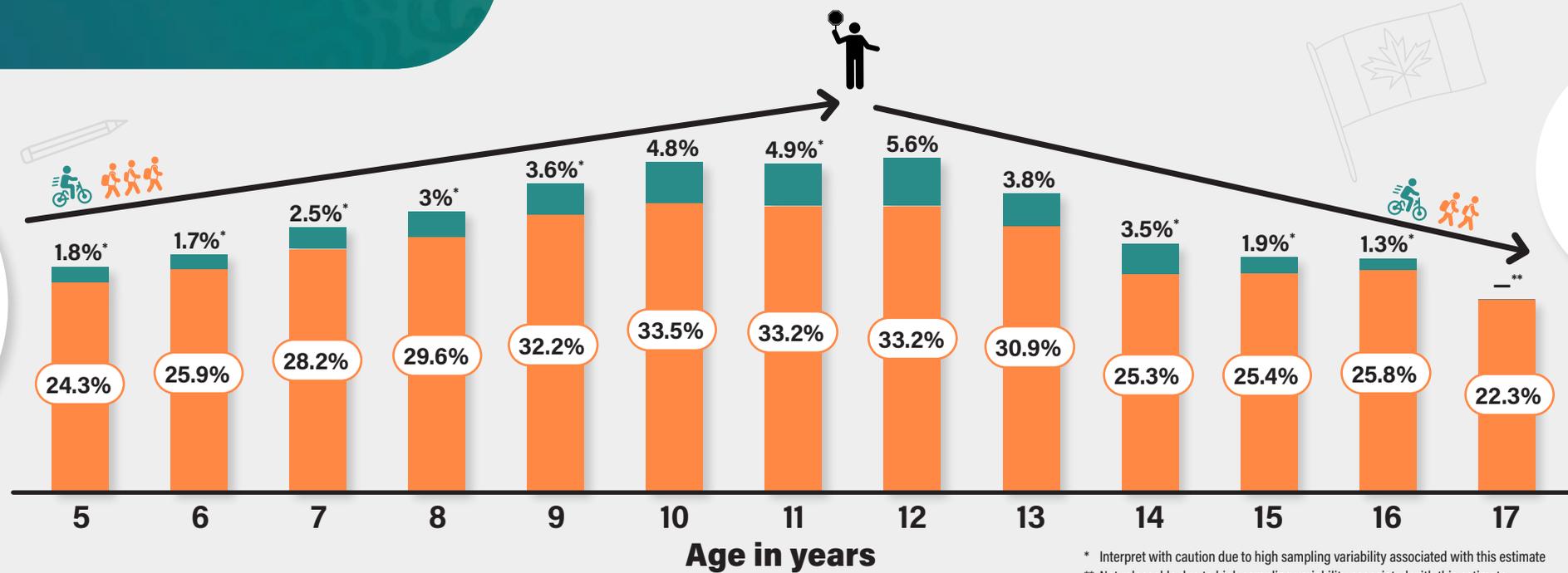


# School Active Transportation in Canadian Children and Youth



The 2019 **Canadian Health Survey on Children and Youth** provides information on school active transportation for children and youth aged 5 to 17 years living in Canada. School active transportation refers to the choice of an active mode (walking or cycling) for the daily trip to school.

School active transportation **increases** as children get older up until early adolescence.



School active transportation declines through adolescence.

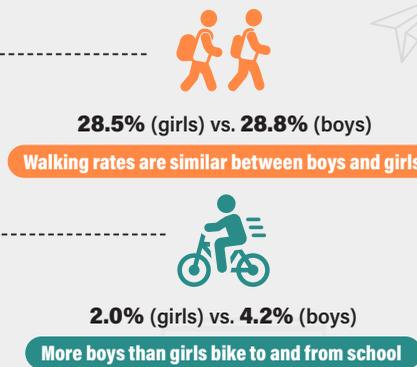
\* Interpret with caution due to high sampling variability associated with this estimate  
 \*\* Not releasable due to high sampling variability associated with this estimate.

Less than 1/2 of youth who report living less than 5 minutes from school use **active transportation** to get to school



Source: Active transportation—How are children getting to school?

More children and youth walk to school than bike to school



When parents participated in their kids' physical activities:



4.1% of them biked to school

vs. 1.7% when parents never participated in their kids' activities.