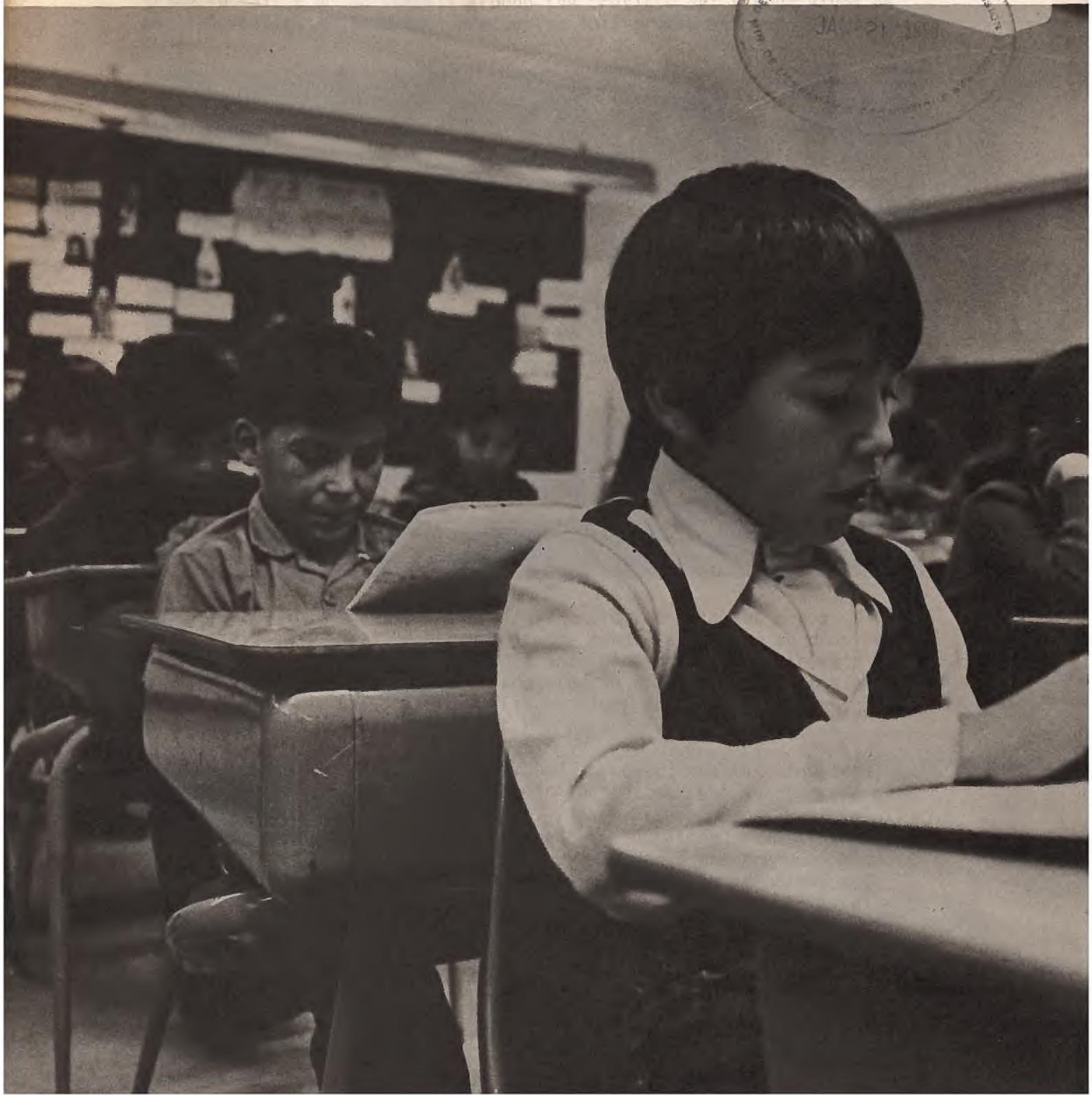




INTERLAKE FLYER

F.R.E.D. ADMINISTRATION, NORQUAY BUILDING, WINNIPEG

December, 1973



EDITORS' GREETINGS

From the staff of the Interlake Flyer--Gwen Groner, Ron Lyseng and Jack Giles--and from the remainder of the Interlake FRED Administration Ted Poyser, Ed Somers and Evelyn Clairmont--please accept our most sincere wishes for a joyous festive season. May the coming year be brightened by happy times and success in your endeavors.

Bless you, every one.

Language for Learning

Students in kindergarten through grade ten on the Fisher River Reserve, located 20 miles north of Hodgson, are among the first in Manitoba to be offered native language studies. The Native Language Program, introduced this fall by the Manitoba Department of Education, is being tried in half a dozen schools around the province but Fisher River is the only school to have implemented the full program through all the grades.



Parents were instrumental in getting the program into the school. One woman explained, "When we heard that the school was going to drop French we started getting worried. Without some second language, there's no way any of our children could be admitted to university. That's part of the reason for the program." Fisher River does have a higher university entrance rate than most reserves in recent years.

Reasons for the program being developed, however, are more involved. Over 90 percent of the Indian students in Manitoba who start grade one drop out before they finish grade 12. Ida Wasacase, cross-cultural curriculum consultant for the Department of Education, feels that cultural conflict is the basic problem. "Students who are born and raised in one society are expected to fully adopt the standards and values of another society if they are to succeed in the educational system. Before they're even familiar with their own culture and language, Indian students are expected to start learning about a new

culture and a new language that exists only in distant towns and cities." The educational system has traditionally excluded any reference to native culture and use of native language in the school was forbidden. The curriculum, which was designed for students from a white society, was irrelevant to students living in a reserve society. It's hoped that the Native Language Program can help change that situation.

The purpose of the program is twofold. Few Indian youth living below the 53rd parallel in Manitoba are fluent in their parents' native tongue. The program can provide those students who plan to enter university with a second language. A written and spoken second language is required of any student for university eligibility.

Of more direct importance to the students is the fact that the study of their native language as a second language enables them to understand Indian history and native culture. In addition to two periods of native language each school week, the grade seven to ten students also spend two periods studying native legends and traditions and learning crafts such as beadwork and snowshoe construction. Home-school coordinator Betty Murdock tells us, "Learning about your own language and culture and learning some of the old trades that once were necessary here is helpful for a young person to develop pride in his background and in himself. It's especially important for a young person who leaves to go to the city for school or for a job. We took a little survey here last year and found that almost 100 percent of the people over 40 years could speak Cree and most could write it also. Only five percent of the people under 20 years could even understand it. That's when we decided we should teach Cree in the school, even if there wasn't a program for it. We're lucky that the Native Language Program was ready this fall."

Principal Elwood Day tells us that the program seems to be working out better in the lower grades. "At present, all grades are learning oral Cree. The younger kids seemed more enthused, though. They're more willing to speak up in class during the oral exercises. As with any new language, it's essential to learn to speak it before you learn to write it. In a couple of years, I think some of the classes will be ready to learn the Cree syllabics."

The program being used in Fisher River is only part of an overall plan being developed by the Curriculum Branch of the Department of Education. Since the program will be used in federal reserve schools as well as other rural and city schools, Indian Affairs has assisted in the development. The primary Native Language Program is for those students in northern Manitoba who speak their native language as a first language and are learning English on a secondary basis while the secondary Native Language Program, the curriculum used in the Interlake, is designed for students who speak English as a first language and are learning Cree or Saulteaux on a secondary basis. This is the program that can also be used in city schools.

A third part of the overall plan provides native culture social studies packages for grades one through 12. The individual units deal with Indian art, music, geography, history, religion, science and other

cultural aspects and are designed to fit into the standard provincial curriculum for each grade level. These social studies units are being used in Winnipeg schools as well as rural and reserve schools.

While Fisher River is the only school in Manitoba to be using the new language program in all grades, other Interlake schools are using parts of the curriculum. Saulteaux is taught to grades five through nine students at the Chief Peguis School and the Lake St. Martin and Lake Manitoba bands have requested that the program be started in their schools this year.

New Crown Lands Program Begins

About 500 Interlake farmers and ranchers will be receiving a bill one of these days from the Agricultural Crown Lands Section of the Manitoba Department of Agriculture.

While the bill itself is not unexpected, its source and some of the conditions attached to its payment are new. Those who receive the bills will be renewing their leases for the Crown Land they use for pasture or "green feed" production. This land is now being administered by the Department of Agriculture. As well, most of those persons taking on renewed leases will be entering into a different arrangement than in the past.

Starting January 1, Crown Lands are now being assigned to farmers or ranchers on a "lifetime" basis or until the person (or persons in the case of partnerships) are no longer farming in the area. Every five years the leaseholder renews the lease and has the right to use the land in a manner as outlined on the lease and at the rental rates indicated. The old system of a five or 10-year contract with automatic option to renew for one more term is being discontinued over time in favor of the far more dependable lifetime lease. The idea is to give the farmer who properly uses his land for livestock production the chance to make long-term plans without fear that, in a few years down the line, he may or may not retain the Crown Land acreage he depends upon. Persons over 65 years of age may have annual extension on their lease.

To give even more stability to the farm family depending on Crown Land, the leased units can be transferred through the Agricultural Crown Lands Section to immediate relatives within a family. That is, a wife, husband, son or daughter is generally eligible to acquire the lease if the original leaseholder no longer will be farming and these relatives intend to take up the management of the operation. Up to now a leaseholder had rights to transfer the Crown Land unit to whoever he wished if that person intended to use it for farming. Now transfer is a family or partner affair at the approval of the Department of Agriculture and passing on the management of the farm becomes much more reliable. When not trans-

ferred within family, the land would be returned to the province and the leaseholder would be compensated for improvements.

The provincial government has now embarked on a program to improve the carrying capacity of Crown Lands. Costs of improvements, including land clearing, sod breaking, reseeding, and sod seeding will be assumed by the Department of Agriculture. The leaseholder will pay only the increased rental charges based on the increased carrying capacity, not on the costs of improvements. This year the Crown Lands Improvement Program will not be too significant since there is staff and money available to handle only from 2,500 to 3,000 acres across the entire province.

Not everyone in the Interlake who renews his lease this year will be going onto the new program. Those leaseholders who are starting the second term of five and 10-year contracts will not make the switch until 1979 or 1984. It's thus possible that a farmer will find that he is leasing land on an arrangement different from his neighbours.

It is possible, too, that not every former leaseholder will be able to renew his old lease. While generally anyone who held a Crown Land lease last year will be able to renew his lease this year, there may be some exceptions. Refusal of a leasing privilege is possible where--

- There are restrictions on the use of a former grazing unit because it is better suited or required for an alternate use such as wildlife or recreation land.
- The individual did not, in the past, use the land properly, but simply held it or did not graze it.
- The individual is not a Canadian citizen, landed immigrant or Manitoba resident, or is not a farmer.

Graham Somers, chief of the Agricultural Crown Lands Section, says that the new program is strictly designed to give a livestock producer the stability and security in the supply of feed for his cattle. Crown Lands are a valuable asset to about 1,500 farmers in the province and thus cannot be treated casually. The price of this asset currently is extremely reasonable compared to rented private land of comparable quality. In fact, the Manitoba rental rates are less than half those paid by Saskatchewan farmers.

Anyone wanting more detailed information about the Crown Lands policy should contact the Agricultural Crown Land Section, Department of Agriculture, 1007 Century Street, Winnipeg, or phone 786-7931.

Home Instead of Hospital

Elderly persons who require regular medical care and younger shut-ins who need daily medical or other supportive help can remain in their own home and still have these needs fulfilled. This is the aim of the Home Care Program recently introduced by the Manitoba Department of Health and Social Development.

Eligible patients can receive up to 14 hours per week service from a nurse in addition to a maximum of 24 hours per week service from a homemaker's aid. If necessary, the services can be provided on a seven-day-week basis.

The homemaker service, a vital aspect of the program, provides for a willing and able person from the nearby area to come into the client's home to cook a daily meal, perform basic housekeeping duties, do the shopping, help with physical therapy exercises or help the patient perform any other task that he can't do alone.

Preparing a proper daily meal is impossible for many shut-ins and the hour or two that a homemaker spends in the patient's home not only provides the person with the much needed nutritional meal but also provides companionship and a sense of communication with the world outside. Without this service, most of the patients would have to reside in a hospital, hostel or personal care home.

Regular medical care is required by many of the clients. Health and Social Development hires registered nurses and licensed practical nurses on a part-time basis to provide the necessary care to the patients. Most of the nurses working with the program are retired nurses from the area or nurses who have families at home but are willing to work a couple days each week. They administer medicines, make regular checks on the condition of their patients and report to the doctor or public health nurse whenever there is a change in condition.

In those cases where the patient lives with the family, cooperation from the others in the household is essential. Often a member of the family will take the responsibility to see that medicine is given at regular



Registered Nurse Lillian Bjornson assists Selkirk home-care client Lawrence Grieve with his daily walking exercises.

intervals, the correct diet and sleep requirements are met and other conditions are right for the patient to remain in the home rather than be admitted to hospital.

The Home Care Program for each health care area is coordinated by the public health nurse for that area. In addition to her normal duties (health promotion in the schools, day-clinics and health classes, visits to new mothers etc.) the public health nurse is responsible for insuring that the needs of the clients are adequately met. She makes the initial visit to the home and, along with a doctor, determines which applicants are eligible for home care services. When situations change, she helps determine which clients should be admitted to intensive care facilities and which clients are independent enough to no longer need the program. The public health nurse also coordinates other programs and agencies that may have an input to an individual client: Medical Home Care Equipment Pool; Red Cross; Meals on Wheels; Canadian Arthritis and Rheumatism Society; local hospitals; etc.

Although it's recommended that no patient remain on the program for longer than a three-month period, provisions can be made for longer-term cases. Rehabilitation or recovery after a major illness is often easier if the patient is in the familiar environment of his own home. Such patients are provided home care services for as long as necessary. Elderly persons who would otherwise require institutional care are also provided with home care services for as long as possible. With hospital rates in the region ranging from \$38.40 to \$53.50 per day, it's economically preferable to shorten in-patient institutional care and, if possible prevent admission or readmission.

Although many of these services have been available to shut-ins in the past, until the Home Care Program was introduced this summer, there was no coordinated effort to insure that all patients received adequate home care. The program should also eliminate the duplication of services and promote more appropriate use of available hospital and intensive care facilities.

The eleven public health nurses serving the Interlake Region are: Goldie Korpan, Ashern; Sister Ann Labarge, Eriksdale; Muriel Bjornson, Warren; Muriel Pollock, Stonewall; Islay Jack, Teulon; Phyllis Karsin, Arborg; Alvin Voth, Gimli; Nancy Moody, Anna Brown, Susan Matheson and Inez Snyder, Selkirk. It's hoped that a public health nurse will soon be assigned to Fisher Branch.

Partners for Progress

So far, 111 Interlake farmers have entered into an agreement with the Department of Agriculture to utilize the technical advice and managerial assistance available through the Farm Diversification Program.

Under the program, extension specialists and FDP counsellors sit down with eligible farmers and work out a long-range plan to contribute to the individual's operation. While the extension people agree to provide the necessary technical advice and managerial help that the farmer needs to make his plan succeed, the farmer makes a commitment to follow the recommendations as closely as possible.

Program director Fern Paquin tells us that the request for financial assistance throughout the province has not been as great as originally anticipated and many of the Farm Diversification Program candidates are asking only for the management assistance to help them develop productive farms. To date only 36 loans, averaging \$9,486 each, and 53 grants, averaging \$1,528 each, have been provided to Interlake Farm Diversification clients.

Mr. Paquin explains that over half of the \$341,500 loaned to Interlake Farm Diversification Program clients in the past year has been used for livestock expansion. The breakdown includes \$197,310 for livestock--including hogs, \$97,630 for buildings, and \$48,560 for equipment and miscellaneous farm development expenditures. Grants to Interlake Farm Diversification Program clients totalling \$80,979 reflect the same trend with \$55,979 of that sum being used for the purchase of livestock and the remainder for land improvement, equipment and water systems. The figures reflect the Department of Agriculture's increased emphasis on expanding and improving the Manitoba livestock industry.

Several factors are considered in deciding which candidates are eligible for the Farm Diversification Program. The gross annual income cannot exceed \$15,000, the potential client must express an intention to remain in farming and demonstrate a willingness to follow the production recommendations. The farm unit must have adequate production potential to make the undertaking worthwhile. Although it's preferable that the client be under 45 years of age, up to ten percent of the participants may exceed that age. The average age for Farm Diversification Program clients in this region is 36 years.

The final criteria to be considered by the Farm Diversification Program selection committee in the selection of clients is whether or not a management and technical input is necessary for a specific farmer to upgrade his operation and can the operation become economically viable even if it does receive the financial and managerial input.

The Farm Diversification Program selection committee consists of Al Watkins, Regional Director, Department of Agriculture; Dave Wilson from the Farm Credit Corporation; Joe DePape from the Manitoba Agriculture Credit Corporation; Art Hoffman, an Ashern area farmer; and Numi Fridfinnson, an Arborg area farmer.

The farm plans, ranging from three to five years in duration, take into account acreage, water, buildings and capital required in addition to market projections and other factors. Depending on the need of the individual and the extent of the plan, the Farm Diversification Program client may be eligible for a grant of up to \$2,000 and a loan of up to

\$10,000. The goal of the Farm Diversification Program is to turn marginal farms into efficient, economically viable production units.

Regional Director Al Watkins feels, "A number of cases are coming up to full production capacity so fast that they'll graduate from the program in the first year without even taking full advantage of the grants and loans. All they needed was some intensive managerial help and technical help."

Teulon Ag. Rep. Al Walls tells us, "The farmers who go on the program are quite serious about their plan and they seem to stick to it. The higher percentage of them are looking more toward the management aspect of the program than the grant or the loan. An important point is that the program facilitates much better and broader use of other programs including MACC loans, stocker loans, Land Lease Option, Crown Lands, Small Farm Development Program, Rural Water Services Program and regular extension services."

In recent months, several extension personnel have begun working full time with the Farm Diversification Program. They include Rick Klimack in Fisher Branch, Larry Malazdrewicz in Arborg, John Corbey in Lundar, and Ralph McGiffin in Stonewall. In addition, all area Ag. Reps. are spending at least 50 percent of their time working with the program and the extension specialists, each carrying as many as five Farm Diversification Program cases, are available for technical consultation to any Farm Diversification Program client.

The Farm Diversification Program, a FRED project, is intended to support the continuation of the family farm and, by promoting the success of young farmers, help make the rural stay option a reality.

Farm PEP '74 Underway

Farm PEP (Provincial Employment Program) has begun in the Interlake for a second winter season.

Six crews of four men each started work November 19 in the Arborg, Fisher Branch, Selkirk, Stonewall and Teulon extension areas. All of them are presently involved in constructing livestock housing of one kind or another ranging from a hog barn near Balmoral to loose housing shelters for beef cattle.

Herb Beauchamp, regional coordinator of the work crews, says that, as of December 1 there were two crews in the Fisher Branch area and one each in Arborg, Selkirk, Stonewall and Teulon areas. By the end of the first week of December each area should have two crews in operation, each headed by a foreman with experience in carpentry. Herb expects that, by May 1, at least 105 separate projects will have been completed--an average of 15 projects per extension area.



PEP crew erecting a new barn on the Zen Malynchuk farm north of Balmoral.

Most of the crewmen were on the Farm PEP Program last winter, while all but one of the foremen have had Farm PEP experience. This should mean that any livestock producer whose project application is approved can rely on experienced labour.

Under the program, livestock producers, preferably farmers who are on the Farm Diversification Program, can apply for labour assistance in building or remodelling corrals, loose housing skids, milk house barns, or hay sheds or any facility needed to expand hog, dairy, beef or

poultry enterprises. Up to a maximum of \$1,000 in value of labour can be obtained. That works out to about 365 man-hours of work on the construction site. The farmer must provide the materials for the job.

Applications are still being received by Herb Beauchamp and Al Watkins, Interlake director for the Department of Agriculture, both at the regional office in Arborg. Locally, farmers interested in having projects on their farm should contact the rural counsellors for their districts. They are Gerry Ailsby at Teulon, Allan Gillis at Ashern, and Tom Magnusson at Fisher Branch. Names could also be left at offices of agricultural representatives. Once applications from farmers on the Farm Diversification Program have been examined those from other farmers, not on the program but with gross sales under \$20,000 per year, will be selected.

Herb Beauchamp asks that applicants for projects be prepared to permit the crews to begin work at any reasonable time throughout the winter. Last year a number of farmers wanted to postpone projects until early spring. The result was a glut of work at the end of the program. This year efforts are being made to spread the work out more evenly, so applications will be accepted with this in mind.

* * * * *

Projects totalling \$73,272 in community PEP grants have been approved for the Interlake Region. Under the program the province pays labor costs only of approved labor intensive projects which would not otherwise have been undertaken this winter.

Approved projects are as follows:

--Village of Riverton--\$11,850 for hockey instruction, and the hiring of a youth recreation worker and a community work crew for work on various community buildings.

--R. M. of Eriksdale--\$3,200 for minor hockey instruction and coaching and assistance with recreation facilities.

--R. M. of Coldwell--\$10,500 for renovations and repairs to community and municipal buildings and maintenance for Lundar Memorial Arena and Curling Club building.

--L. G. D. of Grahamdale--\$8,000 to clear road intersections for safer visibility and clear drains as approved by the Water Resources Branch.

--R. M. of St. Laurent--\$9,387 for improvements to municipal office building, filling in old well and working on new well and cleaning publicly-owned lake front.

--R. M. of Woodlands--\$6,100 to erect public washrooms in Warren, new kitchen in Warren Memorial Hall, insulate artificial ice and hire arena manager for recreation centre.

--Village of Teulon--\$7,885 to renovate curling and skating rinks, develop sports program through hiring a sports coordinator and assist in completion of the Teulon-Rockwood arena.

--Town of Winnipeg Beach--\$8,500 to paint public works building, and brush Temple Avenue in town.

--R. M. of Siglunes--\$7,850 for repairs to Lutheran church being used as community recreation centre, reshingle municipal office building, reconstruct municipal bridge and clear brush along municipal road allowances.

Drainage Data

Back in June the Flyer reported on drainage projects that were either planned or in progress in the Interlake. Over 18 1/2 miles of work, representing six different projects, were completed this summer.



One of the last major FRED projects, the Lower Icelandic River, was completed on schedule this summer. The five-mile section, located east of Arborg, will facilitate better drainage of farmland as far west as Poplarfield. The three and a half mile extension of the Upper Icelandic River that crosses P. R. #68 was not finished this summer due to heavy rainfall in that area. It's expected that the work will be completed next spring.

The final FRED drainage project, the Birch Creek Drain, is still in the planning stages. Since the drain must serve the double purpose of draining agricultural land in the Grahamdale area as well as controlling water levels for a waterfowl management project, individuals representing agriculture, wildlife and conservation and various government bodies are being consulted. It's expected that a plan can be announced by spring.

The Sunny Valley Drain, in the Red Rose area, flows into the Fisher River. The first four miles of reconstruction was completed this year and the remaining three miles should be done by next summer. Switzer Creek, located in marshy land ten miles southwest of Hodgson, received an improved culvert crossing this summer despite the wet weather.

Reconstruction of the Helendale Drain near Eriksdale is still tentative pending a decision to make Swan Lake into a wildlife management area. The existing ditches presently function simply as a drain for surrounding farmland. If it's decided to make the lake into a wildlife area, control structures would be installed in the future to permit better control of the lake's water level.

The Gramiak Drain project near Argyle, originally scheduled to start this year, will likely get underway next spring. The decision has yet to be made whether to reconstruct the old channel and feed water into the east branch of the Upper Grassmere Drain or reroute the Gramiak and channel the water directly into the west branch of the Upper Grassmere Drain by way of a municipal drain.

The Cloverdale Road Drain north of Selkirk was started this summer with one and a half miles of work being completed. The remaining two and a half miles are scheduled for completion next summer.

The five mile long west branch of Sturgeon Creek, located northwest of Warren, was completed this summer as scheduled. While crews were in the area, they got a good start on the unscheduled east branch of Upper Sturgeon Creek. With one mile completed this fall, they still have five miles of work left next summer. Another project got underway ahead of time in the same area. The Meadows Drain, located near Rosser, received two miles of work this fall leaving only one and a half miles to go for next summer.

The only new project for next summer is the tentatively planned reconstruction of six miles on the Ross Creek Drain located west of PTH #7 in the Gunton area. Water resources branch engineer John Stephanson summed it up, "Because of the inputs of the federal-provincial cost-shared FRED projects, many of the major long-term drainage plans for the Interlake are just about completed. It's a well-drained region. Other provincially-funded drainage systems are still planned, however, and will be carried out in the next few summers."

LAKELAND NEWS



"Lakeland News", a weekly publication with a circulation of over 1,000 provides information of relevance to residents of isolated fishing communities along Lake Winnipeg. It's only one part of the Selkirk-based Lakeland Information Program, being provided by the provincial Department of Northern Affairs.

Riverton is possibly the location for the next information centre on Lake Winnipeg and Interlake communities to be served by the new office include Matheson Island, Pine Dock, Koostatak, Dallas and Fisher Bay. Alfred Lea of Pine Dock is the communications worker in charge of the new office.

Jerry Lyons, a coordinator for the program, explains, "These information offices don't always have luxurious furniture and expensive equipment but they can provide a person with the information he may need." It's expected that an information centre will be established in the Fairford--Little Saskatchewan--Lake St. Martin area within a year to serve fishermen and others in that area of the Interlake.

Daily services of the information centres have, since the program started in April, been carried out by the Selkirk office. They include providing information, on request, to people in isolated fishing villages, helping them channel other requests and proposals to the proper government department and helping local leaders to organize meetings to allow local residents the chance to express their concerns on various subjects.

A typical communications project involved Matheson Island this year. Northern communities requested information on how the people at Matheson Island went about purchasing their own lumber mill and using it to enable them to build new homes. Matheson Island people, with the help of a communications worker, made a video tape outlining, step by step, the procedure they followed to obtain the new homes. The tape was then used to show other isolated communities that such an undertaking is possible and how to go about it.

The weekly publication, audio-visual equipment such as a portable video tape unit, daily personal contact between the communications workers and local residents and the occasional public meetings also provide a means for two-way communication between government officials and residents of the communities.

The program is directed primarily at those communities that actively use the lake as a source of livelihood through fishing or tourism. Jerry Lyons points out that the communications workers regularly deal with other departments including Mines, Resources and Environmental Management; Health and Social Development; Agriculture; and various federal agencies such as Information Canada.

Jerry adds that if the program is successful, it should do more than merely provide an information exchange for people. The success of the program can be measured by the degree to which people become independent of the program in terms of finding information, organizing themselves to achieve various goals and dealing with other groups and government departments on their own.

4-H and the 3 R's

What would happen if an organization which is not in any way related to the formal education system wanted to use the school facilities--during school hours--to hold regular weekly meetings with the students? Sound strange?

Ask the students, parents, teachers, principals and 4-H leaders in Eriksdale what would happen and they'll tell you that the school would become a bit more meaningful for many of the students and the 4-H organization would double in size! They should know. Every Friday afternoon for the past two months, students in the Eriksdale schools have had the option of attending regular classes or attending 4-H meetings and working on their projects. The result--70 percent of the student body belong to 4-H and the school gives them a chance to "learn to do by doing."

4-H leader Phyllis Lamb explains that Eriksdale's 14 clubs, like 4-H organizations in many small rural towns, were weak because there was so little interaction between the individual members and between the different clubs. "Some kids in the beef club live 30 miles north of town and other kids in the same club live 20 miles in a different direction. The clubs just couldn't function properly because the only time they'd see each other would be during school. It's really been hard to call meetings for the clubs and harder yet to hold a general meeting."

Last spring people started talking about a new idea--using a half a day per week of school time for 4-H activities. 4-H leaders and members seemed to think it would be good and school administrators and school



Over 35 percent of the applicants approved by December 1 are interlake
 board members agreed that the idea had merit. Eriksdale Collegiate principal Edward Bent felt that the idea should be tried "Provided it could be worked into the school without impinging on the function of the school. It enhances the chance for a student to achieve something extra other than what can normally be done in a classroom."



board members agreed that the idea had merit. Eriksdale Collegiate principal Edward Bent felt that the idea should be tried "Provided it could be worked into the school without impinging on the function of the school. It enhances the chance for a student to achieve something extra other than what can normally be done in a classroom."

Most of the grade 10 to 12 members have self-determined projects that they work on during their own time so they attend class as usual on Friday afternoon. While the 4-H students in the lower grades meet with their leaders and work on projects from 1:30 to 3:30 on Friday afternoons, those students that don't belong to 4-H spend the afternoon in the science room working on various experiments and planning a science fair.

Another innovation in the program this year is the introduction of Mini 4-H. Friday afternoon for

grade one, two and three students means holding their own special 4-H meeting and working on sewing, rope making and handicraft projects designed for that age bracket. Although membership is not compulsory, almost all of the younger students have joined Mini 4-H.

4-H in Eriksdale is a good example of how a town can take stock of its situation and then coordinate its resources to achieve something that involves the young and old of the community.

SHORT HONKS

Stocker Program A Help

As many as 1,200 calves may be grown out in the Interlake this winter under the new Manitoba Stocker Program sponsored by the Manitoba Pool Elevators and the Manitoba Agricultural Credit Corporation.

Over 35 percent of the applicants approved by December 1 are Interlake farmers. No other region approaches the Interlake's high participation rate. Fifty-five eligible applicants across the province have taken advantage of the program. MACC research director Rea Josephson explains that although the criteria for eligibility are flexible, many potential participants are uncertain of future market conditions and are hesitant to invest in as many feeders as they might do otherwise.

The program provides a means for the Manitoba Pool Elevators to purchase Manitoba calves yet allows the farmer the capital and the right to keep and grow the cattle and then buy them back at the most advantageous time. Traditionally, calves have been exported out of the province every fall because farmers have lacked the capital to grow them. By growing and processing the cattle here in the province, a larger percentage of the profit from each animal remains in Manitoba.

Manitoba Pool Elevators have had such a program for 15 years. The additional cooperation of the MACC allows them to extend the program.

Faba Outfats Soya

Dairy cows and calves do just as well on faba beans as on soybean meal according to a recent experiment conducted by the Manitoba and Canada Departments of Agriculture.

Lactating cows fed faba beans as a protein supplement in their daily concentrate recorded equal feed intake, milk yield and milk protein content plus a slight increase in butterfat compared to those cows fed soybean meal. The experiment dealt with faba bean mixtures ranging from 17 to 35 percent of dairy concentrate.

Dairy calves, up to seven weeks of age, were assigned a soybean or faba bean starter. At seven weeks, calves on soybeans were given a soybean-urea diet while the calves on faba beans were switched to a faba bean-urea diet. There were no significant differences noted between calves fed soybeans or faba beans.

According to Dr. Ray Ingalls, animal nutritionist at the University of Manitoba, "Our data indicates that faba beans can be used in place of soybean meal in calf rations. There is no clear explanation, however, for the increased butterfat yield in the dairy cow test. Further work is required to investigate the effect of faba beans on the fat test."

Gillis to Ashern

People in the Ashern extension area may recognize Allan Gillis, rural counsellor at the Ashern extension office who was recently hired to take Leo Hewson's place. Allan was born and raised up around the Lake Manitoba Narrows and went to school in Eriksdale, so he's no stranger to the people and the area he'll be serving. After receiving his Bachelor of Arts degree from Brandon University last spring, Allan returned to the Interlake Region where he served as assistant rural development counsellor at Fisher Branch last summer. He explains that his duties over the summer centered around STEP '73 but in his new position he'll be working with PEP, Manpower Corps, STEP, LIP, and any other related program or training courses that deal with rural development. Allan is presently recruiting workers for this winter's PEP projects.

Leo Hewson, who left Ashern in October to become chief of field operations for the Land Lease Option Program with the Manitoba Agricultural Credit Corporation, has moved to Winnipeg and purchased a home in Charleswood. Leo tells us that since he is well known by many farmers along the west side of the Interlake he has been approached on several occasions by a number of persons interested in more details about the new Land Lease Option Program. He also says that he has not severed all connections with Ashern and area since he is still active as chairman of the District Health Planning Committee looking into improved hospital and health care services. Because of this Leo will be back to the community to attend meetings.

Elderly Housing PEP Deadline

Pensioners wishing to have repairs or renovations done in their homes under the Provincial Employment Program must make their application before February 15. This year may be the last chance to get some free fixing or painting done. Individual repair grants can range from \$150 to \$1,000.

While this season's Pensioner Home Repair Program has been funded for a total of \$2 million, there have only been 1,431 applications to date totalling \$425,000. Premier Schreyer feels that the slowdown in applications is an indication that the need for repairs in pensioners' homes has been nearly met. In the first two years of the program, half of the estimated 40,000 homes lived in by old age pensioners were repaired at an estimated cost of \$7 million.

Information may be obtained by contacting the Provincial Job Office, 203 Portage Avenue, Winnipeg (R3B 2A1), phone collect 947-6601.

AROUND THE BOARDS

GIMLI

Meeting of November 20. Seven members present.

Board members agreed to support an adult woodworking class at the Gimli High School by paying \$10 per student up to \$150 as a grant. A short course in plumbing was considered a possibility and the board secretary will contact the Department of Agriculture to negotiate obtaining an instructor.

The board will present a brief to the L.G.D. of Armstrong in support of those who live in house trailers, but do not at present get a tax rebate on their dwellings. The members felt that trailers should be treated as homes and thus as residences qualifying for rebates.

A meeting on the Interlake Grassland Society program of reducing costs of producing beef through sound pasture management may be sponsored by the board in the late winter or spring if there appears to be local interest.

LUNDAR

Meeting of September 12. Seven board members present.

At this first meeting after the summer season, members discussed new projects that might be embarked upon for the winter and early spring months.

Foremost in terms of community needs is improved medical care. The Lundar Area Development Board could play a leading role in ensuring that a resident doctor in Lundar would have suitable housing and adequate clinic facilities.

Board members agreed that the board pay up to one-third the costs of a free school dental clinic in January if the Lundar Legion Auxilliary will sponsor the clinic.

The board will not sponsor a LIP project application but will support other groups who might be interested. Among projects suggested as desirable were:

- (a) a community recreation coordinator;
- (b) musical instruction toward formation of a school band;
- (c) nursery school--day care centre;
- (d) dog catcher.

Paul Palsson suggested arranging a carpentry course to train carpenters to work on constructing Lundar's low rental housing units. The course could be attractive to adults from Eriksdale and Oak Point areas as well as the Lundar area.

* * * * *

Meeting of November 14. Eight members present.

The board secretary will send a letter to Red River Community College to inform the barber school that there is an opening for a barber in town.

Application will be made for carpentry, mechanics, electrical and welding short courses for the area in the New Year. Day classes would require 12 to 20 adult students and evening classes, eight to 12 "students."

The Manitoba Housing and Renewal Corporation will be informed about the agreement reached between the municipality and the Manitoba Water Services Board on installation of a sewage system in Lundar. MHRC will consider this in plans for low rental housing.

SELKIRK

Meeting of September 25 in East Selkirk. Fifteen members present.

The following motion by Dougie Pruden was passed unanimously: "That a letter be sent to Peter Moss, Director of the Freshwater Fish Marketing Corporation, with copies to Jack Davis, Doug Rowland, Howard Pawley and Don Jamieson, urging the board to proceed immediately with the replacement of the fish processing plant in Selkirk."

Reports concerning board initiated projects were as follows.

Library--The library has now been moved out of the Town office to the high school. A meeting of the Library Committee will be held Wednesday, October 3 to set up operating schedule, hours, etc. No decision has been made on training of librarians.

Adult Education--A total of 1,010 people have signed up for General Interest Courses. It is estimated 1,500 will attend evening classes this year. Seventeen thousand flyers were made for distribution here and in surrounding areas. Largest percentage of enrollment is from out of town.

Marine Museum--The M. S. Keenora has now been placed in final resting place. Cost of moving was considerable and funds for restoration are low. A promotional effort is needed to raise money to continue this project. A special research and study project has been arranged for 20 students who will be working with the Marine Museum Corporation.

* * * * *

Meeting of October 30. Thirteen members present.

During this very short meeting prior to the Marine Museum Board meeting the only reported business concerned a library report noting that the science room in the Robert Smith School will be renovated as a library. Most of the work will be done as a winter works project.

Most members of the Selkirk Area Development Board are also members of the Marine Museum Board.

SOUTH INTERLAKE

Meeting of October 15. Nine members present.

Much of the meeting concerned discussion on the potential, if any, of the area development board. Several members agreed that the terms of reference for area development boards were obsolete and that a \$10 per member per meeting payment from board funds was unnecessary.

Continued sponsoring of one-day meetings on topics of interest to area farmers was considered. A report by the Adult Education Committee noted that such meetings were well received.

Previous interest in making better use of skating and hockey facilities during school hours had been discussed between Allen Beachell and R. W. Bend, superintendent of the Interlake School Division. Following up this concern, the board formed a recreation committee of three. Members are Jack Litton, Jim Riddel and Jack Donetz.

Reeve Lloyd Fines of the R. M. of Rockwood suggested that the rural areas and the towns should work more closely together on rural development since both stand to gain or lose. He noted that the 40-acre zoning by-law is aggravating planning problems encountered by rural municipal governments. He also expressed concern about an article in the Winnipeg Tribune and a portion of an item in the Interlake Flyer concerning one individual's plans to convert his farm property into a housing development area.

* * * * *

Meeting of November 12. Seven members present.

Reports were heard from agricultural representative Harold Ross on future board operations and from rural counsellor, Gerry Ailsby on farm PEP.

The following resolution was passed. "That area development boards be given an opportunity to express their views in regards to PEP, STEP, or any other program that the provincial government is preparing to undertake in a particular year. This is to be done well before the agricultural programs are to be announced. A letter outlining the resolution will be sent to Agriculture Minister, Sam Uskiw."

Other items discussed included:

- (a) the need for an agency to handle community emergencies should they arise;
- (b) attendance by area development board members at a meeting in Portage la Prairie on artificial insemination programs. The agricultural committee will attend;
- (c) location of a new Winnipeg airport.

ST. LAURENT

Meeting of October 14. Ten members present.

The problem of distribution of the book "The Land in the Middle" was discussed for some time. Members agreed to distribute the unsold books to each family in the area served by the board. Distribution centres would be the St. Laurent Collegiate and Oak Point Elementary School.

Frank Gratton's letter of resignation as Chairman of the Industrial Committee was read and accepted. Mr. Gratton felt that due to other community commitments he could not provide as much time to the Industrial Committee as the chairman's position demands.

Jack Spruyt resigned as vice-chairman and as a member of the area development board.

* * * * *

Meeting of November 12. Six members present.

Members agreed to two-thirds of the enrollment fees for a farm welding course to be held January 21 to 25. Several members also agree to loan their welders for use by the students during that week.

Yves Kerbrat was elected vice-chairman of the area development board replacing Jack Spruyt. Minutes of all board meetings will be submitted to the community news circular, the St. Laurent Community Circle.

Bud Stupnisky, community affairs specialist will be approached by the board to help look into the sources of more financial aid for the arena being planned for construction this winter. By resolution the municipality was requested to guarantee additional financing up to \$22,500.

Efforts to obtain a public scale and livestock handling equipment were again discussed. Assistance from the municipality was suggested.

Emmanuel Schon reported on the custom killing plant to be officially opened December 13. Advance orders have already been received to the point where expansion within a year may be feasible.

AREA DEVELOPMENT BOARD MEETINGS

December 18 -- Gimli Board--Viking Motel (invitational dinner meeting)
January 8 -- South Interlake
January 9 -- Lundar
January 14 -- St. Laurent
January 15 -- Gimli
January 23 -- Central Interlake
January 28 -- Fisher Branch
January 29 -- Selkirk

Interlake Development Corporation Meets

The board of directors held the September meeting at Lundar.

The financial report to August 31 indicated total expenditures from January, 1973 were \$34,351.95 and a surplus of \$31,341.39.

The proposed seminar on local government problems was postponed to November 8 in Teulon. Only representatives from those local governments belonging to the Interlake Development Corporation will be invited.

Ed Helwer, chairman of the corporation's Rail Line Abandonment Committee reported that any further progress must await a report from the group concerned with the Gypsumville line.

The approach into Winnipeg on Route 90 was again discussed. Member municipalities were urged to write the governments of Winnipeg and Manitoba to complain about the unsightliness of the Route 90 approach and the inadequacy of Highway #7.

The directors resolved to support the Town of Selkirk in its efforts to have the Freshwater Fish Marketing Board rebuild the processing plant in Selkirk. Much of the plant was destroyed by fire.

New office space in the provincial government building at Arborg will be looked into.

Pressure continues to be applied by the Corporation to have the Evergreen Apartments at Gimli reopened for lease to the public. Assurances have been given that the apartments will be opened to renters, if enough names of potential rentees are provided the Town of Gimli. At the time of the September 27 meeting of the Corporation no further progress was evident.

Directors were informed that Calvert of Canada distillery at Gimli has begun a \$13 million warehouse expansion. Foam Form Industries, a manufacturer of styrofoam-type building forms is building a plant at Selkirk. Frog-holding ponds are being constructed southwest of Arborg by Boreal Biological Laboratories, a firm that sells frogs to universities across North America.

* * * * *

The October meeting of the Corporation was held at Winnipeg Beach on the 25th.

Treasurer Vern Sund reported expenditures to September 30 at \$37,745.84 with a bank balance of \$28,750.54.

The Rail Line Abandonment Committee was still awaiting an overdue report on the Gypsumville line to be submitted by the group elected to represent that line.

No progress could be reported concerning the reopening of Evergreen Apartments at Gimli even though 60 names of families requiring accommodation have been forwarded to the federal government. At the time of this meeting the suites could not be viewed by potential renters nor were the rental rates known.

Cattle rustling was again debated. The directors approved a resolution by Vern Sund "That we recommend to government to initiate a law whereby if a person is convicted of stealing cattle, the provincial government should compensate the farmer and then the government collect from the convicted rustler."

The management staff were directed to write the Attorney-General to indicate a growing concern over persons carrying firearms and tranquilizer guns in their vehicles.

A letter from Highway's Minister Peter Burtiak informing the Corporation about a public meeting concerning PTH #7 was not well received. The meeting was looked upon as "a smokescreen to cover up past inaction." The demand for an upgraded highway capable of carrying the volume and type of traffic now using PTH #7 will continue until firm action is taken.

Conditions surrounding Route 90 in Winnipeg were again discussed. A book of photos is to be sent to each of the City of Winnipeg Environment Committee and to Mayor Stephen Juba.

The Corporation will make a presentation before the Provincial Signs Committee of the Department of Highways. It will ask for better mileage indication on signs on both PTH's and PR's.

While it appears that office space for the Corporation will not be available in the new provincial building in Arborg, the matter will be further negotiated.

Mayor A. W. P. Harrison of Winnipeg Beach reported that a marina will be constructed at Winnipeg Beach shortly. He also outlined plans to create a Ukrainian Farmstead Museum to include a recently acquired authentic grist mill plus a home, barn, animals, ovens and garden.

Competition from American companies in collecting and shipping frogs to research institutions was described by Steve Spakowski of Winnipeg Beach. He referred to a quota system established by the provincial government that extends only to the end of September. He noted that the Canadian firm has only a minor share of this quota and is at a disadvantage because the season is not long enough. The Corporation has been involved in this issue and will continue to support the Boreal Biological Laboratories in its request for improved regulations.

Deadline for receipt of events' dates in the "Winterlake Wonderland" poster to be distributed throughout the region was extended for two weeks. A number of organizations had not been able to finalize dates of their winter events.

* * * * *

A well attended meeting was held at Balmoral on November 15. Treasurer Vern Sund reported total expenditures to October 31 of \$41,394.18 and a balance of \$25,322.52.

The Rail Line Abandonment Committee is now able to discuss the overall rail situation in the Interlake now that all group reports have been received.

Frank Malis, Mayor of Selkirk reported that the Town of Selkirk had not yet received word concerning replacement of the fish processing plant at Selkirk. The Corporation had received a letter from Fisheries' Minister Jack Davis saying that action is being taken to study the Selkirk situation.

The City of Winnipeg has responded to Corporation complaints about the Route 90 access into the city. Correspondence indicates that an engineering design study of Route 90 is planned. Lights will be considered at the Inkster Boulevard intersection. A second letter will be written to Highway's Minister Peter Burtiak requesting a meeting on the improvement of PTH #7.

Reopening of Evergreen Apartments remains an issue. The federal government has asked for a full scale report on negotiations between the owners of the complex and the Department of National Defense. The Cooperative Housing Association of Manitoba has offered assistance in operating the apartments should they be reopened for rental.

Area development boards and their links with the Corporation was discussed at some length. The Corporation staff was directed to meet with each of the area development boards to explain the role of the corporation and to point out that the first priority of the Corporation was to be representative of the local municipal governments.

Dr. Harvey Short, regional director of dental services, addressed the meeting. Among the points he made in his address were:

- About half the senior class of dental students at the Dental College are being assisted under the provincial bursary program and will be practicing in rural areas following graduation.
- The Department of Health and Social Development owns dental equipment at Winnipeg Beach and Lundar. He noted that a town must be an active trading centre with full medical facilities to attract a full-time dentist. Satellite service can be arranged if the community can obtain suitable office space, a clientele, and arrange for equipment under lease.

--The department has programs involving in-school dental clinics, training assistance for local dental assistants and preventive care workers, and an up-coming senior citizens' dental care program.

The annual meeting of the Corporation will be held in Teulon on February 21.

Events listed to date for the Winterlake Wonderland poster are as follows:

<u>DATE</u>	<u>EVENT</u>	<u>PLACE</u>
Dec. 15 & 16	Mixed Bonspiel	Vogar
Dec. 31	New Year's Eve Dance & Banquet Old time & modern dancing Doors open at 7:00 P.M.	Arborg
Dec. 31	New Year's Eve Dance Old time & modern dancing Doors open at 9:00 P.M.	Riverton
Jan. 3	Men's Bonspiel	Argyle
Jan. 4,5,6	Mixed Bonspiel	Ahern
Jan. 11,12,13	C.A.M.R. Bonspiel	Arborg
Jan. 12	Ukrainian New Year's Eve Dance	Crabby Steve's Barn--Komarno
Jan. 12	Annual Bonspiel	Moosehorn
Jan. 12 & 13	Ladies' Bonspiel	Vogar
Jan. 17-20	Men's Bonspiel	Warren
Jan. 18,19,20	Men's Open Bonspiel	Winnipeg Beach
Jan. 18,19,20	Men's Bonspiel	Arborg
Jan. 18,19,20	Mixed Open Bonspiel	Eriksdale
Jan. 19	Annual Bonspiel	Steep Rock
Jan. 24-27	Mixed Bonspiel	Woodlands
Jan. 26,27	Ladies' Bonspiel (Banquet incl.)	Eriksdale
Jan. 26	Men's Bonspiel	Moosehorn
Jan. 31-Feb. 3	Men's Bonspiel	Gimli
Feb. 1,2,3	Ladies' Open Bonspiel	Riverton
Feb. 1,2,3	Mixed Bonspiel	Inwood
Feb. 1,2,3	Men's Bonspiel	Ahern
Feb. 2,3	Ladies' Bonspiel	Lundar
Feb. 7-10	Mixed Bonspiel	Lundar
Feb. 8,9,10	Men's Open Bonspiel	Riverton
Feb. 9	Carnival	Moosehorn
Feb. 9 & 10	M.S.A. Interlake Power Toboggan Championships--dance, beer garden	Arborg
Feb. 9 & 10	Men's Bonspiel	Vogar
Feb. 14 - 17	Ladies' Bonspiel	Woodlands
Feb. 15 - 17	Wonderful Winter Weekend	Winnipeg Beach
Feb. 15 - 17	Ladies' Bonspiel	Ahern
Feb. 15 - 17	Ladies' Bonspiel	Arborg
Feb. 16, 17	Men's Bonspiel (Banquet incl.)	Eriksdale
Feb. 22,23,24	Tadpole Hockey Tournament Invitational	Lundar

Continued

<u>DATE</u>	<u>EVENT</u>	<u>PLACE</u>
Feb. 21 - 24	Ladies' Bonspiel	Warren
Feb. 22	Annual Meeting, Int. Dev. Corp.	Teulon
Feb. 22 -24	Ice Carnival	Riverton
Feb. 22 - 24	Northern Lights Bonspiel (Mixed)	Arborg
Mar. 2	Ice Carnival	Arborg
Feb. 23	Ice Carnival	Argyle
Feb. 23	Ice Carnival	Eriksdale
Feb. 23	Teulon Kinsmen Club 10th Annual Birthday Party	Teulon
Feb. 23 - Mar. 3	Winter Carnival	Gimli
Mar. 2, 3	Ice Carnival, Snowmobile Trackathon Figure Skating Achievement Show	Lundar
Mar. 2	Legion Bonspiel	Steep Rock
Mar. 2	Ice Carnival	Inwood
Mar. 8, 9	Ice Carnival	Warren
Mar. 9	Carnival & Sno machine Races	Steep Rock
Mar. 9 & 10	Mixed Bonspiel	Vogar
Mar. 14 - 17	Ladies' Open Bonspiel	Stonewall
Mar. 15 - 17	Ladies' Open Bonspiel	Gimli
Mar. 21 - Apr. 4	Men's Open Bonspiel Draws during week--nights only Saturday & Sunday--all day	Stonewall
Mar. 30	Figure Skating Show--7:30 a.m.	Gimli
April 4 - 7	Guys and Dolls Bonspiel	Gimli

There are a few scribes in the Department of Agriculture's extension service whose works should not be hidden under a bushel. One of them is Lin Boyes, the agricultural representative at Minnedosa who writes "Ye Old Ag. Rep. Newsletter" that is "published irregularly, irrevocably, irrepressibly and without malice or malevolence" for the farm families in his area.

We thought you would enjoy Lin's "Parable of the Granary" not only because it is imaginatively written, but also because of its hard message.

Parable of the Granary

Once upon a time, in the land where the Maple Tree flourisheth, and its leaf is much revered, there dwelleth to the West of the Great River of the Crimson Waters, certain members of the Tribe, who were called Farmers, and who did toil mightily in the fields and groweth much wheat and barley and many grains of mustard seed. And lo, their granaries they did fill to overflowing. And they didst deliver their grain onto the Market

Place in exchange for a few tokens with which to buy bread and raiment for their families, and to render unto the money lender his due. Whereupon the merchants in the Market Place did say, "Fie upon thee. Our storehouses and the storehouses of the people of the Great Bear, whose land lyeth to the West of the Great Blue Water, are filled to overflowing, and we care not a fig for your grain."

The members of the Tribe who were called Farmers did cry out in their anguish, and there was much gnashing of teeth and rending of garments, and they did heap ashes upon their heads, and they didst fall at the feet of the Great Chieftains of All the People, who dwelleth to the East in the Land of the Maple Leaf in the Great Tabernacle on the Hill, which was called Parliament. And they who were called Farmers did say unto the Great Chieftains, "Pray Thee, giveth us succor, for we have toiled mightily and groweth much grain, but the Merchants turneth us away from the Market Place." And the Great Chieftain of the Tribes didst rise up from his throne and spake unto the members of the Tribe who were called Farmers, saying "Yea verily, I say unto you, return to thy fields and cast your grain unto swine and cattle, and fatten them, and go with them to the Market Place, and the Merchants will welcome thee and reward thee with many talents and ye shall return to thy lodge and thy cooking pots will be filled to overflowing, and thy children shall ye clothe in fine raiment, and thy wives will smile sweetly upon thee, and thy hearts shall be filled.

It came to pass that a Great Famine was visited upon the Land of the Great Bear which lyeth to the West of the Great Blue Water, and in the Land of the Sacred Cows, and in the Land of the Eaters of Much Rice, which also lyeth to the West of the Great Blue Water. And the members of the Tribe who were called Farmers and who dwelleth in the Land where the Maple Trees flourisheth, and its Leaf is much revered, didst soweth much grain and selleth all their swine and their cattle beasts, and didst revel in the midst of plenty.

And after many moons, the rains didst come once again to the Land of the Great Bear and the Land of the Sacred Cows and the Land of the Eaters of Much Rice, and they didst fill their storehouses to overflowing with much meat and with barley and with rice. And once again, the storehouses of the members of the Tribe who were called Farmers and who dwelleth in the Land of the Maple Tree and whose Leaf is much revered, were filled to overflowing, and the members of the Tribe who were called Grain Merchants didst turn away the members of the Tribe who were called Farmers, saying unto them, "Fie upon thee. We carest not a fig for your grain." And once more the members of the Tribe who were called Farmers didst cry in anguish, and there was much gnashing of teeth and they didst fall at the feet of the Great White Chieftains who dwelleth in the Great Tabernacle on the Hill, which was called Parliament, and which lyeth to the East of the Land of the Maple Tree whose Leaf is much revered. And so endeth the lesson.

FFRA REGINA
DEC 73 375921
FLYER AVAILABLE AT NO CHARGE

If you know of anyone who would be interested in receiving this publication, please give name and address:

.....
.....
.....
.....

POSTAL CODE



Library PFRA
D.R.E.E.
401 Motherwell Bldg.,
REGINA SASK.
S4P 0R5

DO WE HAVE THE CORRECT ADDRESS?

If your address as shown is not correct, please indicate changes below and return this page to:

Interlake Flyer
FRED Administration
410 Norquay Building
401 York Avenue
WINNIPEG, Manitoba R3C 0P8

.....
.....
.....
.....

POSTAL CODE

