

Food security is measured by key experiences of access and affordability:

Easy access and buying
of preferred foods

Worried about food
availability
or have fewer options

Cutting back or eating
lower quality food

Eating less
and skipping meals

Food Security

Year-round access to enough food
for a healthy, active life



**With Northerners, Indigenous Peoples, and partners,
Nutrition North Canada strengthens food security and
sovereignty in northern communities through key programs:**



Subsidy

Lowers the cost
of food and other
essential items



Harvesters Support Grant

Supports local
hunters, harvesters,
and food growers



Community Food Programs Fund

Strengthens community-led
food security solutions



Nutrition Education Initiatives

Promotes food
education rooted
in Indigenous and
northern traditions



Food Security Research Grant

Advances studies
to improve northern
food security
and sovereignty

