)	9.8 (8.2, 11.7)

* cardiologist, pediatrician, oncologist
** chiropractor, psychologist

Employment and Main Activity

As the average age of leaving the Canadian Forces was 44.7 years old, many Veterans have transitioned to other employment after their time in the military.

Employment

About four in ten (42.3%) of Veterans reported that they had worked at a job or business in the past week compared to 47.2% of age/gender standardized Canadians (see Appendix 2). The employment rate (for those aged less than or equal to 75 years old) was similar for women+ Veterans (58%) and men+ Veterans (55.9%).

Few Veterans were self-employed, with 6.5% of them reporting that they worked for themselves. More age/gender standardized Canadians reported self-employment at 11.0% (see Appendix 2). A significantly higher proportion of Veterans were employees; 44.5% of women+ and 36.7% of men+ respectively.

Veterans were more likely to be working full-time (38.9%) than part-time (6.3%). Veterans were less likely to be working full-time than age/gender standardized Canadians (43.5%, see Appendix 2). Men+ Veterans were over 8 times as likely to be working full-time compared to part-time, while women+ Veterans were about 4 times as likely to work full-time.

Work stress is quite a bit or extremely high for 26.2% of Veterans. A slightly higher proportion (29.1%) reported work to be not at all or not very stressful.

Table 12. Employment by Gender

Indicator	Category	Men+ (%)	Women+ (%)	Total (%)
Worked at Job/Business*	Yes	41.4(38.3, 44.6)	47.6 (43.7, 51.6)	42.3 (39.6, 45.1)
	No	30.1 (27.3, 33.0)	31.7 (28.2, 35.4)	30.3 (27.9, 32.9)
	Permanently unable to work	7.0 (5.5, 8.8)	8.5 (6.5, 11.0)	7.2 (5.9, 8.8)
	Valid skip**	21.6 (19.2, 24.1)	12.2 (10.0, 14.8)	20.2 (18.1, 22.4)
Employment Rate (age<=75 only)	Employed (includes those who had a job but were absent in past week)	55.9 (52.3, 59.5)	58.0 (53.8, 62.1)	56.3 (53.2, 59.3)
Employed/ Self-Employed	Employee	36.7 (33.6, 39.8)	44.5 (40.6, 48.5)	37.8 (35.2, 40.6)
	Self-employed	6.6 (5.2, 8.4)	6.0 (4.4, 8.2)	6.5 (5.3, 8.0)
	Working in family business without pay	0.5 (0.2, 1.2)	0.3 (0.1, 1.1)	0.5 (0.2, 1.1)
	Valid skip***	56.2 (53.0, 59.4)	49.2 (45.2, 53.1)	55.2 (52.4, 57.9)
Full/Part-Time	Full-time	38.6 (35.5, 41.8)	40.7 (36.8, 44.6)	38.9 (36.2, 41.7)
	Part-time	5.5 (4.2, 7.0)	10.8 (8.6, 13.6)	6.3 (5.1, 7.6)
	Valid skip***	56.0 (52.8, 59.1)	48.5 (44.6, 52.4)	54.8 (52.1, 57.6)
Worked more than one job*	Yes	4.2 (3.1, 5.6)	5.0 (3.4, 7.1)	4.3 (3.3, 5.5)
Work Stress (among those who work)	Not at all/not very	29.1 (24.9, 33.8)	29.1 (23.8, 34.9)	29.1 (25.4, 33.1)
	A Bit	46.1 (41.3, 51.0)	37.6 (32.2, 43.3)	44.7 (40.6, 48.9)
	Quite a bit/extremely	24.8 (20.8, 29.2)	33.4 (28.1, 39.1)	26.2 (22.7, 30.0)

* in last week
** age>75
*** age>75 or not working

Main Activity

Veterans are engaged in various activities with almost half of Veterans (45.3%) reporting that work was their main activity over the past 12 months. Almost as many were retired (43.6%), though fewer women+ Veterans than men+ were retired; 37.6% compared to 44.7%, respectively. Approximately one in twenty Veterans (5.3%) were experiencing a long-term illness. Caregiving or volunteering was reported as the main activity for 2.9% of Veterans (see Figure 4 below). The proportion who reported caregiving or volunteering as their main activity was not significantly different between men+ and women+ Veterans.

Figure 4: Veterans' Main Activity in Past 12 Months (CVHS 2022)

Main Activity in Past 12 Months

■ Work ■ Retired ■ Illness ■ Caregiving ■ Other
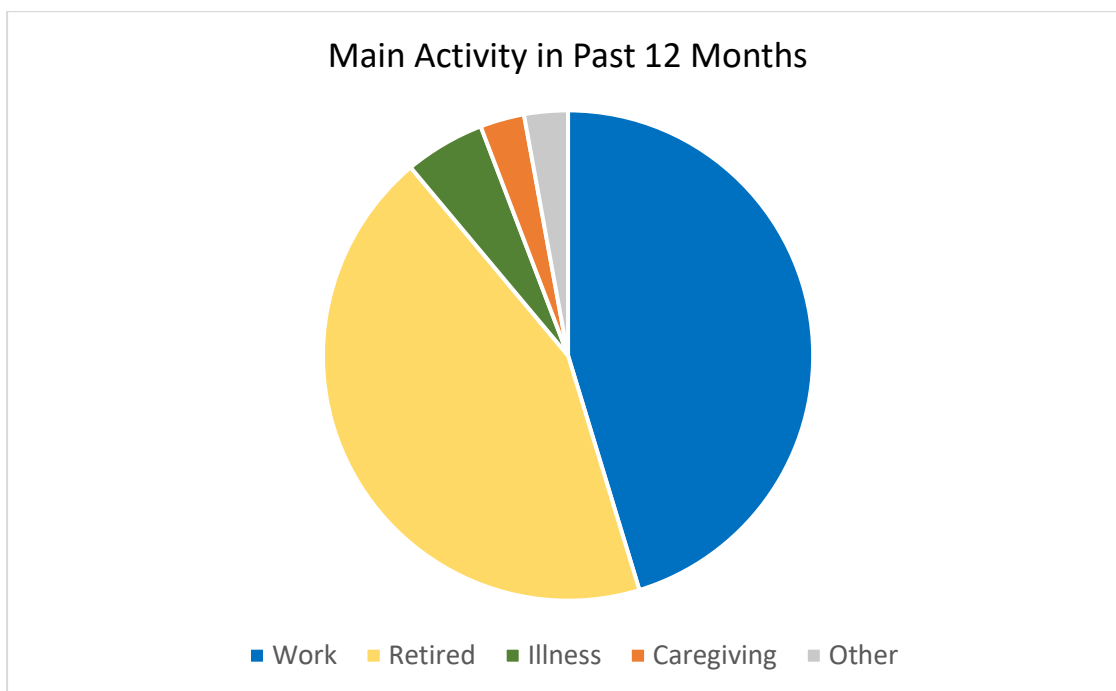
Three quarters (75.4%) of Veterans were satisfied or very satisfied with their main activity over the past 12 months. Not surprisingly, satisfaction with main activity was highest among those who were working (81.1%) or retired (78.8%), and lowest among those who were experiencing a long-term illness (13.5%).

Table 13. Main Activity by Gender

Indicator	Category	Men+ (%)	Women+ (%)	Total (%)
Main Activity – Past 12 Months	Working	44.7 (41.6, 47.9)	48.7 (44.8, 52.6)	45.3 (42.6, 48.1)
	Retired	44.7 (41.6, 47.8)	37.6 (34.0, 41.4)	43.6 (40.9, 46.3)
	Looked for work	1.2 (0.6, 2.2)	0.1 (0.0, 1.0)	1.0 (0.5, 1.9)
	Caregiving/volunteering	2.5 (1.6, 3.8)	5.0 (3.6. 7.1)	2.9 (2.1, 4.0)
	Long-term illness	5.2 (3.9, 6.8)	6.1 (4.5, 8.2)	5.3 (4.2, 6.7)
	School	0.9 (0.4, 1.8)	1.3 (0.6, 2.8)	0.9 (0.5, 1.7)
	Other	0.8 (0.4, 1.6)	1.1 (0.5, 2.1)	0.9 (0.5, 1.5)
Satisfaction with Main Activity	Very satisfied/satisfied	75.3 (72.4, 77.9)	76.3 (72.7, 79.5)	75.4 (73.0, 77.7)
	Neither	15.9 (13.7, 18.4)	14.8 (12.2, 17.8)	15.7 (13.8, 17.8)
	Very dissatisfied/dissatisfied	8.8 (7.2, 10.8)	8.9 (6.9, 11.5)	8.8 (7.4, 10.6)

Table 14. Satisfaction with Main Activity

Main Activity in past 12 months	Satisfaction with Main Activity (%)
Working	81.1 (77.7, 84.1)
Retired	78.8 (75.3, 81.9)
Long-term illness	13.5 (7.2, 23.9)
Caregiving/volunteering	64.1 (48.4, 77.3)

Finances

Nearly forty percent of Veterans (38.9%) have household incomes of $100,000 or more. A little over a third (36.4%) have household incomes between $50,000 and $100,000. Men+ and women+ Veterans do not differ in the distribution of household income. The majority of Veterans are satisfied or very satisfied with their financial situation (61.5%), with men+ and women+ Veterans reporting similar rates.

Over 16% (16.6%) of Veterans have a household income that falls below the Low-Income Measure (LIM).

Table 15. Finances by Gender

Indicator	Category	Men+ (%)	Women+ (%)	Total (%)
Household Income	<$50,000 $50,000 to <$100,000 $100,000 to < $150,000 $150,000+	24.9 (22.2, 27.9) 37.0 (34.0, 40.2) 17.9 (15.6, 20.4) 20.2 (17.7, 22.9)	22.9 (19.7, 26.5) 33.1 (29.5, 37.0) 19.9 (16.9, 23.3) 24.0 (20.7, 27.7)	24.6 (22.3, 27.2) 36.4 (33.8, 39.2) 18.2 (16.2, 20.4) 20.7 (18.6, 23.1)
Financial Satisfaction	Very satisfied/satisfied Neither Very dissatisfied/dissatisfied	61.5 (58.4, 64.5) 19.4 (17.0, 22.0) 19.1 (16.7, 21.7)	61.8 (57.9, 65.5) 20.5 (17.5, 23.9) 17.7 (14.9, 20.9)	61.5 (58.8, 64.2) 19.5 (17.5, 21.8) 18.9 (16.8, 21.2)
Low-Income Measure (LIM)	Below LIM	16.9 (14.6, 19.5)	14.5 (11.9, 17.5)	16.6 (14.5, 18.8)

As shown in Figure 5 below, those who reported their main activity in the past 12 months as working were much less likely to be below the Low-Income Measure (8.6%) than those who were either retired (21.7%), experiencing a long-term illness (26.8%), or caregiving or volunteering (28.1%).

Figure 5: Below LIM by Main Activity (CVHS 2022)

Below LIM by Main Activity in Past 12 Months
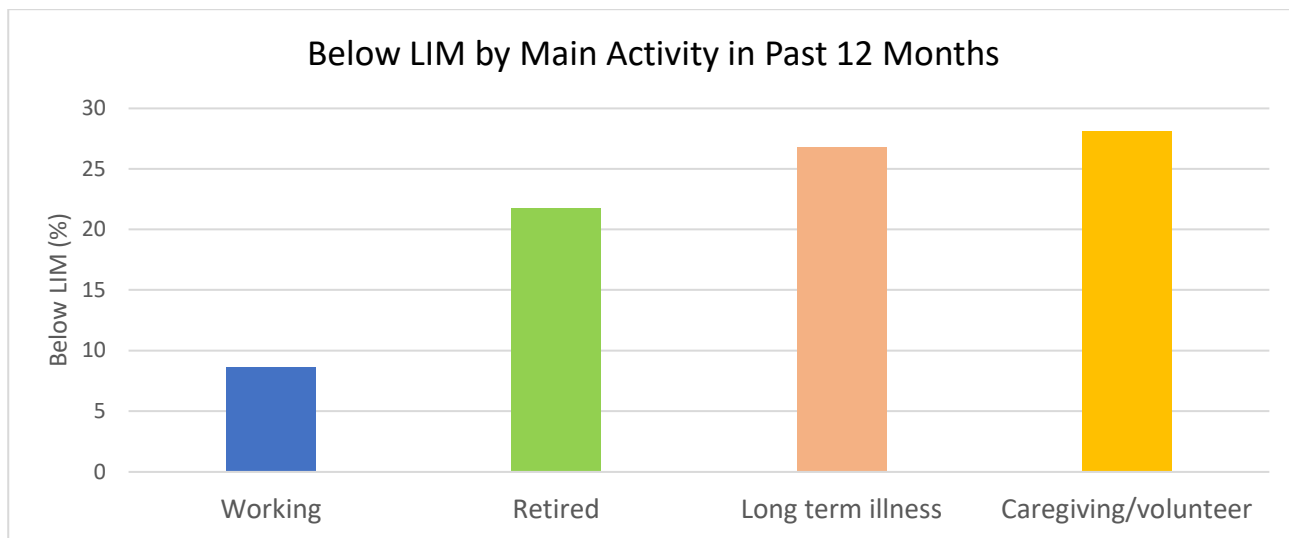
Table 16. Below LIM by Main Activity

Main Activity in past 12 months	Below LIM (%)
Working	8.6 (6.5, 11.3)
Retired	21.7 (18.5, 25.3)
Long-term illness	26.8 (17.3, 39.1)
Caregiving/volunteering	28.1 (13.8, 48.8)

Social Indicators

Most Veterans are satisfied with their lives, 77.9%, though this is lower than the proportion of Canadians who report being satisfied with their lives (86.7% see Appendix 2). Over three quarters of both men+ Veterans (77.7%) and women+ Veterans (79.1%) report being satisfied or very satisfied with their lives. Over half (58.9%) feel a strong or somewhat strong sense of belonging to their community, with rates being similar for men+ Veterans (59.2%) and women+ Veterans (57.3%). Among age/gender standardized Canadians, two-thirds (66.0%, see Appendix 2) report a strong or very strong sense of community belonging.

Women+ Veterans are reporting more stress in their lives than men+ Veterans. Nearly 3 in 10 women+ Veterans (27.6%) indicated that life was quite a bit or extremely stressful compared to 20.6% of men+ Veterans. Similarly, women+ Veterans were less likely to report that life was not at all or not very stressful; 32.8% compared to 41% of men+ Veterans.

Almost one quarter of Veterans (23.7%) have a high sense of mastery over their lives, with women+ and men + Veterans reporting similar rates of high mastery (24.8% and 23.5% respectively).

One in ten Veteran households (10.2%) are moderately or severely food insecure. Severe household food insecurity was reported by similar proportions of men+ and women+ Veterans, 4.2% and 5.4%, respectively.

Table 17. Social Indicators by Gender

Indicator	Category	Men+ (%)	Women+ (%)	Total (%)
Life Satisfaction	Very satisfied/satisfied	77.7 (75.0, 80.3)	79.1 (75.7, 82.2)	77.9 (75.6, 80.1)
	Neither	9.2 (7.5, 11.2)	11.0 (8.8, 13.7)	9.5 (8.0, 11.2)
	Very dissatisfied/dissatisfied	13.0 (11.1, 15.3)	9.9 (7.7, 12.6)	12.6 (10.8, 14.5)
Community Belonging	Strong	59.2 (56.0, 62.3)	57.3 (53.4, 61.2)	58.9 (56.2, 61.6)
	Weak	40.8 (37.7, 44.0)	42.7 (38.8, 46.6)	41.1 (38.4, 43.8)
Life Stress	Not at all/not very	41.0 (37.9, 44.1)	32.8 (29.3, 36.6)	39.7 (37.1, 42.5)
	A Bit	38.4 (35.4, 41.6)	39.6 (35.8, 43.4)	38.6 (36.0, 41.3)
	Quite a bit/extremely	20.6 (18.2, 23.3)	27.6 (24.2, 31.3)	21.7 (19.5, 24.0)
Mastery	High	23.5 (20.9, 26.3)	24.8 (21.5, 28.3)	23.7 (21.4, 26.1)
	Middle	74.1 (71.3, 76.8)	73.8 (70.2, 77.1)	74.1 (71.6, 76.4)
	Low	2.3 (1.6, 3.5)	1.5 (0.8, 2.7)	2.2 (1.5, 3.2)
Household Food Security (Past 12 Months)	Food secure	86.5 (84.2, 88.5)	84.5 (81.4, 87.2)	86.2 (84.2, 88.0)
	Marginally food insecure	3.4 (2.4, 4.7)	4.7 (3.3, 6.7)	3.6 (2.7, 4.7)
	Moderately food insecure	6.0 (4.6, 7.7)	5.4 (3.9, 7.6)	5.9 (4.7, 7.4)
	Severely food insecure	4.2 (3.1, 5.6)	5.4 (3.8, 7.5)	4.3 (3.4, 5.6)

Appendix 1. Definitions of CVHS 2022 Indicators of Well-being

Indicator	Definition
Demographics	
Age	Age at survey.
Sex	Sex at birth - male or female.
Gender	Current gender (may identify as different from sex at birth or legal documents) – male, female, other gender identity.
Sexual orientation	What is your sexual orientation? Heterosexual, lesbian or gay, bisexual, other – specify (2SLGBTQI+)
Highest education	What is the highest certificate, diploma, or degree that you have <u>completed</u>? Less than high school; High school or equivalent; Post-secondary graduate (Trade certificate; College/CEGEP diploma; University certificate); University degree (Bachelor or above).
Place of birth	Canada (indicate province or territory); Outside Canada (specify the country).
Immigration	If born outside Canada, in what year did you first come to Canada to live? Are you now, or have you ever been a landed immigrant? In what year did you first become a landed immigrant?
Citizenship	Of what country are you a citizen?
Indigenous identity	Are you First Nations, Métis, or Inuk (Inuit)?
Sociodemographic characteristics/ Visible minority	Are you: White South Asian Chinese Black Filipino Arab Latin American Southeast Asian West Asian Korean Japanese Other
Language	Can you speak English or French well enough to conduct a conversation? Language spoken most often at home and language that you first learned at home in childhood and still understand.
Military Characteristics	

Age at release	Mean age at release.
Age at release - grouped	<20 20-29 30-39 40-49 50+
Service Type (showing multiple types)	Regular Force only Reserves only Multiple types of service Ranger only
Years since release	<5 5-9 10-14 15-19 20-29 30-39 40-49 50+

Service Type (showing multiple types)	
Self-rated health	In general, would you say your health is...? Excellent, Very, good, Good, Fair, Poor.
Self-rated mental health	In general, would you say your mental health is...? Excellent, Very good, Good, Fair, Poor.
Chronic Conditions (>6-month duration), **diabetes**	Do you have diabetes? (Include type 1, type 2, or gestational diabetes. Exclude prediabetes. When this was first diagnosed? (Age in years) Were you pregnant when you were first diagnosed with diabetes? (If yes, other than during pregnancy, has a health professional ever told you that you have diabetes?) Were you diagnosed with type 1 or type 2 diabetes? When you were first diagnosed with diabetes, how long was it before you started insulin? Are you currently taking insulin for diabetes? In the past month, did you take pills to control your blood sugar?
Chronic Conditions (>6-month duration), **cancer**	Have you ever been diagnosed with cancer? If yes, what type of cancer? Select all that apply. (breast, prostate, colorectal, skin – melanoma, skin – non-melanoma, ovarian, cervical, uterine, lung, other - specify)
Chronic Conditions (>6-month duration),	Do you have heart disease? When this was first diagnosed? (Age in years)

heart disease	Have you ever been told by a health professional that you had a heart attack?
Chronic Conditions (>6-month duration), **high blood pressure**	Do you have high blood pressure? In the past month, have you taken any medicine for high blood pressure? Have you ever been told by a health professional that your blood pressure was high? Have you ever been told by a health professional that your blood cholesterol was high?
Chronic Conditions (>6-month duration), **stroke**	Do you suffer from the effects of a stroke?
Chronic Conditions (>6-month duration), **osteoporosis**	Do you have osteoporosis?
Chronic Conditions (>6-month duration), **fibromyalgia**	Do you have fibromyalgia? If yes, how old were you when the first symptoms appeared? If yes, how old were you when this was first diagnosed?
Chronic Conditions (>6-month duration), **arthritis**	Do you have arthritis? (e.g., osteoarthritis, rheumatoid arthritis, gout. Exclude fibromyalgia.)
Chronic Conditions (>6-month duration), **back problems**	Do you have back problems? (Exclude scoliosis, fibromyalgia, and arthritis.) If yes, was this diagnosed by a health professional?
Chronic Conditions (>6-month duration), **mood disorder**	Do you have a mood disorder? (Include depression, bipolar disorder, mania, dysthymia, or manic depression).
Chronic Conditions (>6-month duration), **anxiety disorder**	Do you have an anxiety disorder? (Include phobia, panic disorder or generalized anxiety disorder. Exclude obsessive-compulsive disorder).
Chronic Conditions (>6-month duration), **PTSD**	Do you have post-traumatic stress disorder (PTSD)?
Chronic Conditions (>6-month duration), **Alzheimer's, dementia**	Do you have Alzheimer's disease or any other dementia?
Chronic Conditions (>6-month duration), **chronic fatigue syndrome**	Do you have chronic fatigue syndrome (CFS)? (Include myalgic encephalomyelitis.) If yes, how old were you when the first symptoms appeared? If yes, how old were you when this was first diagnosed?
Chronic Conditions	Do you have multiple chemical sensitivities (MCS)?

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(>6-month duration), **multiple chemical sensitivities**	If yes, how old were you when the first symptoms appeared? If yes, how old were you when this was first diagnosed?
Abilities	Do you have difficulty doing any of these activities? (no difficulty, some difficulty, a lot of difficulty, cannot do at all or unable to do) … Difficulty seeing, even if wearing glasses … Difficulty hearing, even if using a hearing aid … Difficulty walking or climbing steps … Difficulty remembering or concentrating … Difficulty with self-care … Difficulty communicating when using your usual language
Pain and discomfort	Are you usually free of pain or discomfort? How would you describe the usual intensity of your pain or discomfort? (mild, moderate, severe) How many activities does your pain or discomfort prevent? (none, a few, some, most)
Injuries in the past 12 months	In the past 12 months, have you had any of the following injuries? If yes, how many times in the past 12 months? … A head injury or concussion … A broken or fractured bone … A serious cut or puncture (exclude surgery or operation) Activities being performed when above injuries occurred Above injuries result of a fall? Health care professional consultations/hospitalization due to above injuries?
Self-rated oral health	In general, how would you rate the health of your mouth? (excellent, very good, good, fair, poor).
Oral health	Do you have at least one of your own teeth?
Oral health over past 12 months	In the **past 12 months**, how often have you had any persistent or on-going mouth pain? Include pain in teeth, gums, tongue, jaw, jaw joints. (often, sometimes, rarely, never)
Regular dental care habits	How often do you usually see a dental professional? (more than once a year, about once a year, less than once a year for check-ups and treatments, only for emergency care, never)
Last visit to dental professional	When was the last time you saw a dental professional? (less than a year ago, 1-2 years ago, 2-3 year ago, 3-4 years ago, 4-5 years ago, 5 or more years ago)
Cost of dental care	In the **past 12 months**, have you avoided going to a dental professional for your dental care due to the cost?

	In the **past 12 months**, have you avoided having any of your recommended dental treatment because of the cost? (check-ups and cleanings, fillings, root canal treatment, tooth extraction, tooth replacement or reconstruction) Are all or part of your dental expenses covered by any insurance plan or government program? (plan through employer, private plan, government paid plan, plan through college or university, don't know)
Body Mass Index (BMI)	A series of questions on self-reported weight and height are used to calculate BMI. BMI = [weight in kilograms / height in metres] SQUARED BMI categories use the international standard: Underweight (< 18.5), Normal weight (18.50 - 24.99), Overweight (25.00 - 29.99), **Obese** (30.00+).
Suicidal thoughts and attempts	Have you ever seriously contemplated suicide? Has this happened in the past 12 months? Have you ever seriously attempted suicide? Did this happen in the past 12 months?
Mental health - COVID-19	Compared to before the pandemic started, how would you say your mental health is now? (much better now, somewhat better now, about the same, somewhat worse now, much worse now).
COVID-19 precautions	Which of the following precautions are you taking to protect yourself or others against COVID-19? Select all that apply. (wash hands more frequently, wear mask in public where physical distancing is difficult, keep 2 meter or 6 foot distance from others, avoid crowds and large gatherings, avoid leaving house for non-essential reasons, work from home, use delivery or curb side pick-up services, self-isolate if you have symptoms, other precaution, no precaution).
COVID-19 symptoms in last 3 months	In the last 3 months, have you experienced any of the symptoms that led you to believe that you had COVID-19, such as fever, headache, sore throat, runny nose, difficulty breathing or tiredness?
Following public health recommendations (COVID-19)	While you were experiencing these symptoms, did you follow public health recommendations, such as self-isolating and wearing a mask if you had to go out in public?
COVID-19 vaccination	Have you been vaccinated against COVID-19?
Type of COVID-19 vaccination	Does the vaccine you received require one or two doses?
COVID-19 vaccine doses at survey	How many doses of the COVID-19 vaccine have you received so far? (1-4+ doses).
Main reason for not vaccinating against COVID-19	What is the main reason why you haven't been vaccinated against COVID-19?
Reasons for not wanting to vaccinate against COVID-19	Why don't you want to be vaccinated against COVID-19? Select all that apply.

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Likelihood of getting COVID-19 vaccine	How likely is it that you would get a COVID-19 vaccine? Very/somewhat likely, very/somewhat unlikely.
Main reason for not receiving second dose of COVID-19 vaccine	What is the main reason why you haven't received your second dose?
Likelihood of getting second dose of COVID-19 vaccine	How likely is it that you would get your second dose? Very/somewhat likely, very/somewhat unlikely
Likelihood of getting COVID-19 boosters	If an additional dose of the COVID-19 vaccine is offered to stimulate your immune system or to fight against variants, how likely is it that you would get it? Very/somewhat likely, very/somewhat unlikely
Activities in the past 12 months - use of protective equipment	In the **past 12 months**, have you participated in any of these activities? (select all that apply) – bicycling, in-line skating or rollerblading, downhill skiing, snowboarding, skateboarding, playing ice hockey.
Use of protective equipment	Frequency of use of appropriate protective equipment when riding bicycle, in-line skating or rollerblading, downhill skiing, snowboarding, skateboarding, playing ice hockey.
Cigarette smoking (excludes e-cigarettes)	Ever smoke a whole cigarette? Age when smoked first cigarette. Smoked more than 100 cigarettes in your life? Number of cigarettes smoked each day.
Cigarette smoking in past 30 days	In the **past 30 days**, how often did you smoke cigarettes? (every day, less than once a day but a at least once a week, less than once a week but at least once in the past month, not at all) In the **past 30 days**, how many days #{__DT_HAVE} #{__DT_YOU1} smoked one or more cigarettes? (number of days)
Attempts to quit smoking cigarettes	In the **past 12 months**, have you made a serious attempt to stop smoking cigarettes, even if you stopped for less than a day? During the **past 12 months**, did you try to quit smoking cigarettes by **switching** to a vaping device or an e-cigarette?
Smoking – past use	Have you ever smoked cigarettes daily? When did you stop smoking? At what age did you begin to smoke cigarettes daily? When you smoked every day, how many cigarettes did you usually smoke each day? When did you stop smoking daily? Was that when you completely quit smoking? When did you stop completely?
Daily smoking	Respondent smokes at least 1 cigarette on a daily basis.
Electronic cigarettes and vaping	Have you ever tried an e-cigarette or vaping device? At what age did you first use an e-cigarette or vaping device? The last time you used an e-cigarette, did it contain nicotine? Which did you try first, an e-cigarette or vaping device or a cigarette?

Electronic cigarettes and vaping in the past 30 days	In the **past 30 days**, how often did you use an e-cigarette or vaping device? (every day, almost every day, at least once a week, at least once in the past month, never) During the **past 30 days**, how many days did you vape the following products? (an e-liquid with nicotine, an e-liquid without nicotine, an e-liquid but did not know what it contained)
Alcohol use	Have you ever had a drink in your lifetime?
Alcohol use in the past 12 months	Alcohol use in the past 12 months and frequency of alcohol use in the past 12 months.
Heavy drinking	5 or more drinks per occasion, at least monthly in the past year for men; 4 or more for women.
Medication use – pain reliever in the past 12 months	In the past 12 months, have you taken any…? … codeine products … oxycodone products … fentanyl products … opioid products
Frequency of pain reliever use in past 12 months	In the **past 12 months**, how often did you take any such pain relievers? (once or twice, 3-11 times, about once a month, 2-3 times a month, about once or twice a week, 3-4 times a week, daily or almost daily, as needed, following surgery)
Pain reliever prescription in past 12 months	Thinking about **all** the pain relievers you have taken in the **past 12 months**, were they prescribed for you? (none were prescribed, all were prescribed, some were prescribed, and others were not)
Pain reliever consumption vs. recommendations – past 12 months	In the **past 12 months**, did you take a **higher dose** of pain relievers than what was recommended? In the **past 12 months**, did you take pain relievers **more often** than what was recommended? In the **past 12 months**, did you ever take or use pain relievers for reasons other than pain relief? In the **past 12 months**, did you ever tamper with a pain reliever product before taking it?
Cannabis use	Ever used or tried cannabis, age at which cannabis was first tried, age at which cannabis use became daily or almost daily.
Cannabis use in the past 12 months	Have you used cannabis in the **past 12 months?** How often did you use cannabis in the **past 12 months**? (less than once a month, 1-3 times a month, once a week, more than once a week, daily or almost daily) In the **past 12 months**, which of the following methods did you use to consume cannabis? (smoked, vaporized, swallowed, absorbed, other)

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	In the **past 12 months**, which of the following methods did you use most often to consume cannabis? (smoked, vaporized, swallowed, absorbed, other) In the **past 12 months**, which of the following cannabis products have you used? In the **past 12 months**, for which of the following purposes have you used cannabis? (non-medical purposes only, medical purposes only, both medical and non-medical purposes) In the **past 12 months**, when you used cannabis for medical purposes, which symptoms were you using it for? (pain, nausea or vomiting, lack of appetite of weight loss, headaches or migraines, muscles spasms or seizures, anxiety or depression, symptoms of PTSD, problems sleeping, opioid withdrawal problems, other)
Cannabis use - medical documentation	Do you have a medical document from a healthcare professional to use cannabis for medical purposes?
Cannabis use - past 30 days	In the past **30 days**, on how many days did you use cannabis? (never, 1 day, 2-3 days, 1-2 days per week, 3-4 days per week, 5-6 days per week, daily)
Maternal experiences	Have you given birth in the **past 5 years**? (exclude stillbirths) Breastfeeding or giving breast milk following pregnancy in the past 5 years. Use of vitamin supplement containing: folic acid; iron. Weight changes due to pregnancy. Baby's diet and vitamin D supplementation.
Flu shots – past 12 months	In the **past 12 months**, have you had a seasonal flu vaccine? Was that this year or last year? If "no", reason(s) for not receiving flu shot vaccine in the past 12 months
Health Services	
Regular health care provider	Which of the following health care providers do you regularly consult with? (family doctor or regular practitioner, medical specialist, nurse practitioner, other, don't have a regular health care provider)
Home Care	Received any home care services, in the past 12 months, and what types of services? Length of home care services received, satisfaction, and helpfulness in allowing person(s) receiving them to stay at home.
Insurance coverage	Do you have insurance that covers all or part of the cost of your long term care, including home care? Do you have insurance that covers all or part of the cost of your prescription medications?
Prescription cost	In the past 12 months, did not fill and/or collect prescription, skipped and/or reduced dosage of medication, and/or delayed filling a prescription because of the cost of prescriptions.
Employment, Main Activity	

Main Activity	Main activity in the past 12 months: Worked at a job or ran a business; Looking for paid work; Going to school; Caring for your children; Household work; Retired; Maternity, paternity, or parental leave; Long-term illness; Volunteering or care-giving other than for your children; Other
Current educational enrollment	Currently attending a school, college, CEGEP, or university? Full time/part time?
Labour Force Status	Current status in labour force: Work at a job or business; Employee or self-employed; Absent from work? (reasons); Full time/part time employment; Place of work (at home/outside the home; Occupational information was recoded by Statistics Canada according to NAICS/NOC standards.
Employment Rate (age<=75 only)	Employed (includes those who had a job but were absent in past week).
Satisfaction with main activity	How satisfied are you with your main activity? Very satisfied, satisfied, neither satisfied nor dissatisfied, dissatisfied, very dissatisfied.
Stress at work	Amount of stress most days at work (not at all, not very, a bit, quite a bit, extremely stressful).
Finances	
Low income	Household income below the Low-Income Measure (LIM). Calculated by household size and corresponding LIM thresholds published by Statistics Canada.
Household Income	Estimate of income (before taxes) received by all household members, from all sources, for the 2021 year.
Satisfaction with finances	How satisfied are you with your financial situation? Very satisfied, satisfied, neither satisfied nor dissatisfied, dissatisfied, very dissatisfied.
Social Indicators	
Satisfaction with life	How do you feel about your life as a whole right now? (Score 0-10). Converted to very satisfied (9-10), satisfied (6-8), neither (5), dissatisfied (2-4), very dissatisfied (0-1).
Mastery	In this module, respondents are asked how much control they have over their life. Answer categories are used to produce measures or sense of mastery, that is, the extent to which individuals believe that their life-chances are under their control. For example, "*You have little control over the things that happen to you.*" strongly agree, agree, neither agree nor disagree, disagree, strongly disagree. Score 0-35 low to high.
Community belonging	How would you describe your sense of belonging to your local community? very strong/ somewhat strong; somewhat weak/ very weak
Life stress	Thinking about the amount of stress in your life, would you say that most days are...? not at all, not very, a bit, quite a bit, extremely (stressful).
Food Security	

Food security in the past 12 months	Statements requiring responses regarding food running out before having money to buy more, food not lasting and not having more money with which to purchase more, not affording to eat balanced meals, relying on only a few kinds of low-cost food, and not feeding children or not feeding children balanced meals because of unaffordability. (Often true, sometimes true, never true).
Reduced meal size – past 12 months (adults)	Frequency, in the past 12 months of reduced meal sized for adults in household because there wasn't enough money for food. (If yes, almost every month, some months but not every month, only 1 or 2 months).
Hunger – past 12 months (adults)	In the **past 12 months**, were you personally ever hungry but didn't eat because you couldn't afford enough food? In the **past 12 months**, did you personally ever lose weight because you didn't have enough money for food? In the **past 12 months**, did you or other adults in your household ever not eat for a whole day because there wasn't enough money for food?
Reduced meal size – past 12 months (children)	In the **past 12 months**, did you ever cut the size of your children's meals because there wasn't enough money for food? In the past **12 months**, did any of your children ever skip meals because there wasn't enough money for food?
Hunger – past 12 months (children)	In the **past 12 months**, were your children ever hungry but you couldn't afford more food? In the past **12 months**, did any of your children ever not eat for a whole day because there wasn't enough money for food?

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Appendix 2. CVHS 2022 with Canadian Comparators

1. Indigenous	Men+	Women+	Total
CVHS Veterans	**3.8%**	**6.4%**	**4.2%**
95% confidence interval	(3.3, 4.4)	(4.9, 8.4)	(3.7, 4.8)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	2.5%	3.0%	2.5%
CCHS 95% confidence interval	(2.2, 2.8)	(2.7, 3.3)	(2.3, 2.7)

2. Visible Minority	Men+	Women+	Total
CVHS Veterans	**3.8%**	**6.1%**	**4.1%**
95% confidence interval	(3.3, 4.4)	(4.5, 8.4)	(3.6, 4.7)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	18.3%	19.9%	18.5%
CCHS 95% confidence interval	(17.3, 19.3)	(18.9, 20.9)	(17.6, 19.4)

3.1 Citizenship - citizen by birth	Men+	Women+	Total
CVHS Veterans	**91.2%**	**91.4%**	**91.3%**
95% confidence interval	(89.5, 92.7)	(88.7, 93.5)	(89.8. 92.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	71.6%	71.3%	71.6%
CCHS 95% confidence interval	(70.4, 72.8)	(70.3, 72.3)	(70.8, 72.4)

3.2 Citizenship - immigrant	Men+	Women+	Total
CVHS Veterans	**8.8%**	**8.6%**	**8.7%**
95% confidence interval	(7.3, 10.5)	(6.5, 11.3)	(7.5, 10.2)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	28.4%	28.7%	28.4%
CCHS 95% confidence interval	(27.3, 29.5)	(27.7, 29.7)	(27.5, 29.3)

4.1 Language first learned and still understood - English or English and another language	Men+	Women+	Total
CVHS Veterans	**69.9%**	**71.6%**	**70.1%**
95% confidence interval	(66.7, 72.9)	(67.8, 75.1)	(67.4, 72.7)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	53.8%	53.3%	53.7%
CCHS 95% confidence interval	(52.8, 54.8)	(52.3, 54.3)	(52.9, 54.5)

4.2 Language first learned and still understood - French or French and another language	Men+	Women+	Total
CVHS Veterans	23.9%	23.0%	23.8%
95% confidence interval	(21.0, 27.0)	(19.7, 26.6)	(21.3, 26.4)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	21.9%	20.9%	21.8%

| CCHS 95% confidence interval | (21.4, 22.4) | (20.4, 21.4) | (21.4, 22.2) |

4.3 Language first learned and still understood - English and French no comparator in CCHS

	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
CCHS 2022 Age/Gender Standardized to CVHS Veterans			
CCHS 95% confidence interval			

4.4 Language first learned and still understood - Other language

	Men+	Women+	Total
CVHS Veterans	**4.9%**	**4.8%**	**4.9%**
95% confidence interval	(3.9, 6.1)	(3.4, 6.8)	(4.0, 6.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	24.3%	25.7%	24.5%
CCHS 95% confidence interval	(23.3, 25.3)	(24.7, 26.7)	(23.6, 25.4)

5.1 Sexual Orientation - Heterosexual

	Men+	Women+	Total
CVHS Veterans	96.8%	**91.3%**	96.0%
95% confidence interval	(95.5, 97.8)	(88.5, 93.4)	(94.8, 96.9)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	97.4%	97.3%	97.4%
CCHS 95% confidence interval	(96.9, 97.9)	(96.8, 97.8)	(96.9, 97.9)

5.2 Sexual Orientation – 2SLGBTQI+

	Men+	Women+	Total
CVHS Veterans	3.2%	**8.7%**	**4.0%**
95% confidence interval	(2.2, 4.5)	(6.6, 11.5)	(3.1, 5.2)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	2.6%	2.7%	2.6%
CCHS 95% confidence interval	(2.1, 3.1)	(2.2, 3.2)	(2.2, 3.0)

6.1 Less than High School Graduate

	Men+	Women+	Total
CVHS Veterans	**10.7%**	**3.6%**	**9.6%**
95% confidence interval	(8.9, 12.7)	(2.4, 5.2)	(8.1, 11.4)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	14.9%	10.2%	14.2%
CCHS 95% confidence interval	(14.4, 15.4)	(9.7, 10.7)	(13.8, 14.6)

6.2. High School Graduate

	Men+	Women+	Total
CVHS Veterans	26.2%	27.6%	26.4%
95% confidence interval	(23.5, 29.1)	(24.2, 31.2)	(24.0, 28.9)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	24.6%	25.5%	24.7%

CCHS 95% confidence interval	(23.7, 25.5)	(24.6, 26.4)	(24.0, 25.4)

6.3. Post Secondary < Bachelor's Degree

	Men+	Women+	Total
CVHS Veterans	**39.9%**	36.8%	**39.4%**
95% confidence interval	(36.8, 43.0)	(33.1, 40.6)	(36.8, 42.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	33.2%	35.6%	33.5%
CCHS 95% confidence interval (approximate)	(32.2, 34.2)	(34.7, 36.5)	(32.7, 34.3)

6.4. Post Secondary >=Bachelor's Degree

	Men+	Women+	Total
CVHS Veterans	**23.3%**	**32.1%**	**24.6%**
95% confidence interval	(20.8, 26.0)	(28.6, 35.9)	(22.4, 27.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	27.4%	28.7%	27.6%
CCHS 95% confidence interval (approximate)	(26.5, 28.3)	(27.8, 29.6)	(26.9, 28.3)

6.5 Post Secondary Certification (all post secondary, includes University graduate)

	Men+	Women+	Total
CVHS Veterans	63.2%	68.9%	64.0%
95% confidence interval	(60.1, 66.2)	(65.1, 72.4)	(61.3, 66.7)
2022 CCHS Age/Gender Standardized to CVHS Veterans	60.5%	64.3%	61.1%
CCHS 95% confidence interval (approximate)	(59.6, 61.4)	(63.4, 65.2)	(60.4, 61.8)

7.1 Self-Reported Health (Excellent or Very Good)

	Men+	Women+	Total
CVHS Veterans	**39.0%**	**43.2%**	**39.6%**
95% confidence interval	(35.9, 42.1)	(39.3, 47.1)	(36.9, 42.3)
2022 CCHS Age/Gender Standardized to CVHS 2022 Veterans	48.9%	48.7%	48.9%
CCHS 2022 95% confidence interval (approximate)	(47.9, 49.9)	(47.7, 49.7)	(48.1, 49.7)

7.2 Self-Reported Health (Good)

	Men+	Women+	Total
CVHS Veterans	33.7%	31.0%	33.3%
95% confidence interval	(30.8, 36.8)	(27.5, 34.8)	(30.8, 36.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	33.0%	34.1%	33.2%
CCHS 95% confidence interval	(32.0, 34.0)	(33.1, 35.1)	(32.5, 32.9)

7.3 Self-Reported Health (Fair or Poor)

	Men+	Women+	Total
CVHS Veterans	**27.3%**	**25.8%**	**27.1%**
95% confidence interval	(24.6, 30.2)	(22.6, 29.4)	(24.8, 29.6)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	18.1%	17.2%	17.9%
CCHS 95% confidence interval (approximate)	(17.5, 18.7)	(16.4, 18.0)	(17.5, 18.3)

8.1 Self-Reported Mental Health (Excellent or Very Good)

	Men+	Women+	Total
CVHS Veterans	**49.8%**	**45.6%**	**49.1%**
95% confidence interval	(46.6, 53.0)	(41.7, 49.5)	(46.4, 51.9)
2022 CCHS Age/Gender Standardized to CVHS 2022 Veterans	61.6%	54.0%	60.4%
CCHS 95% confidence interval (approximate)	(60.6, 62.6)	(53.0, 55.0)	(59.6, 61.2)

8.2 Self-Reported Mental Health (Good)

	Men+	Women+	Total
CVHS Veterans	29.7%	29.7%	29.7%
95% confidence interval	(26.9, 32.7)	(26.3, 33.5)	(27.3, 32.3)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	27.9%	32.3%	28.6%
CCHS 95% confidence interval	(26.9, 28.9)	(31.3, 33.3)	(27.9, 29.3)

8.3 Self-Reported Mental Health (Fair or Poor)

	Men+	Women+	Total
CVHS Veterans	**20.5%**	**24.7%**	**21.1%**
95% confidence interval	(18.1, 23.1)	(21.4, 28.2)	(19.0, 23.4)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	10.5%	13.4%	10.9%
CCHS 95% confidence interval (approximate)	(9.9, 11.1)	(12.6, 14.2)	(10.5, 11.3)

9.1 Mental health somewhat or much better now compared to before Pandemic

	Men+	Women+	Total
CVHS Veterans	12.1%	16.2%	12.8%
95% confidence interval	(10.2, 14.4)	(13.4, 19.3)	(11.1, 14.7)
2022 CCHS Age/Gender Standardized to CVHS 2022 Veterans	13.8%	15.8%	14.1%
CCHS 95% confidence interval (approximate)	(13.1, 14.5)	(15.1, 16.5)	(13.6, 14.6)

9.2 Mental health same now compared to before Pandemic

	Men+	Women+	Total
CVHS Veterans	65.0%	54.3%	63.3%
95% confidence interval	(61.9, 67.9)	(50.4, 58.2)	(60.6, 65.9)
2022 CCHS Age/Gender Standardized to CVHS 2022 Veterans	63.7%	54.5%	62.3%
CCHS 95% confidence interval	(62.6, 64.8)	(53.5, 55.5)	(61.5, 63.1)

9.3 Mental health somewhat or much worse now compared to before Pandemic

	Men+	Women+	Total
CVHS Veterans	22.9%	29.5%	23.9%
95% confidence interval	(20.3, 25.7)	(26.1, 33.3)	(21.6, 26.3)
2022 CCHS Age/Gender Standardized to CVHS 2022 Veterans	22.5%	29.7%	23.6%
CCHS 95% confidence interval (approximate)	(21.6, 23.4)	(28.8, 30.6)	(22.9, 24.3)

10. High Blood Pressure

	Men+	Women+	Total
CVHS Veterans	36.0%	25.9%	34.5%

95% confidence interval	(33.0, 39.1)	(22.6, 29.4)	(31.9, 37.1)
CCHS 2017-18 Age/Gender Standardized to CVHS Veterans	32.7%	26.3%	31.8%
CCHS 95% confidence interval	(31.9, 33.5)	(25.6, 27.0)	(31.3, 32.3)

11. Heart

	Men+	Women+	Total
CVHS Veterans	14.0%	6.2%	12.8%
95% confidence interval	(12.1, 16.3)	(4.6, 8.1)	(11.1, 14.8)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	12.3%	5.8%	11.3%
CCHS 95% confidence interval	(11.9, 12.7)	(5.5, 6.1)	(11.0, 11.6)

12. Effects of a Stroke

	Men+	Women+	Total
CVHS Veterans	3.6%	**2.6%**	**3.5%**
95% confidence interval	(2.7, 4.9)	(1.7, 4.0)	(2.6, 4.6)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	2.5%	1.3%	2.3%
CCHS 95% confidence interval	(2.3, 2.7)	(1.1, 1.5)	(2.1, 2.5)

13. Arthritis

	Men+	Women+	Total
CVHS Veterans	**40.4%**	**43.0%**	**40.8%**
95% confidence interval	(37.4, 43.5)	(39.2, 46.9)	(38.2, 43.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	27.1%	32.6%	28.0%
CCHS 95% confidence interval	(26.4, 27.8)	(31.9, 33.3)	(27.5, 28.5)

14. Back Problems

	Men+	Women+	Total
CVHS Veterans	**44.0%**	**38.5%**	**43.2%**
95% confidence interval	(40.9, 47.2)	(34.7, 42.4)	(40.5, 46.0)
2015-16 CCHS Age/Gender Standardized to CVHS Veterans	27.9%	28.6%	28.0%
CCHS 95% confidence interval	(27.1, 28.7)	(27.7, 29.5)	(27.3, 28.7)

15. Diabetes

	Men+	Women+	Total
CVHS Veterans	15.0%	9.7%	14.2%
95% confidence interval	(12.9, 17.3)	(7.3, 12.3)	(12.4, 16.1)
2015-16 CCHS Survey Age/Gender Standardized to CVHS Veterans	15.2%	9.7%	14.3%
CCHS 95% confidence interval	(14.7, 15.7)	(9.2, 10.2)	(13.9, 14.7)

16. Cancer - Ever in Lifetime

	Men+	Women+	Total
CVHS Veterans	**15.8%**	12.7%	**15.3%**
95% confidence interval	(13.7, 18.1)	(10.4, 15.4)	(13.5, 17.3)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	12.7%	11.1%	12.4%
CCHS 95% confidence interval	(12.2, 13.2)	(10.7, 11.5)	(12.1, 12.7)

17. Osteoporosis

	Men+	Women+	Total
CVHS Veterans	**6.2%**	**13.5%**	**7.3%**
95% confidence interval	(4.9, 7.9)	(11.0, 16.3)	(6.1, 8.7)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	3.5%	10.9%	4.7%
CCHS 95% confidence interval	(3.3, 3.8)	(10.5, 11.3)	(4.5, 4.9)

18. Fibromyalgia

	Men+	Women+	Total
CVHS Veterans	**1.6%**	**6.3%**	**2.3%**
95% confidence interval	(1.0, 2.5)	(4.6, 8.4)	(1.7, 3.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	0.8%	4.0%	1.3%
CCHS 95% confidence interval	(0.7, 0.9)	(3.7, 4.3)	(1.1, 1.5)

19. Chronic Fatigue

	Men+	Women+	Total
CVHS Veterans	**2.6%**	1.4%	2.4%
95% confidence interval	(1.8, 3.9)	(0.8, 2.7)	(1.7, 3.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	1.4%	2.3%	1.5%
CCHS 95% confidence interval	(1.2, 1.6)	(2.1, 2.5)	(1.3, 1.7)

20. Multiple Chemical Sensitivities

	Men+	Women+	Total
CVHS Veterans	2.1%	2.9%	2.2%
95% confidence interval	(1.4, 3.2)	(1.9, 4.4)	(1.6, 3.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	1.4%	2.9%	1.6%
CCHS 95% confidence interval	(1.1, 1.7)	(2.6, 3.2)	(1.4, 1.8)

21. Alzheimer's or other Dementia

	Men+	Women+	Total
CVHS Veterans	**2.3%**	1.3%	**2.1%**
95% confidence interval	(1.5, 3.4)	(0.6, 2.6)	(1.5, 3.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	1.1%	0.6%	1.1%
CCHS 95% confidence interval	(0.9, 1.3)	(0.4, 0.8)	(0.9, 1.3)

22. BMI - Obese

	Men+	Women+	Total
CVHS Veterans	**29.4%**	**31.3%**	**29.7%**
95% confidence interval	(26.5, 32.4)	(27.7, 35.1)	(27.2, 32.3)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	23.1%	23.5%	23.1%
CCHS 95% confidence interval	(22.2, 24.0)	(22.5, 24.5)	(22.4, 23.8)

23. Mood Disorder

	Men+	Women+	Total
CVHS Veterans	**16.8%**	**23.7%**	**17.9%**

	Men+	Women+	Total
95% confidence interval	(14.6, 19.3)	(20.5, 27.2)	(15.9, 20.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	8.2%	13.0%	9.0%
CCHS 95% confidence interval	(7.6, 8.8)	(12.2, 13.8)	(8.5, 9.5)

24. Anxiety Disorder

	Men+	Women+	Total
CVHS Veterans	**17.4%**	**24.1%**	**18.4%**
95% confidence interval	(15.1, 19.9)	(20.9, 27.7)	(16.4, 20.6)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	8.8%	16.2%	9.9%
CCHS 95% confidence interval	(8.2, 9.4)	(15.3, 17.1)	(9.4, 10.4)

25. PTSD

	Men+	Women+	Total
CVHS Veterans	**16.1%**	**17.7%**	**16.3%**
95% confidence interval	(13.9, 18.6)	(14.8, 20.9)	(14.4, 18.5)
CCHS Mental Health 2012 Age/Gender Standardized to CVHS Veterans	2.6%	5.5%	3.1%
CCHS 95% confidence interval	(2.2, 3.0)	(5.0, 6.0)	(2.8, 3.4)

no update, PTSD questions not asked in CCHS 2015-16

26. Chronic Pain or Discomfort (yes to pain)
no comparator in CCHS

	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
2011-12 CCHS Age/Gender Standardized to CVHS Veterans			
CCHS 95% confidence interval			

no update, pain questions in CCHS 2015-16 only asked in territories

27. How many activities does your pain prevent
no comparator in CCHS

	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
2011-12 CCHS Age/Gender Standardized to CVHS Veterans			
CCHS 95% confidence interval			

28. Suicidal Ideation Past 12 Months no comparator in CCHS

	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
2015-16 CCHS Survey Age/Gender Standardized to CVHS Veterans			
CCHS 95% confidence interval			

29. Suicidal Ideation Lifetime no comparator in CCHS

	Men+	Women+	Total

	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
2015-16 CCHS Survey Age/Gender Standardized to CVHS Veterans			
CCHS 95% confidence interval			

30. Daily Smoker

	Men+	Women+	Total
CVHS Veterans	12.2%	9.9%	11.9%
95% confidence interval	(10.3, 14.5)	(7.8, 12.6)	(10.2, 13.8)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	11.2%	10.3%	11.0%
CCHS 95% confidence interval	(10.6, 11.8)	(9.8, 10.8)	(10.6, 11.4)

31. Heavy Drinker (5 or more drinks on one occasion, at least once a month in the past year)

	Men+	Women+	Total
CVHS Veterans	23.3%	**19.5%**	**22.7%**
95% confidence interval	(20.6, 26.1)	(16.5, 22.8)	(20.4, 25.2)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	19.6%	15.1%	18.9%
CCHS 95% confidence interval	(18.5, 20.7)	(14.1, 16.1)	(18.1, 19.7)

32. Used cannabis in past year

	Men+	Women+	Total
CVHS Veterans	**26.9%**	**28.0%**	**27.0%**
95% confidence interval	(24.1, 29.8)	(24.6, 31.7)	(24.6, 29.6)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	18.7%	15.2%	18.2%
CCHS 95% confidence interval	(17.7, 19.7)	(14.3, 16.1)	(17.5, 18.9)

33.1 How often used cannabis in past month - less than once a month

	Men+	Women+	Total
CVHS Veterans	7.8%	**9.4%**	**8.0%**
95% confidence interval	(6.2, 9.7)	(7.3, 12.0)	(6.6, 9.7)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	5.6%	6.1%	5.6%
CCHS 95% confidence interval	(4.9, 6.3)	(5.6, 6.6)	(5.2, 6.0)

33.2 How often used cannabis in past month - 1-3 times a month

	Men+	Women+	Total
CVHS Veterans	2.1%	3.3%	2.3%
95% confidence interval	(1.4, 3.2)	(2.1, 5.2)	(1.7, 3.2)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	2.6%	2.2%	2.6%
CCHS 95% confidence interval	(2.1, 3.1)	(1.8, 2.6)	(2.3, 2.9)

33.3 How often used cannabis in past month - once a week

	Men+	Women+	Total
CVHS Veterans	2.0%	1.8%	2.0%

	Men+	Women+	Total
95% confidence interval	(1.2, 3.2)	(1.0, 3.2)	(1.3, 3.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	1.7%	1.2%	1.6%
CCHS 95% confidence interval	(1.4, 2.0)	(0.9, 1.5)	(1.3, 1.9)

33.4 How often used cannabis in past month - more than once a week

	Men+	Women+	Total
CVHS Veterans	4.3%	2.6%	4.0%
95% confidence interval	(3.1, 5.9)	(1.6, 4.2)	(3.0, 5.4)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	5.6%	6.1%	5.6%
CCHS 95% confidence interval	(5.2, 6.0)	(5.8, 6.4)	(5.3, 5.9)

33.5 How often used cannabis in past month - daily or almost daily

	Men+	Women+	Total
CVHS Veterans	**10.3%**	**10.7%**	**10.4%**
95% confidence interval	(8.5, 12.5)	(8.5, 13.4)	(8.8, 12.2)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	6.0%	3.9%	5.7%
CCHS 95% confidence interval	(5.3, 6.7)	(3.4, 4.4)	(5.3, 6.1)

33.6 How often used cannabis in past month - no usage

	Men+	Women+	Total
CVHS Veterans	**73.4%**	**72.2%**	**73.3%**
95% confidence interval	(70.5, 76.2)	(68.5, 75.7)	(70.7, 75.7)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	81.3%	84.8%	81.9%
CCHS 95% confidence interval	(80.4, 82.2)	(84.0, 85.6)	(81.3, 82.5)

34.1 Purpose for consuming cannabis - non-medical only

	Men+	Women+	Total
CVHS Veterans	9.7%	8.3%	9.5%
95% confidence interval	(7.8, 11.9)	(6.3, 10.9)	(7.9, 11.4)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	10.1%	6.6%	9.5%
CCHS 95% confidence interval	(9.3, 10.9)	(5.9, 7.3)	(9.0, 10.0)

34.2 Purpose for consuming cannabis - medical only

	Men+	Women+	Total
CVHS Veterans	**9.3%**	**10.8%**	**9.5%**
95% confidence interval	(7.6, 11.2)	(8.6, 13.5)	(8.1, 11.2)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	3.2%	4.2%	3.3%
CCHS 95% confidence interval	(2.9, 3.5)	(3.9, 4.5)	(3.1, 3.5)

34.3 Purpose for consuming cannabis - both medical and non-medical

	Men+	Women+	Total
CVHS Veterans	7.2%	**7.8%**	**7.3%**
95% confidence interval	(5.7, 9.0)	(5.9, 10.2)	(5.9, 8.9)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	5.0%	3.8%	4.8%

CCHS 95% confidence interval	(4.3, 5.7)	(3.4, 4.2)	(4.4, 5.2)

34.4 Purpose for consuming cannabis - no usage

	Men+	Women+	Total
CVHS Veterans	**73.9%**	**73.0%**	**73.7%**
95% confidence interval	(70.9, 76.6)	(69.4, 76.4)	(71.2, 76.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	81.8%	85.5%	82.3%
CCHS 95% confidence interval	(80.8, 82.8)	(84.7, 86.3)	(81.7, 82.9)

35.1 Difficulty with functioning - difficulty seeing - none

	Men+	Women+	Total
CVHS Veterans	**71.6%**	**70.8%**	**71.5%**
95% confidence interval	(68.7, 74.3)	(67.2, 74.2)	(69.0, 73.9)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	83.6%	81.0%	83.2%
CCHS 95% confidence interval	(82.9, 84.3)	(80.1, 81.9)	(82.7, 83.7)

35.2 Difficulty with functioning - difficulty seeing - some

	Men+	Women+	Total
CVHS Veterans	**25.7%**	**26.9%**	**25.8%**
95% confidence interval	(23.0, 28.5)	(23.6, 30.4)	(23.6, 28.3)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	14.9%	17.0%	15.2%
CCHS 95% confidence interval	(14.3, 15.5)	(16.1, 17.9)	(14.7, 15.7)

35.3 Difficulty with functioning - difficulty seeing - a lot/cannot do

	Men+	Women+	Total
CVHS Veterans	**2.7%**	2.3%	**2.7%**
95% confidence interval	(1.9, 3.9)	(1.4, 3.7)	(2.0, 3.6)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	1.6%	2.0%	1.6%
CCHS 95% confidence interval	(1.4, 1.8)	(1.8, 2.2)	(1.4, 1.8)

36.1 Difficulty with functioning - difficulty hearing - none

	Men+	Women+	Total
CVHS Veterans	**61.1%**	**76.9%**	**63.5%**
95% confidence interval	(58.0, 64.1)	(73.4, 80.0)	(60.8, 66.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	78.5%	87.2%	79.8%
CCHS 95% confidence interval	(77.8, 79.2)	(86.7, 87.7)	(79.3, 80.3)

36.2 Difficulty with functioning - difficulty hearing - some

	Men+	Women+	Total
CVHS Veterans	**31.8%**	**19.5%**	**30.0%**
95% confidence interval	(29.0, 34.8)	(16.6, 22.8)	(27.5, 32.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	18.3%	11.1%	17.2%
CCHS 95% confidence interval	(17.7, 18.9)	(10.6, 11.6)	(16.8, 17.6)

36.3 Difficulty with functioning - difficulty hearing - a lot/cannot do

	Men+	Women+	Total
CVHS Veterans	**7.1%**	**3.6%**	**6.6%**
95% confidence interval	(5.7, 8.8)	(2.4, 5.4)	(5.4, 8.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	3.3%	1.7%	3.0%
CCHS 95% confidence interval	(3.1, 3.5)	(1.5, 1.9)	(2.9, 3.1)

37.1 Difficulty with functioning - difficulty walking/climbing steps - none

	Men+	Women+	Total
CVHS Veterans	**60.6%**	**61.6%**	**60.7%**
95% confidence interval	(57.5, 63.6)	(57.7, 65.3)	(58.0, 63.4)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	76.4%	74.5%	76.1%
CCHS 95% confidence interval	(75.7, 77.1)	(73.7, 75.3)	(75.6, 76.6)

37.2 Difficulty with functioning - difficulty walking/climbing steps - some

	Men+	Women+	Total
CVHS Veterans	**26.6%**	**26.7%**	**26.6%**
95% confidence interval	(23.9, 29.5)	(23.4, 30.3)	(24.3, 29.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	17.0%	18.4%	17.2%
CCHS 95% confidence interval	(16.3, 17.7)	(17.8, 19.0)	(16.8, 17.6)

37.3 Difficulty with functioning - difficulty walking/climbing steps - a lot/cannot do

	Men+	Women+	Total
CVHS Veterans	**12.8%**	**11.7%**	**12.6%**
95% confidence interval	(10.9, 15.0)	(9.5, 14.3)	(11.0, 14.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	6.5%	7.2%	6.6%
CCHS 95% confidence interval	(6.2, 6.8)	(6.8, 7.6)	(6.4, 6.8)

38.1 Difficulty with functioning - difficulty remembering/concentrating - none

	Men+	Women+	Total
CVHS Veterans	**61.1%**	**57.9%**	**60.6%**
95% confidence interval	(58.0, 64.2)	(54.0, 61.7)	(57.9, 63.3)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	77.5%	75.1%	77.1%
CCHS 95% confidence interval	(76.5, 78.5)	(74.1, 76.1)	(76.4, 77.8)

38.2 Difficulty with functioning - difficulty remembering/concentrating - some

	Men+	Women+	Total
CVHS Veterans	**30.8%**	**35.0%**	**31.5%**
95% confidence interval	(28.0, 33.8)	(31.4, 38.8)	(29.0, 34.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	19.8%	21.9%	20.2%
CCHS 95% confidence interval	(18.9, 20.7)	(21.0, 22.8)	(19.6, 20.8)

38.3 Difficulty with functioning - difficulty remembering/concentrating - a lot/cannot do

	Men+	Women+	Total
CVHS Veterans	**8.0%**	**7.1%**	**7.9%**
95% confidence interval	(6.4, 9.9)	(5.4, 9.3)	(6.5, 9.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	2.7%	3.0%	2.7%
CCHS 95% confidence interval	(2.4, 3.0)	(2.6, 3.4)	(2.4, 3.0)

39.1 Difficulty with functioning - difficulty with self-care - none

	Men+	Women+	Total
CVHS Veterans	**85.0%**	**85.9%**	**85.2%**
95% confidence interval	(82.6, 87.2)	(82.9, 88.4)	(83.1, 87.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	94.1%	94.2%	94.1%
CCHS 95% confidence interval	(93.6, 94.6)	(93.7, 94.7)	(93.6, 94.6)

39.2 Difficulty with functioning - difficulty with self-care - some

	Men+	Women+	Total
CVHS Veterans	**12.3%**	**10.4%**	**12.0%**
95% confidence interval	(10.3, 14.6)	(8.2, 13.1)	(10.3, 14.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	4.4%	4.4%	4.4%
CCHS 95% confidence interval	(3.9, 4.9)	(3.9, 4.9)	(4.1, 4.7)

39.3 Difficulty with functioning - difficulty with self-care - a lot/cannot do

	Men+	Women+	Total
CVHS Veterans	**2.7%**	**3.7%**	**2.8%**
95% confidence interval	(1.8, 3.8)	(2.5, 5.4)	(2.1, 3.8)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	1.4%	1.4%	1.4%
CCHS 95% confidence interval	(1.2, 1.6)	(1.2, 1.6)	(1.2, 1.6)

40.1 Difficulty with functioning - difficulty communicating in your own language - none

	Men+	Women+	Total
CVHS Veterans	**89.4%**	**91.8%**	**89.8%**
95% confidence interval	(87.4, 91.2)	(89.5, 93.7)	(88.0, 91.4)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	95.0%	96.1%	95.1%
CCHS 95% confidence interval	(94.5, 95.5)	(95.6, 96.6)	(94.7, 95.5)

40.2 Difficulty with functioning - difficulty communicating in your own language - some

	Men+	Women+	Total
CVHS Veterans	**9.4%**	**7.3%**	**9.1%**
95% confidence interval	(7.7, 11.3)	(5.6, 9.5)	(7.6, 10.7)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	4.2%	3.4%	4.0%

	Men+	Women+	Total
CCHS 95% confidence interval	(3.8, 4.6)	(3.0, 3.8)	(3.7, 4.3)

40.3 Difficulty with functioning - difficulty communicating in your own language - a lot/cannot do

	Men+	Women+	Total
CVHS Veterans	1.2%	0.9%	1.1%
95% confidence interval	(0.6, 2.3)	(0.4, 1.9)	(0.6, 2.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	0.9%	0.5%	0.8%
CCHS 95% confidence interval	(0.7, 1.1)	(0.2, 0.8)	(0.7, 0.9)

41. At least one dose of a COVID-19 vaccine - yes

	Men+	Women+	Total
CVHS Veterans	97.1%	97.3%	**97.1%**
95% confidence interval	(95.8, 97.9)	(95.6, 98.3)	(96.0, 97.9)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	95.3%	95.8%	95.4%
CCHS 95% confidence interval	(94.8, 95.8)	(95.3, 96.3)	(95.0, 95.8)

42. Flu shot in past year - yes

	Men+	Women+	Total
CVHS Veterans	52.7%	51.7%	52.6%
95% confidence interval	(49.5, 55.9)	(47.7, 55.6)	(49.8, 55.3)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	44.4%	43.4%	44.3%
CCHS 95% confidence interval	(43.4, 45.4)	(42.5, 44.3)	(43.6, 45.0)

42.1 Self-Rated Oral Health (Excellent or Very Good)

	Men+	Women+	Total
CVHS Veterans	51.3%	61.7%	52.9%
95% confidence interval	(48.2, 54.5)	(57.9, 65.4)	(50.1, 55.6)
2022 CCHS Age/Gender Standardized to CVHS 2022 Veterans	54.2%	59.1%	55.0%
CCHS 2022 95% confidence interval (approximate)	(53.5, 54.9)	(58.5, 59.7)	(54.6, 55.4)

42.2 Self-Rated Oral Health (Good)

	Men+	Women+	Total
CVHS Veterans	29.3%	**23.9%**	28.5%
95% confidence interval	(26.5, 32.3)	(20.8, 27.3)	(26.1, 31.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	31.5%	28.9%	31.1%
CCHS 95% confidence interval	(30.5, 32.5)	(28.0, 29.8)	(30.4, 31.8)

42.3 Self-Rated Oral Health (Fair or Poor)

	Men+	Women+	Total
CVHS Veterans	**19.3%**	14.4%	**18.6%**
95% confidence interval	(17.0, 21.9)	(11.9, 17.3)	(16.6, 20.8)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	14.3%	12.1%	14.0%
CCHS 95% confidence interval (approximate)	(13.3, 15.3)	(11.1, 13.1)	(13.2, 14.8)

43.1 On-going mouth pain in past 12 months - often

	Men+	Women+	Total
CVHS Veterans	**4.5%**	**6.9%**	**4.8%**
95% confidence interval	(3.3, 6.1)	(5.1, 9.2)	(3.8, 6.2)
2022 CCHS Age/Gender Standardized to CVHS 2022 Veterans	2.0%	4.0%	2.3%
CCHS 2022 95% confidence interval (approximate)	(1.7, 2.3)	(3.6, 4.4)	(2.0, 2.6)

43.2 On-going mouth pain in past 12 months - sometimes

	Men+	Women+	Total
CVHS Veterans	11.6%	14.9%	**12.1%**
95% confidence interval	(9.7, 13.8)	(12.3, 17.8)	(10.4, 14.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	9.2%	11.9%	9.6%
CCHS 95% confidence interval	(8.5, 9.9)	(11.3, 12.5)	(9.2, 10.0)

43.3 On-going mouth pain in past 12 months - rarely

	Men+	Women+	Total
CVHS Veterans	**31.3%**	26.0%	**30.5%**
95% confidence interval	(28.4, 34.3)	(22.7, 29.7)	(28.0, 33.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	23.5%	22.0%	23.3%
CCHS 95% confidence interval (approximate)	(22.5, 24.5)	(21.1, 22.9)	(22.6, 24.0)

43.4 On-going mouth pain in past 12 months - never

	Men+	Women+	Total
CVHS Veterans	**52.7%**	**52.2%**	**52.6%**
95% confidence interval	(49.5, 55.8)	(48.3, 56.1)	(49.8, 55.3)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	65.3%	62.0%	64.8%
CCHS 95% confidence interval (approximate)	(64.3, 66.3)	(61.0, 63.0)	(64.0, 65.6)

44.1 How often see dental professional - more than once a year for checkups or treatments

	Men+	Women+	Total
CVHS Veterans	40.5%	48.1%	41.7%
95% confidence interval	(37.5, 43.6)	(44.2, 52.0)	(39.0, 44.4)
2022 CCHS Age/Gender Standardized to CVHS 2022 Veterans	38.6%	44.5%	39.5%
CCHS 2022 95% confidence interval (approximate)	(37.6, 39.6)	(43.5, 45.5)	(38.8, 40.2)

44.2 How often see dental professional - about once a year for checkups or treatments

	Men+	Women+	Total
CVHS Veterans	27.7%	32.7%	28.5%
95% confidence interval	(25.0, 30.7)	(29.1, 36.5)	(26.1, 31.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	26.5%	29.0%	26.9%
CCHS 95% confidence interval	(25.5, 27.5)	(28.1, 29.9)	(26.1, 27.7)

44.3 How often see dental professional - less than once a year for checkups or treatments

	Men+	Women+	Total
CVHS Veterans	9.9%	8.2%	9.7%

	Men+	Women+	Total
95% confidence interval	(8.2, 12.0)	(6.3, 10.6)	(8.2, 11.4)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	10.2%	9.4%	10.1%
CCHS 95% confidence interval (approximate)	(9.6, 10.8)	(8.7, 10.1)	(9.6, 10.6)

44.4 How often see dental professional - only for emergency care

	Men+	Women+	Total
CVHS Veterans	14.2%	**6.4%**	**13.0%**
95% confidence interval	(12.1, 16.5)	(4.7, 8.5)	(11.2, 15.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	17.1%	12.0%	16.3%
CCHS 95% confidence interval (approximate)	(16.2, 18.0)	(11.4, 12.6)	(15.8, 16.8)

44.5 How often see dental professional - never

	Men+	Women+	Total
CVHS Veterans	7.6%	4.6%	7.2%
95% confidence interval	(6.1, 9.5)	(3.2, 6.7)	(5.9, 8.8)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	7.6%	5.1%	7.2%
CCHS 95% confidence interval (approximate)	(7.1, 8.1)	(4.7, 5.5)	(6.9, 7.5)

45. In past 12 months have avoided dental care due to cost - yes

	Men+	Women+	Total
CVHS Veterans	21.6%	20.1%	21.4%
95% confidence interval	(19.1, 24.3)	(17.1, 23.4)	(19.2, 23.7)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	21.0%	23.6%	21.4%
CCHS 95% confidence interval (approximate)	(20.1, 21.9)	(22.7, 24.5)	(20.7, 22.1)

46.1 Insurance for all or part of cost of long term care, including home care - yes

	Men+	Women+	Total
CVHS Veterans	**38.0%**	**35.9%**	**37.7%**
95% confidence interval	(35.0, 41.2)	(32.2, 39.8)	(35.1, 40.4)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	29.0%	26.4%	28.6%
CCHS 95% confidence interval (approximate)	(28.0, 30.0)	(25.5, 27.3)	(27.9, 29.3)

46.2 Insurance for all or part of cost of long term care, including home care - no

here

	Men+	Women+	Total
CVHS Veterans	**38.3%**	**31.2%**	**37.2%**
95% confidence interval	(35.3, 41.4)	(27.7, 34.8)	(34.6, 39.9)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	50.0%	47.2%	49.6%
CCHS 95% confidence interval (approximate)	(49.0, 51.0)	(46.2, 48.2)	(48.8, 50.4)

46.3 Insurance for all or part of cost of long term care, including home care - don't know

	Men+	Women+	Total
CVHS Veterans	23.7%	**32.9%**	**25.1%**

	Men+	Women+	Total
95% confidence interval	(21.1, 26.4)	(29.3, 36.8)	(22.8, 27.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	20.9%	26.5%	21.8%
CCHS 95% confidence interval (approximate)	(19.9, 21.9)	(25.5, 27.5)	(21.1, 22.5)

47.1 Insurance for prescriptions - yes

	Men+	Women+	Total
CVHS Veterans	**84.4%**	**88.5%**	**85.0%**
95% confidence interval	(81.9, 86.5)	(85.8, 90.7)	(82.9, 86.9)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	74.6%	76.5%	74.9%
CCHS 95% confidence interval (approximate)	(73.6, 76.6)	(75.6, 77.4)	(74.1, 75.7)

47.2 Insurance for prescriptions - no

	Men+	Women+	Total
CVHS Veterans	**14.0%**	**10.3%**	**13.4%**
95% confidence interval	(11.9, 16.3)	(8.2, 12.8)	(11.6, 15.4)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	23.2%	21.3%	22.9%
CCHS 95% confidence interval (approximate)	(22.2, 24.2)	(20.3, 22.3)	(22.2, 23.6)

47.3 Insurance for prescriptions - don't know

	Men+	Women+	Total
CVHS Veterans	1.7%	1.2%	1.6%
95% confidence interval	(1.1, 2.6)	(0.6, 2.6)	(1.1, 2.4)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	2.1%	2.2%	2.2%
CCHS 95% confidence interval (approximate)	(1.6, 2.6)	(1.8, 2.6)	(1.9, 2.5)

48.1 Insurance for all or part of dental expenses - yes

	Men+	Women+	Total
CVHS Veterans	67.0%	72.9%	67.9%
95% confidence interval	(64.0, 70.0)	(69.3, 76.3)	(65.3, 70.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	54.2%	58.5%	54.8%
CCHS 95% confidence interval (approximate)	(53.2, 55.2)	(57.5, 59.5)	(54.0, 55.6)

48.2 Insurance for all or part of dental expenses - no

	Men+	Women+	Total
CVHS Veterans	**30.2%**	**24.9%**	**29.4%**
95% confidence interval	(27.4, 33.2)	(21.6, 28.4)	(26.9, 32.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	43.3%	39.7%	42.8%
CCHS 95% confidence interval (approximate)	(42.4, 44.2)	(38.8, 40.6)	(42.1, 43.5)

48.3 Insurance for all or part of dental expenses - don't know

	Men+	Women+	Total
CVHS Veterans	2.7%	2.2%	2.7%
95% confidence interval	(1.9, 4.0)	(1.2, 3.9)	(1.9, 3.7)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	2.5%	1.8%	2.4%
CCHS 95% confidence interval (approximate)	(2.1, 2.9)	(1.4, 2.2)	(2.1, 2.7)

49.1 Type of dental insurance (among those with insurance) - public only

	Men+	Women+	Total
CVHS Veterans	**19.0%**	**14.6%**	**18.3%**
95% confidence interval	(16.1, 22.3)	(11.8, 18.1)	(15.8, 21.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	10.5%	8.5%	10.2%
CCHS 95% confidence interval (approximate)	(9.8, 11.2)	(7.8, 9.2)	(9.7, 10.7)

49.2 Type of dental insurance (among those with insurance) - private only

	Men+	Women+	Total
CVHS Veterans	**75.2%**	**80.5%**	**76.1%**
95% confidence interval	(71.7, 78.4)	(76.8, 83.8)	(73.1, 78.8)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	87.2%	88.9%	87.5%
CCHS 95% confidence interval (approximate)	(86.4, 88.0)	(88.1, 89.7)	(86.8, 88.2)

49.3 Type of dental insurance (among those with insurance) - public and private

	Men+	Women+	Total
CVHS Veterans	**4.3%**	**3.0%**	**4.1%**
95% confidence interval	(3.1, 6.1)	(1.9, 4.8)	(3.0, 5.6)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	1.4%	1.4%	1.4%
CCHS 95% confidence interval (approximate)	(1.1, 1.7)	(1.1, 1.7)	(1.2, 1.6)

49.4 Type of dental insurance (among those with insurance) - don't know

	Men+	Women+	Total
CVHS Veterans	1.4%	1.8%	1.5%
95% confidence interval	(0.8, 2.7)	(0.9, 3.5)	(0.9, 2.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	0.9%	1.2%	0.9%
CCHS 95% confidence interval (approximate)	(0.6, 1.2)	(0.9, 1.5)	(0.6, 1.2)

50.1 Health care provider you regularly consult - family doctor

	Men+	Women+	Total
CVHS Veterans	**73.6%**	**67.7%**	**72.7%**
95% confidence interval	(70.7, 76.3)	(63.9, 71.3)	(70.2, 75.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	77.4%	79.3%	77.6%
CCHS 95% confidence interval (approximate)	(76.4, 78.4)	(78.5, 80.1)	(76.9, 78.3)

50.2 Health care provider you regularly consult - medical specialist (cardiologist, pediatrician, oncologist)

	Men+	Women+	Total
CVHS Veterans	**8.1%**	**7.8%**	**8.1%**
95% confidence interval	(6.6, 10.0)	(6.0, 10.2)	(6.7, 9.7)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	5.9%	5.0%	5.8%

CCHS 95% confidence interval (approximate)	(5.4, 6.3)	(4.6, 5.4)	(5.5, 6.1)

50.3 Health care provider you regularly consult - nurse practitioner

	Men+	Women+	Total
CVHS Veterans	**3.4%**	**5.9%**	**3.8%**
95% confidence interval	(2.4, 4.9)	(4.4, 8.0)	(2.9, 5.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	1.9%	3.1%	2.1%
CCHS 95% confidence interval (approximate)	(1.6, 2.2)	(2.8, 3.4)	(1.9, 2.3)

50.4 Health care provider you regularly consult - other (chiropractor, psychologist)

	Men+	Women+	Total
CVHS Veterans	**4.8%**	**9.9%**	**5.6%**
95% confidence interval	(3.6, 6.4)	(7.7, 12.7)	(4.5, 7.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	2.4%	4.2%	2.7%
CCHS 95% confidence interval (approximate)	(2.1, 2.7)	(3.8, 4.6)	(2.4, 3.0)

50.5 Health care provider you regularly consult - don't have regular health care provider

	Men+	Women+	Total
CVHS Veterans	10.0%	8.6%	9.8%
95% confidence interval	(8.2, 12.2)	(6.6, 11.1)	(8.2, 11.7)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	12.4%	8.4%	11.8%
CCHS 95% confidence interval (approximate)	(11.5, 13.3)	(7.7, 9.1)	(11.3, 12.3)

51.1 Last week worked at a job or business - yes

	Men+	Women+	Total
CVHS Veterans	**41.4%**	47.6%	**42.3%**
95% confidence interval	(38.3, 44.6)	(43.7, 51.6)	(39.6, 45.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	46.8%	49.0%	47.2%
CCHS 95% confidence interval (approximate)	(45.8, 47.8)	(48.0, 50.0)	(47.4, 48.0)

51.2 Last week worked at a job or business - no

	Men+	Women+	Total
CVHS Veterans	**30.1%**	**31.7%**	**30.3%**
95% confidence interval	(27.3, 33.0)	(28.2, 35.4)	(27.9, 32.9)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	36.4%	38.5%	36.7%
CCHS 95% confidence interval (approximate)	(35.4, 37.4)	(37.5, 39.5)	(35.9, 37.6)

51.3 Last week worked at a job or business - permanently unable to work

	Men+	Women+	Total
CVHS Veterans	**7.0%**	**8.5%**	**7.2%**
95% confidence interval	(5.5, 8.8)	(6.5, 11.0)	(5.9, 8.8)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	2.9%	3.3%	3.0%
CCHS 95% confidence interval (approximate)	(2.6, 3.2)	(3.0, 3.6)	(2.8, 3.2)

52. Employment Rate

	Men+	Women+	Total
CVHS Veterans	55.9%	58.0%	**56.3%**
95% confidence interval	(52.3, 59.5)	(53.8, 62.1)	(53.2, 59.3)
Oct 2022 Labour Force Survey Age/Gender Standardized to CVHS Veterans	61.9%	61.4%	61.8%
Oct 2022 Labour Force Survey 95% confidence interval (approximate)			(59.8, 63.8)

53.1 Employee or self-employed - employee

	Men+	Women+	Total
CVHS Veterans	36.7%	44.5%	37.8%
95% confidence interval	(33.6, 39.8)	(40.6, 48.5)	(35.2, 40.6)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	37.1%	45.2%	38.4%
CCHS 95% confidence interval (approximate)	(36.1, 38.1)	(44.2, 46.2)	(37.7, 39.1)

53.2 Employee or self-employed - self-employed

	Men+	Women+	Total
CVHS Veterans	**6.6%**	6.0%	**6.5%**
95% confidence interval	(5.2, 8.4)	(4.4, 8.2)	(5.3, 8.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	11.6%	7.7%	11.0%
CCHS 95% confidence interval (approximate)	(10.9, 12.3)	(7.2, 8.2)	(10.6, 11.4)

53.3 Employee or self-employed - working in family business without pay

	Men+	Women+	Total
CVHS Veterans	0.5%	0.3%	0.5%
95% confidence interval	(0.2, 1.2)	(0.1, 1.1)	(0.2, 1.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	0.0%	0.1%	0.0%
CCHS 95% confidence interval (approximate)		(0.0, 0.2)	

53.4 Employee or self-employed - valid skip

	Men+	Women+	Total
CVHS Veterans	56.2%	49.2%	55.2%
95% confidence interval	(53.0, 59.4)	(45.2, 53.1)	(52.4, 57.9)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	**51.3%**	47.1%	50.6%
CCHS 95% confidence interval (approximate)	(50.5, 52.1)	(46.2, 48.0)	(49.9, 51.3)

54.1 Full or part time - full-time

	Men+	Women+	Total
CVHS Veterans	**38.6%**	40.7%	**38.9%**
95% confidence interval	(35.5, 41.8)	(36.8, 44.6)	(36.2, 41.7)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	43.6%	42.9%	43.5%
CCHS 95% confidence interval (approximate)	(42.7, 44.5)	(42.0, 43.8)	(42.8, 44.2)

54.2 Full or part time - part-time

	Men+	Women+	Total
CVHS Veterans	5.5%	10.8%	6.3%
95% confidence interval	(4.2, 7.0)	(8.6, 13.6)	(5.1, 7.6)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	4.9%	9.6%	5.6%
CCHS 95% confidence interval (approximate)	(4.2, 5.6)	(8.9, 10.3)	(5.1, 6.1)

54.3 Full or part time - valid skip

	Men+	Women+	Total
CVHS Veterans	56.0%	48.5%	**54.8%**
95% confidence interval	(52.8, 59.1)	(44.6, 52.4)	(52.1, 57.6)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	51.5%	47.5%	50.9%
CCHS 95% confidence interval (approximate)	(50.6, 52.4)	(46.6, 48.4)	(50.2, 51.6)

55. Last week worked at more than one job - yes

	Men+	Women+	Total
CVHS Veterans	4.2%	5.0%	4.3%
95% confidence interval	(3.1, 5.6)	(3.4, 7.1)	(3.3, 5.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	3.3%	3.7%	3.4%
CCHS 95% confidence interval (approximate)	(2.8, 3.8)	(3.2, 4.2)	(3.0, 3.8)

56.1 Work stress (among those who work) - not at all/not very stressed

	Men+	Women+	Total
CVHS Veterans	29.2%	29.1%	29.1%
95% confidence interval	(24.9, 33.8)	(23.8, 34.9)	(25.4, 33.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	30.4%	26.2%	29.7%
CCHS 95% confidence interval (approximate)	(29.6, 31.2)	(25.6, 26.8)	(29.2, 30.2)

56.2 Work stress (among those who work) - a bit stressed

	Men+	Women+	Total
CVHS Veterans	46.1%	37.6%	44.7%
95% confidence interval	(41.3, 51.0)	(32.2, 43.3)	(40.6, 48.9)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	45.3%	42.8%	44.9%
CCHS 95% confidence interval (approximate)	(44.3, 46.3)	(41.8, 43.8)	(44.2, 45.6)

56.3 Work stress (among those who work) - quite a bit/extremely stressed

	Men+	Women+	Total
CVHS Veterans	24.8%	33.4%	26.2%
95% confidence interval	(20.8, 29.2)	(28.1, 39.1)	(22.7, 30.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	24.2%	31.0%	25.3%
CCHS 95% confidence interval (approximate)	(23.4, 25.0)	(30.2, 31.8)	(24.8, 25.8)

57.1 Main activity - working

	Men+	Women+	Total
CVHS Veterans	44.7%	48.7%	45.3%

	Men+	Women+	Total
95% confidence interval	(41.6, 47.9)	(44.8, 52.6)	(42.6, 48.1)
CCHS 2022 Survey Age/Gender Standardized to CVHS Veterans	50.1%	52.8%	50.5%
CCHS 95% confidence interval	(49.1, 51.1)	(51.8, 53.8)	(49.8, 51.2)

57.2 Main activity - retired

	Men+	Women+	Total
CVHS Veterans	**44.7%**	**37.6%**	**43.6%**
95% confidence interval	(41.6, 47.8)	(34.0, 41.4)	(40.9, 46.3)
CCHS 2022 Survey Age/Gender Standardized to CVHS Veterans	41.1%	31.2%	39.6%
CCHS 95% confidence interval	(40.7, 41.5)	(30.7, 31.7)	(39.2, 40.0)

57.3 Main activity - looked for work

	Men+	Women+	Total
CVHS Veterans	1.2%	0.1%	1.0%
95% confidence interval	(0.6, 2.2)	(0.0, 1.0)	(0.5, 1.9)
CCHS 2022 Survey Age/Gender Standardized to CVHS Veterans	1.0%	1.1%	1.0%
CCHS 95% confidence interval	(0.7, 1.3)	(0.9, 1.3)	(0.8, 1.2)

57.4 Main activity - caregiving/volunteering

	Men+	Women+	Total
CVHS Veterans	2.5%	**5.0%**	2.9%
95% confidence interval	(1.6, 3.8)	(3.6, 7.1)	(2.1, 4.0)
2015-16 CCHS Survey Age/Gender Standardized to CVHS Veterans	1.7%	8.2%	2.7%
CCHS 95% confidence interval	(1.3, 2.1)	(7.5, 8.9)	(2.3, 3.1)

57.5 Main activity – long-term illness

	Men+	Women+	Total
CVHS Veterans	5.2%	6.1%	5.3%
95% confidence interval	(3.9, 6.8)	(4.5, 8.2)	(4.2, 6.7)
CCHS 2022 Survey Age/Gender Standardized to CVHS Veterans	3.9%	4.3%	4.0%
CCHS 95% confidence interval	(3.5, 4.3)	(4.0, 4.6)	(3.8, 4.2)

57.6 Main activity - school

	Men+	Women+	Total
CVHS Veterans	0.9%	1.3%	0.9%
95% confidence interval	(0.4, 1.8)	(0.6, 2.8)	(0.5, 1.7)
CCHS 2022 Survey Age/Gender Standardized to CVHS Veterans	0.6%	1.2%	0.7%
CCHS 95% confidence interval	(0, 1.3)	(0.6, 1.8)	(0.3,1.1)

57.7 Main activity - other

	Men+	Women+	Total

CVHS Veterans	0.8%	1.1%	0.9%
95% confidence interval	(0.4, 1.6)	(0.5, 2.1)	(0.5, 1.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	1.6%	1.2%	1.5%
CCHS 95% confidence interval (approximate)	(1.4, 1.8)	(1.0, 1.4)	(1.3, 1.7)

58.1. Satisfaction with main activity - Very Satisfied or Satisfied no comparator in CCHS

	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
CCHS 2022 Age/Gender Standardized to CVHS Veterans			
CCHS 95% confidence interval			

58.2. Satisfaction with Main Activity – Neither no comparator in CCHS

	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
CCHS 2022 Age/Gender Standardized to CVHS Veterans			
CCHS 95% confidence interval			

58.3. Satisfaction with Main Activity - Very Dissatisfied or Dissatisfied no comparator in CCHS

	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
CCHS 2022 Age/Gender Standardized to CVHS Veterans			
CCHS 95% confidence interval			

59.1. Household income <$50,000

	Men+	Women+	Total
CVHS Veterans	**24.9%**	22.9%	**24.6%**
95% confidence interval	(22.2, 27.9)	(19.7, 26.5)	(22.3, 27.2)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	20.4%	21.1%	20.5%
CCHS 95% confidence interval	(19.6, 21.2)	(20.2, 22.0)	(20.0, 21.0)

59.2. Household income $50,000-<$100,000

	Men+	Women+	Total
CVHS Veterans	**37.0%**	**33.1%**	**36.4%**
95% confidence interval	(34.0, 40.2)	(29.5, 37.0)	(33.8, 39.2)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	30.3%	28.1%	29.9%
CCHS 95% confidence interval	(29.3, 31.3)	(27.1, 29.1)	(29.2, 30.6)

59.3. Household income $100,000-<$150,000

	Men+	Women+	Total
CVHS Veterans	17.9%	19.9%	18.2%
95% confidence interval	(15.6, 20.4)	(16.9, 23.3)	(16.2, 20.4)

	Men+	Women+	Total
CCHS 2022 Age/Gender Standardized to CVHS Veterans	20.3%	21.1%	20.5%
CCHS 95% confidence interval	(19.3, 21.3)	(20.2, 22.0)	(19.8, 21.2)

59.4. Household income $150,000+

	Men+	Women+	Total
CVHS Veterans	**20.2%**	**24.0%**	**20.7%**
95% confidence interval	(17.7, 22.9)	(20.7, 27.7)	(18.6, 23.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	29.0%	29.6%	29.1%
CCHS 95% confidence interval	(28.0, 30.0)	(28.6, 30.6)	(28.4, 29.8)

60.1. Satisfaction with financial situation - Very Satisfied or Satisfied no comparator in CCHS

	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
CCHS 2022 Age/Gender Standardized to CVHS Veterans (AB only)			
CCHS 95% confidence interval			

60.2. Satisfaction with financial situation – Neither no comparator in CCHS

	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
CCHS 2022 Age/Gender Standardized to CVHS Veterans (AB only)			
CCHS 95% confidence interval			

60.3. Satisfaction with financial situation - Very Dissatisfied or Dissatisfied no comparator in CCHS

	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
CCHS 2022 Age/Gender Standardized to CVHS Veterans (AB only)			
CCHS 95% confidence interval			

61. Below LIM

	Men+	Women+	Total
CVHS Veterans	16.9%	14.5%	16.6%
95% confidence interval	(14.6, 19.5)	(11.9, 17.5)	(14.5, 18.8)
2021 Census (income year is 2020)	18.6%	23.9%	19.4%

62.1. Satisfaction with Life - Very Satisfied or Satisfied

	Men+	Women+	Total
CVHS Veterans	**77.7%**	**79.1%**	**77.9%**

	Men+	Women+	Total
95% confidence interval	(75.0, 80.3)	(75.7, 82.2)	(75.6, 80.1)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	86.8%	86.5%	86.7%
CCHS 95% confidence interval	(86.2, 87.4)	(85.7, 87.3)	(86.2, 87.2)

62.2. Satisfaction with Life - Neither

	Men+	Women+	Total
CVHS Veterans	9.2%	11.0%	9.5%
95% confidence interval	(7.5, 11.2)	(8.8, 13.7)	(8.0, 11.2)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	7.5%	8.0%	7.6%
CCHS 95% confidence interval	(6.8, 8.2)	(7.3, 8.7)	(7.2, 8.0)

62.3. Satisfaction with Life - Very Dissatisfied or Dissatisfied

	Men+	Women+	Total
CVHS Veterans	**13.0%**	**9.9%**	**12.6%**
95% confidence interval	(11.1, 15.3)	(7.7, 12.6)	(10.8, 14.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	5.7%	5.5%	5.7%
CCHS 95% confidence interval	(5.2, 6.2)	(5.1, 5.9)	(5.4, 6.0)

63.1 Community Belonging (Very or Somewhat Strong)

	Men+	Women+	Total
CVHS Veterans	**59.2%**	**57.3%**	**58.9%**
95% confidence interval	(56.0, 62.3)	(53.4, 61.2)	(56.2, 61.6)
2022 CCHS Age/Gender Standardized to CVHS 2022 Veterans	66.3%	64.5%	66.0%
CCHS 95% confidence interval (approximate)	(65.3, 67.3)	(63.5, 65.5)	(65.2, 66.8)

63.2. Community Belonging (Very or Somewhat Weak)

	Men+	Women+	Total
CVHS Veterans	**40.8%**	**42.7%**	**41.1%**
95% confidence interval	(37.7, 44.0)	(38.8, 46.6)	(38.4, 43.8)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	33.7%	35.5%	34.0%
CCHS 95% confidence interval	(32.7, 34.7)	(34.5, 36.5)	(33.2, 34.8)

64.1 Life Stress – Not at all/not very

	Men+	Women+	Total
CVHS Veterans	**41.0%**	32.8%	**39.7%**
95% confidence interval	(37.9, 44.1)	(29.3, 36.6)	(37.1, 42.5)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	45.2%	35.5%	43.8%
CCHS 95% confidence interval	(44.2, 46.2)	(34.6, 36.4)	(43.1, 44.5)

64.2. Life Stress - A Bit

	Men+	Women+	Total
CVHS Veterans	38.4%	39.6%	38.6%
95% confidence interval	(35.4, 41.6)	(35.8, 43.4)	(36.0, 41.3)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	37.5%	41.2%	38.1%
CCHS 95% confidence interval	(36.5, 38.5)	(40.2, 42.2)	(37.4, 38.8)

64.3. Life Stress – Quite a bit/extremely			
	Men+	Women+	Total
CVHS Veterans	**20.6%**	27.6%	**21.7%**
95% confidence interval	(18.2, 23.3)	(24.2, 31.3)	(19.5, 24.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	17.3%	23.3%	18.2%
CCHS 95% confidence interval	(16.6, 17.9)	(22.4, 24.2)	(17.6, 18.8)

65.1 Mastery – high no comparator in CCHS			
	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
CCHS 2022 Age/Gender Standardized to CVHS Veterans			
CCHS 95% confidence interval			

65.2. Mastery – middle no comparator in CCHS			
	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
CCHS 2022 Age/Gender Standardized to CVHS Veterans			
CCHS 95% confidence interval			

65.3. mastery – low no comparator in CCHS			
	Men+	Women+	Total
CVHS Veterans			
95% confidence interval			
CCHS 2022 Age/Gender Standardized to CVHS Veterans			
CCHS 95% confidence interval			

66.1 Food Security of Household past 12 months - food secure			
	Men+	Women+	Total
CVHS Veterans	86.5%	84.5%	86.2%
95% confidence interval	(84.2, 88.5)	(81.4, 87.2)	(84.2, 88.0)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	88.4%	84.9%	87.9%
CCHS 95% confidence interval	(87.6, 89.2)	(84.1, 85.7)	(87.3, 88.5)

66.2 Food Security of Household past 12 months - marginally food insecure			
	Men+	Women+	Total
CVHS Veterans	3.3%	4.7%	3.6%
95% confidence interval	(2.4, 4.7)	(3.3, 6.7)	(2.7, 4.7)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	3.3%	4.2%	3.4%
CCHS 95% confidence interval	(2.8, 3.8)	(3.8, 4.6)	(3.0, 3.8)

66.3 Food Security of Household past 12 months - moderately food insecure			
	Men+	Women+	Total
CVHS Veterans	6.0%	5.4%	5.9%
95% confidence interval	(4.6, 7.7)	(3.9, 7.6)	(4.7, 7.4)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	5.2%	6.9%	5.5%
CCHS 95% confidence interval	(4.7, 5.7)	(6.2, 7.6)	(5.1, 5.9)
66.4 Food Security of Household past 12 months - severely food insecure			
	Men+	Women+	Total
CVHS Veterans	4.2%	5.4%	4.3%
95% confidence interval	(3.1, 5.6)	(3.8, 7.5)	(3.4, 5.6)
CCHS 2022 Age/Gender Standardized to CVHS Veterans	3.1%	4.0%	3.2%
CCHS 95% confidence interval	(2.7, 3.5)	(3.6, 4.4)	(2.9, 3.5)

Note: a bold percentage indicates one that is significantly different from age/gender standardized Canadians